



New Germany Connections

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Fall 2013

The Summer of 2013, what to say? In this Newsletter we look back at Canada Day and the gardening season. But we also need to look forward to what is probably one of our best seasons in this area with all the beautiful colours, pleasant temperatures and hopefully cupboards full with the summer harvest. Time to reengage with your community as the season changes.

NGAPS Programs & Events

NGAPS Regular Meeting the first Tuesday of each month @7:00p.m @ NGRHS Library. Everyone welcome to attend. Check our web page for more details.

Garden Club Regular Meeting at the NGRHS Library the fourth Wednesday of the month @ 7:00pm. Garden Club will occasionally have an off site meeting. Please check our community web site.

NGAPS is sponsoring four **Walks @ 6:00 this Fall.** Each walk is approximately one hour and a combination of road and trail. Sept. 19, 23, 26 and 30. See page 11 for details of each walk. Plan to join us.



Our 3rd **Health and Wellness Expo** will be held at the New Germany Rural High School on Thursday, October 24th. This is a free event open to all ages. See pages 16 & 17 for the details.

Community Events

- Sept 12 Corn Boil
- Sept 19 Walk @ 6
- Sept 23 Walk @ 6
- Sept 25 Garden Club
- Sept 26 Walk @ 6
- Sept 30 Walk @ 6
- Oct 1 NGAPS Meeting
- Oct 5 Hike
- Oct 14 Thanksgiving
- Oct 19 Craft Show
- Oct 23 Garden Club
- Oct 24 Health & Wellness Expo
- Nov 5 NGAPS Meeting
- Nov 7 Pap Clinic

Free Advertising for Community Groups on NGAPS Community Calendar



New Germany Area Promotion Society (NGAPS) maintains a New Germany Area Website including a Community Calendar page.

Any group or organization in our area can advertise their event on this page at no charge. Please send listings to:

ng_cap@ns.sympatico.ca or drop off to Village Glassworks during open hours.

The more listings we have, the more views the page will have and the greater the interest will be in everyone's event. Let's work together.

<http://newgermanycap.ednet.ns.ca>

Also check out our Facebook page!



Children & Youth - Groups and Activities

A new season brings on new beginnings! As the young minds of New Germany Area head back to school this fall, many will be seeking clubs and activities to enroll in. Here you can find a list of many programs offered in our area for ages 0 through 21.



Messy Saints begins again on October 4th at the New Germany Elementary School. The sessions will be held in the school gymnasium and music room on the first and the second Fridays of each month from October to May (whenever there is school) from 3:00 - 4:30pm. Messy Saints is an ecumenical activity – oriented Bible program for elementary students (grades primary through six). Registration forms will be available at New Germany Elementary School at the end of September. Snacks are provided by the different churches in the area. If you have any questions, please contact Iris Veinotte 644-1022 or veinotte@eastlink.ca.

Sunday School classes at Barss Corner Baptist Church begin on September 9th at 9:45-10:45am, for ages 4-12. Visit our website at barsscornerbaptist.wordpress.com.

Sunday School classes at St. Andrew's Anglican Church, West Northfield and at St. John's Anglican Church, New Germany begin this fall. There will be youth activities and after school programming starting this fall. Please contact Rev. Nita Barteaux at 644-2260 or visit our parish website at ngangparish.com.

Sunday School classes at Parkdale-Maplewood Emmanuel Baptist Church begin on September 8th at 9:30 - 10:30am and is open for children ages 3-teen. For more information please contact Terri Foster 644-1939. Visit our website at emmanuallaptistpm.wordpress.com

Sunday School classes at Mount Calvary Lutheran Church in Upper Northfield begin on September 22nd at 10am, for ages 3-12. Please contact Louise Veinot 644-3393. The Children's Day service at Mount Calvary Lutheran Church will be at 9am on September 15th.

Upper Northfield Youth Group meets every Sunday night at 3640 Northfield Road, Upper Northfield, starting September 22nd. This is open for grades 7 through 12. We have recreational activities, Bible study, community projects, group discussions and lots of fun! Please contact Margaret at 527-2747 or emcarver@eastlink.ca.

New Germany Scouting (Scouts Canada) will be beginning this fall. Beavers are for ages 5,6 and 7. Cubs for ages 8, 9 and 10. Scouts for ages 11, 12, 13 and 14. This is a co-ed program and open to new and returning youth. Please contact Krista at 644-3252 or savory@ns.sympatico.ca.

Livewires 4H Club meets on the second Wednesday of every month starting on September 11th at 7pm at the Parkdale-Maplewood Hall. We have many livestock and non-livestock projects to choose from. This is open for ages 9-21 with free registration. For more information please contact Kevin Nickerson at 644-3277 or Donna Simpson at 644-3465.

Livewire Cloverbuds is for children ages 5-8 years old. We meet one Saturday morning a month from 10 until 11:30am. Registration will be September 14th at the Parkdale-Maplewood Hall. Cost is \$10 for the year, which includes all craft, snack and project material. For more information, contact Terri Foster 644-1939.

Northfield and District Fire Department is starting up a Junior Fire Fighter Program. This is for anyone ages 12 to 15 who is interested in volunteerism and fire fighting. Starting date will be in late September and will meet on Mondays at 7pm during the regular meetings. Contact Jamie Whynot at 521-2806.

Judo Club will be starting in late September and runs until May. Fees are \$125 per person for the year. Two age groups: 6-11 years old or 12 and up. Instructor is 2nd degree black belt Blaine Moffatt. The Judo Club meets at 760 Farmington Road. For more information, contact Blaine or Linda Moffatt at 644-7176.

