## June 2017 Volume 9 Issue 3



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#### **Community Events**

- June 24 Duck Race
- July 1 Canada Day
- July 1 Canoe with Greg
- July 4- 14 Swim lessons
- July 4 Aug 10 Summer Slide
- July 19 Back Road Bike
- July 22 Hazardous
   Waste Collection
- Aug 2 North Rosedale School Reunion
- Aug 24 Seniors Corn Boil
- Aug 26 Canoe with Greg
- Sept 9 Blueberry Festival
- Sept 17 NGAPS Community Picnic

#### New Germany Area Promotion Society



## **Summer 2017**

Are you learning to swim this summer? Or maybe this is the year you will plant your first vegetable garden. Are there chickens in your future? What great adventure will you embark on this summer?

We have many wonderful things happening in our area this summer: New Germany celebrates Canada Day, swim lessons, reading clubs, bike rides, reunions and more. Many are featured in this newsletter. Read about them and get out your calendar, mark the dates. Start your new exploration this summer. You never know where it will take you.

## NGAPS Programs & Events

**NGAPS Regular Meeting** Generally the first Tuesday of each month. Everyone is welcome to attend. Check our web page for more details.

<u>Canoe with Greg</u> July 1st and August 26th Meet at the Veterans Memorial Boat Ramp at 8:00am. More details on page 17.

**Community Picnic under the Maples** September 17th

Health & Wellness Expo October 25th

Countryside Christmas November 25th to December 3rd

Are you a Community Group or Organization in our area? Share your events, fundraisers or special occasions with us!

We will add it to our Community Calendar page.

We will put it on our Facebook page.

We will promote for and with you!

Any group or organization in our area can advertise their event on our sites at no charge. Please send listings to:

ng\_cap@ns.sympatico.ca, our FB page or drop off at Village Glassworks during open hours.



newgermanycap.ednet.ns.ca

Check out our Facebook page!
Follow us on Twitter!



The mission statement of New Germany Area Promotion Society is: "NGAPS will strive to create a sustainable and vibrant community where people and businesses are encouraged to thrive." We will achieve this mission by supporting communications and partnerships both within and outside our community.

## NEW GERMANY CANADA DAY 2017 -150th

Bring a lawn chair and some sunscreen and plan to spend Canada Day in New Germany.

7:00 - 11:00am **Breakfast** at the Anglican Church Hall, #5311 Hwy 10 - Adults \$8.00

8:00am – **Canoe with Greg**. Meet at Veterans Memorial Boat Ramp at the north end of New Germany Lake. Canoe/ kayak for a guided paddle on the lake and north on the LaHave River. Contact Greg at gdselig@ns.sympatico.ca

9:00am – Registration for **Children's Parade** – Theme: Celebrate Canada's 150<sup>th</sup> Birthday. 9:30am start at Rosedale Home for Special Care. Prizes provided by New Germany & Area Lions.

12:00 – Registration for **Ox Pull** – sponsored by Blue Wave Energy. Pulls begin at 1:00pm. Call Kevin – 902-212-0832

12:30pm – Line up for **Street Parade** at NGES. Parade begins at 2:00pm. Sponsored by Saunders Motors; Parade prizes are provided by RBC New Germany. To register, call Christine – 902-523-4373

4:00 – 10:00pm Check out the **Vendors** on the grounds of the Legion Hall - including Jeanne's, Nellie's, Rog's Donuts, 4-H Ice-cream, Merv's Fries, cotton candy, glow products and more.



4:00pm – 10:00pm **Garden Party** with games of chance – colour wheel, blanket wheel, ring toss (new), fish, dunk tank.

4:00 - 6:00pm **Bean & Salad Supper** at the RC Legion, \$10.00 - Salad and Homemade Bean Supper & Cake.

5:00pm **Opening Ceremonies**, **Musical Entertainment** including: Ivan & Nancy, Alan & Deborah, Chet Brown, 2 C's & 2 G's, New Found Country, Jim B., Yesterday.

10:30pm **Fireworks** launched by New Germany Volunteer Fire Department.



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## Moss Talk and Walk in Union Square

~ Donna Smith

On Saturday April 29th the Union Square Hall (the former Union Square School) was the starting point for a "Moss Talk and Walk" with bryologist Mary (Sims)



Morey. A full dozen men and women were treated to an illustrated talk on the history and biology of mosses. From their origin in the Devonian period, to their relationship to modern plant life, we came to understand just how unique and special these tiny plants that we see growing everywhere are. After a break for coffee and muffins, we hiked back to Indian Lake Road. There we were introduced to mosses and their not-so-close relatives the lichens and liverworts that grow in the coniferous (evergreen) forest in a continuous soft carpet. Farther along on higher ground where the deciduous (hardwood) forest grows, we found many of the same species and more, but growing on rocks and stumps instead of the forest floor, because the dense leaf litter prevents them from "making a living". We had our packed lunches and enjoyed a very pleasant break beside a lovely brook, where we found mosses actually growing in the running water ("Fontinalis" or "Fountain Moss"). It was a most enjoyable day with only the rare black-fly having an experimental flight. Ticks, however were already present. We were warned to keep our pant legs tucked in and to do a thorough "tick check" at home.

Few of us will actually be able to call the mosses we met by name (because most mosses don't have easy to remember common names) but we will all "know their faces" and have a new respect for these tiny but important plants.





Cynthia French, Tim Reeves-Horton, Donna Finck, Peter Mader, Jan Hall, Mary Morey, Paul Smith, Kathryn Price, Peggy Smith, Bonnie Isabel, Madelyn Bowers, Judith Orr, and Donna Smith.





#### More Post Offices of our Area

From Lunenburg County philatelist C Lloyd Tancock's collection.

If you have any details about any Lunenburg County Post Office he would like to hear from you. You can contact us (last page) or Lloyd at (902)543-9110 or stampguy48@hotmail.com.

