



# New Germany Connections

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## Autumn Fades to Winter 2010

The brilliant colours of the fall are giving way to the cool morning frosts of winter. Soon all the bright lights of the Christmas season will decorate our homes and shops; maybe it is our need to replace all the glow of autumn as winter darkness encroaches. The holiday season offers lots of opportunities to gather together and celebrate with family and friends. We have attempted to list many of these local events in this Newsletter. Enjoy making connections with your community, your neighbours and your family.

## Programs at New Germany Community Centre

NGAPS will make every effort to coordinate a program that may be of interest to you. Please call Maureen @ the Community Centre.

- **Friday Evenings "Youth Activity Evening"** Grades 7 – 12. 7:00 pm – 9:30 pm at the Community Centre. Snacks & Activities. Guests Nov. 12th & 19th.
- **Yoga Classes** - Saturday mornings 10:30am – Noon. Drop-ins welcome.
- **New Germany Farmers' Market** – Last market of the year will be held at the New Germany Elementary School November 28, 1:00pm to 4:30pm.
- November 18th **Card making class** with Mona Lantz. Make 2 cards of your choice, 3 if time permits. All supplies and tea & coffee included.
- November 23rd @ 7:00pm **Regular Monthly NGAPS Meeting**. Everyone welcome.
- November 24th @ 7:00pm **Garden Club Meeting**. Everyone welcome.
- December 06th 3 – 5pm & 6 – 8pm **Christmas Open House**.
- **ATV Safety Course** Ages 12 – 18. 12 spaces remaining, fee only \$10.00.
- **Exercise with Gym Equipment** done with music is available at the Community Centre for a low fee of \$20.00 per month.
- **Conversational French Classes** in the New Year. If you are interested please call for more info. Pre-registration is required.
- **Karate Classes** will start in February 2011. Pre-registration and a minimum of 8 participants are required. Ages 7 to adult.
- **P90X Workout Program**. If you are interested please call to make arrangements.

**Community Centre is available for rent, please inquire.** The Community Centre also has a LCD projector to help facilitate your meeting. For more information call the Centre at 644-3695 or E-mail – [ngaps@ns.aliantzinc.ca](mailto:ngaps@ns.aliantzinc.ca) Check the community events page on our web site for updates. <http://newgermanycap.ednet.ns.ca>

(Please note that not all events are NGAPS programs)

## Community Events

- Nov 11 Remembrance Day
- Nov 15 Flu Clinic
- Nov 18 Card making
- Nov 20 Tea - Springfield
- Nov 23 NGAPS meeting
- Nov 28 Farmers' Market
- Nov 28 New Germany Christmas Festival
- Dec 2 Tea - New Germany
- Dec 6 NGAPS Open House
- Dec 8 NGRHS Music, etc.
- Dec 24 Christmas Eve Services
- Dec 25 Merry Christmas
- Jan 1 Happy 2011
- Jan 3 Writing Competition Deadline
- Jan 25 NGAPS meeting



The mission statement of New Germany Area Promotion Society is "NGAPS will strive to create a sustainable and vibrant community where people and businesses are encouraged to thrive." We will achieve this mission by supporting communications and partnerships both within and outside our community.

# *The Royal Canadian Legion, Branch 102 New Germany*

## *Week of Remembrance Events*



### **Sunday November 7<sup>th</sup> - Service of Remembrance in Springfield**

- 1030 Hours Legion members gather
- 1100 Hours Service of Remembrance  
Legion and Ladies Auxiliary Colour Parties. All welcome

### **Tuesday November 9<sup>th</sup> - Service, West Northfield Elementary School**

- 1000 Hours Legion members gather at the school  
All Legion & Auxiliary members welcome

### **Wednesday November 10<sup>th</sup> - Service, New Germany Elementary School**

- 0930 Hours Legion members gather at the school gymnasium
- 1045 Hours Assembly at the Flag pole  
All Legion & Auxiliary members welcome

### **Wednesday November 10<sup>th</sup> - Service, New Germany Rural High School**

- 1330 Hours Legion members gather at the school  
Service of Remembrance and presentation from 413 Squadron  
All Legion & Auxiliary members welcome

### **Thursday - November 11<sup>th</sup>**

- 1030 Hours Parade participants gather at the New Germany Fire Hall
- 1045 Hours Form up Parade and March off
- 1100 Hours Service of Remembrance at the Cenotaph, Epworth United Church  
Service in the church for adults  
Service and refreshments at St. John's in the Wilderness for youth and families
- 1200 Hours Form up Parade and March back to the Legion  
There will be a lunch provided at the Legion for participants 19 years of age and over  
Afternoon Friendship, Camaraderie and entertainment in the Legion clubrooms
- 1700 Hours Social Hour
- 1800 Hours Banquet. Tickets must be presented at the door. Dress code as per Legion By-Laws.

### ***In Flanders Fields*** by John McCrae, May 1915



*In Flanders fields the poppies blow  
Between the crosses, row on row,  
That mark our place; and in the sky  
The larks, still bravely singing, fly  
Scarce heard amid the guns below.  
We are the Dead. Short days ago  
We lived, felt dawn, saw sunset glow,  
Loved and were loved, and now we lie  
In Flanders fields.  
Take up our quarrel with the foe:  
To you from failing hands we throw  
The torch; be yours to hold it high.  
If ye break faith with us who die  
We shall not sleep, though poppies grow  
In Flanders fields.*

### ***Inspiration for the poem***

During the Second Battle of Ypres a Canadian artillery officer, Lieutenant Alexis Helmer, was killed on 2 May, 1915 by an exploding shell. He was a friend of the Canadian military doctor **Major John McCrae**.

John was asked to conduct the burial service owing to the chaplain being called away on duty elsewhere. It is believed that later that evening John began the draft for his famous poem 'In Flanders Fields'

**On November 11th** the service at the Cenotaph begins at 10:57 with *O Canada*, at 10:58 continues with *Last Post*. **The Last Post:** Traditionally is played throughout military bases to signify the ending of the day. For many years the Last Post has been played at Remembrance Day services, to commemorate the fallen soldiers.

