



New Germany Connections

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Autumn to Winter 2012

We have another big issue of New Germany Connections for your enjoyment again this time. With Remembrance Day, the Christmas Season and into January 2013, there is much going on in our area. We hope you will participate and enjoy many of these activities. If you are an organizer of one of these great events - THANK YOU.

NGAPS & New Germany Community Centre Programs & Events

Friday Evenings - Youth Activity Evening for Grade 7 – 12, 7:00 pm – 9:30 pm at the Community Centre or other locations, depending upon activity. Snacks & Activities, Movies, Wii, Air Hockey, Guitar Hero, crafts, etc. A different program every week. This program is a partnership of Teen Place YHC, NGAPS, the Department of Justice Lighthouses Program and The Lunenburg County United Way.

Garden Club Regular Meeting at the Community Centre the fourth Wednesday of the month. Garden Club will occasionally have an off site meeting. Please check with Chair Greg Selig @ 644- 2153 or our community web site.

Tree Lighting and Christmas Open House At Lion's Park & Community Centre December 4th. Regular NGAPS meeting to follow @ 8:00pm

NGAPS Regular Meeting at the Community Centre the first Tuesday of each month @7:00p.m. Everyone welcome to attend. (Dec. 4th meeting is after the Open House and the Jan meeting is changed from Jan. 1st to Jan 8th.)

Exercise with Gym Equipment and music is available at the Community Centre. Monthly fee \$20.00. For times or more information call the Centre and leave a message.

Community Centre & LCD projector are available for rent. For more information please call the Centre at 644-3695 and leave a message or email @ ngaps@ns.aliantzinc.ca.

Community Events

- Nov 10 Craft Show, Branch LaHave
- Nov 11 Remembrance Day
- Nov 17 Christmas Tea
- Nov 25 Christmas Festival
- Nov 27 BINGO @ NGRHS
- Nov 28 Garden Club meeting
- Dec 4 Tree Lighting & Christmas Open House
- Dec 6 Christmas Tea
- Dec 16 Christmas Variety Show, North River
- Dec 24 Christmas Eve Church Services
- Dec 25 Christmas
- Jan 1 New Year
- Jan 8 NGAPS meeting
- Jan 15 Art Lessons
- Jan 23 Garden Club meeting
- Feb 5 NGAPS meeting

New Germany Area Website and Facebook too!

Check out our community website for information about the events in our area. **Listings of community events and local business** are **FREE**, please email ng_cap@ns.sympatico.ca. We are always looking for updates. If you see that something has changed, send us that too. Thanks for the support.



<http://newgermanycap.ednet.ns.ca>

And we have a Facebook page. Visit us for up to date details of NGAPS and other area events.



The Royal Canadian Legion, Branch 102 New Germany

Sunday - November 11th

- | | |
|------------|---|
| 1030 Hours | Parade participants gather at the New Germany Fire Hall |
| 1045 Hours | Form up Parade and March off |
| 1100 Hours | Service of Remembrance at the Cenotaph, Epworth United Church
Service in the church for adults
Service and refreshments at St. John's in the Wilderness for youth and families |
| 1200 Hours | Form up Parade and March back to the Fire Hall
There will be a lunch provided at the Legion for participants 19 years of age and over
Afternoon Friendship, Camaraderie and entertainment in the Legion clubrooms |
| 1700 Hours | Social Hour |
| 1800 Hours | Banquet (by ticket only). Tickets must be presented at the door. |



Vimy Ridge

One of the greatest battles in Canadian history was the battle at Vimy Ridge, which began on 9 April 1917. Canadian bravery and valour led to the tremendous victory for the entire Allied Force and was considered the turning point of WWI.

Vimy Ridge was a formidable stronghold to breach. The German fortifications consisted of three layers of trenches, barbed wire and deep tunnels. French attempts to wrest control of the ridge throughout 1915 were rebuffed, resulting in some 150,000 French casualties. When the British army relieved French operations in March 1916, they were driven back before they could plan a major attack. The crucial goal of the battle at Vimy Ridge was to break through the impenetrable German lines.

For the first time in World War I, all four Canadian divisions fought on the same battlefield. All Canadian divisions fought together rather than mixed in with various British units. It was the first time the Canadians fought together, and they achieved a magnificent victory, sweeping the Germans off the ridge.

The victory of the battle of Vimy Ridge did not come without cost: Canadian casualties reached 10,602, of which 3,598 were killed. The opposing German force sustained a further 20,000 casualties. During this single campaign, four Canadians were awarded the Victoria Cross and the entire Canadian contingent was commended for their bravery.

Students from NGRHS were fortunate enough to visit Vimy Ridge. The following are some excerpts:

"The third day we went to Dachau Concentration Camp...It was a rainy day which, ironically, was the perfect setting for where we were...saw the crematorium buildings and graves that said "The Grave of Thousands of Unknown". Seeing all this made me think how lucky we are in Canada." –Kelsey Doucette

"After participating in NGRHS's trip to Europe and Vimy 2012, I have a new respect for WWII and just for Europe as a whole...I now understand what the concentration camps feel like, which you really don't know what the prisoners of these camps went through until you walk through them." – Nick Hatt

"Having the opportunity to visit the final resting place of my great-great uncle, Earle Rhodenizer, who lost his life fighting for our country, held special meaning for me. My family was proud that I was able to take this trip, and I was glad to be able to return back home and finish the trip in Uncle Earle's behalf." – Cody DeLong

"The main idea of the trip though, was to remember the soldiers lost in war. We visited multiple cemeteries, war museums, and did many ceremonies ourselves in honour and memory of the soldiers. Although those were the main points to our trip, the two parts that affected me most, even more than the cemeteries, were the Anne Frank House, and Dachau concentration camp... The Anne Frank House I had been looking forward to for so long, and had I not gone on this trip, I'm sure I would've gone on my own someday. It was really just the fact that I was standing where she stood; I was seeing the places she wrote about, day after day. I could relate to her, despite the differences in our time periods; I felt like I knew her, and understood her. So being in the secret attic, where she hid, it was amazing, and sad, and I'm so glad I got to. " – Dana Young