#### Northfield and Upper Northfield

On Highway 10 about 19 kilometers northwest of Bridgewater and 3 kilometers northeast of Pinehurst, it is not to be confused with the Northfield of today. This Northfield is the former name of present day Upper Northfield. The name may have come from a village in Worcester, England as it was first settled by a British soldier, MacKay who was paid off in Halifax and came here as early as 1767.

A Way Office operated here prior to 1868 and the Post Office opened July1 1868 and closed June 1, 1930. Postmasters included William John Turner (1868-71), Heli Mackey (1871-87), Henry Arenburg (1888-98), James B Penny (1899-1937) and Lemuel Penney (1937-49). The area became Bridgewater R.R.#2.



#### Feener's Corner

Between Big Mush-a-Mush Lake and Wentzell Lake and eleven kilometers north northwest of Bridgewater, this community was likely named for C. Feener who was a resident here in the late 1800s when the area was considered part of West Northfield.

The Post Office, with Nerus Feener as the first post-



master, opened on June 15, 1900 and closed May 7, 1949. Subsequent postmasters were Hubert Stephen Meisner and Charles William Ramey.



#### **Langilles and West Northfield**

Eight kilometers northwest of Bridgewater, it was likely named for early settlers and later for its location in relation to the principal community in the area. At one time it was included in the area known as Mossman Corner.

The Post Office opened around 1872 and for the first year was known as Laugilles and then Langilles until it changed to West Northfield on October 1, 1902. It closed on May 7, 1949 when it became part if the rural mail delivery route out of Bridgewater. The first postmaster was J.P. Langille. He was followed by Mrs. Angeline Lowe who was postmaster when the name changed for the final time and she was succeeded by Mrs. Bertha Lowe (1924-37), Mrs. Eva Lowe (1937) and Wm. Archibald Medicraft (1937-49).



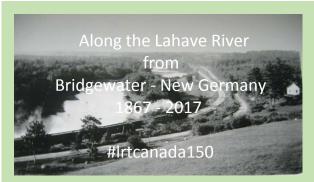
#### **Lower Northfield**

On the south side of Mush-a-Mush Lake and five kilometers east of LaHave River, it had early settlers by the names of MacKay, Ramey, Fancy, Wagner and Tibert.

The Post Office operated here from October 1, 1884 until December 31, 1947. Daniel Joudry, Miss Lavinia Sarty and Mrs. Beatrice Mable Fancey Jodrey served as postmasters.

## Local Postal History Info Wanted

Readers of these newsletters will have seen examples of postcards and letters which were mailed to or from post offices within the readership area, showing the "postmarks" affixed by the postmasters at the time. The owner of these examples, Lloyd Tancock, has started on the second phase of his postal history research and is interested in speaking with people who have any information they are prepared to share about former post offices, postmasters and employees of the small community post offices. He is seeking details on where the post offices were located within communities (homes, businesses, etc.) and how the post offices and postmasters interacted with the community. He is also seeking old photographs of post offices or buildings which housed a post office and of postmasters or other employees of the post office or mail delivery system such as stage coaches, delivery vehicles and the like. Mr. Tancock is prepared to travel to meet and interview willing participants for this research and he can be contacted by telephone (902-523-3355), by email (stampguy48@hotmail.com) or by regular mail at Box 22002, Bridgewater Mall Postal Outlet, Bridgewater, N.S. B4V 3W6



A project of the Lahave River Trail Association.

The association has published, on social media, historic and current photos along the Lahave River showing different aspects of how people live and have lived. These photos have been collected and compiled in a booklet, including user comments, and can be viewed at the Margaret Hennigar Public Library in Bridgewater. Visitors can also add their comments.

Later this year the association will rollup everything into a final binder. To review the booklet, just ask at the Main Desk www.facebook.com/lahaverivertrail www.instagram.com/lahaverivertrail







## Parkdale Maplewood Women's Institute

Parkdale Maplewood branch of Women's Institute of Nova Scotia hosted a visit from their twin branch, Kempt. The ladies of both branches enjoyed a tour of the Parkdale Maplewood Community Museum followed by a light lunch and tea in Aunt Dinah's tea room.



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	\$1.99		890ml \$2.99
PC SODA 2L 88 cents	PC SODA case of tins 12x 355ml \$2.99	MINUTE MAID APPLE & ORANGE JUICE 10x 200ml \$2.99	NESTLE WATER case of 12x 500ml \$1.99
HEINZ KETCHUP	BRYERS ICE CREAM	POPSICLE REVELLO &	NO NAME CHEESE
1L \$2.99	1.66L \$2.49	pkg of 12 \$2.49	<b>SLICES</b> 500g \$2.99

PRICES FROM THURSDAY JUNE 15th to WEDNESDAY JUNE 21st
OPEN CANADA DAY SATURDAY JULY 1st 9AM to 5PM

## Spring Walks

NGAPS community walks took place earlier this spring along different trails in our area. Many friends, new and old, four-legged and two-legged, joined us on our walks.





## WELCOME!

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#### **NGAPS Meeting**

NGAPS holds our regular monthly meetings the first Tuesday of the month. Everyone with an interest in our community is welcome to join. Please check the website for location or call 902-644-2922 for more information.



## What's at the Museum?



#### **Magic Lamp Projector**

They provided one of the most popular forms of entertainment in the 18th and 19th centuries. Using an artificial light source and a combination of lenses, they enlarged small transparency images and projected them onto a wall or a screen. The Parkdale Maplewood Community Museum is open Monday to Friday 9:00am to 5:00pm.

Open Saturdays beginning in July.

Do you have a story about a school in your community? For many, these buildings were the heart of the community. We would be interested in having more stories about the one and two room schools which used to dot our countryside. Get in touch, contacts on page 24.