**Dipping of the Legion Flag:** When the first note of the "Last Post" is sounded, the Colour Party member carrying the Legion Banner shall step forward and dip the Legion Banner in a slow and dignified manner, held in a dipped position during the Silence in respect for the Fallen. The Legion Banner should not be allowed to touch the ground. For Remembrance Day ceremonies, the "Last Post" and "Reveille" (Rouse) is used to draw the symbolic association between the soldier's last duty of "sitting sentry" (death) and his "rising" above his mortal duties (reveille).

**11:00am Silence:** The last note of the "Last Post" marks the beginning of the two (2) minutes of silence. During the silence we will remember our fallen comrades and those who have passed on since we last gathered together.

**Rouse:** (salute) Following the two-minute period of silence, the "Rouse" shall be sounded. When the first note of the "Rouse" is sounded the Legion Banner shall be raised slowly to achieve the Carry position. Traditionally the "**Rouse**" is played to signify a new day; it is played at the end of the Silence to signify a new beginning. After which the official wreaths shall be laid.

Act of Remembrance

They shall grow not old, as we that are left grow old;  
Age shall not weary them, nor the years condemn.  
At the going down of the sun and in the morning  
We will remember them.

Response: We will remember them

**Wreath Laying:** Wreath are lain in a place of honour to commemorate those that have died.

**Closing:** Royal Anthem (God Save the Queen)

### **HISTORY of The LAST POST/ ROUSE**

Prior to mid 19th century, the foot soldier's life was regulated by drumbeats. Later that same century the bugle call was introduced and was used for both field maneuvers and during camp routine to initiate a conditioned response from the soldier. Certain "calls" were used to "order" changes in type, direction or speed of attack or withdrawal formations. However, the most utilized bugle calls were "Reveille", "Rouse" and "Last Post". The "Rouse" was used as a "quarter call" to wake the soldiers fifteen minutes before the more formal activity announced by "Reveille", which was a more complicated call by all the buglers.

In the early 20th century, the need for two "wake-up" calls was reduced. In 1909, the longer call (Reveille) was omitted and the shorter call (Rouse) was redesignated "Reveille". However, in 1927, the longer call was reinstated. British ceremonial manuals declared that the "Rouse" would be used for funeral services throughout the Empire.

Today, the two titles are used interchangeably although the longer of the two calls is seldom heard.

"Last Post" is one of the regulation calls that would be heard in the evening to signal the completion of the setting of night sentinels or sentry posts. "First Post" signaled the mounting of the "guard" or sentry posts. "Last Post" would then be sounded to signal that the camp was secure and that all sentry posts were manned and ready.

Source: The Canadian Forces Manual of Drill and Ceremonial, Chapter 11

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Honour Our Veterans - November 11th.

## *Municipality of the District of Lunenburg*



**Cathy Moore**  
Councillor - District 7



104 Zwicker Mill Road, PO Box 137, New Germany, NS B0R 1E0  
(902) 644-2922  
kitcatt@ns.sympatico.ca

On November 11th. we will remember them.



## *Rosedale Home for Special Care 'Drive for Five'*

Have you heard about the 'Drive for Five' campaign? The Van Committee at Rosedale is in the midst of a fundraising drive to pay off the facility wheelchair van, a 2005 Chevrolet Uplander which has been modified to carry two wheelchairs along with three passengers.

Since our début in the 2007 New Germany Canada Day parade, residents have participated in a wide range of activities. Those that would have otherwise been housebound can take part in activities such as family gatherings, weddings, restaurant lunches, picnics, picking blueberries, exhibitions, parades, shopping, museums or scenic drives. Halifax, Chester, New Ross, Mahone Bay, Liverpool, Kentville, Bridgetown, Caledonia, Middleton or any number of destinations in between, don't be surprised to see us there! Rosedale residents are not hindered when it comes to taking part in any recreational activity, regardless

of their physical limitations. Trips to the dentist, eye doctor or a medical consult appointment are possible for a wheelchair bound resident.

Back in September, what started as a joke between administrator Valerie Veinot and some of her staff, quickly transformed into a dare, resulting in the gauntlet being thrown down. The challenge: raise \$5000 between October 1, 2010 and May 13, 2011. The reward (and consequences): To have the van paid in full...and see Valerie loose all her 'lovely locks'. We're planning a big party for the occasion and the individual with the largest single donation will have the honours of making the first cut!

Valerie will soon realize that, when faced with a challenge, we at Rosedale rise to meet it head on!

Over the next six months there will be numerous opportunities to contribute to our 'Drive for Five' campaign. The first big endeavour was a Penny Auction. A "loose change" donation jar is located at the nursing desk at Rosedale. (If you don't see the jar please ask!) Our friends at the Parkdale Maplewood Community Center are planning another benefit breakfast. Other events are in the planning stages. Anyone wishing to make a cash donation may do so by mail or in person, but please stipulate it is for the Drive for Five campaign. As with any donations, receipts for Income Tax purposes will be issued upon request.

Thank you to everyone for your support over the past years. We consider all of you a member of our extended Rosedale family. Perhaps you have heard it said that with hard work and determination dreams come true; that's why we at Rosedale dream big! Our success ultimately enriches the lives of our residents!

*On Remembrance Day,*

**I encourage everyone to take the time to remember those who have fallen in the service of our country, and those who continue to serve Canada with courage and compassion.**

**New Germany's Remembrance Day Service will be held at 11:00 am at the Cenotaph, Epworth United Church. Service in the church for adults. Service and refreshments at St. John's in the Wilderness for youth and families.**



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## Public Health Update

### A Seasonal Influenza

Immunization Clinic will be held in New Germany at the Rosedale New Horizon Club on November 15 from 3pm—7pm.

No appointment necessary.

For Information on the flu or flu vaccine please visit:

<http://www.gov.ns.ca/hpp/cdpc/influenza.asp>

### Baby Group is growing!!

Join us on the 1st and 3rd Wednesday of the month from 10- 11:30am at the Anglican Church Hall in New Germany, along with the Family Resource Centre's Parent and Tot time.