"When it rained all day whilst at Vimy Ridge, it didn't matter because we were on that day, and to this day, aware of the one fact that made the trip possible: we have an amazing community, a community that got us to that spot..." – Benjamin Hannah

"I really enjoyed this trip and will remember all the things we learned. We visited castles, Anne Frank House, the Vimy Memorial, and Dachau Concentration Camp. We saw many visuals and heard many stories of the liberation of these camps in Germany." – Dylan Conrad

"The second day in France we spent on Vimy...Cemetery Number Two...We stood in the rain for nine hours, but overall it was worth, every moment, because I owed it to the soldiers, both past and present." – Alana Mosher

"The people, in general, of The Netherlands were outstanding. Friendly doesn't describe it. These people treat Canadians with such friendliness and respect for reasons that occurred many years ago. A group of my friends were actually thanked for what we as a country did for them during the war. It left us feeling overwhelmed and tearful, that even after all these years, when we weren't even close to existing ourselves, we were treated like heroes from that era." – Dylan Lowe

"The most emotional thing for me was the Holocaust section in the Imperial War Museum. I was looking at everything and it just gives you the chills, but when I came around a corner my breath was taken away. In the centre of the room was a long clear case, it was huge and it was filled with shoes. I couldn't take my eyes off it. There were so many shoes smaller than my hand. It was so eerie I had to leave. The image of the case will be permanently embedded in my memory for the rest of my life." – Rachel Penney

"... this trip isn't about me at all. This trip, to me, was about the people on it, it was about my Uncle Joe and about all the other soldiers that have fought wars all around the world. This trip was about keeping their memory alive, even if they aren't." – Jessica Joudrey

"The one thing I will never forget is a day in The Netherlands when a group of us with around eight or so students were walking down a street with our red Canada jackets on when a man drove past us on a bicycle. A few feet ahead he came to a complete stop, almost falling right off his bike. He jumped off and went to a chaperone who was with us and asked if we were all Canadians. We said yes, where we were from, and what we were doing there...thanked and blessed each and everyone of us who were there for liberating his country when he was just a boy and told us if we ever needed anything to just ask him." – Taleia Silver

"We also got to see the Begem Op Zoom War Cemetery which is a Canadian War cemetery and it made John McCrae's poem 'In Flanders Fields' make sense and seem real." – Emily Fancey

Lest we forget

On this Remembrance Day,
I encourage everyone to take the
time to remember those who have
fallen in the service of our country
and those who continue to serve
with courage and compassion.



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"To finish, I am glad I went on this trip, I know I will always remember. It does strike me as strange though, on Remembrance Day (Armistice Day in Europe), everyone has a chance to go to a ceremony. In Nova Scotia we have so many people working that I think should be given the opportunity to go to a cenotaph...they are the people that our soldiers helped. I Will Always Remember, Will You?" – Michael Veinotte



HOLIDAY BINGO

New Germany Rural High School Cafeteria
44 School Street New Germany

**Tuesday November 27th
@ 6:30pm**

Guest Caller- Jonathan Crouse

Prizes & Gift Cards & \$250 Jackpot

Hot Dogs/Chips/Sweet Treats
Pop/Tea/Coffee
Available at canteen

Purchase booklets at the door for \$5
Proceeds to
New Germany Rural High School Student Council

REMEMBRANCE DAY SERVICE at CENOTAPH

- Parkdale/Maplewood Emmanuel Baptist Church
10.30 a.m. - Placing of Wreaths
11.00 a.m. - Two Minutes of Silence
Last Post and Service to follow
Message: Wallace Cross, RCAF Veteran
Time of fellowship and refreshments to follow in the
Parkdale/Maplewood Community Hall.
LET US NOT FORGET THE SACRIFICES MADE FOR US



New Germany Community Centre has an extension....

The Department of Transportation and Infrastructure Renewal has entered into an agreement with New Germany Area Promotion Society which will allow us to remain in the Community Centre until March 2013. We will continue to hold our regular meetings there, run the Circuit program (as there is interest), use it as a home base for the Friday Night Youth Program, and have the Centre available for rent. We will attempt to run other programs and events as we are able. The Teen Youth Health component of the venture has moved to New Germany Rural High School.

In the last issue of this Newsletter we asked if there was any interest in having a New Germany Community Centre in the long term. Is this something the community needs or even wants? At this time there has been little response from the community, so presently NGAPS plans to vacate the building by the end of March and shelve the community centre idea. We are willing to work on this project if this is important to the community, but we have received no indication that such an interest exists.

As of mid November we are able to open 5284 highway 10 as the New Germany Community Centre for another 4 and a half months. It is a short reprieve and one we plan to use to our advantage.

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From the Lions Den

New Germany and Area Lions Club - reminders:

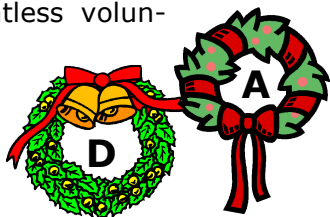
The New Germany and Area Lions Club will be hosting the annual Lions Club Speak Out on November 14th at 6:30 pm. This competition is open to all students enrolled in grades nine to twelve, including those who are home schooled.

We have added a new vendor for the Lions Radio Bingo. The Canadian Tire gas bar now sells Radio Bingo Books for our club.

All radio bingo books purchased at the following businesses assist to fund projects and provide services by the New Germany and Area Lions Club: Borden's In the Woods, Tammy's Country Stop, Mader's Clover Market, New Germany Irving and Convenience, Shoppers - New Germany, Freshmart, Guppy's, Den Mart, Cookville Circle K, Canadian Tire Gas Bar, Charlie's Pizza, Wileville Circle K, and Newcombville Irving.

We continue to provide hospital beds, walkers, crutches and canes for those in need whether it be short or long term care.

Once again, thank you to all of you who supported our apple pie fundraiser. An extra special thanks is extended to the countless volunteers who turned out early on Sunday, October 13th to assist with the project. We made a total of 465 pies.