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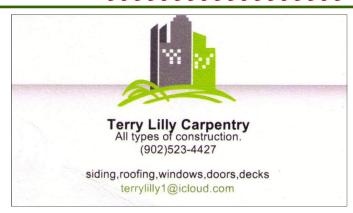


#### Eva Cook

**Homestay Coordinator** 



130 North Park St., Bridgewater, NS, Canada B4V 4G9 902.521.8532 ecook@ssrsb.ca www.nsisp.ca facebook.com/ssrsb.nsisp.ca





\*First Aid + CPR

\*Provide an Overview of the

\*Crisis Intervention Training

\*Medication Awareness

Occupational Health & Safety Act \*How to Establish an Occupational

Health & Safety Committee + Roles &

\*Non-Aversive Behavior Management

\*Individual Program Planning (I.P.P.)

Responsibilities of the Committee/Safety Rep.

\*Critical Incident Stress Debriefing/Defusing \*W.H.M.I.S. 1988 & W.H.M.I.S. 2015/GHS

\*Basic Principles & Practices of Personal Care

#### WORKPLACE SAFETY TRAINING

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Training for Healthcare Providers

#### email: pattyjjoudrey@gmail.com



**Occupational Health & Safety Act** 

\*How to Establish a Joint Occupational

Health & Safety Committee + Roles & Responsibilities of the Committee/Safety Rep.

\*First Aid + CPR- Emergency, Standard & Marine

Training for Construction Industry

- \*WHMIS 1988 & W.H.M.I.S. 2015/GHS
- \*Principles of Loss Control
- \*Accident & Incident Investigations
- \*Hazardous Identification & Control
- \*Safety Audits (Internal/External)
- \*Industrial Hearing Testing
- \*Fall Protection
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- \*Lockout/Tagout
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\*Create Fire & Emergency Plans for **Special Care Facilities & Other Businesses** 

\*Food Safety Training \*Fire Safety

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The company provides one-on-one training, small groups and large groups.

If there is specific training you require and you do not see it on my list, please contact me and I will try to access this for you. Training hours and training days are flexible.

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#### **Municipal Recreation News – Summer 2017**

District of Lunenburg Recreation will be in full swing this summer with its theme "World of Wonders!" Summer Solstice Beach Walk Tues., June 21, 7:30 – 9 pm, Hirtles Beach.

**Red Cross Swim Lessons** July 4 – 14, Mon. – Fri., Lake William Picnic Grounds, Barss Corner.

Free Special Events (Ages 3 - 12) Thursdays, July 6 - August 10 at the MARC.

Heartland Tour Activity Day (Ages 3-12) Thursday, July 11, 1 - 4 pm; Shipyards Landing, King St., Bridgewater FREE! Bikes to be given away.

Mountain Biking Camps (Ages 8 - 12), Mon - Fri., 9 am - 1 pm, July 10 - 14, Mahone Bay Centre. Camp Survivor Mon. – Wed., July 10 – 12 or Tues. – Thurs., Aug 8 – 10 at the Boy Scout Camp in

Seniors' Mussel Bake Wed., July 12, 3 – 5 pm, Petite Riviere Fire Hall (Rissers Beach Walk at 1:30 pm) FREE!

Summer Slide (Ages 5 - 12) Tues., July 4 - August 10, 10 am - noon, NG Elementary School. Rain or shine! Come for games, crafts and outdoor fun. It's free!

Sandcastle Competition (Family) Sat., July 15 (rain date July 16), 11 am - 5 pm; Cardboard Box Boat Race at 3 pm. Rissers Beach Provincial Park FREE!

Back Road Bike Ride to Stanburne Bridge (Teen, Adult) Wed., July 19, meeting at 6 pm at the Barss Corner Community Hall.

Local Beverage Bus Tour (Adult) Thurs., Aug. 17, 8:30 am - 5:00 pm Pick up at WalMart. \$40 "The Great MARC Mystery" A detective's adventure for PRO Kids. Thurs., Aug. 17, 5:30 - 8:30 pm, MARC, Dayspring Admission TBA. Silent Auction with prizes valued at over \$1,000!

Instructional Guided Rides (Mountain Biking) Sat., Aug. 19, 10 am - noon for ages 10 - 17, and 1 - 3 pm for adults. At the MARC. \$20 pp. Try the skills park and mountain bike trails with the professional riders of TrailFlow.

Seniors' Corn Boil Thurs., Aug. 24, 11 - 1:30 pm, Parkdale Maplewood Community Hall. FREE! Check out our full slate of programs in our Summer Recreation Guide available at www.modl.ca or at the Municipal Office. Read our weekly column in the LighthouseNow Log. Ask us about PRO Kids funding! For more information or to register for any of our programs, contact our summer office at 530-3285. You

> can also register online www.modl.ca "Like" District of Lunenburg Recreation on Facebook!







Fax: 902-543-8032

## New Germany Area: Things to Buy, See, Do and Eat

A new project of New Germany Area Promotion Society is a brochure about our area featuring places to eat and things to do and see. This will be particularly handy if you are having company this summer and want a quick reference to our area. We also plan to have it available at tourist bureaus around the province to encourage visitors to stop by and see us.

You can pick up a copy at many of the featured locations or contact any member of NGAPS for more information. We will be collecting content for a future brochure, get in contact (page 24) with your ideas.

#### FOOD AND DRINK

#### 7. 2 PAPA'S RESTAURANT Las and locally inspired cuisine. Mon 11am-8pm, Fri-Sat 11am-9pm, Sun 902-644-3444. 2papas com/

CHARLIE'S BURGER AND PIZZA
 S157 Highway 10, New Germany. Pizza, chips, burgers. Daily 11am-8pm. 902-644 charliespizza.ca/.

13. RIVERSIDE EATERY

#### To SEE AND DO

## 14. LUNENBURG COUNTY WINERY 813 Walburne Rd. Newburg - Form

#### SUPPLIES & SERVICES

- 13 Grab N Go Laundromat
  16. Shoppers Drug Mart
  17. RBC Royal Bank
  18. Nova Scotia Liquor Corporation
  19. Canada Post New Germany
  20. RONA New Germany Building Supplies

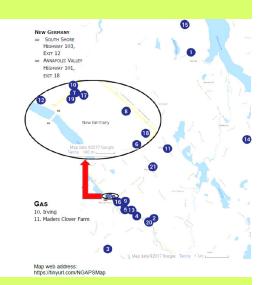




#### ANTIQUES, CRAFTS AND COLLECTIBLES

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ng, pottery, glassware. Open by c pointment; online 24-7. 902-644-7







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## New Germany Elementary School Spring Fair ~ Ron Smith Photos



### Business Buzz



There are often many changes in the business community in our area. This column notes a few of the highlights.