Karen Grandy

Public Health Services

#100 Varner Road New Germany

644-2710

## Messy Church

Plans for Messy Church are nearing completion. Registration forms have been sent out and are being returned. The first session will begin Friday, October 29th. at the New Germany Elementary School gym.

Primary to Grade 6 have been invited from New Germany and West Northfield.

The program includes a snack, crafts, songs, games, worship with a Bible story and prayer and ending with a meal. The program is ecumenical. It is intended to provide fun for the children as they learn about God in a very informal way.

We have 5 leaders and several helpers . Messy Church needs one more leader, anyone who wants to help with other jobs, and groups to provide the food for one afternoon. Menus are available.

Messy Church will be held on the last and first Fridays of each month when there is school. It runs from the last Friday in October, 2010 to the first Friday in June, 2011 from 3 p.m. to 5:30 p.m.

Anyone who would like to help, or ask questions, please contact Iris Veinotte at 644-1022 or [veinotte@eastlink.ca](mailto:veinotte@eastlink.ca)



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## New Germany Garden Club

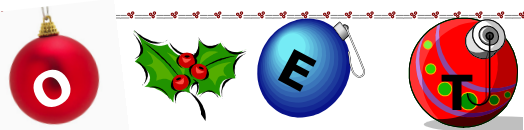
The garden club generally meets the forth Wednesday each month at the Community Centre. This summer the club installed three planters and maintained the flowers. For the fall and winter season these will be put to bed with brush, looking festive for the Christmas season.

The club also had a successful bulb sale, watch for all the new bulbs in our communities. Our sale allowed us to plant more bulbs around the community which will be blooming next spring. Something to make the spring season even brighter.

We are planning for our winter meetings and will continue discussions and instructions in various aspects of gardening. The fall meetings have already begun with a presentation on planting garlic.



Anyone with an interest in gardening is welcome to join us. Just check the community website, call the Community Centre or contact our president Greg Selig for information about our next meeting .



# Teen Place Update

## Open House- December 6th

Come and join **Teen Place** and **NGAPS** as we celebrate with our Christmas Open House 3 to 5 P.M. and 6 to 8 P.M. All ages welcome. Performances by HipHop artists **BDub**, Band Members **Colby Emino-Savory, Josh Doucette, Andy Lawrence and Zack Stewart**, and singing performances by **Jordin Wentzell, Amber Frampton and Brooke Allen**.

## Friday Night Program Highlights:

- November 5<sup>th</sup> **"Talk Sex"** with Katie Boudreau from the Sexual Health Centre.
- November 12<sup>th</sup> **"Fire!"** with New Germany Volunteer Firefighting "Hotties!"
- November 19<sup>th</sup> **"Straight Talk about Drugs"** with Becky Guest from Addictions Services.

Teen Place will be closed for Christmas from December 21<sup>st</sup> to January 3<sup>rd</sup>, re-opening on the 4<sup>th</sup>.



**Teen Place** – a friendly, confidential place for teens to discuss any health issues or problems, a place to get free condoms, and free pregnancy tests and information on bullying, addictions, sexual health, anxiety, nutrition.....

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## Rosedale Home - Construction Update

Dear friends and families,

The outside construction has minor work needed to be finished and the interior work is close to 90% completed. The furnishings, equipment and supplies will be delivered and installed the 3<sup>rd</sup> week of November. The large shed on the front lawn is unfortunately not a church however it does house our backup generator which is essential for us to provide uninterrupted services during power outages.

We look forward to the final stages such as commissioning and licensing in December. We can't think of a better way to start the New Year as we look forward to opening our doors to 12 new residents in our "home" the second week of January.

FYI -As a result of the construction and increase in our workload; we have decided to plan our annual "Candle Lighting Service" next spring. Please mark your calendars and join us in May for our "Grand Opening" on the 7<sup>th</sup>.

Yours truly,

Valerie Veinot  
Administrator.



Donna Van't Hof  
902-521-2644

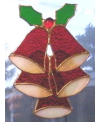
Check out our new website at [www.exitladies.com](http://www.exitladies.com)



Angie Brown  
902-541-0746



### Village Glassworks



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Beginning November 8<sup>th</sup>

### **VON On the Move Shuttle Service**

**In Partnership with the New Germany and Area Lions  
Between New Germany & South Shore Regional Hospital (SSRH)**

CANADA

Every Monday:

Pick up at the Masonic Lodge @ 9:30am, arriving at SSRH at 10:00am for drop off.

Pickup at SSRH at 2:00pm, arriving at the Masonic Lodge at 2:30pm for drop off.

Open to all residents of the New Germany & Area School District.

Booking required one week in advance. Call 644-1365 on Monday between 1:00 4:00pm to book. Please leave a message and your call will be returned.

Limited seating available and all bookings are up to the discretion of VON Lunenburg County.

For more information on this new service contact VON@ 624-1897



Funded in Part by: United Way of Lunenburg County

Note: During winter months this service is unavailable on days that schools are closed due to bad weather.



## *New Germany Farmers' Market*

The final market of the 2010 season will be held in conjunction with the New Germany Christmas Festival @ New Germany Elementary School  
November 28th, 1:00 - 4:30p.m.



The Market will have a Christmas theme with vendors offering crafts, trees, wreaths and some seasonal produce. There are limited spaces available, so if you are interested in selling at this market call Greg Selig (644- 2153) for more information.



Look for the 2011 Farmers' Market schedule in the next New Germany Connections.



### Portraits In Wood

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or drop in at 36 Barss Corner Road.

*I also take orders for stained-glass pieces and have a small selection for purchasing on the spot.*



### Tangled Tree Treasures Open House

Saturday Nov. 13th 1- 5 P M

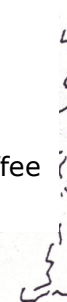
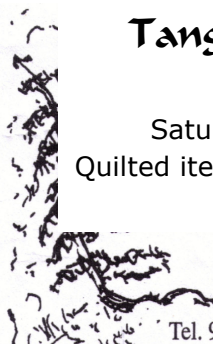
Quilted items, gift ideas, pottery, coffee & cookies.