New Germany Parent and Tot Play Group is on Wednesdays from 10-11:30am at the St. John's Anglican Church Hall. This is a free drop-in program for parents and children ages 0-6. This program includes family focused activities such as singing, story time, crafts, physical activity and lots of fun! For more information please contact Better Together Family Resource Association at 543-3119.

New Germany Busy Babies is held during Parent and Tot Play Group on the first and third Wednesdays each month. This is a free, drop in program where babies and their caregivers come for socialization and support. The public health nurse is present during Busy Babies. For information please contact Public Health at 644-2710.

Diane Veinot is committed to proving high quality educational programs and childcare for the families of New Germany and surrounding communities. The Educational Program operates September to June primarily targeting children 2-5 years of age. I am currently using my own learning program. Our classes are 2 hours in duration and include a snack. Contact Diane Veinot (5163 Hwy 10, New Germany) 644-1910, 212-0267 or dianeveinot@ns.sympatico.ca.

The Branch LaHave 4H Club meets on the second Monday of every month at 7:30pm for the general meeting at the Branch LaHave hall. Registration for the upcoming year will take place on September 9th at 7:30pm at the hall. The 4H program is for ages 9-21. The fee is \$35 for the year, plus any costs incurred for specific project items needed. Branch LaHave 4H offers both life-skills projects and livestock projects. Some projects available are sewing, foods, photography, welding, gardening & floriculture, cake decorating, beef, light horse English and Western, sheep, goat, rabbit, poultry & waterfowl, alpaca, dairy, vet science and tractor. For more information, please contact Jackie Wile at 685-2104 (evenings) or beechglade@eastlink.ca.

The Branch LaHave Cloverbuds are for ages 7-8 years old. Registration for the year is on September 9th at 7:30pm at the Branch LaHave hall. Meetings take place at the hall on the second Monday every month at 7:30pm. Cloverbuds do not participate in specific projects, but participate in all the projects available to the club from an overview perspective under the Cloverbud leader. The fee is \$35 for the year.

For more information, please contact Jackie Wile at 685-2104 (evenings) or beechglade@eastlink.ca.

Girl Guides of Canada was active in New Germany for over 55 years. Many of the girls in the New Germany Area were active members and the girls and our community benefited much from the program. Today's program offers a wide variety of skills and activities and contributes to the building of great citizens. September of 2012, we were unable to have any active Units due to lack of leaders. It would be great to have active Units once again. If we are unable to get sufficient leaders again this year we will have to consider the possibility of officially closing the Units. If you are interested in being a leader please contact Sandra Matchett at 644-2740.




**Relocating in
New Germany:**
New Germany Legion,
44 Varner Road

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www.pambirdsall.ca

Municipality of the District of Lunenburg



Cathy Moore
Councillor - District 7

104 Zwicker Mill Road, PO Box 137, New Germany, NS B0R 1E0
(902) 644-2922
kitcatt@ns.sympatico.ca

Lunenburg Municipal Recreation News



Lunenburg Municipal Recreation has opportunities for you and your family throughout the Municipality! Would you like dance classes in New Germany? Hip hop, Salsa, Ballroom, dance fitness and more! If so, let me know. I have an instructor keen to come.

Here are a few upcoming programs that may be of interest:

Seniors Corn Boil, Parkdale Maplewood Hall - September 12

Swimming Lessons in Lunenburg - starting September 14

Boating Safety (PCO Card) - September 23; Food Handlers - September 25 & 26

Make your Own Paddle at PVEC - starting October 2

Bus Trips - Metro September 19, Valley October 10, Dartmouth November 7,

Les Mis in Liverpool - November 17

Carve a Christmas Treasure (adults) - November 2, Youth - November 16

Seniors Kitchen Parties at HB Studios Sport Center - starting October 2

Grandmothers Head Hike - October 5; Older Adult Fitness in Mahone Bay - starts October 15

Seniors Christmas Party - December 12; Family Christmas Party - December 15

Christmas On the LaHave & New Germany Christmas Festival - November 24



Visit www.modl.ca for a full listing of recreation programs. Online registration is available, credit card payment only. Watch the Lighthouse Log for weekly listing of Recreation programs and events within the District of Lunenburg. If you have program ideas or suggestions, please contact Janice Rand at 541-1335. For more information please contact the District of Lunenburg Recreation Department at 541-1343 or email recreation@modl.ca.



Read this newsletter in colour on the web @ <http://newgermanycap.ednet.ns.ca> Also available at New Germany Freshmart, Mader's Clover Farm Supermarket, Village Glassworks, Borden's in the Woods, Tammy's Country Stop

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FOR MORE INFORMATION PLEASE CONTACT HAYDEN TREMERE 644-2833.
 THANK-YOU FOR SUPPORTING YOUR COMMUNITY.



New Germany and Area Medical Centre

Held a Pap Clinic on September 12th and will hold a second on November 7th. Please see information below.

Pap Clinic (by appointment only)
Jennifer Rijs, Nurse Practitioner

Thursday November 7th

Time: 9:30 - 12:30 & 1:30 - 6:30

Appointments may be made by any woman living in the New Germany area wishing to have a Pap test.

Phone 644-2361 with a valid Health Card.

Note: Current patients of New Germany Medical Centre can continue to book their Paps as regular appointments.