Located on the Sarty Road, Wentzell Lake check out **Meadowood Cider Co** on Facebook. They are a small craft cidery that will be in commer-

cial production in 2018.

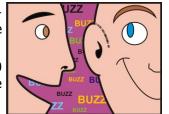
West Northfield farmer Kevin Veinotte, Out to Pasture Farms, is constructing a new poultry abattoir, **Northfield Poultry**, on Feener Corner Road. It will offer poultry processing for both commercial and small scale farmers.

In Cookville **Turkey Burger Restaurant** have opened an ice cream shop.

On the Goose Chase road in New Germany check

out **Goose Nest** for their selection of antiques, collectibles and yard sale items.

And right on Highway 10 **Thisandthat Resale** have reopened for the season.



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Calves and cow at the Penny farm ~Ron Smith photo

#### **South Shore Public Library Mobile Library**

is at New Germany Freshmart every Tuesday from 3:00p.m. to 6:00p.m. A library card is free and so is using



the library.







#### **Cathy's Beauty Salon**

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Jeff Langille

## Fire, Accident, Emergency When you need help.....

~Jennifer Hayward

It's 2:00am and you're awakened to the sound of fire trucks roaring past your house. As you pry one eye open, and groggily look outside the window to make sure it's not a neighbouring home on fire, you have that overwhelming feeling of gratitude for those volunteers who, without question, leave their warm beds and sleeping family members to assist their neighbours, friends and complete strangers.

Firefighting in rural Nova Scotia, and more specifically New Germany, is completely run by volunteers from our community. I recently had a coffee date with my good friend Debbie Wentzell, who joined the New Germany Volunteer Fire Department. in May 2015. Prior to her moving to the New Germany area, she was a five year member of the Springfield & District Fire Department. When asked why she decided to join the fire department she said, "I joined to help out my community. The fire department is like an

extension of my family. I enjoy the social part and having purpose within my community".

In April of this year, Debbie was promoted to Lieutenant, which makes her the first female officer in the history of the NGVFD. Debbie is very honoured to have received this promotion by fellow members, and she would like to encourage more women to join. "Being a good firefighter is not gender specific," she said.

NGVFD has 15 trained Medical First Responders (MFR). This means they get called to car accidents, cardiac arrests and for ambulance assistance when requested. Firefighters have a time advantage in a lot of situations and they often respond before the ambulance. Having trained MFRs is a huge benefit to our community.

NGVFD does annual presentations at the elementary school for Fire Prevention Week. Members talk to students about fire prevention, playing safe and allow students to explore their fire trucks and explain the fire equipment. The Fire Dept also initiates annual fire drills with the residents of Riverside Apartments, helps with field day at New Germany Elementary and conducts traffic control for the July 1st parade.

"Not all calls are happy endings, but as trained firefighters we go into every situation with confidence because of our training. You feel good at the end of the day knowing you were able to save someone or their personal property, or able to comfort family members during a medical call," said Wentzell.

If you or someone you know would be interested in learning more about joining the NG fire department, contact any of their current members and they would be happy to answer any questions. New members are needed. Practices and meetings take place on

Tuesday evenings at the Fire Station.

You can also check out their website newgermanyfire.ca



## Lorraine's Beauty Salon

4320 Lower Branch Road Stanley Section, New Germany



Family Hair Care

902-644-3373

### Boston in 2017

Checking in with Janis Power following her marathon experiences in Boston and Calgary,....

Boston was just as amazing the second time as it was the first There are many stories I could tell because,...well,...it's the Boston Marathon!

This time around the weather played more of a role than it did in 2015. It was a hot day for running, 24 degrees, so I had to factor that into my strategy if I was going to make it from the start line to the finish line. Four hours and two minutes later I did just that. My time to start was 10:50am so I was running during the warmest part of the day and because we had no consistently warm weather here in NS for me to train in prior to Boston, I felt the heat.

Things were going smoothly until about the 20 kilometre mark. That's when my quads tightened and my feet felt like they were on fire. Every step from that point on was painful. Every time I landed on the hot pavement the soles of my feet felt the burn. Every time I swung my leg for another stride I felt a deep stabbing pain in my quads. The marathon route has many declines, which are very taxing on the quads. As I continued on, with the temperature getting higher, I had to do what I have become skilled at doing. Time to get out of my head. Otherwise the pain would have pushed me to give up, which I would not consider doing.

I switched my thoughts to all the folks at home who have helped and supported me and who were very much a part of the process of getting me here. I was not going to disappoint anyone. I watched other runners- a double-legged amputee, a woman who appeared to have cerebral palsy, a man with an 80+ on his back indicating his age, a blind person running with an aide, people from all over the globe, and here I am part of it all!

I became tearful as I thought about the tremendous kindness, support and cooperation of the Bostonians and surrounding towns who had to come together to organize such a grand event. This year also marked the 50<sup>th</sup> year of women being allowed to run. The first woman who ever ran in the Boston marathon did so illegally 50 years ago. Today, at the age of 70, she ran. This time she was honoured for her role in letting women be part of marathon running. Thinking of this gave me goosebumps on this hot day and left my physically and mentally drained body spilling a few tears. Onward I went, tapping the extended hands of many spectators and especially noticing parents helping their young children offer orange wedges to runners. Knowing the positive impact this event was having on these lives was really heartwarming!