**PATRICIA PAUL**

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# Charlie's Burgers

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## Specials

Lunch Hour Specials	November - December Specials
#1 Slice of Pizza and Can Pop \$4.35	#1 16" Works Pizza \$18.49
#2 12" Pepperoni Pizza \$6.99	#2 16" Garlic Fingers \$10.99
#3 12" Garlic Fingers \$6.99	#3 18" Pizza with 3 toppings \$17.99



Alex and Hala are proud to be part of the  
New Germany Community and look forward  
to meeting and making new friends.



*Merry Christmas and Happy New Year to all our customers.*



**Our hours of operation are:**

Monday to Thursday      11:30 am to 9:00 pm  
 Friday & Saturday      11:30 am to 10:00 pm  
 Sunday                      11:30 am to 9:00 pm



## *In This Corner Its Me & the Kids* - Keeping Your Sanity Over The Holidays

Take down the pumpkins and fall decor, put your scarecrows back in the shed. It's time to get a head start untangling the Christmas lights and checking for bad connections. My children have already started the countdown to Christmas. It begins the same day the Sears Wishbook arrives. So far the Wishbook has only been taped back together twice! I usually wait until late November to start Christmas shopping. I seem to function better on a certain element of stress and enjoy the hustle, bustle, long lines, cranky shoppers and waiting until the shelves are almost empty before making my selection. Christmas shopping is like ironing, once you get started it's really not so bad.

To help get you started here are a few tips to alleviate some of the pre-holiday craziness and post holiday debt.

Start with a list of all the people you have to buy for, and prepare a budget. Figure out how much you can or want to spend and then determine the best present for the money. As you buy gifts, cross them off your list. Don't get caught up in the idea that a gift has to be new. Consider purchasing good quality used items. Books are a great gift to purchase second hand. If you have a large family it may make sense to draw names. You can help get your older children into the spirit of giving by having them make up gift certificates for a service they are able to provide. For example they may be able to shovel a walkway for an elderly grandparent for the month of January or offer up some house cleaning or babysitting service for an aunt. You are the best gift to your family and friends. Time is so valuable to all of us and the best gift we can give to someone we love.

When it comes to cutting back our Christmas spending I have discovered an easy way to keep myself organized and not overspend when shopping for my children. I break it down into the following categories; something to read, something to wear, something to play and something to share.

Remember to keep stress at a minimum, make your preparations fun and enjoy the simple pleasures of the holiday season. I have included my children's favorite Christmas cookie recipe. Hope you enjoy. Merry Christmas!

## Recipe

Dish: \_\_\_\_\_ Serves: \_\_\_\_\_

### Christmas Candy Cookies

1 cup butter or margarine (softened)	3 ½ cups all purpose flour
1 cup sugar	1 cup whole wheat flour
1 cup icing sugar	1 tsp. baking soda
2 eggs	1 tsp. salt
1 cup vegetable oil	1 tsp. cream of tartar
1 tsp. almond extract	1 cup chopped almonds
1 pkg. (8 ounces) M & M'S	

In mixing bowl, cream butter, sugars and oil. Add eggs and extract; mix well. Combine flours, baking soda, salt and cream of tartar; gradually add to creamed mixture and mix well. Stir in almonds and candy. Chill dough for 1 hour or until firm enough to handle. Shape into 1" balls, roll in sugar. Place on ungreased baking sheets. Flatten with a flat bottomed glass. Bake at 350 for 15-18 minutes. Cool on wire racks. Yields approx. 6-7 dozen.

### James Robar's Automotive

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**James Robar**  
Owner/Mechanic

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## Tim A. DANIELS EXCAVATING

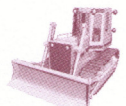
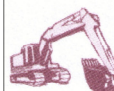
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timadanielsexcavating@hotmail.com





## New Germany and Area Lions Club

The Lions Club members have recently cleared bushes and debris in the park area along the LaHave River next to the upper bridge at the intersection of Zwicker Mill Road and Hwy 208. This was the second work project along the river this year as some work was completed in the spring. Visitors and locals alike can now enjoy the view of the water while resting in our park area.

1<sup>st</sup> New Germany Scouts, led by Paul Savory assisted the Lions Club members with the Adopt-A-Highway clean up. Thank you for a job well done by all. It was nice to have this partnership with the youth group.

Watch for the Lions Express at the Christmas Festival. Once again we will be providing rides for the younger children – weather permitting.

Tickets are being sold on a chance to win fifty scratch tickets. Call Lion Carla – 644-2851 or contact any member. Thank you for your ongoing support of our weekly radio bingo.



### CARD OF THANKS – Clifford George Brown

On behalf of my family and myself, I wish to extend heartfelt thanks to all the good friends from Springfield, Lake Pleasant, and New Germany and area for your support in our time of sorrow. Your cards, Emails, visits, charitable donations and gifts of food, and the innumerable ways in which you have shown you cared and are still caring, are so appreciated. Special thanks to those mothers who have walked this road before me, and have been so supportive. God bless.  
~ Fran Brown

## New Germany Building Supplies

### Tax Free Ladies Night

November 25, 2010

6:30pm to 8:00pm



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## Lots of In Store Specials





# 5th Annual New Germany Christmas Festival A Community Celebration! Sunday, November 28, 2010 1:00 – 4:30 p.m.



## New Germany Elementary School

- NS Power's LED Holiday Light Exchange (upstairs) 1:00 – 2:30 p.m. while supplies last. Bring **two** traditional sets of lights in exchange for **one** set of energy efficient LED lights
- Chowder & Hot dogs
- Entertainment
- Lion's Club Train
- Decorated Wreath Auction
- Santa's Village in Gym 2:30 – 4 p.m., Canada Post on site! Bring your letters for Santa.



- Mini Trees for children
- Live Nativity Scene 4:15 p.m.
- Tree Lighting

Sponsored by the Municipality of the District of Lunenburg in partnership with the New Germany Elementary School Home & School and community organizations.

