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# New Germany Connections

## Winter 2018

The very best part about NGAPS' events like the Community Picnic, Garlic Night and the Health & Wellness Expo is seeing your neighbours and catching up with their news. And meeting new people and getting to know them.

Sure we try to bring you a lot of information and a bit of education, but equally important are the connections made at these events. This is one of the main goals of NGAPS.

And why we sponsor Countryside Christmas and host the Community Tree Lighting and the Victorian Tea. There are so many events in our area from November 24th to December 2nd, so many opportunities to greet your friends and neighbours. Check out the pages of this newsletter for all the great holiday events and get involved either as a volunteer or a participant.

Community Groups / Organizations in our area can advertise their events on our community calendar or FB page at no charge. Share your events, fundraisers or special occasions with us!

We will promote for and with you!

Please send listings to: [ng\\_cap@ns.sympatico.ca](mailto:ng_cap@ns.sympatico.ca), our Facebook page or drop off at Village Glassworks during open hours.

[newgermany.ca](http://newgermany.ca)

### Community Events

- Nov 10 Corned Beef & Cabbage Dinner
- Nov 11 Remembrance Day
- Nov 14 NGAPS Meeting
- Nov 17 Turkey Supper

### Countryside Christmas

- Nov 24th to Dec 2nd
- Nov 24 Tea, Penny Auction, Craft Show
- Nov 25 Tree Lighting
- Nov 26 Bingo
- Nov 27 Advent Service
- Nov 29 Coffee Cafe
- Dec 1 Breakfast, Concert
- Dec 1 Victorian Tea
- Dec 2 NGES Christmas Festival & Whimsical Store
- Dec 25 Merry Christmas
- Jan 1 Happy 2019
- Feb 10 Valentine's Luncheon

## NGAPS Programs & Events

**NGAPS Regular Meeting** Generally the second Wednesday of each month. Everyone is welcome to attend. Check our web page for more details.

**Countryside Christmas** November 24th to December 2nd

**Community Tree & 4H Countryside Forest Lighting** November 25th, Main Street Maples @ 6:30pm, carol sing, hot chocolate & cookies.

**Victorian Christmas Tea** December 1st, by ticket. (info page 18)

The mission statement of New Germany Area Promotion Society is: "NGAPS will strive to create a sustainable and vibrant community where people and businesses are encouraged to thrive." We will achieve this mission by supporting communications and partnerships both within and outside our community.

# Remembrance Day Services

## The Royal Canadian Legion, Branch 08-102 New Germany

### Week of Remembrance Events 2018

#### Wednesday November 7<sup>th</sup>

-10:15am Service at West Northfield Elementary School.

#### Friday November 9<sup>th</sup>

-12 noon Service at New Germany Elementary School.

-2:00pm Service at New Germany Rural High School.

#### Sunday November 11<sup>th</sup>

-10:40am Gather at the Cenotaph.

-11:00am Service at Epworth United Church.

Followed directly after by a Reception at the New Germany Legion.



~Ron Smith photo

## Remembrance Day Service Parkdale/Maplewood Emmanuel Baptist Church

### Order of Service

10.30 – Gather at the Cenotaph (located in front of the church)

10.40 - Singing of "O Canada"

- Placing of Wreaths – Rex Veinot

11.00 - Two Minutes of Silence

- Playing of the "Last Post" – Jeff Kaulback

- Prayer Prior to entering the church – Rev. Sam Jess

Following the prayer individuals may attach their personal poppy to the wreaths placed on the Cenotaph prior to entering the church.

- Veterans are piped into the church (everyone remains standing until the veterans are seated). Piper-Denis Stairs

- Opening Remarks – Murray Goulden
- Choir Selection – Leonard Cohen's "Hallelujah"
- Introduction of Veterans in Attendance – Barbara Ross
- Poem – "In Flanders Fields" – Reverend Sam Jess
- Tribute to those lost during this last year – Murray Goulden
- "One Minute Silence"
- Message – Veteran - David Haines
- Expression of Appreciation – Murray Goulden
- Singing of "God Save the Queen"
- Benediction – Reverend Sam Jess
- Veterans are piped from the church – Piper - Denis Stairs

Following the service, all are invited to a time of fellowship and refreshments at the Parkdale/Maplewood Community Hall.





# New Germany Medical Centre 25<sup>th</sup> Anniversary

~ Del Trobak

On September 9<sup>th</sup>, the New Germany and Area Medical Centre celebrated 25 years of operation. An organizing committee was set up during the winter of 2018 to co-ordinate the event, which was held at the Medical Centre. One hundred to one hundred and fifty people attended on a beautiful afternoon. A live country music show situated on the lawn was provided by Mellie Robar and Peggy Tufts. Free corn-on-the-cob was cooked by committee member Greg Selig, and a fresh vegetable juice cocktail was made on the spot by Bert Brendelle. Cathy Moore provided a celebratory cake, while Mary Alexander poured tea and coffee. Inside the Medical Centre, a documentary DVD was shown which covered the construction history of the building. This documentary, assembled by the committee assisted by Del Trobak, featured historical pictures and video from 1993, as well as new interviews from 2018.

Several health oriented booths were set up, providing information and products to the public. They were "Nourishing Healthstyles" (Lisa Staples); "4 hands, 2 hearts for Healing" (Reid Lohnes); "Valley Flax Flour / Valley Kitchen Gluten Free" (Howard Selig); "Nova Scotia Foot Care Nurses Interest Group" (Terry Keddy) and "Young Living Essential Oils" (Haley Lorman). A booth selling engraved bricks (which financed the construction of the Medical Centre) and copies of the 25<sup>th</sup> Anniversary video documentary DVDs was operated by Vivian Meisner and Pat Trobak. Only 22 of these bricks remain to be sold before they are installed in the entry way of the Medical Centre. These bricks and additional copies of the DVD documentary can be purchased from Bill Alexander (644-2217).