The most appreciative thing had to be the three times that I noticed spectators holding buckets of ice. I slowed down, pulled my shirt away from my chest and pointed. The ice cubes felt heavenly against my skin for the few minutes they remained ice. Nearing the last few kms of the race I knew my crew would be somewhere. I instructed them to be on the left side (that seems to be the side I always run on). I heard some familiar screams among the thousands of other screamers and I spotted them! Goosebumps again! I tried to hold back the tears, but a few seeped out. I had to hold myself together because there



was about 1/2 kilometre to go. I knew, as I did when I took my first stride, that I would get to the end. With the help of so many, and my "never-give-up" attitude, I completed my second Boston Marathon! (Stats – Top 32% F(50-54); Top 45% all Female Runners; Top 54% all Runners – M&F). My name will be published in the 121st Boston Marathon Record Book. Janis Power, New Germany, Nova Scotia, Canada.

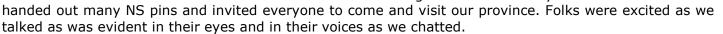
Janis stepping on the "H" at the finish line, Boston 2017.

## Representing NS at the Oldest Running Canadian Marathon, Calgary May 28, 2017

- Janis Power, Greg Selig

As I write this update we are inflight on our way home from an incredible few days in Calgary where I was honoured to be the Nova Scotia Flagbearer at the opening ceremonies of the 53<sup>rd</sup> Calgary Marathon. This year's events were organized with Canada's 150<sup>th</sup> Birthday as the focal point. Part of this recognition was having all of the provinces/territories represented during the opening ceremonies. Each of the representatives carried their provincial flags as the minister of tourism and the mayor of Calgary spoke to the crowd.

The experience was nothing less than incredible! Greg and I have memories that will last forever! Meeting the other flagbearers and their families created new friendships that will keep us connected from one coast of our beautiful country to the other. All of the people we met were kind, caring individuals. Truly representing the Canadian experience and the Canadian people. We talked and shared with, not only these people, but the many, many other wonderful people we met, about our beautiful province. Many already knew about NS, its beauty and the kindness of the people living here. Some were amazed as we shared stories of our "Little Village of New Germany". We



The race itself was also amazing. I was not sure how things would go because of the difference in altitude. I was told by many that I would notice more difficulty in maintaining my anticipated pace. The many inclines, when I had to breathe a little harder, were the times when I noticed it most. The route was not as flat as I had thought it would be. However, I managed to get from start to finish, 42.2kilometres, in a non-stop 4:06:29 run. The last few kilometres are always the toughest. You know you're close, but still so far. There's roughly 1000 steps in a kilometre. Multiply that by 42, equals a WHOLE LOT OF STEPS! Near the end of these races it's easy to loose focus and to start doubting yourself. There's always a few who stop, walk a bit and then struggle to continue on. I saw about half dozen people who were clearly suffering, feeling the pain that I too was feeling. The difference being that I had very little doubt that I would finish. Part of my confidence is because this would be my 10<sup>th</sup> marathon, but mostly because of my determination. Once I set a goal there's not much that will stop me! I veered towards each of these runners, tapped them on their shoulder and said, "We're almost there. You can do this! Focus on your breathing." One of these people was a younger woman. She found me after we finished and was incredibly thankful for the encouragement. She said she didn't think she would be able to



finish until I spoke to her. This was her first marathon. We hugged! (amongst all the other wonderful experiences I have had on this trip this was the at the top of the list. A really great feeling!). Another great moment was when I was approaching the finish line. I saw our flag lining the track with the others. I detoured to kiss it feeling overwhelmed with emotion!

#### **My Race Stats**

Time 4:06:29; Overall Place 333/992 (Top 33%); Gender Place 94/347 (Top 27%); Division Place F(50-54) 7/26 (Top 27%)

NOTE - 80% of all the runners were younger than me! MESSAGE - Don't let your age limit you - EVER!

This experience, in its entirety, was amazing! Thank-you to everyone who supported Greg and me on this wonderful adventure!

## Local Blogs

Check out the 2 blogs we are featuring in this newsletter.



#### What is Pastor Sam Reading

"...to always be reading thoughtful books that help me to understand the world."

https://whatpastorsamisreading.wordpress.com.

## Bloggers Alert!

Are you a local blogger or have a connection to this area? Do you have something you would like to share? Get in touch and we might feature your blog in the next

**New Germany Connections.** 

(Non commercial blogs only please.)

## restless roots

"Join us on our journey to an off grid living in the woods of Nova Scotia and our experiences building our log home, using solar energy and much more."

We started here with a piece of land....

https://restless-roots.com

LUNENBURG REGIONAL Community Recycling Centre

## PILOT MOBILE HOUSEHOLD HAZARDOUS WASTE & ELECTRONICS COLLECTION

Date: Saturday, July 22, 2017, 9:00 am - 12:00 pm Location: New Germany Fresh Mart parking lot, 4988 Highway 10, New Germany.

Drop off <u>residential</u> hazardous wastes from within the Municipality of the District of Lunenburg and unwanted electronics.

Accepted: Gasoline, diesel fuel, motor oil, acids, bases, poisons, herbicides, pesticides, batteries, stains, paints, epoxy, fertilizers, propane tanks, fluorescent tubes, CFL bulbs and items containing mercury. TVs, stereos, cell phones, computers, desktop printers, DVD players and video cameras. No fireworks, flares, ammunition or commercial hazardous wastes.

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## Home Safety

Message from New Germany & Area Helping Hands

The purpose of this message is to act as a friendly reminder for home owners to ensure their homes and surrounding areas are safe for their occupants. As well, sometimes we forget about those who are not residents but it is important to ensure the safety of such people as VON Nurses, Home Care Workers, First Responders and others who may frequent the premises.

While the list can go on, the following are some basic things we should keep in mind: keep toys not in use off the floor, put the broom and dust pan away, don't leave sharp or dangerous items in reach of children, don't leave hot items in reach of children, keep medications in safe places, keep the driveway, walkways and steps leading to your residence free of unwanted items such as rakes, shovels, tools, bicycles and toys. Keep flammable

items such as gasoline and diesel in secure places and don't leave power tools easily accessible when they are not being used. If you only do one thing to make your home safer it is better than not doing anything.