For information contact Cathy Moore, 644-2922 or Bill Bruhm 644-5024.

**\*\* Monetary and non-perishable items gratefully accepted for the New Germany Food Bank.**



## *Christmas Trees and the New Germany Area*

have a fairly long history together. The first documented sale of Christmas trees to buyers outside of Nova Scotia actually occurred from Chester Basin in either 1922 or 1923. Newspaper archives indicate that Arthur Manual shipped a few carloads of trees before 1924. As major American cities like Chicago, New York and Boston depleted the source of naturally growing trees from their neighbouring woodlots, they were forced to search further and further away to find a source of Christmas trees. Finally, when they arrived in Atlantic Canada they found an area where the moist maritime climate and cooler temperatures allowed for the plentiful natural regeneration of the beautiful Balsam fir Christmas tree. An industry developed. Our provincial industry peaked in export numbers in 1957 when an astounding 3.8 million trees were shipped to foreign markets. Farmers would go to their pasture edges and woodlots, cut the trees and often auction them from their front lawn as buyers for the major brokerage firms would travel the countryside, examining trees and leaving bids or offers with the owner.

As in any business, once successful, competition seems to have a way of finding you. In this case, the mid-western states of Michigan and Wisconsin developed a land reclamation project into a new, thriving business. In the 1950's they had begun planting Scots pine as a way to preserve overworked soils. It was soon realized that if the pine were sheared they could be put on the market as a "cultivated, improved Christmas tree". The industry was about to evolve. Cultivated pine started to replace natural Balsam fir in the market. By 1967 the export numbers for Nova Scotia had fallen to 1.8 million trees, just under half of the 1957 peak. Luckily, many of the American brokerage firms responded by purchasing land and starting to manage actual Christmas tree stands; spacing, shearing and fertilizing the Balsam fir so our trees could compete with these new pine trees. The three largest firms all developed centres of operation in the greater New Germany area. The Kirk family, from Washington State, operated from New Germany until just recently, and in their prime were the single largest Christmas tree production company in the world. But close behind were the M. Walters Company (Chicago) and the J. Hofert operation, the Hofert Company also from Washington State. Walters operated out of New Germany, where for years Chester Robar of New Germany managed their production from his home just up the hill from Riverside Apartments. The Kirk Company operated from the Zwicker Mill Road for many years until they moved to the Copeland Road off New Germany Lake. The Hofert operation was just over the road in the greater Caledonia area.

There were others. The Ted Drewes Christmas Tree company still operates from their magnificent yard on the lower end of the Goose Chase Road, opposite New Germany Building Supplies. And while the "big three" are no longer with us, their operations have largely been taken over by a number of different players, many native Nova Scotians, who continue to carry the business forward. The Caledonia / New Germany / New Ross axis was a prime production area, with farming and forestry operators who had the land, drive and opportunity to produce trees. A high percentage of the province's Christmas tree production comes from this area, and Lunenburg County was designated as the "Balsam Fir Christmas Tree Capital of the World" a number of years ago to recognize our prominence in the business. New Germany maintains a pivotal role in the Christmas tree trade. The Lunenburg County Christmas Tree Producers' Association owns an office on the Main Street, and also houses the Christmas Tree Council of NS office.

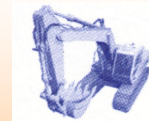
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The business continues to change. In the early years everything went to the United States. Today markets are as diverse as western Canada, South America, Puerto Rico, other Caribbean islands, Panama, other central American countries, Mexico, Bermuda, Kuwait, Japan and on and on. Refrigerated shipment is common, and securing plant health certificates for international shipments are a big part of an exporter's life. Longer distances place more and more demand on the ability of a tree to "hold up", and keep it's needles. We lost ground to other species like Fraser and Noble fir, but a new investment in our improvement and future is underway with the recent development of the SMART Tree research initiative, where we are discovering the mechanism of needle loss and developing trees that will hold their needles aggressively and fresh for over 70 days. The industry has coordinated over 6 million dollars to invest in such improvement, and the Atlantic Christmas Tree Research Centre at the Agricultural College in Bible Hill is under construction. It will be absolutely world class. In the near future we will be able to provide growers with the best quality, longest lasting, lowest cost of production Christmas tree in the world. Market conditions are very difficult right now, but New Germany and the Nova Scotia Christmas tree industry are at the beginning of another evolution in the business.



Today the greater New Germany area still boasts 400 plus growers, over 8000 acres of land in production, some of the best trees in the world, and an export sector that is finding it difficult, but still doing better than much of our competition in places like North Carolina and Oregon. We have a vibrant wreath and greenery business to complement the trees. The tree and greenery industry returns an estimated 35 to 40 million dollars to Lunenburg County alone. New Germany area trees and greenery have been a feature at the Canadian Embassy in Washington for almost 20 years. The industry will improve itself through SMART Tree. In this, the 500 year anniversary celebration of the first decorated Christmas tree in Rega, Latvia, the Christmas Tree Council of Nova Scotia will be introducing a new retail Code of Practice contract to assure that consumers are receiving fresh, well cared for Christmas trees. Christmas tree farms produce enough oxygen to provide for over 19 million people in North America every day. New Germany is a proud commercial center for the real tree trade, producing a product that acts as one of nature's air filters, absorbs carbon, and provides a fully recyclable product that enhances the environment - not detracts like our artificial competition. The world has been enjoying real Christmas trees for 500 years. We plan to still be here in another 500 years!