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From the Lions Den

CAMP LION MAXWELL



Camp Lion Maxwell is the only summer camp program in Nova Scotia designed for children ages 6 - 13 with diabetes and is sponsored by the Lions Clubs of Nova Scotia. It is a week long camp held each year in August at Camp Kadimah on Lake William. Hundreds of children with diabetes have benefited from an experience made possible through the generosity of the Lions Clubs of Nova Scotia. The cost to send one child to Camp Lion Maxwell for the week is \$1000.00.

Camp Lion Maxwell was originally called Camp Atlantic and was founded in 1964 by Dr. Bruce Morton and Mr. Currie. Eventually it was renamed, Camp Lion Maxwell, in honor of the late Lion Peter Maxwell from the Truro Lions Club. This fun-filled, educational program has become well known for instilling new hope and independence in these children. It is our greatest hope that the experiences the children have at camp enable them to live longer and healthier lives. At Camp Lion Maxwell, youth establish confidence and a sense of security that help them manage their disease and develop a positive outlook on life, reducing the amount of serious complications later in life, such as adult blindness. It is very impressive to see these young campers do their testing, count their carbs and enjoy their chosen sporting event.

We, Lions, have been the primary supporters of Camp Lion Maxwell for many years and as well, other monies are raised for camp through Canadian Diabetes Association branches in Nova Scotia. Lions, family members and friends gathered at Camp Kadimah to attend the Camp Lion Maxwell Open House on August 16th. On hand to tour the facility, meet the campers and enjoy a meal with them were Lions from as far as Truro, Wolfville and Yarmouth. There were eleven in attendance from the New Germany and Area Lions Club. We were thanked by the young campers and presented with homemade thank you cards. It was very heartwarming to know just how much our support is appreciated by these young campers.



Jenny Meisner, Maleta Wagner, President Brenton Wagner and Secretary Louise Veinot



Violet Eisnor, Lion Mary Alexander and Lion Bill Alexander



Table 7 - Group of young campers with their Junior Leader

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Connections Reflections with:



Myrtle (Carver) Taylor *As told to Alice Wile*

Myrtle was born October 22, 1915, the second of seven children to Frank and Mae Carver of Bakers Settlement. Her parents lived by farming, and at one point had 16 milking cows as well as an assortment of other farm animals. All the children had their chores to do both before and after school. Butter was churned, eggs collected, and along with cream and curds, were sold to awaiting customers in the Bridgewater area. Schooling was very important in the Carver family, and she remembers they only missed a day of school if they were deemed too sick to go. Myrtle says she always loved to read and still spends many enjoyable hours with books. Of the seven children, four

went on to become teachers, one a nurse, one a farmer and one a Judge.

Myrtle attended the one room school house in Bakers Settlement until the completion of Grade 11, when she went to Bridgewater for her Grade 12. She says her father was a school trustee and they always had good teachers. The year was 1934, the first year there was a graduating class of Grade 12 out of Bridgewater and Myrtle was a student of that class. Choices for young girls in those days were few, and Myrtle decided to follow in her grandmother Carver's footsteps and become a teacher. Following Grade 12 she attended Normal College in Truro acquiring her "A" license. She then attended two years of summer school to earn her permanent license. This was during the depression years and teaching jobs were hard to acquire. Her first position was with the Union Square one room school. She moved on to teach at Upper Northfield and Pinehurst, all being grades P -10 and ranging from 15 to 30 students. From there she taught at Barss Corner where the student enrolment reached 40. With her years of experience, Myrtle received the position of Principal at the North Rosedale School, where she also taught for two years.

In 1943 Ms Carver became Mrs. Clarence MacKay to which there was no happily ever after as it was war time and Clarence was killed in France in 1944.

In 1946 Myrtle married McLearn Taylor and moved to Barss Corner. She became mother to McLearn's two boys Robert and Ralph, and later a daughter Ruth arrived.

During the 1970's Myrtle did substitute teaching at New Germany Rural High School teaching Grade 7 English. In total she gave 30 years to the teaching profession.

Myrtle has done a great deal of handwork in her years, having made quilts for family members as wedding gifts, knitting and crocheting. She still attends card parties and says she keeps her mind active by doing puzzles and reading anything of interest. She has been a widow for thirty-nine years, and in her late seventy's she traveled with her sister Barbara to England, Holland, Belgium, Germany, Italy and France. Just three years ago she traveled with her daughter and son-in-law to Yellowknife to visit her grandson who is a Chartered Accountant there, and granddaughter who is a doctor. Myrtle enjoys her gardens and large farm home. She gives high praise to good neighbours and availability of helpful, trustworthy young boys to help with the heavier work that needs to be done. Of the seven children she and two others are the only ones still living.

Having nine grandchildren, 14 great grandchildren and 4 great-great grandchildren, Myrtle says she enjoys life and fills her days with things she likes to do.



Cathy's Beauty Salon

104 Zwicker Mill Road,
New Germany
Open Mon.-Wed.- Fri. - Sat.
Phone 644-2922
Will do house calls.





Public Health Update

New Germany Parent and Tot will be starting again on September 18th at the New Germany Anglican Church Hall from 10:00- 11:30am.

This is a free program for Parents and Caregivers with Infants and Toddlers aged 0-6, brought to you in partnership by South Shore Family Resource Association and Public Health Services.

Hope to see you there :)

Public Health Services
#100 Varner Road New Germany
644-2710

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Recipe

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- 1 banana
- 1 tbsp hazelnut spread (ie: nutella)

Spread nutella evenly onto tortilla wrap. Place peeled banana on one edge of tortilla and wrap around banana. Cut into 1" thick sections to make several rolls.

This is a quick, easy and healthy recipe to help your child start their day off right. It would also make for a great lunch box idea.