Stay safe this summer.



How about a guided paddle on New Germany Lake & part of the LaHave River north of New Germany? Canoe or kayak.



Meet at the Veterans
Memorial Park Boat Ramp
at north end of the lake
and devote several hours to

a leisurely paddle with Greg Selig & Janis Power.

Bring life jackets.

We will celebrate Canada 150 with our first paddle on **July 1st** starting at 8:00am.

2nd paddle Sat. **August 26th** at 8:00am. Rain dates the next day Sunday.

Check NGAPS website or FB page for updates. Contact Greg with any questions.

gdselig@ns.sympatico.ca

Sponsored in part by New Germany Freshmart and New Germany Shoppers Drug Mart



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### From the Lions Den

~Lion Deb Featherby

Ah, Spring! And a Lions heart turns to fundraising for community needs! And fundraise we did! Our ever popular pork supper was held and we did a Penny Auction, a Merchandise Bingo and our regular Wednesday night Radio Bingo. All these events were a success with many dollars being raised so that we can help people in our communities. In the last three months we have donated nearly \$15,000 to organizations like the New Germany Volunteer Fire Dept. and cystic fibrosis, individuals with health needs, youth activities, dog guides, and the five schools in our area. And we could not have done it without the amazing support from our communities. Thank you.

But Lions travel in prides and we are a social group as well. We managed many visitations to Valley and

South Shore clubs and many of our members have received visitation pins at a recent meeting. We had a large contingent at the Provincial Lions Spring Convention held in Bridgewater and New Germany & Area Lions won the Rose Bowl for the third time! Visitations are a great way to build connections with other clubs and to get new ideas for club activities. New Germany Lions are always ready to welcome new members to the club and we were pleased to induct our newest Lion, Brandon Knell in May. New Germany Lions were also delighted to finally hold an induction ceremony for our Leo club at New Germany Rural High School. This is a great group for young people to join as they work together doing service activities and having fun. We will be having a membership drive soon for the Leo Club Newly inducted officers Leo Mattaya, but students can sign up at any time.



Leo Alanna and Leo Allie with their new Leo banner.



Newly inducted Lion Brandon with his sponsor Lion Carla.

One of our spring activities is our Adopt A Highway clean up. We were a little disappointed at the number of bags of garbage collected (17) plus a tire, boogie board, and toilet tank lid. Eleven Lions cleaned a total of 14 kilometres of roads through New Germany and we know people will be proud of the clean roadsides and will help to keep them that way.

On June 24, the Lions will be hosting the famous LaHave River Duck Race. Starting at the upper bridge, the ducks quack their way down to the lower bridge, where the first duck to cross the finish line will win \$500 for the lucky ticket holder with the same number. Second and third place finishers will receive \$300 and \$100 prizes. A canteen is available at the lower bridge site so you can have your lunch while cheering on your duck and having a great time chatting with friends and neighbours. You can still purchase tickets from Lions Club members or by calling Carla at 902-644-2851. We do e-transfers for ticket purchases if you can't

make it to New Germany or to one of the many venues where tickets are sold.

The Lions Club members are also gearing up for our Canada Day activities. The Children's Parade will be at Rosedale Home again this year - a great venue with parking space and lots of room for spectators. It also gives residents at the Home an opportunity to see the parade. Registration starts at 9:00 and the parade will get underway at 9:30. The theme this year is "Celebrate Canada's Birthday"! Children can dress as an historical figure like a fusilier, or a current celebrity like Sydney Crosby or as a Canadian landmark like a lighthouse. Let your imagination run wild! The Lions will also host the Bean & Salad Supper on Canada Day at the Legion from 4:00-6:00. This is a great supper for only \$10.00 with delicious cakes for dessert. Yum.

We are already planning our next events and are thinking of hosting a Paint Night! If interested, contact Carla at 902-644-2851. For fall events, we'll be starting with the corned beef supper scheduled for the Legion on September 23 and the Pie Project on October 16. You can start ordering your pies at any time by contacting a Lions Club member.

Don't forget to check out our website <a href="http://www.e-clubhouse.org/sites/newgermany">http://www.e-clubhouse.org/sites/newgermany</a>. We are also on Facebook. If you are interested in joining the Lions Club, contact any member and we will be pleased to get you an application form and let you know about the great fun we have doing great service projects.



their highway clean up.

Leo Advisor Lion Deb presenting King Lion Donnie with a Leo sponsor badge for the Lions banner.

## Livewires 4H

~Adrianna Langille

The May general meeting for the Livewires 4-H club was held on May 10. The next general meeting will be held June 14 at 7 pm at the Maplewood/Parkdale Community Hall.

I would like to congratulate all those who participated at the South Shore Rally and speech and demonstration competition: Ryleigh Flemming's speech came in 1st place, Vitoria Penny's demonstration came in 1st place and Abby Foster and Madelyn Simpson's demonstration came in 1st place. They were all eligible to go to 4-H weekend that was held in Truro the first weekend in May.

Different projects have been up to lots of things lately. Scrapbooking have been busy making cards, the woodworking members were busy making a club anniversary sign, crafters have been crafting. Tug of war started on May 18. Some of our members attended the judging clinic on May 13 and it was very helpful.

Our club had a merchandise bingo as a fundraiser on May 17. It was successful and was enjoyed by all who attended.

There was a judging day on May 31 at the exhibition grounds in Bridgewater. This is where members complete the judging aspect of their 4-H year. We are having anniversary celebrations such as a potluck (BBQ) with planting of a red maple tree for our 75th anniversary, so watch for date.

The Livewires 4-H club is selling honey. Anyone wanting to order please contact a Livewire member.

We will be in the Canada Day parade on July 1st in New Germany wearing our new 75th anniversary T-shirts. After the parade we will at the garden party selling ice cream as a fundraiser so come and enjoy a cone of ice cream and support Livewires 4-H club.