The committee wishes to acknowledge the support, both financial and moral, of Suzanne Lohnes-Croft, MLA and her assistant, Ruth Wawin. On October 10<sup>th</sup>, Ms. Lohnes-Croft invited the organizing committee to the Nova Scotia Legislature, where she recognized those committee members present, by name.

See our MLA addressing the Legislature-  
<https://youtu.be/7pMnbEpSUU4>



R to L, MLA Suzanne Lohnes-Croft, Pat Trobak, Mary Alexander, Nancy Veinot, Bill Alexander, Del Trobak, Ruth Wawin, (Ass't to the MLA). Missing; Terry Meisner, Greg Selig, Bert Brendelle



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St Andrew's Anglican Church, West Northfield

## Annual Corned Beef and Cabbage Dinner

SATURDAY Nov. 10th  
Noon to 2:00pm at  
West Northfield Community Hall  
Adults \$14, age 5-12 \$5, under 5 free

# Community Picnic Under Main Street Maples



Sunday September 16th was a warm sunny day, great weather for NGAPS' Community Picnic under the trees at Main Street Maples. Young and older residents, as well as a few visitors, brought salads and sweets to share. We enjoyed a wonderful meal including Ruth's potato salad and Val's coconut cream pie. We were joined by New Germany & Area Lions Club and the Lions' train.



Thank you to everyone who came out and enjoyed the picnic. Thank you to all the Main Street Maples neighbours who mow the park, plant and tend the flowers. Plan to join us for Community Picnic 2019.



## Postcards from New Germany & Area #3

Congratulations to our winner Jasmine Spidle. Jasmine chose her \$50 gift certificate from Steel-Toe Stiletto Blacksmith Shop. Watch for our third postcard, available soon.



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# New Principal at New Germany Rural High School

Jennifer McMullen is the new Principal at NGRHS. She was previously Vice Principal at NGRHS for 3 years as well as a Guidance Counsellor, Teacher and Vice Principal in Ontario for 10 years. She is proud to now call the South Shore of Nova Scotia her permanent home, along with her two children (Callum and Maeve) and her husband Trevor. Growing up in Ontario, Jennifer got her first taste of the east coast while a varsity volleyball player at St. FX and Dalhousie. After her studies were complete, she returned to Ontario always knowing that she would one day make the move back east. Jennifer and her family have settled in Lunenburg and she feels fortunate to lead such a dynamic group of teachers and students, and appreciates all the support the New Germany community continually gives. Some key items from the student success plan at the high school this year are to ensure a sense of belonging among all students, that all students have access to healthy food through the cafeteria, and that teachers continue to set high expectations for themselves and their students. Jennifer feels very strongly about building relationships with the entire New Germany community so please stop in to say hello to Jennifer, or you can also reach out to her at



[ngrhsprincipal@ssrce.ca](mailto:ngrhsprincipal@ssrce.ca)  
<http://ngrhs.weebly.com>

## South Shore Public Library Mobile Library

is at New Germany Freshmart or Rosedale Seniors Club every Tuesday from 3:00p.m. to 6:00p.m. A library card is free and so is using the library.



## Municipality of the District of Lunenburg



**Cathy Moore**  
 Councillor - District 5

104 Zwicker Mill Road, PO Box 137, New Germany, NS B0R 1E0  
 (902) 644-2922  
[kitcatt@ns.sympatico.ca](mailto:kitcatt@ns.sympatico.ca)

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## WINTER GREEN CART TIPS

Food waste can freeze in your green during winter, making it difficult to empty. Here are a few things you can do:

Place your cart roadside every two weeks -- even when it isn't full.

Strain wet foods then wrap in newspaper or stick them in a cereal box.

Line your cart with a paper leaf and yard waste bag.

Line the bottom of your cart with balls of newspaper to keep food waste from freezing to the grate or plastic.

Layer food waste with sawdust or dry leaves.

Visit the Lunenburg Regional Community Recycling Centre's Facebook page for Holiday waste collections, storm cancellations and other waste-related information. Questions? (902) 543-2991.



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## Municipality of the District of Lunenburg

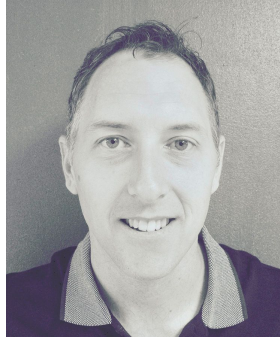


**Wade Carver**  
 Councillor

210 Aberdeen Road, Bridgewater, N.S. B4V 4G8  
 Home: 902-624-2238 Office: 902-521-1326 Cell: 902-521-1782  
[wade.carver@modl.ca](mailto:wade.carver@modl.ca)  
[www.modl.ca](http://www.modl.ca)

## New Vice Principal at NGRHS

I've been an educator for 15 years and this is my 12th year at the high school. My journey in this community started in 2006 when I accepted a teaching job as the Biology teacher and continued until Bruce Marshall retired. At this point, I also started teaching Chemistry. Shortly after, my wife Errin (who's the Guidance Counsellor at NGES) and I moved into our house in Branch Lahave. Later that year we had our first child, Quinn. Since then, we've also welcomed our daughter, Imogen to our family.



I continued teaching at NGRHS through June 2017, when I accepted a position as an Instructional Coach in the SSRCE. Taking that new position was one of the most difficult decisions of my professional career as I'd spent more time at NGRHS than any other place throughout my life. Fortunately, an opportunity came up for me to return to the school and I'm excited to be back. Throughout my time here, I've had the opportunity to work with amazing students and teachers. New Germany and the surrounding areas have a strong sense of community, with generous and caring families and I will work diligently to live up to the standards this community expects and deserves.

~Evan Monahan



## New Germany & Area Medical Centre

Please note that Dr. Pugh is still working at the New Germany & Area Medical Centre, however, he is now working reduced hours.