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<p>MAXWELL HOUSE ROAST COFFEE 925g tin \$6.99</p>	<p>PC TEA BAGS 216's \$6.99</p>	<p>PC CREAMY YOGURT 650g \$2.49</p>	<p>PC FROZEN FRUIT 600g \$3.99</p>

Support your Local **New Germany Food Bank**, the following is a list of items needed:
 canned milk, fruit and beans, juice, baking supplies, peanut butter, cheese slices, cereal, potatoes, margarine, sugar, bread, canned sandwich meat.

Drop off BOX ... Located at the **New Germany Freshmart**. All Donations greatly appreciated by All.

New Germany Christmas Festival

Sunday, November 25, 2012

1:00 – 4:30 p.m.

New Germany Elementary School

“Monetary and non-perishable items gratefully accepted for the New Germany Food Bank”

NS Power’s LED Holiday Light Exchange (upstairs) 1:00 – 2:30 p.m. or while supplies last.
Bring **two** traditional sets of lights in exchange for **one** set of energy efficient LED lights

Live Entertainment

Roger & Sheila, Gail & Mike, Bernie Sharpe
Winston and friends
Sound by: Winston Shatford

Face Painting and Cookie Decorating

Lion’s Club Train

Canteen

Silent Auction



Santa’s Village 2:00 – 4:00 p.m. (upstairs)

Canada Post on site!

Bring your letters for Santa.

Mini Trees for children

Live Nativity Scene 4:00 p.m.



Sponsored by the Municipality of the District of Lunenburg in partnership with New Germany Elementary School Home & School and community organizations.

For more info - Cathy Moore 644-2922

Jennifer Hayward 644-2558

December 4, 6:30 - 8:00 p.m.

Tree Lighting & Carol Sing at the Lions Park
followed by

Community Centre Open House with cookies & hot drinks –
Sponsored by the New Germany Area Promotion Society



New Germany Garden Club

The New Germany Garden Club met the fourth Wednesday of October to organize upcoming programs for the near future. We brought seeds collected by members for our table at the Health and Wellness Fair at New Germany Rural High School on Oct. 25th. We had a nice table display that gave people a chance to find out more about us.

In November we'll make decorations for over the doorway out of evergreen boughs and cones, bows, etc. called swags. They look pretty and smell so good with that evergreen fir fragrance that just puts you in the mood for Christmas.

We're all too busy in December to get together but the fourth Wednesday of January the program is on soil composition and acidity\alkalinity (also called ph). Other programs planned are a discussion on companion planting. Companion planting is the relationship between different plants; how their placement next to one another can improve or inhibit their growth.

Good gardeners are always looking for help with the work. If you have in mind to expand an existing garden or to make a new garden or you want to stop weeds from growing underneath trees and shrubs this tip is for you. LEAVES FEED WORMS. So get the leaves and the worms to do the work of creating a new garden. Here's how: 1)Decide on the site of the garden. 2)Pile leaves up on the site 3)Make children jump up and down on the leaves to break them up a bit. In the Spring: 4)part the leaves to find the soil beneath. 5)Amend that spot with compost and plant squash seeds. The old leaves will inhibit the growth of weeds and help the soil retain moisture. That moist organic material is just perfect for happy earth-worms. The abundance of worm food (leaves) will help them produce lots of castings (worm poop) which is the ultimate plant food. It does not get any better than this if you are a plant.

How much work did you have to do? Short answer if we give credit where credit is due: the worms & the leaves did the majority of the work. You only had to move the leaves, plant the squash seeds and pick the squash. Perfect. Before you put your tools away...don't forget to plant the garlic. Happy Gardening!

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to the residents in
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councillor for the area.**

**It will be an honour to serve
you for the next four years.**

Cathy Moore

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Connections Reflections with:

Leigh & Delia Langille

"We had a good life"



The evening was cool with the first chill of early fall as I sat in the cozy country kitchen to chat with Leigh and Delia Langille about their life in New Germany. Two beautiful Himalayan cats named Mutt and Jeff stretch out leisurely on the living room rug.

Leigh tells me he was born in the heart of New Germany in 1921, and grew up on the property now known as Papa D's Pizza.. Leigh was the oldest of three children born to Norman and Claudia Langille., and is the only surviving sibling. He remembers his Mom as the parent wielding the most discipline, and well remembers his first day of school at North Rose-dale. Having walked to the school house, he soon decided he didn't think too much of school, and walked back home again. His mom was not pleased by this rebellion and switched his little bottom back up the road to the school. He says he remembers holding his bottom with both hands to protect his soft cheeks from the stings, but never skipped school again. Leigh speaks of his dad as a kind and quiet man who seldom raised his voice.

As a young boy Leigh learned to play the E Flat Alto horn under the instruction of Leon Nichols, and played in the New Germany band, of which Fred DeLong was the band master. During his years in the army he was in the military band and says he enjoyed playing every venue except at hockey games, which they were often required to do. Leigh is not a hockey fan. He has many musical instruments and has at one time or another played them all, though he tells me he was never able to play the piano with both hands. He has played the mouth organ and guitar for many dances around the area, though Delia says when he picked up the violin, that's when she would go for a walk.

Delia was born in 1925 in Barss Corner where she lived with her parents until they moved to Queens County when she was 11 years old. She was the second child of four. Delia remembers her dad as a good father but was seldom home as he worked for Bowater Mersey and stayed in woods camps for months at a time. This left her mom with the responsibility of house, home and children, and Delia says this often left her mom overwhelmed. Delia remembers the long woolen, red dyed socks her mom knit for the children, which kept them warm during the long cold winters. Times were tough she recalls, but everyone was in the same boat, and children appreciated what they had.

In 1940 -41 Leigh was working in East Dalhousie. He and some friends went to a silent movie one night, and when the movie was over, he and his friends were confronted by a group of girls who accused them of throwing peanuts at them. Leigh still maintains it wasn't him, but this was his first introduction to Miss Delia. There were more movies and a few dances and Leigh and Delia were an item.

In 1942 Leigh went into the army as a driving instructor where he served for four and a half years. In 1944 Leigh and Delia were married and lived with his parents in New Germany until after the war and Leigh came home to stay.

Leigh says Delia's mother must have liked him because he and Delia's brother would play tricks on the family, but she never got mad at him.