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WHYNOT ROAD

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Summer Play Group

Among the children, parents and grandparents out on a summer adventure to Oaklawn Farm Zoo are Gary Sr, Nina, Archer, Lily, Anne, Kolton, Tegan, Gary, Grayson, Alexandra, Leah, Michelle, Isabella, Christina, Steven and Jacob

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New Germany Garden Club

There was no moderation in the N.S. temperatures and rainfall Spring and Summer 2013. When it was cold- it was very cold. When it rained IT RAINED! When it was hot -it was very hot. I think it added a sense of urgency to the lives of all. It certainly seemed that way to me. When a warmer, drier Spring day would come around the birds sounded so loud that they seemed to be yelling at one another. "I'm busy! I'm the busiest bird! I've been up since 5:10 A.M., food to find, kids to feed! Get out of my way!"

Pollinators were also stressed. The over wintering hive is small. The queen and some worker bees shelter underground or in debris piles. More than a few hives were lost in the enormous rainfalls we experienced this Spring and added to that were the cool temperatures. The Queen bee cannot leave the hive to embark upon her 'maiden flight' until temperatures are +15 degrees or better. She can then fly into the air to meet her drones for the Spring mate. That completed she will lay fertile eggs all season long and those eggs will become the next generation in the hive differentiating into all the kinds of bees. Many people commented on how quiet and empty the gardens, orchards and woodlands were. It wasn't until the end of May that we experienced those essential warm temperatures therefore delaying everything for the bees.

In August the bees seem to have recovered and there are lots to be seen. Maybe it's my imagination but they seem to be singing a bee version of the birds song. "I'm busy! I'm the busiest bee! Get out of my way!" Bees and wasps can sting but they only will do so as a last act of desperation to defend themselves or their home. Wasps can sting repeatedly and live. A bee stings only once and it costs her life. We are all busy and get in each others way so pay attention when bees or wasps a flying around you.

The New Germany Garden Club will meet at the New Germany Rural High School library at 7 P.M. on Sept. 25th. All are welcome. This Fall our members will be selling daffodils and hyacinths as a fundraiser. This money helps the club host guest speakers and do projects in the community. We appreciate your support.



Here's a gardening tip for extremely busy gardeners. When you're out in the garden carry one of those plastic bags that black earth come in and toss the weeds into it as you go. When the bag is full find a weedy spot and place the bag full of weeds on the weedy spot. Instantly you have killed the weeds under the bag with the weeds in the bag. When time allows collect all of the bags of weeds and empty them into the compost pile. Happy gardening!

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**New Germany &
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Walks @ 6:00

Join NGAPS for an early evening walk. 4 walks 4 different routes, combinations of trail and road, the walks are about one hour each.

Wednesday September 19th - Route 1: Meet at the New Germany Elementary School parking lot. Leave the School turning left on School Street. Where School Street meets the Lower Branch Road, cross the Lower Branch Road and then right on the New Germany / Caledonia Trail. Follow the trail until it intersects the Lower Branch Road. Turn right on the Lower Branch Road and then left on School Street, returning to the Elementary School.

Monday September 23rd - Route 2: Meet at the St. John's Anglican Church Hall parking lot (or park in the yard at the old Wynn's building). Leave the Hall turning right on Highway 10, joining the Trail behind the Fire Station. When the Trail meets the Copeland Road turn left. At Highway 10 turn left and return to the Hall.

Thursday September 26th - Route 3: Meet at the New Germany Freshmart parking lot and leave the parking lot turning right on Highway #10. Where Highway #10 meets the Zwicker Mill road turn down. Rejoin Highway #10 turning right and join the Trail behind the New Germany Sign. Follow the Trail across the Barss Corner Road to Caledonia Crossing. At the Crossing take the lower trail back to the Freshmart.

Monday September 30th - Route 4: Meet at the New Germany Elementary School parking lot. Leave the School turning right on School Street, right on Highway 208, joining Highway 10 and enter the Trail behind the New Germany sign. Follow the Trail to the Barss Corner Road and rejoin Highway 10, following it to the Lower Branch Road. Turn onto the Lower Branch Road and follow it to School Street turning right and return to NGES.

All ages, everyone welcome, no charge. The routes are stroller friendly and your dogs on leashes are also welcome. This is a great way to explore the Trails around the community in the company of others. This Spring we had over 50 participants in our Walks program. Let's beat that number this Fall!

So put on your sneakers, grab your water bottle and join us for the adventure. If it is rainy we will go the following evening. If we get rained out both nights, we will skip that walk and go to the next one.

The fine print: NGAPS assumes no responsibility for any harm or injury you may encounter on these walks.

All risks are the responsibility of the participant.

NGAPS Meeting

NGAPS will hold our regular monthly meetings the first Tuesday of the month. Our next meeting will be October 1st @ NGRHS Library.

Meetings start at 7:00pm

Everyone with an interest in our community is welcome to join.



South Shore Public Library
Mobile Library
is at New Germany Freshmart every Tuesday from 3:00p.m. to 6:00p.m. A library card is free and so is using the library.



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Highway 10, New Germany



Home of the
STONE OVEN

2 PAPA'S: Where Family and Community Come Together

NEW GERMANY, N.S. — Every day, while sitting beside a window overlooking the main highway through New Germany, Gary Downs Senior mixes up pizza dough using nothing but quality ingredients—the finest flour, the purest of oils. The soft dough is handpressed into pans before being smothered with a signature blend of three sauces and seven spices. While he makes it look like child's play, baking pizza is hard work and long hours all year long.

Locally owned and operated by his son (also named Gary), 2 Papa's Restaurant has been serving pizza, dough boys, and donairs since 2010.