We regret the inconvenience this causes. Nova Scotia Health Authority, NSHA, is working on a plan to have another provider cover the additional time.

We appreciate your patience, please call the clinic per normal for an appointment and we will do our best to meet your needs

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## Giants of Nova Scotia

Lunenburg County was well represented in the over 300 photos entered in our calendar contest with four being selected. Professionally designed and printed, the images are particularly attractive in print. All proceeds from the calendar sales go to fight Invasive Species like the Hemlock Woolly Adelgid recently discovered in western Nova Scotia. More information at: [www.giantsofnovascotia.com](http://www.giantsofnovascotia.com)  
Photo Credit : Ron Smith



(c) Ron Smith

## Tomatoes on Our Front Lawn

During the past summer many people in New Germany had tomatoes growing close to the road near the end of their driveways. The idea was to help with food security, anyone who wanted to could eat the ripe tomatoes.

We all had some success with the plants, but some of us struggled with either too much water or not enough water. However, almost everyone ended up with some ripe tomatoes. Those who adopted the plants had some fresh tomatoes and people who were walking by also had fresh tomatoes.

The plants that did the best were the ones in the large planters at the Post Office, Freshmart and Fire Hall. However, when the planters were being cleaned out, many ripe, unpicked tomatoes were found.

So, what will we do next spring to help our friends and neighbours have more access to fresh fruit and veggies? We recognize that anyone living in apartments in our community, those who are too elderly to tend to a garden, and those with no gardening experience should have better access to fresh fruit and vegetables. How do we make that happen? One person in New Germany has an offer!

Zack Colp, corner of Varner Rd and Highway 10, is willing to allow some of his front lawn to be used to grow veggies for those named above. You may be asked to help if you would like to harvest. Not all of the details have been worked out. Keep tuned to our upcoming Newsletters to see what we are thinking regarding this type of Community Garden.

If you have some ideas and are interested in helping in some way, i.e. giving up some of your unused land for a garden, donating money or time/plants, please contact me.

Greg Selig – [gdselig@ns.sympatico.ca](mailto:gdselig@ns.sympatico.ca)

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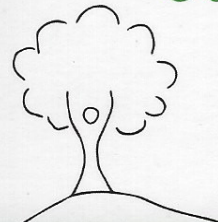


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### Municipality of the District of Lunenburg



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[cbg@modl.ca](mailto:cbg@modl.ca)  
[www.modl.ca](http://www.modl.ca)



# District of Lunenburg Recreation Autumn Adventure

MODL Recreation has fun opportunities for you and your family! Visit [www.modl.ca](http://www.modl.ca) for a full listing of programs and events. Register on-line at [www.modl.ca](http://www.modl.ca) (click on recreation tab and then the Register Online button), call 902-541-1343, or drop in our office at 210 Aberdeen Road, Bridgewater. "Like" us on Facebook! Contact Tissy Bolivar at 902-541-1335 with your winter/spring program ideas.

**Men's Drop-in Basketball** – Tuesdays, 7:30-9pm, Bayview School. \$5/night.

**Women's Drop-in Basketball** – Tuesdays, 7-8:30 pm, Bridgewater Baptist Church. \$4/night.

**Christmas Shopping Bus Trip to Metro.** – Wednesday, November 14, 8 am-6 pm. Waiting list.

**Blue Rocks Commons Hike**- Sunday, November 18, 2 pm. Enjoy barrens and rocky coastline. Meet Janice Rand at the Saw Pit Wharf Parking Lot, 28 Back Harbour Road, Lunenburg.

**Family Christmas Wreath Making** – Sunday, December 2, 2-4 p.m., MARC, Dayspring \$9/family.

**Seniors Christmas Party** –Thursday, December.13, 11 am - 2 pm, Oakhill Fire Department, \$12

**Winter Solstice Lantern Walk** – Thursday, December 21, 5:30 pm, MARC, Dayspring. FREE!

**Lunenburg County Multisport (Grades 2-3)** - 12 Sports, January-June. \$225

**Municipal Matters Community Events** listing deadline November 13. Email [Tissy.Bolivar@MODL.ca](mailto:Tissy.Bolivar@MODL.ca) or call 902-541-1335.

**Explore MODL Autumn Geocaching Challenge** – Experience MODL via geocaching, a fun, outdoor, treasure hunting game. Go to [www.modl.ca/recreation/programs/special-events](http://www.modl.ca/recreation/programs/special-events) for details or drop by our office.

**Community Calendar** -Community organizations may submit events for listing on the MODL Community Calendar on [www.modl.ca](http://www.modl.ca)

## NGAPS Meeting

NGAPS holds regular monthly meetings the second Wednesday of the month. Everyone with an interest in our community is welcome to join. Please check the website for more information.



**NGAPS** maintains our community website, publishes this newsletter, organizes the New Germany Health & Wellness Expo, Countryside Christmas and other community events. Please consider joining us so we can do even more for our community.

## Community Cafe

Every Thursday, starting November 1st at St John's Hall, Hwy 10 9 to 11am.



Coffee-muffins-wiFi available

Sponsored by the Anglican Parish of New Germany  
All welcome!





**HEATHER D. VEINOTTE**

**HEATHER D. VEINOTTE'S  
LATEST FICTION RELEASE**

*Weeping Angels*

---

Ghostbuster, Melissa Gordon, has been hired by a production company based out of LA. to eradicate a ghost that's causing destructive mayhem during the making of a movie in Lunenburg, Nova Scotia.

Shortly after arriving, Mel realizes that she's dealing with mysteries of hidden treasure and a malevolent specter that must be stopped at all costs.


*Pick Up a Copy Today!*

**NOW AVAILABLE!**

Treasured Friends-Bridgewater  
Village Glass-New Germany  
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Biscuit Eater-Mahone Bay  
Lanes Privateer Inn - Liverpool



Local Author and Playwright Heather D. Veinotte has written and directed more than 26 plays for radio and stage and penned 4 novels, all of which feature settings across the South Shore. Her love of stories began at a very early age when she would sit by her grandfather on his porch swing and listened enthralled as he wove tales about the "olden days" in Lunenburg County. She lives in West Northfield with her husband Bruce.