### Livewires Celebrates 75 years



We welcome new and past members to come to the general meetings held on the second Wednesday of each month at the Parkdale/Maplewood Community Hall.

## Reconnecting

with Tim Reeves-Horton

In April of this year a dozen people attended a Moss walk and talk in Union Square (see page 3). One of the people attending was Tim Reeves-Horton. He spent some time catching up with the folks and the news from this area. We thought we should catch up with him in this Reconnecting interview.

Your early years were spent in this area. When did you first leave and where did you go? My father was with a bank, so we moved a lot: Charlottetown, New Glasgow, Windsor, Bridgewater and Cookville before I was in Grade 2. I caught my wanderlust early. After New Germany Rural High School, I left for my education degree at Dalhousie University. With no real teaching job prospects, I took an interview with a school division from northern Manitoba recruiting on campus, just to practice interviewing. They offered me a job and seven years later I came back from the north with some unique teaching experience - breakfast program meant bannock, Phys Ed meant trap setting and snowshoes, class trips meant a float plane.

## What encouraged you to return to New Germany? What is your favourite memory from your time at New Germany Elementary School?

I looked all over the South Shore for a house and found a great spot in Watford - complete with amazing neighbours, Burpee and Audrey Wentzell. It just seemed like it was meant to be.

It was a little strange coming back to the place where I went to school to now be a teacher but the good part was, I had lots of connections to help me break into SSRSB; people such as Tom Feindel, Doug Masters, Trudy Johnson.

I taught Grade 6 at New Germany Elementary School from 1990 to 1997. There are too many highlights to list, but it's the extra-curricular activities that I remember most vividly: coaching the sports teams, building the nature trail, drama club, newspaper programs with the Bulletin, becoming a Green School, even keeping an aquarium. We had a kind of show and tell one time where someone showed up with their chicken and someone else with a chainsaw! How do you ever forget that? Plus there were great colleagues there. We did a lot to support each other.

#### You left again, trading in teaching for what new adventures?

I met my partner, Karen, and her daughter, Caitlin, when they were vacationing here from their home in Ontario. I moved to Toronto so we could be together. While there I worked in the Educational Services department at Young Peoples Theatre. I worked as a background extra for a year while I learned about film, TV and video production before joining up with a couple of production companies. I got to work on shows for CBC and National Geographic Channel, along with some video jobs.

#### When did you return to the South Shore?

I came back to the South Shore in 2007. Caitlin was away from home going to university and, although we loved parts of city life, Karen and I really missed Nova Scotia. We lived in a house where every window looked into a window of a neighbouring house. Now we live in a place where we can't even see another house.

And this year, 20 years after I left, I'm back in NGES for the media literacy program I provide in partner-ship with LighthouseNOW Progress Bulletin. It's funny, you'd think being in a significant building from your past would immediately take you back in time but I think a school is different. It's more about the people than the bricks and mortar.

## After some time with LighthouseNow you have started your own company, Picnic Studios. How would you describe Picnic Studios?

Lighthouse Publishing was a great place to work; there was strong team spirit under the leadership of Lynn Hennigar. While working there, I collaborated with Justin Pickens. He inhales technology and is fun to work with. After my time at Lighthouse, it seemed a natural fit to keep producing videos with Justin. We formed Picnic Studios in December of 2015. We have an office on King Street in Bridgewater and have worked all over the province.

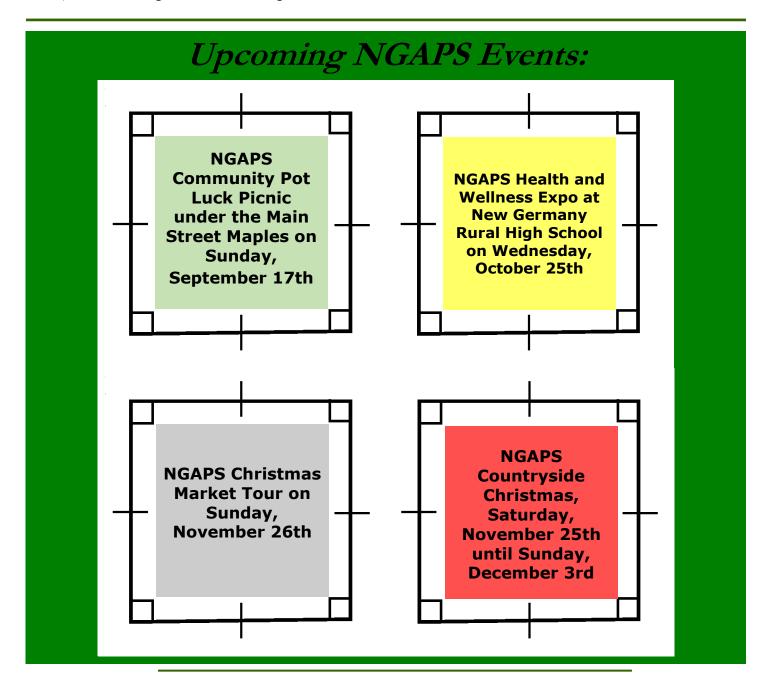


## You also have an interest in moss harvesting. Why an interest in moss? Where do you find the moss and what do you do with it?

Karen and I live in the woods along the Medway River. The more time I can spend in the woods, the happier I seem to be. Building that nature trail in New Germany wasn't a completely altruistic endeavour. I've always been drawn to the moss landscaping of Japan and was seeing it on the rise in the US. I started a company called Medway Moss that partners with the Medway Community Forest Co-op. I go into areas before they are harvested and 'rescue' the moss that will be lost once the trees are gone. I keep the moss in beds on my property and then provide it to landscape companies so it can have a new home. I have a website that tells more about it: <a href="mailto:medwaymoss.com">medwaymoss.com</a>.

#### Any other interests, hobbies, volunteer work you would like to share?

Just like when I was in New Germany, community is still a big part of my life. Here in Port Medway, we are bucking the trend by being a small, rural place that is actually thriving. I get involved by making videos for various groups, helping with our local community organization, playing music at various functions, even washing dishes at Pub Night.