The two Garys began baking pizza by accident just a few weeks before the restaurant opened. Neither father nor son had much experience with pizza ovens. One worked as a custodian at the nearby high school; the other worked with children, youth, and homeless people. And there they were—a restaurant in their hands shortly before it opened to hungry customers. It seemed a recipe for disaster.

Thankfully, they got some help from friends—help mixing high-quality pizza dough with a special ingredient to give it a unique flavour.

Donair meat is also made on-site—not on a spit but in the stone oven, which gives the lean hamburger great flavour.

“We have a very intimate connection with our food and our community,” says owner Gary, who is often in front of the oven sprinkling toppings over the dough his father makes, taking orders on the phone, or chatting with customers who stop by to view the hockey wall of fame.

2 Papa's uses local food as often as possible. In the summer, there's even a small garden behind the restau-

rant that provides tomatoes that are about as local as it gets—a zero kilometre diet.

When the restaurant opened in 2010 as Papa Ds, it was named after Gary Senior, a single father who raised four children on his own. Now the restaurant runs as 2 Papa's, reflecting a new family structure made up of father, son, and grandson—Grayson.

While it hasn't always been easy running a family business, community support from the close-knit village are makes all the difference.

In the beginning, local tradespeople and high school students laboured to transform the old white building, previously a video store, into an Italian-inspired restaurant with dashes of red. When there was some question of whether the restaurant would be able to stay open, people came out to buy pizza and left behind donations for the family.

“We see our community as shareholders,” says owner Gary. “Shareholders that care.”

Community is vital to the family, especially now that Grayson is in the picture. Gary believes it takes a whole community to raise a child in the best possible way. Living in a small town means he can raise his son in a safe place where everyone knows each other and people understand the value of hard work.

Grayson may not be able to work in the kitchen yet but he already knows how to handle a broom, and greets many of the familiar faces that frequent 2 Papa's.

As time goes on, Gary hopes to expand the restaurant with more menu items—perhaps even pasta—while keeping in tune with 2 Papa's philosophy: buying local and living local.

-Julie Veinot



Canada Day Recap

New Germany Canada Day Parade

Despite the downpour of rain in the late morning, floats, bands and walking groups lined up to participate in the New Germany Canada Day Parade which was sponsored by the Royal Bank, New Germany (RBC).

Antique Vehicle:

- 1st - Dennis Mader - 1919 Model T Ford
- 2nd - Old Folks Department, Bridge-water

Business:

- 1st - Lahave River Credit Union
- 2nd - Up 'Til Dawn Party Supplies

Marching:

- 1st - Bridgewater Agility Dogs
- 2nd - West Northfield Twirlettes

Novelty:

- 1st - Pamela Wallin Visits Anne of Green Gables and Mike Duffy (Island Gems)
- 2nd - Red Neck Pool

Organizational:

- 1st - South Shore Bluegrass Music Association
- 2nd - New Germany Legion

Youth:

- 1st - Messy Saints
- 2nd - Upper County Soccer Club



RBC Royal Bank

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Canada Day Children's Parade

was sponsored by the New Germany and Area Lions Club. This parade includes children up to age 12. All participants received a Canada Day medallion. The theme was "Story Book Characters". The top five finalists were presented with plaques:

- 1) Little Red Riding Hood & the Lumber Jack - Ethan (age 5) and Maria (age 1) Trethewey, Bridgewater
- 2) Anne of Green Gables and her kindred spirit, Diana Barry- Madison (age 9) and Allison (age 6) Hayward, New Canada
- 3) Johnny and the Tractor and his pals - Ronan Wile (15 months), Stanley Section
- 4) Tinkerbell - Amber Ward (age 6), Branch Lahave
- 5) Indiana Jones - Nathan Silver (age 7), New Germany



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My training centre also provides one-on-one training, small groups and large groups.

If, there is specific training you require and you do not see it on my list, please contact me and I will try to access this for you.

"Dedicated to Quality Education & Training, With a Human Touch"

The Canada Day Oxpull was sponsored by Blue Wave Energy with a total of 32 teams. Teams are registered by weight classes and winners are determined by percentage of total weight and the successful load pulled.

Light Class

Travis Forrest, 2.21%
 Paul Russell, 2.12%
 Nick Stewart, 1.99%
 Bobby Acker, 1.94%
 Basil Lohnes, 1.77%
 David Zwicker, 1.07%



Medium Class

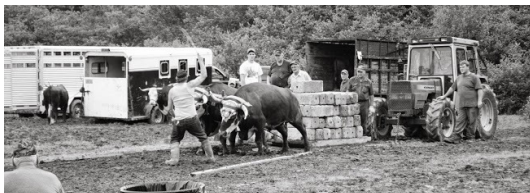
Craig Beaver, 2.57%
 Sid Nickerson, 2.35%
 Nick Stewart, 2.23%
 Evan Avery, 2.09%
 Robbie Hopkins, 2.04%
 Brian Nauss, 1.99%
 Mark Roach, 1.69%
 Larry Merry, 1.62%
 Dylin Martin, 1.53%
 Leo Bolivar, 1.03%

Heavy Class

Poke Hill, 2.12%
 Basil Lohnes, 2.09%
 Percy Russell, 2.03%
 Jonathan Roach, 2.00%
 Matthew Merry, 1.98%
 Bob Wile, 1.90%
 Colin Cole, , 1.89%
 Travis Forrest, 1.41%

Extra Heavy Class

Vincent Buchanan, 2.00%
 Jay Hiltz, 1.98%
 Wendall Wagner, 1.93%
 Kaleigh Wagner, 1.70%
 Nick Stewart, 1.69%
 Alex Joudrey, 1.64%
 Frank Dearman, 1.45%
 Don Tarr, 1.10%



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New Germany Health and Wellness Expo 2013



On Thursday, Oct. 24, the 3rd annual Health and Wellness Expo will be held at New Germany Rural High School. Starting at 1:00PM and running through until 6:00 PM, it will feature approximately 50 booths where the staff, students and general public can access information on a wide range of topics. All booths will have some bearing on what a person or community requires in order to have a healthier life.