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# Garlic Night



"Welcome to Garlic Night"

"I thought I might find you by smell."

On a rainy Wednesday evening, September 26th, NGAPS hosted a group of garlic growers and those interested in growing garlic, meeting at NGRHS Learning Common. With garlic on hand, the evening began with an overview of the kinds of garlic and the step by step process of growing garlic in our area. Attendees had the opportunity to take home a few bulbs or cloves to try planting this fall. We were pleased to have several garlic growers present who were very willing to share their expertise.

Thank you to Donna Finck and Village Glassworks for providing door prizes.

NGAPS would like to host more of these kinds of gatherings. Do you have topics to suggest? Are you willing to lead a session?

Get in touch with us, contacts on the back page.



## Reconnecting...

Is an occasional feature in Connections where we catch up with former residents of this area. Hope you enjoy our Reconnecting feature this issue on pages 10 & 11.

Do you know someone we might feature? Please get in touch, the contact information is on page 20.



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# Reconnecting with the Meindl Family

"They're hurting Passa Meindl! They're hurting Passa Meindl", exclaimed the very young and horrified Karsa Veinotte, just before she tried to dart past her parents to go to try to help him. It was at an ecumenical Good Friday Service in the early 70's at New Germany Rural High in which Pastor Rolf Meindl played the role of Jesus being tried and crucified. It was a moment which pointed to the richness of his ministry and relationships here in our communities. As a pastor, he was committed to Christ, enthusiastic, encouraging, outspoken and dramatic; he promoted ecumenical co-operation, and he was much loved by people of all ages and denominations.

It was Rolf Meindl's ordination as a Lutheran pastor which brought the family to New Germany. When he graduated from Waterloo Lutheran Seminary in 1966, his wife recalls he was to be sent 'out west, up north, or down east'. They decided a small town in Nova Scotia, ironically named New Germany, would be the best choice for Rolf, Elfriede, and their four children, Susan, Patricia, Carol, and Rolf, Jr.

Rolf and Elfriede had emigrated from Germany in 1951 making a brief stop at Pier 21 in Halifax, before moving to Toronto where Rolf's sister was living, and where he had been offered a job as a mechanic. Rolf and Elfriede had been born between the two World Wars in the south of Germany, near Stuttgart. Their lives and education were disrupted by World War Two. Following the war, they married and began to make a life in the difficult conditions in their devastated country. He was a master millwright, and she worked for a local potter where she learned the principles of drying, glazing and firing pottery in large kilns. With the hard circumstances in post war Germany, they decided their best hope at a life together would be to emigrate.



They set off for Canada on the ship Canberra, with \$30 each in their pockets and a wooden crate of household items. When they finally arrived by train in Toronto at midnight in pouring rain, Elfriede remembers the joy and delight with which they embraced, repeating over and over, "We are here. We are here!"

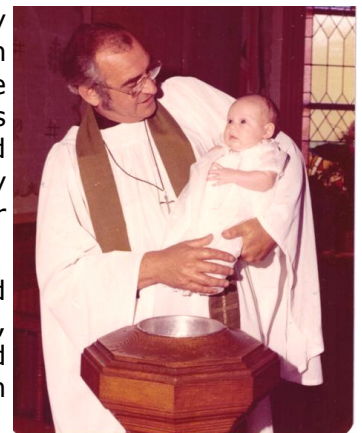


*Nova Scotia, 1966*

In those difficult early years, they struggled to support themselves and learn the language and were able to save for a home. It was during this time that Rolf encouraged Elfriede to try creating figurines. He built her a small electric kiln and she set out to develop her modeling skills. While in Toronto, Susan and Patricia were born. Rolf felt called to the ministry and they moved to Waterloo where he studied for six years at Waterloo Lutheran University (now Wilfred Laurier University). Carol and Rolf Jr were born during these years, and Elfriede rose to the challenge of providing a happy and fulfilling family life while her husband studied.

From 1966 to 1979, the Meindls lived in the parsonage in New Germany. It was an interesting living arrangement, next door to the church, and with their basement being used for church meetings and Sunday School classes. Rolf served in a team ministry with two other pastors, in four parishes, which took him to 13 congregations in pretty much every community in Lunenburg County north of Bridgewater. He touched many lives within the church and communities, and the churches thrived under his leadership and the teamwork he encouraged. He forged strong relationships with his parishioners and was part of many family baptisms, weddings and funerals. He was often invited back to the parish for special occasions after his retirement.

The Meindl children adapted well to the quiet country life and were welcomed into the church family life. They attended school and made friends here. Susan, Patricia, and Carol completed their Grade 12 at New Germany Rural High and left to go on to university. Rolf had completed Grade 11 here and then graduated from Bridgetown Regional High before heading off to university.





Shortly after the family had settled in New Germany, Elfriede began to make figurines again to supplement Rolf's income. She used simple household-kitchen tools, mainly a rolling pin, darning needle, paring knife and tea strainer which she had at hand. Her first ones were entered in the exhibition at Bridgewater. She won first prize, and she was immediately contacted by the Teazer in Mahone Bay. They asked her to consider making Nova Scotia fishermen. From then on, what she thought might be a way to earn a bit of extra money for family holidays became a part-time and then a full-time job. She made fishermen and fisherwomen, a wide variety of figurines based on local legends, many special orders for dignitaries visiting the provinces, including the Queen Mother and Princess Diana. She worked with many other craftsmen and artists and established and participated in many shows throughout the province. The popularity of her work is legend! To mark her 90<sup>th</sup> birthday, her children prepared a beautiful website where you can read more about her work and see pictures of her figurines (<http://meindlfigurines.ca/>)



Rolf and Elfriede about 2012

When Rolf retired in 1979, they moved to their home in Outram on the Bay of Fundy. Elfriede continued with her work until 2003. She also wrote and illustrated about 4 children's picture books and a novel trilogy about a young boy finding his way in the world (Christopher - self published). Since there are no Lutheran Churches in the Valley, Rolf developed a relationship with Trinity Anglican Church in Middleton where he was welcomed into their worshipping community and where he did some guest preaching for about 10 years.

