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Summer 2014

What is your idea of community? What do you think about the place you live? For many in this area, the annual Canada Day celebration has come to define our community. From its early morning breakfast to evening fireworks, all done primarily by volunteers, it defines the best of our community. Many other summer events and activities make this a great place to live. But we should continue to strive to make our community even better. Get out this summer and get involved!

NGAPS Programs & Events

NGAPS Regular Meeting the first Tuesday of each month @ 7:00pm. Everyone welcome to attend. Check our web page for more details.

Garden Club Regular Meeting at the NGRHS Library the fourth Wednesday of the month @ 7:00pm. During the summer the Garden Club have off site meetings and tours. Please check our community website.

Canoe Day July 5th in partnership with MODL (page 4)

Paddle the LaHave August 2nd (page 22)

Health & Wellness Expo October 30th. See page 21.

Countryside Christmas first week of December (page 20 for details).

Community Events

- June 25 Garden Club
- June 27 NGRHS Graduation
- July 1 Canada Day
- July 5 Canoe Day
- July 8-18 Swim Lessons
- July 8 & 15 Silly Sports
- July 9 Christmas Tea
- July 9 Craft Craze
- July 10 Hike to Garnet's Bluff
- July 15 Glitz & Glamour
- July 20 Ooey Gooye
- Aug 2 Paddle the LaHave
- Aug 13 Groovy Cake Decorating
- Sept 1 Labour Day
- Sept. 6 Blueberry Festival
- Sept. 13 Rural Arts & Life

Free Advertising for Community Groups on NGAPS Community Calendar



New Germany Area Promotion Society (NGAPS) maintains a New Germany Area Website including a Community Calendar page.

Any group or organization in our area can advertise their event on this page at no charge. Please send listings to: ng_cap@ns.sympatico.ca or drop off to Village Glassworks during open hours.

The more listings we have, the more views the page will have and the greater the interest will be in everyone's event. Let's work together.

<http://newgermanycap.ednet.ns.ca>

Also check out our Facebook page!



The mission statement of New Germany Area Promotion Society is "NGAPS will strive to create a sustainable and vibrant community where people and businesses are encouraged to thrive." We will achieve this mission by supporting communications and partnerships both within and outside our community.



Canada Day in New Germany

Program of Events 2014

7:00 - 10:00 am Canada Day Breakfast at St. John's Anglican Church Hall, 5311 Hwy 10, New Germany, featuring bacon, eggs, hash browns, baked beans and toast. Sponsored by St. John's Anglican Church. Adults \$8.00, Children 5-12 \$5.00, Under 5 years free.

9:30 am Children's Parade sponsored by the New Germany & Area Lions Club at the Royal Canadian Legion Grounds. Theme: Video Game Characters. No live animals or motorized vehicles. To pre-register call Pat Wentzell 644-3280. Prizes for all entries.



1:00 pm Canada Day Ox Pull at the rear of the Legion Grounds. Sponsored by Blue Wave Energy. Weigh-ins from 10:00 - noon. For more info contact David Zwicker 644-3020.

2:00 pm Annual Street Parade leaves New Germany Elementary School and proceeds through the village. Judging begins at 1:00 pm. Trophies sponsored by the RBC-Royal Bank, New Germany. To pre-register your entry and class, call Christine Zinck 523-4373.

(Classes include: youth, marching, organizational, novelty, business and antique vehicle.) All entries are welcome.

4:00 pm Garden Party following the parade, train rides, bounce around and concession stands offering curly fries, pizza, donuts, ice cream, cotton candy, glow products and other sought after items @ New Germany Legion Grounds.



5:00 pm Opening Ceremonies including Canada Day birthday cake followed by an evening of live musical entertainment including: Kentucky Blue with Little Buddy, New Found Country, Yesterday, Sharon Rhyno, Merle Daniels Friends, and Ron Muise.

7:00 pm Presentation of plaques to parade finalists.

10:30 pm Display of Fireworks Enjoy one of the largest displays of Canada Day Fireworks in Atlantic Canada. Great viewing from the Garden Party grounds.



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Graduation



Congratulations to all the grads at our local schools.

New Germany Elementary

Grade 6 closing is on June 26th, 6:30 in the gym.

West Northfield Elementary School Grade 6 closing is on June 26th.

New Germany Rural High School celebrates with its Grade 12 graduates on June 27th at 7:00pm in the gym.

Congratulations

The Lieutenant Governor metals recognize two Grade 11 students from each High School in the province for their dedication to academics and positive community involvement. Congratulations to Avery Jenkins and Katherine Porter who represented New Germany Rural High School.

WARESHARE

WELLSPRING CHRISTIAN COMMUNITY OUTREACH



is hosting a free clothing and household items give away on July 1st. from 8:30am - 2:00pm at 11 Fire Hall Rd in New Germany, across from the new Fire Station.



New Germany & Area Lions Club

Serving our communities since 1985

Charlie's Burger

902-644-2400

www.charliespizza.ca



Canada Day Special

Free 2 L Pop with any 16" or 18" "Canadian Classic"

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12 different flavours of hard ice cream.