The Expo this year is dedicated to the life and memory of Tina Mae Illingworth who lost her life on June 30th, 2010. With domestic and dating violence still exacting its toll on families and relationships, this is another attempt to get our community to take some positive actions to combat this violence. Tina was well know and liked in our community and her death has torn apart at least two families and my hope is that with this Expo and various other activities, both in the schools and in the community we can all get the closure that is desperately needed by the families and the other members of the community.

The list of participants continues to grow as we now have at least 20 confirmed booth holders. They include local businesses such as Rural Roots Therapeutics (massage therapy), Canadian Red Cross, Valley Flax Flour (gluten free products), Sharon Jones (Spiritual Teacher), South Shore Eye Care, Concepts Career College, and Harbor House/South Shore Transition House. Now that school is back in and most vacations are finished I am sure many more registrations will be confirmed.

Presentations will be given by various booth holders. These will take place in the library. A list of presenters, their topics and the time of the presentations will be available by mid-October.

All community members are invited and encouraged to join us for a great afternoon. There is no admission and there will be door prizes, supplied by local businesses. There will also be many draws for products and services at most booths. Be prepared to spend some time talking to old friends and making new ones.

We could not offer this Health and Wellness Expo if it were not for the sponsors. For a donation of \$100.00 or more you/your business/ your community group can become a sponsor and get a whole lot of advertising. To see the list of sponsors and to get additional information please go to <http://newgermanyca.net.ns.ca> or contact me at gdselig@ns.sympatico.ca or 644-2153



Several of the booths from last year's Expo.

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New Germany Health & Wellness Expo

October 24th

1:00p.m. to 6:00p.m.

New Germany Rural High School Gymnasium

Information about Health and Wellness
for All Ages - Youth and Teens to Seniors.

Free Admission

One-on-one discussions, Presentations and
Demonstrations, Many free draws



- Sponsors to date: New Germany Area Promotion Society
- New Germany Rural High School
 - New Germany Freshmart
 - Atlantic Sleep Apnea Services
 - South Shore Eye Care Centre
 - Rural Roots Therapeutics, Laura Beck Patton
 - Passion for Dogs
 - Lunenburg County Crime Prevention Association
 - Valley Flax Flour
 - Lunenburg County Community Health Board

List of Participants is available at
<http://newgermanycap.ednet.ns.ca>

Connecting with Local Authors

In this issue of New Germany Connections we are pleased to feature two local authors. "The Naturalist's Funeral" is by poet Alison Smith. Alison has published two full length collections, *The Wedding House* (Gaspereau Press, 2001) and *Six Mats and One Year* (GP 2003), as well as one chapbook, *Fish-work, Dear* (GP 2009). She is presently working on her third collection with assistance from Arts Nova Scotia. Alison is on the longlist for the **2013**

CBC Poetry Award. From over 2000 submissions received from across Canada, 37 works were chosen. Alison is the only Maritimer. The shortlist will be announced September 17th.



Alison Smith
Photo by Vitaminbea.ca

The Naturalist's Funeral

The man who knew her well
quoted the ocean folding into itself.
Sun (a reference) *is on the rise, rain*
unhawkishly circling. Everything comes
again, unfettered on wind.

A farmer chortled *where's your rest*
when loved ones turn up like stones
at every ploughing? His wife, a weaver
with swollen wrists, tried to imagine
unravelling eternity from burlap.

A believer's voice was as steady as the alter.
Be relieved, she is dead but will not die
again! He sang inside a stiff coat of joy
of goodness, now flesh and blood unbound!
The teenage organist amplified unearthly

vertigo— hardly knowing, we sat, we stood
in staggers. At the forest grave, we buried
under sun-eaters: pines who cambered down
as if aiding an allusion. Then lofted
their branches in such offensive hunger.

~ Alison Smith

Follow Alison's work (new poems, readings,
workshops) at aesmithwriter.wordpress.com.

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Connecting with Local Authors ~ Part 2

Laura Best is the author of two novels and short fiction for adults. Her work has appeared in numerous literary magazines and several anthologies. Laura's first Young Adult (YA) novel *Bitter, Sweet* (Nimbus Publishing) was launched in East Dalhousie in 2009. Her second YA novel, *Flying with a Broken Wing*, will be out this September. Laura was interviewed by Cathy Moore.

Flying with a Broken Wing by Laura Best

Cammie Deveau began life with a few strikes against her. She's visually impaired, was abandoned by her mother at birth, her father was a casualty of the Second World War -- and if all that wasn't enough, she's being raised by her bootlegging aunt.



When Cammie learns about a school for blind and visually impaired children, she becomes convinced a new life is waiting for her in Halifax, but how will she ever convince her aunt to let her go? With the help of her best friend, Cammie devises a plan to blow up the local moonshiner's still.