Rolf died in 2013 at the age of 88. In 2015, Elfriede returned to Toronto, where she first began her life in Canada, to be nearer to her children and grandchildren. Rolf Jr lives in Toronto and works in IT with the Canadian Diabetes Foundation; Patricia, also in Toronto, is a librarian at the University of Toronto; Susan, a psychologist, lives in Montreal; Carol, also in Montreal, is the Executive Director of the Quebec Federation of Home and School Associations (English). There

are grandchildren: Susan has two grown daughters; Carol, two grown sons, and Patricia a teenage son. The family still owns the home in Outram and most of them find their way back to Nova Scotia each summer.

Elfriede speaks very fondly of her years in New Germany, and is thankful for her good life and family.

Those of us who had the privilege of knowing them are thankful for their part in our lives and stories.

*(This information was collected through a delightful phone conversation with Elfriede Meindl. Patricia helped round out the information. The website and conversations with local parishioners were other helpful sources. Catherine Robar)*



## Business Buzz

It's coming up to the Christmas season and the Balsam fir trees and brush are in trucks heading in many directions. This is a busy and fragrant season in our area!

Check out the newest business ads we have in this newsletter: New Germany Small Engine Repair, Hilltop Massage Therapy and Sew Innocent.

New to the Barss Corner road is Beyond Obedience, dog trainer. Have a look at their website or Facebook page for more info.

Delong Designs Metalworking continues their partnership with the Kidney Foundation, check out the new Christmas ornament designs.

Many local businesses are have specials, Open Houses or events for Countryside Christmas, be sure to visit them this season.



The siblings circa 2016, L to R, Carol, Susan, Patricia and Rolf

# What's at the Museum?

## Carpenter's Plane



A hand plane is a tool for shaping wood. They are used to flatten, reduce the thickness of and give a smooth surface to a rough piece of lumber. Hand held planes typically come with a 3 1/4 inch wide plate and use two


carbide cutting blades. These blades have two sharp edges so when one side becomes dull you can just flip it around and have a sharp edge.

The Parkdale Maplewood Museum is closed for the season and will open in May 2019.



### Working For You!

**Constituency Office Hours**  
 Mon - Fri  
 8:30am - 4:30pm  
 129 Aberdeen Rd, Suite 106  
 Bridgewater, NS B4V 2S7



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bernadette.jordan@parl.gc.ca  
Bernadettejordan.ca

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 Personal Tax Practitioner

**Elaine Neuhaus**

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 F: (902) 644-3112

elaineneuhaus@eastlink.ca

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 (902)527-1608 or (902)541-0719 cellular  
 www.pattyjoudrey.weebly.com



### Training for Healthcare Providers

- \*Provide an Overview of the Occupational Health & Safety Act
- \*How to Establish an Occupational Health & Safety Committee + Roles & Responsibilities of the Committee/Safety Rep.
- \*First Aid + CPR
- \*Critical Incident Stress Debriefing/Defusing
- \*W.H.M.I.S. 1988 & W.H.M.I.S. 2015/GHS
- \*Non-Aversive Behavior Management
- \*Individual Program Planning (I.P.P.)
- \*Crisis Intervention Training
- \*Medication Awareness
- \*Basic Principles & Practices of Personal Care
- \*Create Fire & Emergency Plans for Special Care Facilities & Other Businesses
- \*Food Safety Training    \*Fire Safety

\* Will do Specialized Training for Specialized Groups

**The company provides one-on-one training, small groups and large groups.**

If there is specific training you require and you do not see it on my list, please contact me and I will try to access this for you. **Training hours and training days are flexible.**

**"Dedicated to Quality Education & Training, With a Human Touch"**

**email: pattyjjoudrey@gmail.com**

### Training for Construction Industry

- \*Provide an Overview of the Occupational Health & Safety Act
- \*How to Establish a Joint Occupational Health & Safety Committee + Roles & Responsibilities of the Committee/Safety Rep.
- \*First Aid + CPR- Emergency, Standard & Marine
- \*WHMIS 1988 & W.H.M.I.S. 2015/GHS
- \*Principles of Loss Control
- \*Accident & Incident Investigations
- \*Hazardous Identification & Control
- \*Safety Audits (Internal/External)
- \*Industrial Hearing Testing
- \*Fall Protection
- \*Confined Space
- \*Lockout/Tagout
- \*Fire Safety





# 8th Health & Wellness Expo

On Wednesday, Oct. 24th we had a fantastic event. Held each year at the High School in New Germany, it brings together up to 60 booths, all concerned with the health of individuals and our community. We have used the social determinants from Health Canada as a way to define who we should try to attract as booth holders.

There were a variety of topics including physical health, good nutrition, feeling protected and how to prevent EMF (electromagnetic force) around our homes. Because we know that the level of education has a serious impact on our level of health care, we hold it at the school so that all staff and students have the opportunity to take in the event.

Counting the school population and the many booth holders, as well as the many people from the area, we probably surpassed all previous attendance numbers.

A big thank you goes out to the O2 students who helped throughout the afternoon and especially to those who stayed to help until we closed down at about 5:30. The administration of the school also opened their arms to help look after the booth holders and we, NGAPS, appreciated their help and attitude toward the event. Thanks to those staff members who turned this into a learning event for their students. A group of community members came to help set up and supervise the students. Thanks!

A decision has been made to have this Expo run only until 5pm next year. It should still have a tremendous turnout next year but allow the booth holders to get home, some in Halifax, an hour earlier. Very few people came in after 5pm and the booth holders had finished their networking.