*Merry Christmas to  
all our customers*

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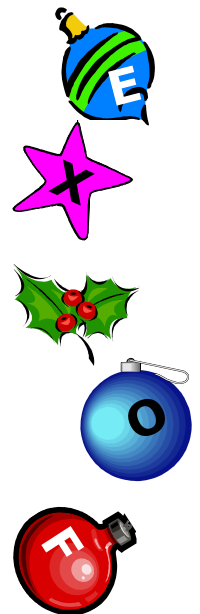
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# New Germany Area on Internet

## Want Your community event or business listed on the Net?

New Germany & Area has an extensive web site as part of C@P (Community Access Program). Our site includes Community events, local businesses, our schools, local government, community groups and a virtual museum. **Listings on the Community events page are free and available to any community group in the area.** Local businesses can list on our business page; this listing is also free. The pages are maintained by NGAPS volunteers and are updated regularly. If you have information for the web site please email [ng\\_cap@ns.sympatico.ca](mailto:ng_cap@ns.sympatico.ca)

Check out the New Germany area on the internet @ <http://newgermanycap.ednet.ns.ca>

**This is a great source of information for not only local residents, but also family and friends living away and people thinking about moving to our area.**





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from Bill*



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## NG & Area Medical Centre Association News

The New Germany and Area Medical Centre Association is issuing an invitation to community members to join our Board of Directors. The Board looks after the Centre, ensuring that there is a location available in New Germany for doctors, nurse practitioners and other health professionals to provide services to our community members in the greater New Germany area. While the time commitment is not large, we very much need members on the Board to share the load and ensure that the Centre continues to function well.

Anyone interested in volunteering on the Board should contact Anne Merry, President at 644-3389; Jo-Anne Muron, Vice-President at 521-5535; or Sherman Veinot, Treasurer at 644-2495.

The Board meets currently the first Tuesday of the month at the Medical Centre in New Germany.

### Fund Raiser

The New Germany Medical Centre Board has identified the need to purchase a vital piece of equipment for the Centre - a centrifuge. A centrifuge is used by the lab technician to spin the test tubes once the blood has been taken from a patient. This process preserves the blood sample for testing. The centrifuge holds a significant cost and we would ask for your support at Guppy's fundraising promotional night on January 19th, 2011. If you are unable to attend this special fundraiser but would like to make a donation toward the purchase of the centrifuge, please mail your donation to P.O. Box 128, New Germany, NS, B0R 1E0. A receipt for tax purposes will be issued for donations received.

Thank you very much for your support - it is greatly appreciated and will help us to better serve the patients of the Centre.



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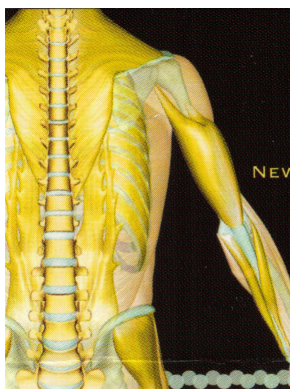
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*Holiday Greetings from the Staff at SDM*



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**Massage is available at the New Germany & Area Medical Centre on Mondays, Wednesdays and Fridays, various times available**

**(by appointment only).**

**Massage Therapy is covered by most insurance plans. Direct Online Billing with Blue Cross is available.**

**Laura Beck Patton, RMT is a member of the Massage Therapists' Association of Nova Scotia**





## Winter Running

### TIPS FOR STAYING SAFE and HAVING FUN

What could be better than cuddling up with a cup of java and a good book during those chilly winter days? A nice run in the fresh, crispy air of course! It will help to fight those winter blues, increase your energy and help make you healthier. However, running during the winter months can present different kinds of challenges than you might encounter during other months of the year. You are faced with colder temperatures and different types of terrain, but if properly prepared, your running experience can be equally as enjoyable and safe during these months.

**DRESS IN LAYERS** - Start with a thin layer of material, such as polypropylene, which wicks sweat away from your body. No Cotton! It holds moisture and will keep you wet. This layer should fit snug against the skin. The outer layer should be a breathable layer made of nylon or Gore-Tex to protect you against the wind and precipitation. If it is really cold add a middle layer of polar fleece for warmth. Avoid over-dressing. You should feel a little chilly when you start your run.

**PROTECT YOUR HANDS AND FEET AND COVER YOUR HEAD** - The majority of the body's heat is lost through the extremities. As much as 40% is lost through the head and up to 30% can escape through the hands and feet. Gloves are good for milder days, however, mittens are more effective during colder days because your fingers will share their body heat. Hand warmers feel great tucked inside your mitts! On really cold days, covering your mouth and nose with a scarf will help to warm the air before it hits your lungs and will make it easier to adjust to the colder weather. Also, on extremely cold days, it is a good idea to cover your face with a layer of petroleum jelly.

**PROTECT YOUR EYES** - The glare from the snow can cause snow blindness, so don't forget those sunglasses!

**TRACTION** - When running on the snow and ice a slip can happen very quickly and lead to an unwanted injury. To help avoid this, traction aids can be placed over your running shoes. They cannot completely prevent a slip or fall, but they will help.

**STAY HYDRATED!!!** - This is very important! You still heat up and lose fluids through sweat despite the cold weather. Cold air also has a drying effect, which can increase the risk of dehydration. Make sure you drink water or a sports drink before, during and after your run.

**WARM UP INSIDE BEFORE HEADING OUT** - Hit the treadmill or jog/march on the spot for a few minutes to get your muscles warmed up before going outside in the cold. This will help to prevent injuries. If it is extremely cold you are at a greater risk for a pulled muscle. On these days warm up slowly and run easy.

**BE PATIENT!** - It takes about two weeks to adjust to climate extremes!

**MY BEST KEPT SECRET!** - *If you really want to go for that run but just can't push yourself out the door because it feels too cold, throw your running clothes in the dryer for a few minutes! It really works!*

**HAPPY RUNNING!!!**



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in our community.  
Remember to wear a  
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3-5 PM at the Teen Centre  
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**At Work For You.**

# *Christmas Open House @ New Germany Community Centre*



You are invited to attend our Christmas Open House  
December 6th from 3:00 to 5:00p.m. and from 6:00 to 8:00pm.

There will be Refreshments, Entertainment and Prizes  
(two free draws- one in the afternoon and one in the evening)

This is a joint New Germany Area Promotion Society  
and Teen Place project

Join us at the Community Centre and see some of our accomplishments during  
2010. Enjoy the conversations and the holiday cheer.