I've had the pleasure of reading the book and interviewing Laura, here's what I found out:

What inspired you to write your first book? I'd been writing short stories for a number of years but my goal always was to have a book published. The inspiration for my first book, "Bitter, Sweet," came from an article I read in the paper about a family of children involved in an armed stand-off. Although I had no idea of how this would come about, or any of the circumstances that would bring these children to that point, I began writing.

stances that would bring these children to that point, I began writing.

Are experiences based on someone you know in *Flying with a Broken Wing*, or events in your own life? While the main character was inspired by my mother, who also happens to be visually impaired, this isn't her story. A few people have already asked me this, but none of the events in the book were based on real life. I think it's important that people understand this. It all came from my imagination.

Can you share a little of your current work with us? I'm usually quite tight-lipped about my work in progress and rarely discuss it with others. What I can say is to watch for more about Cammie. *Flying With a Broken Wing* leaves us with some unresolved issues. I'll be as anxious as everyone else to discover how it all works out!

Flying with a Broken Wing will be in the bookstores around the middle of September.

I know I'll be in the line-up to purchase the next book!

~ Cathy Moore

Follow Laura on her blog at
<http://www.lauraabest.wordpress.com>.



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 and
 Sunday 7:00am - 9:00pm.

Another Story Finishes

New Germany is losing another of it's long standing commercial buildings. The former Community Centre / Youth Health Centre is being demolished to make way for future highway improvements.

Last used as a Community Centre, it has also been home to a fitness centre and for thirty years the Stedmans Store (C & J Variety) owned and operated by Cyril and Joyce Acker.



The picture below was taken some-time in the 1930's or 40's showing the store when it was run first by I.B. DeLong and then his son, Donald D. DeLong owned it.



Wentzell Lake



Brian PICKINGS

Lunenburg

ELECT



Contact Brian

Tel: (902) 212-0681

Email: voteforbrian@hotmail.com

Brian's on Facebook: www.facebook.com/brianpickings

Visit Brian's website: www.voteforbrian.ca

Authorized by the Official Agent for Brian Pickings

This is an exciting time for the constituency of Lunenburg. I am ready and eager to be your next MLA and I have an energized Progressive Conservative party that stands with me.

I spent a lot of time knocking on doors and listening to the issues that are important to you. It's no surprise that power bills are top of mind for everyone as well as our road conditions, access to healthcare and quality education.

As a journeyman carpenter and small business owner, I know the current economic environment needs improvement.

Jamie Baillie and the Progressive Conservative team are ready to change how this province is run.

That is why I am asking for your vote.

Vote PICKINGS, to turn our economy around.

Vote PICKINGS, to get our taxes down.

Vote PICKINGS, to freeze power rates.

Let's truly change direction. Your future and the future of our province depends on it.

Brian Pickings
PC Candidate for Lunenburg



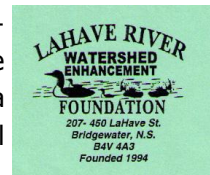
Veteran's Memorial Park

(a short history)

Veteran's Memorial Park was created in 1996 on property owned by Irving Oil Limited. It is situated on the shores of New Germany Lake in New Germany, along the number ten highway.

The Park was dedicated to the Glory of God and as a Memorial to Veterans on June 1st, 1996 by the Reverend Peter Armstrong. A colour party from Branch 102 of the Royal Canadian Legion and MLA Lila O'Connor were also in attendance at the dedication ceremony.

This was the second park created by the LaHave Rive Watershed Enhancement Foundation, a charitable foundation registered with the Canada Revenue Agency. Committee members Darrell Frail, the late Pearlie Holland (a veteran) and the late Ray Russell (a long serving member of the New Germany Volunteer Fire Department) were instrumental in the park's creation.



The Irving connection was an important part of the successful creation of the park. His honour, Judge Kenneth Crowell, founding Chairman of the foundation had been a classmate of Arthur Irving at Acadia University. This certainly aided the negotiations.

A boat ramp on the park site is frequently used by bass anglers, canoeing enthusiasts, or kayakers. The ramp was financed by a co-operative agreement between Nova Scotia and the Government of Canada.

The Foundation maintains the park and raises funds for the upkeep. Liability insurance, (for recreation purposes only) is also funded by the foundation as a member organization of Recreation Nova Scotia.

~ Ron Seney



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A New Trail Bridge Across the LaHave River?

(The following is a message from Laura Barkhouse, Trails Coordinator)

As some of you may know, the trail bridge in New Germany that connects the South Shore Annapolis Valley Trail on either side of the LaHave River was removed many years ago. The trail portion that travels through Hemford and into North Queens is inaccessible as a connected trail route for users on the main trail. You may also know that the Provincial Department of Transportation is now in the process of decommissioning the metal road bridge in New Germany. Preliminary talks have gone well to pursue using the old bridge as a trail bridge once it is removed and reset further down river.

As it stands, the South Shore Annapolis Valley Recreational Trail Association has agreed to be the parent group to see this project take place. We now require 3 to 4 volunteers to form a subcommittee who will work with the various stakeholders and help get this project complete. It may take up to 3 years to be fully complete. The work will involve meeting with the transportation department and potential funders as well as hiring an engineer to oversee the assessment of the current bridge and site and design and build new abutments.

I would like to see at least one volunteer from each organization, as I feel that each one will see a benefit to their group. To talk about this further, please contact me directly at 541-1352.

If you know someone who is willing to commit a little bit of time to see this project happen, please speak to them and ask them to call me. There is a timeframe for this, as the bridge will not be available for an extended period of time. I would like to have a small group together by September 13th.

If you have any issues or concerns, please let me know, and please remember to share this message with as many as you can.

Happy Trails!