In 1947 they purchased what was then known as the Tannie Silver property on School Street. The tenants living there were building a new home in the village and needed to remain in the house for a few more weeks. However, what started out as a few weeks ended being a year. During this time Delia tells me they lived in two rooms of the house on the main floor and also had two rooms on the second floor, but no kitchen facilities.

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After the army, Leigh went to work at Zwicker's mill where he remained for eleven years. He remembers once hauling logs from the woods in Barss Corner one December and getting mired late in the day. He said the mud hole was like quick sand and they dumped a whole load of logs in the hole, but they just disappeared. Delia remembers being quite worried about him, and it was well after midnight till he returned home. No cell phones then to call home. Leigh says Mr. Zwicker was a fair and conscientious man, and he enjoyed his years in his employ. When Delia was having surgery in hospital, Mr. Zwicker loaned Leigh his car on several occasions to go to the hospital to visit her.

Delia remembers one trip with Leigh to Port Williams with a load of shooks. It was getting late when they were returning to New Germany and Leigh was tired. Unable to stay awake he told Delia she would have to drive the truck. Though she had never done so before, she knew this was what she had to do if they were going to sleep in their beds that night. Leigh says he worked nine hour days for \$4 a day when he started with the mill, and in 1955 was making \$6.10 a day.

During his working years, Leigh held jobs with several businesses either driving a truck or operating machinery. Many of his jobs took him away from home for long periods of time and Delia tells of her packing up the children, and following Leigh to stay all summer in a tent so the family could be together. She says they never got sick despite the sometimes inclement weather. She believes that sleeping that close to the earth beneath them kept them well.

Leigh told me he recently had a hair cut which cost him \$12. He remembers having the same service at Albert Veinot's barber shop for \$1.50 in the 1940's - 50's.

Leigh remains active around the property and has his own personal 'retreat' in the garage with a wood stove and two easy chairs for entertaining company should they drop by.

In her younger years Delia tells me she was quite athletic and today likes to watch golf on TV. She bowls each Tuesday with the New Germany and Area Seniors. She keeps her home neat and tidy, gives tender loving care to not only Leigh, but Mutt and Jeff, as well as knitting up a storm.



Did you know November is 4-H Month?

The 4-H program is open to young people between nine and 21 years of age.

For **90 years**, the Nova Scotia 4-H Council has offered the program, with guidance from adult volunteer leaders. 4-H is one of Canada's longest-running and most respected youth organizations. Through learning, fun and lasting friendships, today's 4-H members will be leaders of the future.

Livewires 4-H Club in Parkdale-Maplewood recently celebrated their 75th year as a 4-H Club! For more information about our club please call Terri Foster - 644-1939. There is also a club in Branch LaHave for youth interested in 4-H in that area. Contact Jackie Wile 685-2104 for more information.

Jesus and Jeans

Contemporary Christian Worship
Sunday's, 7 p.m.

St. John's Anglican Church
New Germany

NGAPS Meeting Night:



NGAPS will hold our regular monthly meeting the first Tuesday of the month at the Community Centre

Everyone with an interest in our community is welcome to join.



Municipal Recreation News



Lunenburg Municipal Recreation has opportunities for you and your family throughout the Municipality! Here are a few that may be of interest:

Carving for Kids – Saturday, November 17, 2:00 – 5:00 p.m., MARC, Dayspring

Seniors Christmas Party – Wednesday, December 5, 11:00 a.m. – 2:00 p.m., Oakhill Fire Hall. \$5 Waiting list only.

Family Christmas Party – Sunday, December 16, 3:00 – 5:00 p.m., MARC, Dayspring FREE!

NGRHS After school Program for Grade 7 – call for information.

Community Use of Schools – funds are available through the SSRSB to allow the community more access to New Germany schools, depending on availability. Please contact the appropriate Principal for information.

Municipal Matters Community Events listing deadline November 16. Call in your event to be included.

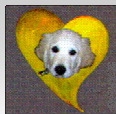
Visit www.modl.ca for a full listing of recreation programs. Online registration is available, credit card payment only. Watch the Lighthouse Log for weekly listing of Recreation programs and events within the District of Lunenburg. If you have program ideas or suggestions, please contact Janice Rand at 541-1335.

Lunenburg Municipal Recreation Department 541-1343 or email recreation@modl.ca.

www.modl.ca



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Group of hikers on the South Shore Annapolis Valley Trail heading to the Little Bluff on October 14th.



Yvonne Kerr checks out holes made years ago to split this large granite rock at Little Bluff, Meisner's Section.



New Germany Parent & Tot Group



Wednesday mornings are filled with giggles and smiles at New Germany's Parent and Tot group. Babies and toddlers enjoy their weekly play group as much as they enjoy a freshly changed bum and a full sippy cup! Parent and Tot group is hosted by Tracy Dunn from the Family Resource Centre. Parents and their little one(s) arrive at the Anglican Church Hall around 10am or shortly after. The kiddos begin playing with each other right away while the moms chatter about their child's newest accomplishments or ask for other moms' advice and tips on different topics (toilet training, beginning solid foods, bedtime routines, teething, etc). On the first and third Wednesday each month Public Health Nurse, Karen Grandy joins us to answer parenting questions and to provide use of her baby scales. Following playtime we gather in a circle for a

story and sing songs. All of the toddlers then sit down together to have a healthy snack provided by the Family Resource Centre. Once the snack is finished and cleaned up, the toddlers participate in a structured activity (such as a craft, basketball, an obstacle course, etc). Parent and Tot group ends around 11:30.

We are fortunate to have such a wonderful program here in New Germany where our little ones have the opportunity to socialize with their peers at such a young age and where they are introduced to important virtues like generosity, patience and friendliness. Parent and Tot group is also a terrific support group of mothers who are dealing with or have dealt with the stresses and joys of becoming a first time parent. It's a place where parents can show up with that frazzled and sleep deprived look while splattered with baby spit up and it is completely normal!



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Honour Our Veterans - November 11th.

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New Germany Health and Wellness Expo 2012

On Thursday, October 25, the gymnasium of New Germany Rural High School was a very busy spot. With 49 booth holders, 14 presentations and hundreds of people participating in the 5 hour Expo, there was very little down time for those involved!