## NGRHS Ottawa and Quebec Trip

~ Joshua and Jacob Foster

If you bought tickets at the Freshmart or Maders Store on baskets or went to a spaghetti supper, participated in a 50/50 draw, you helped students from our school go on this year's Quebec Trip. About 50 students from grades 9, 10 and 11 worked hard at fundraisers to earn money towards our trip.

Finally the day arrived and on April 24th we started out for our first stop which was Ottawa. A lot of us had never been out of the Maritime provinces, let alone travelled on a big tour bus. It took us 18 hours to get to Ottawa. We arrived at Parliament Hill and our tour began.

We had a tour of the Parliament Buildings and the Supreme Court of Canada. We got to visit an art gallery and the National Museum of History as well as the Canadian War Museum. It was all very cool. There was a lot of construction going on but we passed Prime Minister Justin Trudeau's house.

From Ottawa we travelled to Montreal. We visited Mount Royale and the Science Museum. It was awesome to see where the Montreal Canadiens play at the Bell Centre. Jacob got picked on for wearing all

his Toronto Maple Leafs

gear.

We then traveled to Old The buildings Ouebec. were really cool. We visited a Sugar Shack and learned how to use Flower Sticks by a performer with Cirque du Soleil. We also went to a trampoline park. We had lots of fun there.

We left Quebec for home about 9:30 Saturday night and drove straight home to NGRHS. It was an awesome trip and we had a lot of fun. Thanks again to everyone who helped us fundraise for our trip.



### Municipality of the District of Lunenburg



Cathy Moore Councillor - District 5

104 Zwicker Mill Road, PO Box 137, New Germany, NS B0R 1E0 (902) 644-2922 kitcatt@ns.sympatico.ca

**NGAPS** maintains our community website, publishes this newsletter, organizes the New Germany Health & Wellness Expo, Countryside Christmas and other community events. Please consider joining us so we can do even more for our community.

## The 34th Heritage Blueberry Festival

~Barbara Wentzell

The Festival will be held on September 9th this year. The first event was held in 1983 as a German Smorgasbord. The menu consisted of Bonny Crabber, Solomon Gundy, Kartoffelsuppe, sauerkraut salad, Fastnachys, Kuchen, brown bread, baked beans, potato salad, Lunenburg County sausage, Lunenburg County pudding and sauerkraut chocolate cake. The Lunenburg Country sausage and pudding were made by Carroll Snyder. The Solomon Gundy was made by a crew of locals at the Parkdale Maplewood Hall. The Bruckenwasser Rhinelander seven piece band played on stage during the first supper.

While planning the second supper, the organizers were not sure if they could accommodate up to 150 people, but they did it! The Heritage Blueberry Festival now hosts an average of 430-450 annually. The largest number served at the supper was 700, that was on a year Rex Veinot had been presented the Woodlot Owner of the Year Award.

The Heritage Blueberry Festival menu now consists of Lunenburg County sausage made by Wilfred Hull, sauerkraut, smeltz potatoes, hodge podge, sauerkraut salad, Lunenburg pudding, pickles, solomon gundy, bread, blueberry pie, blueberry grunt and vanilla ice cream. During the festival, there are local vendors and demonstrators who sell their crafts and produce. Entertainment takes place in the museum.

Ordering supplies for the supper begins in June. Volunteers and donations are called for in August. It takes 70 - 80 workers to make the day a success. The buildings need to be cleaned and arranged before the day. The work on the meal begins with pie making at the hall. This takes at least five people. On Tuesday before the event, veggies are cut up for the sauerkraut salad and the pork to fry on Wednes-



day. Kitchen work continues until Friday night. On Saturday the work is done in shifts. Monday is the final clean up day.

The Heritage Blueberry Festival is always held on the Saturday after Labour Day and is the main fundraiser for the Parkdale Maplewood Community Museum.

### North Rosedale School Reunion

The North Rosedale annual school reunion will be held on Wednesday August 2nd. There will be a social hour and lunch beginning at noon at New Germany's Riverside Eatery. If you are an alumni of North Rosedale you should plan to attend.

Please contact Florence Wright, North Rosedale School Students Reunion, 902-644-2560 or email florence.bell@ns.sympatico.ca for more info about the reunion. Other committee members are Denton Conrad, Barbara (Conrad) Hebb, Joan (Silver) Demond, David Zwicker and Lloyd Varner.



Committee members 2016





## The Back Page

#### Info about this Newsletter

New Germany Area Promotion Society

New Germany, N.S. BOR 1E0 E-Mail: ng\_cap@ns.sympatico.ca

Phone: (902) 644-2922 Cathy Moore, Chair Greg Selig, Vice Chair

Michelle Greek, Secretary - Treasurer Madelyn Bowers, Newsletter Editor

together entirely by NGAPS volunteers and community supporters. Ads were paid for by advertisers. Please support our local businesses and groups, because without them there would be no publication.

New Germany Connections was put

#### Next Issue:

Will be early September. We would like to hear your story ideas. Please contact us at the address or phone number on this page.

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Send details by email

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#### Volunteer Connections

Is your group or organization looking for new members or volunteers? Send us information about your needs and we will include your request in our newsletter as space permits. You can send your information to NGAPS by mail or email to the address above.

**Information:** You can advertise in this newsletter. We deliver it to all the households and businesses in the New Germany, Barss Corner and Springfield Post Office areas. Single ad sizes vary but can be 1' x 7" or 3.5" x 2" depending upon space and layout. Price per single ad is \$20.00. Multiple ad sizes are available. The revenue from the advertising helps to offset the cost of printing and distributing this newsletter. Thank you to our advertisers for their assistance.

New Germany Connections is also available on the community web site, in colour, with all ads included. Community events and local businesses are listed on the web site for free. Please contact ng\_cap@ns.sympatico.ca

Next issue will be published mid September. Ads are limited so they are offered on a first come, first served basis. Please contact NGAPS at the above addresses to book your space.