Thanks to everyone who helped to make this Expo such a great event!



## **NEW GERMAN PLUMBING & HEATING**

**SALES & SERVICES  
WATER CONDITIONER  
HEATING SYSTEMS  
PUMPS**



***PLUMBING FIXTURES &  
MATERIALS***

 **FREE ESTIMATES**

 **EMERGENCIES**

# **644-2579**

**WHYNOT ROAD  
Email: [ngpnh@msn.com](mailto:ngpnh@msn.com)**



### **Saturday, Nov 24<sup>th</sup>**

- Craft Show**, New Germany Legion, canteen and bake table, 9- 3pm.
- Christmas Market, Unbridled Studio**, café, 9 -5pm.
- Christmas Penny Auction**, Pinehurst Community Hall, 11am-2pm
- Christmas Tea, Craft and Bake Sale**, Springfield United Baptist Church, 2-4pm

### **Monday, Nov 26<sup>th</sup>**

- Christmas Merchandise Bingo**, Pinehurst Community Hall, 7pm
- Christmas Zumba**, NGRHS, 6:30

### **Tuesday, Nov 27<sup>th</sup>**

- Christmas Advent Service**, Rosedale 2pm

### **ALL WEEK**

- **4H Countryside Forest**, Main Street Maples Park
- Crabapple Creek**, call for hours

### **Saturday, Dec 1<sup>st</sup>**

- Candlelight Christmas Breakfast**, Pinehurst Community Hall, 7-11am
- Cider Saturday**, New Germany Building Supplies, 10-2pm
- Christmas Open House**, Village Glassworks, 10:30pm
- Victorian Christmas Tea**, The Wool Room, advance tickets, 1:30, 2:30, 3:30
- Holiday Tastings** at NSLC, 2-6pm
- Customer Appreciation**, Freshmart with Santa visits
- Christmas Gospel Concert**. Epworth United Church. 7:00pm



**Sunday, Nov 25<sup>th</sup>**  
**-NGAPS Community Tree and 4H**  
**Countryside Forest Lighting, Main Street**  
 Maples Park, 6:30pm  
**-Christmas Program at the Anglican**  
**Church in East Dalhousie, 7-8:30pm**

<p><b>Thursday, Nov 29<sup>th</sup></b>  <b>-Christmas Coffee</b>  <b>Café, St John's</b>  <b>Anglican Hall,</b>  <b>9 - 11am</b></p>	<p><b>Friday, Nov 30<sup>th</sup></b>  <b>-Food Bank Drive &amp;</b>  <b>Customer Appreciation at</b>  <b>NG and BC Post Offices</b>  <b>-Holiday Tastings at NSLC,</b>  <b>4-7pm</b></p>
---	---

**Sunday, Dec 2<sup>nd</sup>**  
**-Christmas Festival at NGES, Lions Train,**  
 canteen, Santa's Village, silent auction, cookie  
 decorating, games, 1-4pm  
**-Whimsical Store at NGES, 1-4pm**

# Countryside Christmas



## Countryside Christmas Pop Quiz

Answer at least 6 questions correctly and enter to win a gift basket filled with great items from local businesses such as Rona, Village Glassworks, The Wool Room and more.

If the winning entry has answered all the questions, a \$25 gift certificate from one of our New Germany Connections newsletter advertisers, winner's choice, is added to the prize.


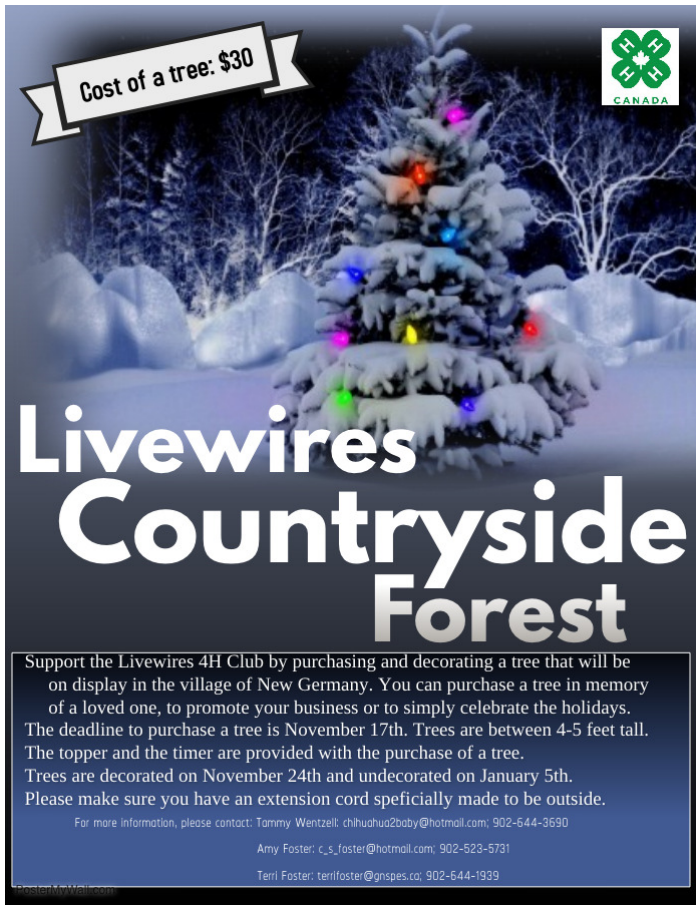
1. How many days do we celebrate Countryside Christmas?
2. How many trees are in the Countryside Forest?  
.....include the community tree.
3. During Customer Appreciation day at New Germany Freshmart, where did Santa sit?
4. Where is the Christmas tree in the Pinehurst Hall?
5. Name one Christmas song which was performed at Gospel night at the United Church or the Lighting of the Community Tree.
6. How many "cars" in the Lions Train?
7. Where was the Whimsical Store?
8. How many years has Springfield United Baptist Church been hosting their Christmas tea?
9. How many CSC events did you attend?
10. What was your favourite event?