Sponsorship escalated from 8 last year to 22 this year! That shows a fantastic mindset of individuals/businesses and organizations within our Community. Thank-you for your financial help to make this day a success! Please check the list of sponsors and patronize their businesses, when possible! Other financial help came from the Lunenburg County Community Health Board as they gave us a grant of \$750.00 towards helping to cover costs associated with the Expo.

Thanks to Michelle Greek and Maureen Duffy-Mason who helped look after the registration desk and the lobby area. With the large number of students and general public who wanted to put ballots into the various envelopes for a prize, crowd control was a big deal, and they did a great job!

Thanks to booth holders and others who took the time to complete a survey, the results of which, will be used to help make next year's Expo bigger and better!

Holding the Expo at NGRHS has allowed the students to get involved in many different ways. Their help in setting up, providing a booth and generally helping to make the day run so smoothly was very much appreciated! One of the highlights was the presentation from the Legion regarding the School Trip to Vimy Ridge.

This year, the staff again took their classes down to the gymnasium to interact with the booth holders and listen to some of the presentations. I would like to thank the Administration and Staff for their desire to make NGRHS a Community School. We in the community will try our best to make it such.

Presentations this year ranged from good nutrition with Valley Flaxflour to a kickboxing display from the Ladies Fitness Kickboxing!

A special thanks has to go to Janis Power, who did name tags and envelopes for the booth holders, and was generally supportive of my ideas and issues. Madelyn Bowers has been the person putting together the web page and kept it updated, making all the little changes I wanted to be made. The other person is Michelle Greek, who, with 2 small girls in tow, was able to keep the Face Book page updated and helped with the Registration Table. These 3 ladies have been a great group to work with! Thanks!

Because this Expo is based on all things healthy, the School Cafeteria made turkey soup and sandwiches available to the workers and booth holders. Just another way to say thanks for taking the time and making the effort to participate in the Expo this year! Some businesses paid staff to spend their afternoon with us at the Expo. Wow!

This Expo would not happen, at least not in the way it has, if not for the support of New Germany Area Promotion Society. Their support allowed me to make it happen last year and again this year.

Thanks to all those who came and supported this Expo! Get healthy and stay healthy!

NEXT YEAR!! Book Thursday, Oct. 24 for the 3rd Annual New Germany Health and Wellness Expo!

Thanks,
Greg Selig Chair,
New Germany Health
& Wellness Expo, 2012





Health & Wellness Expo 2012



Community Calendar

New Germany Area Promotion Society (NGAPS) maintains a New Germany Area Website including a Community Calendar page.

Any Group or organization in our area can advertise their event on this page at no charge. Please send listings to ng_cap@ns.sympatico.ca

The more listings we have, the more views the page will have and the greater the interest will be in everyone's event. Let's work together.

Community Calendar	
Events 2012	
<p>October</p> <ul style="list-style-type: none"> 23rd Flu Clinic @ New Germany Medical Centre, 9:30 am-7:00 pm. By appointment only. Call 644-2579 23rd South Shore Public Libraries Book Mobile @ Barry's Freshmart 3:00pm - 6:00pm 23rd Annual New Germany Elementary Fall Fair, 5:30pm-7pm. Carboen will be available. Games, face painting, tattoos, capote wells, latex tube, pumpkin carving competition and door prizes. Please come out and support the students of New Germany Elementary. For more information you can contact Jennifer Hayward @ 644-2558 or Myra Jodrey @ 644-2482. 24th New Germany Garden Club meeting @ New Germany Community Centre, 7:00pm. Topic Companion planting. Everyone welcome. 25th, New Germany Community Wellness Expo New Germany Rural High School, 1:00 to 6:00pm. Everyone welcome. Free. 25th Flu Clinic @ New Germany Medical Centre, 9:30 am-4:00 pm. By appointment only. Call 644-2579 27th Penny Auction @ Berra Corner Community Hall, in support of the Community Hall. 28th Penny Auction @ Pinehurst Community Hall, 11:00am to 2:00pm, in support of the Hall. 28th The Annual Memorial Service will be held @ Epworth's United Church, 7:30pm. The "Scherer" will be providing the inspirational music for the service. Lunch to follow in Memorial Hall. Free will offering. Everyone welcome, tell your friends. 	<p>Weekly events in October</p> <ul style="list-style-type: none"> Tam Bessonne, Monday @ North River Community Hall, 7:00pm Card Party @ Simpson Center Community Hall, 7:30 pm. \$1000 live zoo. For more info call Lois Neesham @ 644-2778 Brings, Friday @ Herford Fire Hall, 7:00pm, in support of Herford & District Fire Department John Bessonne, Friday 7:00pm @ Anglican Church Hall, New Germany. Accoustic instruments only. Admission \$2.00. Everyone welcome to sing, play or listen. Brings, Saturday @ North River Community Hall, 7:00pm Country Music Shows @ North River Community Hall, 2nd Sunday of month, 1:30pm

<http://newgermanycap.ednet.ns.ca>



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Also available at New Germany Freshmart, Mader's Clover Farm Supermarket & Village Glassworks.

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- 5 Pieces fish & chips**
\$11.99
- 16" Pepperoni Pizza**
\$10.99

<Ice Cream> <Munchies> <Yum Yum Chips> <Milk>

Our hours of operation are:

Monday to Thursday	11:00 am to	9:00 pm
Friday	11:00 am to	10:00 pm
Saturday	11:00 am to	10:00 pm
Sunday	11:00 am to	9:00 pm



South Shore Health Update

FAQ By Dr. Barb O'Neil's Patients

With Dr O'Neil leaving the area, a number of clients of the New Germany & Area Medical Centre have been asking questions about the future of their health care. Below are some of the most frequently asked questions and their answers. We hope that you find this information to be of assistance.

Q: Is there a replacement for Dr. O'Neil?

There will be physicians and Nurse Practitioners rotating through the clinic until a new health care provider is recruited. As a result the status at the New Germany & Area Medical Centre is business as usual with new faces.

Q: What do we do if we get sick? I understand the Nurse Practitioner cannot take me as a patient, but will she see me if I get sick?