## **GUPPY'S PLACE** **ALL YOU CAN EAT BUFFETS**

### **THURSDAY CHINESE BUFFET**

Chicken Fried Rice, Garlic Spare Ribs, Beef and Broccoli, Vegetable Stir fry,  
Garlic Chicken Wings, sweet & sour meat balls, chicken balls, egg rolls and  
complete salad bar. 5 pm to 7 pm. 12.99 each

**SATURDAY FRIED CHICKEN BUFFET**— Chicken wings, thighs &  
drumsticks, French fries, Potato salad, Pasta salad, tea biscuits and complete  
salad bar. 5 pm to 7 pm 12.99 each.

**SUNDAY BREAKFAST BUFFET**—Scrambled Eggs, Hash with  
Bacon, Ham, and Sausage, Baked Beans, Pancakes, French toast, Quiche, Hot  
Skw, Fresh Fruit, Tea Biscuits. 8:30 am to 11 am. 9.99

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## **Band - Drama - Art**

All at New Germany  
Rural High School  
December 8th  
7:00- 9:00p.m.

Enjoy an evening  
with the Arts . The  
drama club is pre-  
sented "Christmas  
in the Land of Oz".  
There will be music  
to listen to and art  
works to admire.

Everyone is  
welcome to attend.



## *The Christmas Season in Our Local Churches.*

New Germany Connections contacted the local churches and offered them the opportunity to let you know about the special services, events and concerts they are having this Christmas season. We are pleased to share with you the following information.



### **SPRINGFIELD BAPTIST CHURCH**

- November 20th - 12<sup>th</sup> Annual Christmas Tea, Craft and Bake Sale, 2:00pm to 4:00pm at the Springfield Baptist Church Vestry.
- November 28th @ 7:00pm Christmas Service at the East Dalhousie Baptist Church.
- December 5th @ 7:00pm Music Night and Fellowship with Paul Marshall and Best Intentions at the Springfield Baptist Church. Refreshments to follow.
- December 24th Christmas Eve Service @ 7:00pm.

There will be no Church Service on Christmas Day. Regular Sunday Church Service on Boxing Day, December 26th @ 11:00am.

### **ST. CYPRIAN'S ANGLICAN CHURCH, EAST DALHOUSIE**

- December 12th Lessons and Carols Service 7:00p.m. Everyone welcome. This is a community service bringing together the Anglican, Baptist and Roman Catholic Churches of East Dalhousie.
- December 24th Christmas Eve Service @ 4:00p.m.

### **ST. BRIGID'S ROMAN CATHOLIC CHURCH, EAST DALHOUSIE**

- December 24th Christmas Eve Service @ 4:00p.m.

### **UNITED CHURCHES - NEW GERMANY, HEMFORD and PINEHURST**

- November 21st Lawrencetown Male Choir at Epworth United, everyone welcome. The choir will be singing pieces from their Christmas CD.
- December 12th "It All Happened in the Country" United Charge Christmas Musical starting at 2:00p.m. @ Epworth United – Everyone is welcome to attend.
- December 24th – Christmas Eve – services as follows: Emmanuel (Hemford) at 5:00; Epworth (New Germany) at 6:15; New West Pine (Pinehurst) at 7:30 – Celebration of the Lord's Supper in all churches.
- December 26th – Boxing Day – Charge Service at Epworth beginning at 11:00.

### **PARKDALE MAPLEWOOD BAPTIST CHURCH**

- December 24th Christmas Eve Service, Parkdale Maplewood Baptist Church @ 6:00pm.

### **ANGLICAN PARISH of NEW GERMANY**

- December 2nd St. John's Anglican Church Annual Christmas Tea, 2:00p.m. - 4:00p.m. @ Anglican Church Hall. Take outs are available.
- December 24th Christmas Eve Services @ St. Paul's Church, Union Square; Christ Church, Caledonia; St. John's Church Youth Service, New Germany; and St. John's Church Evening Service, New Germany.
- December 25th St. Andrew's Church, West Northfield.
- December 26th St. John's Church, New Germany (Service of Holy Eucharist).

Please call the parish office at 644-2260 to confirm service times, or e-mail [ngangparish@bellaliant.com](mailto:ngangparish@bellaliant.com) for further details.



**LUTHERAN CHURCHES - NEW GERMANY, NORTH RIVER and NEWBURNE**


- December 12th @ 7:30pm ABC's will be attending Trinity Lutheran Church, New Germany presenting their Christmas Cantata.
- December 24th Christmas Eve Services, Trinity Lutheran, will be held at 7:00pm.
- December 24th Christmas Eve Service, North River Lutheran Church @ 9:00pm.
- December 24th St. Matthew's Lutheran Church in Newburne will hold their Christmas Concert on Christmas eve at 7:00p.m.

**BARSS CORNER BAPIST CHURCH**

- December 19th @ 7:00pm - Christmas Concert. This will be a combined Sunday School Concert and Carol Singing.
- December 24th Christmas Eve Service @ 7:30pm




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## Youth writing competitions



New Germany Connections invites youth in grades 7 to 12 who live in the NGRHS catchment area to enter our writing contests. There are two categories: **Short story** (maximum 800 words) in any genre - fiction, non fiction, mystery, romance, fantasy, etc. and **Poetry** (maximum 300 words). The winner of each competition will receive a \$10.00 gift certificate from any one of our advertisers - your choice, plus your story or poem will be published in the February edition of New Germany Connections.

### Here are **The Rules:**

Our theme is **Home**, open to your interpretation.

Please submit your entry by January 3rd either by mail or email (Word or PDF attachments only) to NGAPS at the addresses on page 24. Late entries will not be considered.

Include a cover page with the title of your work, your name, grade, home community and contact information. On your story or poem please only include the title of your work. All entries will be judged without identifying the author.

By sending us your story or poetry you are agreeing to publication in New Germany Connections should you have the winning submission. We will only publish the winner's name, home community and school. No other contact information will be printed.

We reserve the right to withhold the prizes if no suitable entries are received.



Our judge for this contest is local poet Alison Smith.

Alison's publications include two collections of poetry: *Six Mats and One Year*, and *The Wedding House*, both published by Gaspereau Press. She is presently completing a Master of Arts in English at Acadia University.