Enter by mail or email, (page 20) or drop off your entry at New Germany Building Supplies or Village Glassworks. Deadline Friday Dec. 7th.

Watch our Facebook page as we add more items to our gift basket prize.



**Cost of a tree: \$30**

# Livewires Countryside Forest

Support the Livewires 4H Club by purchasing and decorating a tree that will be on display in the village of New Germany. You can purchase a tree in memory of a loved one, to promote your business or to simply celebrate the holidays. The deadline to purchase a tree is November 17th. Trees are between 4-5 feet tall. The topper and the timer are provided with the purchase of a tree. Trees are decorated on November 24th and undecorated on January 5th. Please make sure you have an extension cord specifically made to be outside.

For more information, please contact: Tammy Wentzell: [chihuahu2boby@hotmail.com](mailto:chihuahu2boby@hotmail.com); 902-644-3690  
 Amy Foster: [c\\_s\\_foster@hotmail.com](mailto:c_s_foster@hotmail.com); 902-523-5731  
 Terri Foster: [terrifoster@gnsps.ca](mailto:terrifoster@gnsps.ca); 902-644-1939

## Village Glassworks

4928 Highway 10  
 New Germany  
 902-644-3185  
[villageglassworks.ca](http://villageglassworks.ca)  
 FB: VillageGlassworksNS





**Countryside Christmas  
Open House**  
**Dec. 1st 10am to 3pm**  
**Refreshments \* Draws**  
**In store Specials**

Fresh greenery arrangement  
 Help us support three great charities and have a chance to win a Christmas sun catcher!

Stained glass panels, lamps, mirrors and suncatchers, all designed and crafted on-site.

We feature pottery, jewellery, books, paintings, weaving, quilting and more, from many local crafters, artists and authors.

Shop locally for beautiful handcrafted gifts created for the unique people in your life.

**Your All Occasion Shoppe.**

LUNenburg REGIONAL  
 Community Recycling Centre



### HOLIDAY WASTE SORTING GUIDE

**PAPER:** wrapping paper, tissue paper, boxes, cards and envelopes.

**ORGANICS:** all food waste, meat, bones, fish, vegetables, fruit, tissues, napkins, paper plates, coffee filters, lobster shells.

**RECYCLABLES:** metal, plastic and glass food containers, plastic meat and veggie trays, milk and juice jugs/ cartons, bread and frozen vegetable bags.

**GARBAGE:** coffee cups and cold drink cups, bows, Christmas lights, ornaments, plastic cutlery, Styrofoam, nut canisters, chip bags.

**ELECTRONICS:** Accepted at New Germany Enviro Center, 124 Copeland Road in New Germany. Call (902) 644-7551 for hours.

**RECYCLING QUESTIONS?**  
 (902) 543-2991  
[www.communityrecycling.ca](http://www.communityrecycling.ca)



## New Germany Building Supplies

4422 Highway 10, New Germany  
 644-2761

Monday to Friday  
 7:30-5:30  
 Saturday 8:00-5:00  
 Closed on Sunday



Dealer for **CRAFTSMAN** Tools

Drop by & see our selection.

Celebrate Countryside Christmas & join us for **Cider Saturday**  
 December 1st, 10am-2pm






# ***Countryside Christmas!***

## ***New Germany***



**Sunday, December 2, 2018**  
**1:00 – 4:00 pm**



## **New Germany Elementary School**



- Santa's Village (free)**
- Whimsical Children's Store (\$)**
- Canada Post on site! Bring your letters for Santa**
- Lion's Club Train (free)**
- Mini Trees for children (free)**
- Face painting (free)**
- Home and School Canteen (\$)**
- Cookie Decorating (free)**
- Christmas Card Making (free)**
- Sucker Pull (\$)**
- Home & School Silent Auction (\$)**

Sponsored by the Municipality of the District of Lunenburg in partnership with New Germany Elementary Home & School and community organizations.

For information contact Cathy Moore, 644-2922 or Michelle Greek, 298-9547



Open Fridays, 10am - 5pm, in Nov. & Dec.



## Crabapple Creek

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### Customer Appreciation Days during

Countryside Christmas.

Daily specials, Discounts, Flash Sales and free

Hot Apple Cider

Different varieties of Cheesecakes \$5 a slice

**Open** Nov.24 & 25 12-5.

Closed Nov.26, 27 and 28th.

**Open** Nov.29 12-5, Nov.30 10-5pm,

Dec. 1 & 2 12-5pm

melissa@crabapplecreek.ca • Like us on Facebook

New Germany Area Promotion Society

## Victorian Christmas Tea

Saturday December 1, 2018 1:30 PM-4:30 PM



Aspen Grove Farm  
756 Tompkin Road,  
Stanley Section.

Join us for afternoon  
tea or warm cider,  
scones with cream  
and jam and  
Christmas sweets in  
an 1850s Nova Scotia  
farmhouse decorated  
for the season.

Tickets are \$6,  
available from Village  
Glassworks or the  
Wool Room at Aspen  
Grove Farm until  
November 28.

ALL PROFITS IN SUPPORT OF THE NEW GERMANY ELEMENTARY SCHOOL BREAKFAST PROGRAM.



## DELONG DESIGNS

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Saturday Dec. 1st

**Customer Appreciation  
Day**

10am to 4pm



JOIN US FOR COFFEE, EGGNOG, APPLE CIDER, FRUIT CAKE, CHERRY  
POUND CAKE, COOKIES.

**ENTER TO WIN A \$50 PC GIFT BASKET**



**ENTERTAINMENT** noon to 3pm and **SANTA** will be arriving at 1pm  
until 3pm. Free treat bags for the children; bring a camera and get your  
picture taken with Santa. Many in store specials for Saturday only!