If you need to be seen by a physician or Nurse Practitioner call the centre and an appointment will be made for you with an appropriate health care provider.

Q: Is the nurse practitioner staying?

Yes, Jenn will continue to provide for your health care needs.

Q: What happens to our charts?

The charts remain at the Centre. You are still considered a patient at New Germany & Area Medical Centre.

Q: How do I get a prescription refill?

The process for refills has not changed. Your medications can be refilled by the appropriate provider during your appointment.

Q: When a replacement is found will the new Doctor automatically take over my care?

Yes, the intention is that they would.

Q: Who will look at my outstanding test results?

Lab results are reviewed by the providers working at the clinic and you will be contacted if you need a follow-up visit.

Q: Who will look after my warfarin blood work results?

The physicians and/or the NP can adjust warfarin doses as well as order warfarin.

Q: Why can't we keep a doctor in New Germany?

Physicians are independent health care providers and can choose to work and live how and where they wish. At the present time the demand is more than the supply for physicians. So they have many options open to them.

Q: Why doesn't a doctor have to sign a contract to stay for a longer period of time?

The contracts are funded by the Department of Health & Wellness and are renewed on an annual basis. Physicians can leave as long as they provide 3 months written notice.

Q: Who do we contact to help get a doctor here?

South Shore Health is working with your local New Germany & Area Medical Center board.

Q: Can I go to another doctor?

You are still a patient of New Germany & Area Medical Centre and will have access to health care providers at the clinic. Physicians tend to only take patients who do not have a health care provider.



* Should you have any further questions please call the clinic 644-2361



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Get out and see the world, come shopping in downtown Barss Corner.

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Wooden Mouse Traps \$0.99 each	White Nylon Gloves \$8.99 dozen	Mader's Sausage \$3.99 per lb.
Bird Pies \$1.89 400 g each	Black Sunflower Seeds \$21.99 15 kg bag	System Saver II Water Conditioner Salt \$5.99 20 kg Bag
Black Stove Pipe 15% off 24 in. X 24 ga.	Dry Kindling \$3.50 15x11x11 in. box	Steel Toed Insulated Baffin Boots \$56.99 per pair

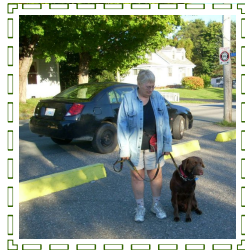
Prices in effect Nov. 9th, 2012 to Nov. 23rd 2012

@ Mader's Clover Farm Supermarket/Esso

Autumn Walks @ 6:00 Report

Thanks to everyone who participated in our autumn walks. We enjoyed great weather for all four walks although we almost missed the final one, but it wasn't raining at 6:00pm, so we walked.

We had over 40 participants on the four walks (a couple of little ones were either pushed or carried) and seven dogs walked the loops. With such a great response NGAPS will plan to organize another walking session in the Spring of 2013. Watch the newsletter or our web site for details. In the meantime if anyone would like to organize more walks this winter or even a walking club, let us know and we will be happy to promote it for you.




**Relocating in
New Germany:**
New Germany Legion,
44 Varner Road

**Pam
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Mondays 1:00-4:30
starting September 10th
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www.pambirdsall.ca



NGAPS Volunteer Opportunity Ad Manager Wanted

This Newsletter only happens with the support of our Advertisers!

NGAPS requires an Ad Manager to contact our advertisers prior to each issue to receive their updated ad copy. Also an Ad Manager would look for new advertisers to increase our base.

The Ad Manager would work with the Volunteer Newsletter Editor so we can continue to produce the quality Newsletter you expect.

If you want to see this Newsletter succeed and you enjoy meeting and talking to people this is the opportunity for you. Get in touch by email at ng_cap@ns.sympatico.ca or by phone 644-3695

Revitalizing the Union Square Hall

A group of Union Square residents have been working to breathe new life into the Union Square Hall. It now has insulation, and a heat source, so the space can be used in the winter. The most immediate goal is to put in plumbing and to carry on with other needed renovations. But with a teakettle and coffee maker on site, the committee is organizing groups and events to take place there. The hall is available to rent also, for anyone else who would like to run a workshop, and the price is very reasonable.



The hall committee is running a number of events including a **Saturday Artist's Group** from 9-12. Everyone welcome. This is a creative group of people, painters, knitters, quilters, sketchers, or any other portable craft. It is a chance to get away from the demands of home, to be creative with other like-minded people. Each person works on their own thing, bringing their own supplies, but in the company of others. It also gives artists the opportunity to learn from each other. Fee is \$15/month for non hall members, \$10/month for hall members. Drop-in fee \$5.

There are also two other Art Events:

LESSONS IN COLOUR Learn the basics of colour, how to mix colours, using the media of your choice. Colour theory, the emotion of colour, seeing colour accurately, 6 weeks starting Jan. 15th.

PORTRAITURE Think you can't draw people? Yes you can! Learn the anatomy of the face and how to further overcome mental blocks in seeing shapes and proportions accurately. Just black and white media (ie. pencil, conte, etc.) to start, 6 weeks starting March 5th

Both are instructed by Mary Sims-Morey. Tuesday evenings, 6:30-8:30, Fee per student = \$100. Minimum 5 students. Maximum 12. Contact Mary @ 644-3459 for info or registration.



**Laura Beck
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RMT**

is happy to
announce the
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Call for Expression of Interest Volunteer Board Member

Rosedale Home builds on a rich history and reflects our commitment to continue to evolve to meet the emerging needs of seniors in Nova Scotia. Our 39 bed Nursing Home is a not-for-profit organization, licensed under the Nova Scotia Homes for Special Care Act and is located in the beautiful village of New Germany.

We are presently seeking a Director to sit on our nine member volunteer Board beginning immediately.

If you are someone with an interest in long term care or if you have skills to contribute to our board such as

Human Resources, Board Governance or even fundraising skills, then we are very interested in hearing from you.

Ideal candidates may also have other board experience, come from business management or health care background.

Please contact Arthur Jensen, Board Chair @ art.jensen@eastlink.ca for more details or to indicate your interest by November 27th.