Laura Barkhouse



Site of the former train bridge on LaHave River



37th Annual

New Germany & Area Arts & Crafts Association

Fall Craft Show

Saturday, October 19th, 2013, 10a.m. - 4p.m.

New Germany Rural High School,
44 School St., New Germany.

Special features include: Dessert Corner, Soup Kitchen,
Country Kitchen, Free Admission and Free Parking.

Contest

Thanksgiving Day: Only one day in the year, but a significant one. Family and friends

V	S	A	S	D	N	I	K	P	M	U	P
C	E	V	Q	U	L	P	P	Y	T	Y	B
E	O	G	J	H	F	A	M	I	L	Y	N
R	T	T	E	M	G	C	X	J	K	T	M
E	A	R	T	T	R	H	O	T	O	I	I
W	T	W	Q	U	A	E	R	A	O	N	P
X	O	S	S	R	V	B	E	B	T	U	L
D	P	T	Y	K	Y	C	L	L	R	M	R
A	Y	U	L	E	H	E	P	E	Z	M	L
G	R	V	A	Y	E	Z	P	E	S	O	P
D	Y	I	J	W	C	M	A	E	R	C	A
T	H	A	N	K	F	U	L	G	T	H	E

gather for a great meal, centering around a roast ___(6)___ with lots of mashed ___(8)___ and garden ___(10)___; plates are full. Top it all off with ___(5)___ from the roast pan and what a treat. A dessert of either ___(5)___ or ___(7)___ pie with whipped ___(5)___ and you have a meal to be thankful for. When you go around the ___(5)___ to share your blessings be sure to include your ___(5)___, your friends and your whole ___(9)___. A day to be truly ___(8)___.

Answers:

- | | |
|----------|-----------|
| 1. _____ | 7. _____ |
| 2. _____ | 8. _____ |
| 3. _____ | 9. _____ |
| 4. _____ | 10. _____ |
| 5. _____ | 11. _____ |
| 6. _____ | |



Name _____

Community _____

Phone _____

Email _____

May we use your email to contact you about NGAPS events?

Yes ___ No ___

If you are our winner from which advertiser would you chose your prize?

Do you have any comments about the Newsletter?

Send your answers (to the address on page 24) by October 15th for a chance to win.

(We will also accept email entries, please put "contest" in the subject line.)

Only one entry per person please.

Puzzle Maker Wanted

Do you enjoy puzzles? How about creating puzzles? In each issue of New Germany Connections we have been including a custom created puzzle. If you would like to contribute a puzzle for an issue of Connections, please get in touch, contacts on next page. Thanks.

Answers for June's contest:

breakfast, children, sales, picnic, parade, ox, ice cream, garden, music, fireworks, flag, Canadian



The mission statement of New Germany Area Promotion Society is "NGAPS will strive to create a sustainable and vibrant community where people and businesses are encouraged to thrive." We will achieve this mission by supporting communications and partnerships both within and outside our community.

New Germany Area Promotion
Society
Box 28
New Germany, NS. B0R 1E0



E-Mail: ng_cap@ns.sympatico.ca
Phone: (902) 644-2922

We're on the web!!

<http://newgermanyca.ednet.ns.ca>

Thanks for entering our contest!

In the April issue of the Newsletter, we gave you the chance to win a \$20.00 gift card from any one of our advertisers - your choice.

The draw was made and the winner was Dana Robar Ernst. She chose a Gift Card from New Germany Freshmart. Congratulations Dana.

Enter our contest on page 23 and send your answer to the address above. You may be our next winner!

Reconnecting...

In our last issue of Connections we are started a new feature where we catch up with former residents of this area. We didn't get any suggestions for people we could feature in this issue (we do have a few in "the works" so hopefully in November), but we would like to continue this feature.

Do you know someone we might feature? Please get in touch (contacts above).

Next Issue:

Will be early November 2013. We would like to hear your story ideas. Please contact us at the address or phone number on this page.

This Newsletter was put together entirely by NGAPS volunteers. Ads were paid for by the advertiser. We appreciate the support of local businesses for this Newsletter because without them there would be no publication.

NGAPS publishes New Germany Connections 5 times a year - mid February, mid April, mid June, early September and early November. Watch for yours with your flyers. It is also available in colour on our web site or can be picked up at New Germany Freshmart, Mader's Clover Farm Supermarket, Village Glassworks and many other places in our area.



Volunteer Connections

In this issue we have two requests for volunteers. One is for the New Germany Food Bank (page 4) and the second is from the local Girl Guides (page 3). If you can help either organization please get in touch.

Is your group of organization looking for new members or volunteers? This is a feature we would like to continue if there is interest. Send us information about your needs and we will include your request in our Newsletter. Each issue we will feature one or two community groups. A short outline of your organization's goals, the type of volunteer you are looking for, the time commitment and contacts should be included.

You can send your information to NGAPS by mail or email to the address above.

Advertising Information: You can advertise in this newsletter. We deliver it to all the households and businesses in the New Germany, Barss Corner and Springfield Post Office areas. Single ad sizes vary but can be 1' x 7" or 3.5" x 2". depending upon space and layout. Price per single ad is \$20.00. Multiple ad sizes are available. The revenue from the advertising helps to offset the cost of printing and distributing this Newsletter. Thank you to our advertisers for their assistance.

New Germany Connections is also available on the community web site, in colour, with all ads included. **Community events and local businesses are listed on the web site for free.** Please contact ng_cap@ns.sympatico.ca Next issue to be published early November. Ads are limited so they are offered on a first come, first served basis. Please contact NGAPS at the above addresses to book your space.