### **Cathy's Beauty Salon**

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*Merry Christmas & Happy New Year*

## NSLC

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~ Nicole & Staff

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# Contest

## Christmas Scramble

We have our Christmas ornaments out and scattered around the Newsletter. Find all our decorations and unscramble our message to you. Send completed puzzle to us (to the address on the next page) for a chance to win a \$10.00 gift certificate from any one of our advertisers - your choice.

Hint: You are looking for 30 decorations which will make a 7 word message. Match the ornaments in the Newsletter by shape and kind with the ones in the answer and the message will be revealed.

Name \_\_\_\_\_

Community \_\_\_\_\_

Phone \_\_\_\_\_

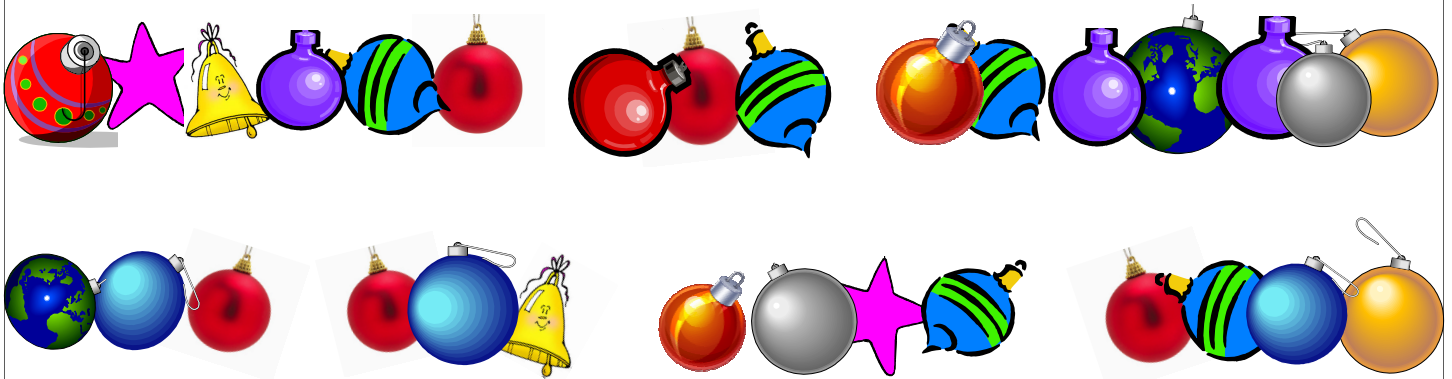
Email \_\_\_\_\_

May we use your email to contact you about NGAPS events?

Yes \_\_\_\_\_

No \_\_\_\_\_

### Answer: Unscrambled Message:



## Mader's Refrigeration & Air Conditioning Limited

Neil Mader

Service Technician

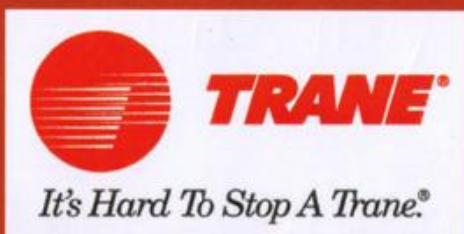
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New Germany Area Promotion Society  
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Maureen Risser  
Community Development Coordinator  
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## We're on the web!!

<http://newgermanycap.ednet.ns.ca>

## Next Issue:

Our next issue of New Germany Connections will be in your mail box in early February. We are interested in your story ideas. Our space is limited, but we attempt to publish as many articles as we can. Contact us at the phone number or email address above. We reserve the right to edit all submissions. Thanks.



## Thanks for entering our contest!

In our Back to School Contest in the last issue, we gave you the chance to win a \$20.00 gift card from any one of our advertisers - your choice.

The draw was made on October 30th and the winner was Chelcy Woodworth. She chose a Gift Card from New Germany Building Supplies. Congratulations Chelcy.

This issue we are offering you a chance to win a \$10.00 gift card from one of our advertisers. Complete the puzzle on page 23 and send it to us at the address on this page. The first correct answer drawn will be the winner. Deadline to enter is December 6th; we will make the draw at our Christmas Open House. The winner will also be announced in the next issue of New Germany Connections.

If you want to add a few comments with your contest entry we would love to hear from you.

## NGAPS C@P Sites

New Germany Area Promotion Society sponsors three C@P sites funded by Industry Canada and NS Department of Economic & Rural Development. Public access computers can be found at Guppy's Place Restaurant, Parkdale—Maplewood Community Museum, and the New Germany Community Centre. These computers are available during open hours at each site. Access is free but donations are welcome.

## Over to You: Send Us Your Comments

We want your opinion. Please contact us by email @ [ngaps@ns.aliantzinc.ca](mailto:ngaps@ns.aliantzinc.ca), phone 644-3695 or write to the address above.

NGAPS thanks you for reading the sixth issue of New Germany Connections. The local business community continues to support this Newsletter, but we would like the help of our readers. Please consider sustaining this Newsletter by sending a donation; your financial support is your vote for continuing publication. The costs involved include printing, distribution and layout with the revenue from advertising only covering a portion of these expenses.

Thank you for you donations and comments.

**Advertising Information:** You can advertise in this newsletter. We will be mailing it to all the households and businesses in the New Germany, Barss Corner and Springfield Post Office areas. Single ad sizes vary but can be 1' x 7" or 3.5" x 2". depending upon space and layout. Price per single ad is \$20.00. Multiple ad sizes are available.

The revenue from the advertising helps to offset the cost of printing and distributing this Newsletter. Thank you to our advertisers for their assistance.

New Germany Connections is also available on the community web site, in colour, with all ads included. **Community events and local businesses are listed on the web site for free.** Please contact [ng\\_cap@ns.sympatico.ca](mailto:ng_cap@ns.sympatico.ca)  
Next issue to be published early February 2011. Ads are limited so they are offered on a first come, first served basis. Please contact NGAPS at the above addresses to book your space.