The Christmas Wreath

The first sign of Christmas is the hanging of the Christmas wreath on the front door. The common places to hang wreaths are on the door, walls and over fireplaces. Traditionally evergreen branches are used in making wreaths.

The origin of the Christmas wreath dates back to the ancient times of the Persian Empire. They were much smaller in size than the present ones and were known as "diadems". Much symbolism can be attributed to the Christmas wreath. The shape of a circle has no beginning and no ending. This represents the eternal nature of a god's love, or the circle of life. In the way we use house numbers today, wreaths featuring different floral arrangements were used to identify different families and houses.

Greeks started placing wreaths made of laurel on the heads of athletes who came first in the Olympic Games. The transition of the wreaths from a headgear to a wall/door decoration is not known with much accuracy. However, it is believed that once an athlete decided to save the headgear as a souvenir, and since then began the tradition of using wreaths as a Christmas door/ wall decoration.

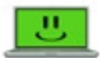
Lunenburg County is the Balsam Fir Christmas Tree Capital of the World. And the wreath industry is growing every year. Too bad there is only a small window of opportunity to produce and sell this product. On our farm we make all sizes from 10" to 60", yes 60". Most are made only with Balsam Fir, but we do make some mixed wreaths using cedar, pine and juniper.

Today wreaths are a wonderful decorative touch at Christmas time. Whether you hang a wreath on the door to welcome family, or on the wall to complete a room's décor, the splash of colour on a cold winter's day is sure to add a feeling of warmth and that famous Christmas aroma that brings back special memories of Christmases past.

From our home to yours Merry Christmas and Happy New Year
Margie and John Taylor.



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**Happy Holidays from
Shannon and all her staff
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A Look Back at Summer - Canoeing on the LaHave

As the fog lifts and the sun starts to break through the night's sky we settle into the canoe and head out onto the New Germany Lake, paddling up to the LaHave River. It's become a routine during many of the summer days for us to wake early, grab a cup of coffee, our lifejackets and paddles and head over to Veteran's Memorial Park where our canoe has been tied up waiting for us. Often it is early enough that we can still see the moon in the sky at the same time the sun is coming up. Some mornings the fog lies thick enough that we cannot see the water in front of us. We blindly paddle into the fog, but still know exactly where we are going as we have gone this route many times during the summer.

It's peaceful. We listen carefully as we glide slowly through the water. The sounds of the morning "waking up" on the water are different when listening from the land. There are fewer distractions. One morning we were surprised by a sudden, hard splash just a foot or two from the canoe. It was a beaver, obviously as surprised to see us as we were surprised to hear it! We both laughed because of the unexpectedness of it! An early morning wake up call from Mr. Beaver! What a pleasant treat it was!

Many times throughout the summer we saw beavers. One particular, clear morning, as we had turned back towards the shore, we watched for 5-10 minutes as a beaver swam in circles in front of us. Perhaps unaware that we were watching, he seemed to be playing in the water, swimming this way and that, we never knew where he would reappear when he went under. We excitedly watched, waiting to shout, "There he is!" Almost like a kid's game! Why not? Out here on the water, away from life's important "stuff", just "being", and for the time on the water, we just "are". So for this moment we choose to play a child's game,...because we can!

We paddle on, scanning the shoreline, hoping to spot another brilliant sight. Maybe some ducks (yes, we have seen a few of those!), a muskrat, or the beauty of the light of the sun as it shines through the bushes and trees and sparkles across the water. Oh yes, we've seen all of these and the intricate artwork on the shores of the LaHave created by the webs of the spiders! What beauty! We stop to study and watch as the spiders create their masterpieces! Nothing short of amazing! Such simplicity of life, a spider's web, yet so complicated and intriguing! Something to be appreciated, yet most often overlooked in the busyness of our lives.

Here on the water, we get a different perspective. We slow down, we see more, we hear sharper, we experience different. What a great way to start our days! Canoeing the LaHave River from the New Germany Lake, early in the morn as the night becomes day, darkness becomes light, our eyes open to a wonderful new day! We will be back on the water again in the spring. Come join us anytime!

Janis Power and Greg Selig



Check out New Germany Area Promotion Society on Facebook for more pictures of "On the Water"

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Linda Wentzell,
CHT

lwcht@ns.sympatico.ca

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Recipe

Hosting a Christmas Party? Looking for a special appetizer to take along to a pot-luck? This Spinach dip recipe is easy, fun to make and absolutely delicious!

Use 2 loaves of French bread, sourdough or pumpernickel

- 1 cup sour cream
- 1 cup mayonnaise
- 2 cans shrimp mashed with a fork
- 1 small can of water chestnuts cubed
- 1pkg Knorr vegetable soup mix
- 1 pkg frozen spinach cut up (cut before it thaws)



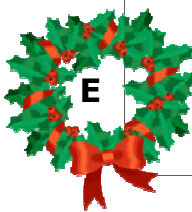
Mix & Enjoy

You can hollow out the pumpernickel or sourdough bread and serve it in the crust and use the bread and/or crackers for dipping.



South Shore Public Library Mobile Library

is at New Germany Freshmart every Tuesday from 3:00p.m. to 6:00p.m. A library card is free and so is using the library.



Public Health Update



Parents and caregivers of infants and tots meet and play in your community.
New Germany Busy Babies

Where: New Germany Anglican Church Hall with
SSFRA Parent and Tot Time

When: 1st and 3rd Wednesdays from 10:00 am to
11:30 am (during the school year)

Phone: Public Health Office at 644-2710
for more information

Public Health Services
#100 Varner Road New Germany
644-2710

New Germany Building Supplies

4422 Highway 10
New Germany
644-2761



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ideas for everyone on your list.

~From the roof to
the basement, and
around the yard, we
can help with all
your projects.~



*Wishing you the warm and happy times
of Christmases of Olde, and a
healthy and prosperous New Year!*

OPEN YEAR 'ROUND:

Wednesday, Thursday, Friday 10-6
Saturday 8-5
Sunday 12-6

Monday, Tuesday and evenings by appointment.



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Bob & Cecile

We'd love to see you soon....

The Christmas Season in Our Local Churches.