# From the Lions Den

~Lion Deb Featherby

First, a note of explanation. Some of the publications where Lions events are advertised have due dates several weeks prior to their actual publication and occasionally, a date or venue gets changed after the event has gone to publication. We do apologize if inaccuracies happen. The most up to date information appears on our website and events are publicized through our Facebook page as well.

The Apple Pie Project in October was well supported by our community members – thank you for purchasing our pies and thank you to the many community volunteers who helped. This is one of our major fundraisers and we could not do it without your support. Our next fundraiser is a Turkey Supper with pie for



dessert, on Saturday, November 17, from 4:30-6:00 pm at the New Germany Legion, 44 Varner Road. Tickets are \$15.00, at the door. The Legion is wheelchair accessible and all are welcome. On February 10<sup>th</sup> we will be having a Valentine's Luncheon from 11:30-1:00 at the Pinehurst Hall, 3485 Hwy 10. Only \$10.00 for a lovely lunch of soup, sandwiches and sweets. Be sure to bring your sweetie!



*New Germany & Area Lions President Dave Moore (centre) accepting the trophy for Best Club Bulletin at the provincial Lions Conference from Past District governors Frank Hartman & Rhonda Trickett.*

The New Germany & Area Lions were thrilled when they were recognized at the recent Lions Fall Conference held in Lawrencetown. The New Germany & Area Lions were recognized with trophies for the Best Club Bulletin, Best Leo Club, Best Leo Sponsor and Best Lions Club in the province. We have a great group of Lions who work to serve others and we invite community members who would like to join a fun group whose motto is "We Serve" to contact our membership chair, Lion Wanda Whynot, at 902-527-0162, or any Lion member. There are different levels of membership, so even if you are unable to be a full, active member you can be an affiliate member who gives whatever time you have, to a good cause.



*President Dave Moore accepting the trophy for Best Lions Club in NS.*

The New Germany & Area Lions host many fundraising suppers but are also available to cater your event. We cater weddings, funeral receptions, special events, and reunions. Call Carla at 902-644-2851 for information and prices.



*Lion Deb Featherby accepting the trophy for Best Leo Club in NS.*

Lions love to serve others and one of our service projects is helping out at the Blood Services Blood Donor clinics. Clinics are coming up on November 7<sup>th</sup>, 8<sup>th</sup> and 9<sup>th</sup> at the Best Western Hotel in Cookville. Go online at [blood.ca](http://blood.ca) to book an appointment. Walk-ins are also welcome, if space permits. It's a wonderful way to help those who are injured or sick and whose life may depend on a transfusion - it only takes an hour of your time. And a New Germany & Area Lion will greet you with a smile and refreshments when you are done! We also help out at the Pinehurst community Breakfasts held the first Saturday of each month at the Pinehurst Hall. It's one of the best breakfasts around and we are happy to help the community raise funds to keep their hall open and available for community events.



*New Germany Elementary grade primary students proudly displaying the new books bought for them by the New Germany & Area Lions Club.*



*Lion Deb Featherby accepting the trophy for Best Leo Club Sponsor.*

We will also be helping the Legion with their poppy sales in the days leading up to Remembrance Day. Be sure to get a poppy and wear it with pride to honour those past and present who serve their country. Some of them have made the greatest sacrifice.



# The Back Page

## Info about this Newsletter

New Germany Area Promotion Society  
Box 125 New Germany, N.S. B0R 1E0  
E-Mail: [ng\\_cap@ns.sympatico.ca](mailto:ng_cap@ns.sympatico.ca)  
Phone: (902) 644-2922  
Michelle Greek, Chair  
Greg Selig, Vice Chair  
Jackie MacDonald, Secretary  
Madelyn Bowers, Treasurer, Newsletter Editor

### Free advertising

for your community event, fundraiser or special occasion on the **NGAPS community website**. Send details by email Or FB message.

### Next Issue:

Will be early March. We would like to hear your story ideas. Please contact us.

**Are you a business owner?  
Do you have a great product or service you want to advertise to the people in our area?**

You can advertise in this newsletter!

- > Catch the eye of your neighbours
- > Support the local community
- > Make new connections....all for one reasonable price.

#### Sample Ad Sizes

2" x 3.5"	\$20
Quarter Page	\$45
Half Page	\$90

Hope you enjoyed reading our **46th** issue of New Germany Connections.  
Thank you to everyone who has made a donation or sent along a suggestion about the newsletter. This encouragement is very much appreciated. All monetary donations are gratefully accepted.

We are always interested in your story ideas, stories with local connections.

Please contact us, info on this page.

Due to the costs of printing and mailing, we have made the decision to publish 4 newsletters a year, rather than 5. Our first edition of 2019 will be out in March.

## Support Local, Shop Local

### Community Tree & 4H Countryside Forest Lighting



Sunday November 25th  
Main Street Maples Park  
6:30pm

Carols, Hot Chocolate and cookies.

NGAPS publishes **New Germany Connections** four times a year - March, mid June, early September and early November. Watch for yours in your mail. It is also available in colour on our web site or can be picked up at New Germany Freshmart, Mader's Clover Farm Supermarket, Village Glassworks and many other places in our area.



**Advertising Information:** You can advertise in this newsletter. We deliver it to all the households in the New Germany, Barss Corner and Springfield Post Office areas. Single ad sizes vary but can be 1" x 7" or 3.5" x 2" depending upon space and layout. Price per single ad is \$20.00. Multiple ad sizes are available.

The revenue from the advertising helps to offset the cost of printing and distributing this newsletter. Thank you to our advertisers for their assistance.

New Germany Connections is also available on the community web site, in colour, with all ads included. **Community events and local businesses are listed on the web site for free.** Please contact [ng\\_cap@ns.sympatico.ca](mailto:ng_cap@ns.sympatico.ca)

Next issue will be published in March. Ads are limited so they are offered on a first come, first served basis. Please contact NGAPS at the above addresses to book your space.