New Germany Connections contacted the local churches and offered them the opportunity to let you know about the special services and events they are having this Christmas season. We are pleased to share with you the following information.



NORTHFIELD LUTHERAN PARISH

- December 24th Christmas Eve Services in Mount Calvary Upper Northfield @ 5:00pm.
- December 24th Christmas Eve Service at Saint James' Branch LaHave @ 6:00pm.
- December 24th Christmas Eve Service at Saint Andrew's West Northfield @ 6:30pm.

LUTHERAN CHURCHES - NEW GERMANY, NORTH RIVER and NEWBURNE

- December 24th Christmas Eve Service, North River Lutheran Church @ 7:30pm.
- December 24th Christmas Concert at St. Matthew's, Newburne @ 7:00pm.
- December 24th Christmas Eve Service, Trinity Lutheran, New Germany will be held at 7:00pm.

• ANGLICAN PARISH of NEW GERMANY

- December 6th Christmas Tea - 2:00pm to 4:00pm. St. John's Anglican Church Hall, Snow day December 7th. Tea, sweets, sandwiches, takes-outs and grabs. \$5.00 per person.
- December 24th Christmas Eve @ 11:00 am, Christ Church, Caledonia; 4:00 pm Family Service @ St. John's Church, New Germany; 7:00pm @ St. Paul's Church, Union Square; 10:00 pm @ St. John's Church, New Germany.
- December 25th Christmas Day @ 10:00 am St. Andrew's Church, West Northfield.
- December 25th Christmas Day @ 11:30am Transfiguration Church, Newburne.

UNITED CHURCHES - NEW GERMANY PASTORAL CHARGE

- December 22nd 9:30-11:30am Birthday Party for Jesus in McFadden Hall (basement of Epworth United Church) All Children Welcome!
- December 24th Christmas Eve Service, Emmanuel United, Hemford @ 6:30pm
- December 24th Christmas Eve Service, Epworth United, New Germany @ 8:00pm

ST. CYPRIAN'S ANGLICAN CHURCH, EAST DALHOUSIE

- December 24th Christmas Eve Service @ 4:00p.m.

UNITED BAPTIST CHURCH EAST DALHOUSIE

- November 25th @ 7:00pm Christmas Service. A social time will follow.

SPRINGFIELD BAPTIST CHURCH

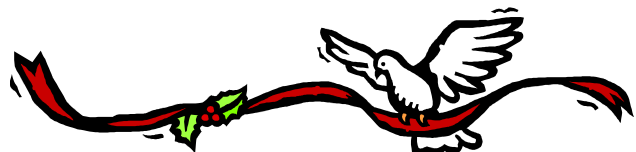
- November 17th - 14th Annual Christmas Tea, Craft and Bake Sale, 2:00pm to 4:00pm at the Springfield Baptist Church Vestry
- December 24th Christmas Eve Service @ 7:00pm.
- December 31st New Year's Eve Service @7:00pm

BARSS CORNER & PARKDALE MAPLEWOOD BAPTIST CHURCHES

- November 30th Tree Trimming at the Barss Corner Baptist Church at 7 pm.
- Watch their website for a complete schedule

<http://barsscornerbaptist.wordpress.com>

<http://emmanuelbaptistpm.wordpress.com>



Contest - The hunt is on for the perfect Christmas wreath. Collect all the wreaths in the Newsletter, match the letters and find our wish to you for this holiday season.



Send your answers (to the address on page 24) by December 4th for a chance to win. Draw to take place at our Christmas Open House.

(We will also accept email entries, please put "contest" in the subject line.)
Only one entry per person please.

Name _____
 Community _____
 Phone _____
 Email _____

May we use your email to contact you about NGAPS events?

Yes___ No___

If you are our winner from which advertiser would you chose your prize?

Do you have any comments about the Newsletter?



The mission statement of New Germany Area Promotion Society is "NGAPS will strive to create a sustainable and vibrant community where people and businesses are encouraged to thrive." We will achieve this mission by supporting communications and partnerships both within and outside our community.

New Germany Area Promotion
Society
Box 28
New Germany, NS. B0R 1E0



E-Mail: ng_cap@ns.sympatico.ca
Phone: (902) 644-3695

We're on the web!!

<http://newgermanyca.ednet.ns.ca>

Thanks for entering our contest!

In the September issue of the Newsletter, we gave you the chance to win a \$20.00 gift card from any one of our advertisers - your choice. The draw was made and the winner was Izilda Robar. She chose a Gift Card from New Germany Freshmart. Congratulations Izilda .

Enter our contest on page 23 and send your answers to the address above. You may be our next winner!

Next Issue:

Will be out early February 2013. We would like to hear your story ideas. Please contact us at the address or phone number on this page.

This Newsletter was put together entirely by NGAPS volunteers. Ads were paid for by the advertising person or business. We appreciate the support of local businesses for this Newsletter because without them there would be no publication.



NGAPS C@P Sites

Parkdale Maplewood Museum and New Germany Community Centre, during open hours.



Christmas Tree Lighting @ Lion's Park & Open House @ New Germany Community Centre

You are invited to attend the lighting of the MODL Christmas tree at the Lion's Park on December 4th at 6:30p.m.

Join us for a few Christmas songs around the tree and then come to the NGAPS Community Centre for a hot drink and Christmas refreshments at our Christmas Open House until 8:00p.m.

Enjoy the songs,
conversations and the holiday cheer.

Advertising Information: You can advertise in this newsletter. We deliver it to all the households and businesses in the New Germany, Barss Corner and Springfield Post Office areas. Single ad sizes vary but can be 1' x 7" or 3.5" x 2". depending upon space and layout. Price per single ad is \$20.00. Multiple ad sizes are available. The revenue from the advertising helps to offset the cost of printing and distributing this Newsletter. Thank you to our advertisers for their assistance.

New Germany Connections is also available on the community web site, in colour, with all ads included. **Community events and local businesses are listed on the web site for free.** Please contact ng_cap@ns.sympatico.ca Next issue to be published mid February 2013 Ads are limited so they are offered on a first come, first served basis. Please contact NGAPS at the above addresses to book your space.