Slushies

Sundaes

Soft ice cream

Slushie Delights

Banana Splits



Postcards from New Germany

New Germany Area Promotion Society is holding a contest to find the image that best represents our landscape.

The winner will receive a \$100.00 gift certificate from one of our 2014 Newsletter advertisers. Plus, the best picture will be featured on a postcard available throughout the community!

All submissions must be original. *Images must be also from the New Germany and surrounding area.*

To enter, take your photograph to Village Glassworks during business hours, where it can be scanned and returned to you. You can also provide the image on a disk or e-mail an electronic copy to ng_cap@ns.sympatico.ca. If your photograph is chosen as one of our finalists a waiver form needs to be completed.

NGAPS will decide on the finalists before uploading the images to the NGAPS Facebook page, where everyone can vote for their favourites. The photograph with the most Likes will be the winner.

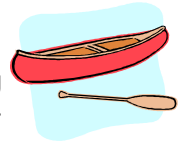
Like New Germany and Area Promotion Society's Facebook page and watch for the best photos. Don't forget to like your favourite!

All entries must be submitted by June 30th; only 6 entries per person.

Canoe Day

NGAPS in partnership with MODL Recreation is sponsoring a canoe course July 5th beginning at 9:00am. This will be a basic course in canoeing. There will be 6 canoes as well as life-jackets and paddles provided, but if you have your own you are encouraged to bring it. Kayakers are also welcome. Please register with MODL or contact Greg Selig 644-2153 for more information.

Join us at Veteran's Memorial Park boat launch & enjoy a paddle on the LaHave River. Rain date July 6th.



Municipality of the District of Lunenburg



Cathy Moore
Councillor - District 7

104 Zwicker Mill Road, PO Box 137, New Germany, NS B0R 1E0
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SALES & SERVICE

Children's Connections

Try out a few simple Summer Fun Activities for little ones...

-Fill a milk carton with water, food colouring and small toys. Freeze it. Remove the milk carton from the block of ice. Let kids chip the toys out of the giant ice cube. Add toys at different increments of time while ice is freezing so they do not all sink to the bottom.

-Use an empty laundry soap container as a bubble refill station. Mix 12 cups of water, 1 cup of dish soap, 1 cup of cornstarch (give or take) and 2 tbsp of baking powder (optional). Keep outside for kids to refill bubbles as needed.

-Send children on a scavenger hunt. Find one thing that begins with every letter of the alphabet. Or make a list of objects to find (rocks, something fuzzy, clovers, yellow flowers, something sticky, something red, a stick, three different leaves, seeds, etc) and send children on their hunt.

-Create puffy paint by mixing shaving cream, glue and food colouring. It dries puffy!

-Make soap sculptures by placing a bar of Ivory soap in the microwave for 30-60 seconds. Add a little bit of water when it comes out of the microwave. Mould it as you would play dough. It hardens within minutes.

Getting to know your local business community...

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Free camp for preteen girls

Girl Talk returns!

The free program for girls 9 to 12 has added a seventh camp to this season's offerings. More camps will be held throughout the South Shore in communities such as New Germany, Bridgewater, Liverpool, Lunenburg, and Gold River/Western Shore.

Participants spend four days bonding with local preteens doing crafts and community building games that encourage everyone to make new friends and have fun with old ones.

The girls and facilitators also discuss important issues including eating disorders, bullying, healthy relationships, and more. The discussions are an important aspect of Girl Talk, given the climate in which young girls grow up, where cyber-bullying and eating disorders have become the norm. Girl Talk allows girls to talk about these issues in a safe, non-judgemental environment. In addition, learning the language of these important topics empowers preteens to look critically at their world.

Last year, participants were treated to sessions on self-defense, yoga, and healthy relationships courtesy of the Sexual Health Centre in Bridgewater. Introducing girls to the organizations and services available to them on the South Shore also gives them the tools they need to thrive as teenagers and woman.

Girl Talk is delivered by Second Story Women's Centre, a women's centre that creates a safe place for women of all ages to reach their full potential. The summer program is supported with generous grants from organizations like The United Way.

Girl Talk will be held in New Germany at New Germany Elementary School, August 11th to 14th. For more information, visit www.secstory.com, email girltalk@eastlink.ca, or call the Girl Talk line at 212-1361.

Interested in Hosting an International Student?

Please Contact:

Carolyn Bolivar-Getson



Homestay Coordinator
South Shore Regional School Board



5105 Hwy. 325 Baker Settlement
Nova Scotia, Canada B4V 7E8
phone: 902 685-2416 / 902 521-0672
fax: 902 685-2616
e-mail: bolivargetson@eastlink.ca
website: www.nsisp.ca

Municipality of the District of Lunenburg



Terry Dorey
Councillor - District 6

4348 Woodstock Road, RR #3, Mahone Bay, N.S. B0J 2E0
Phone: (902) 644-2061 | tdorey@modl.ca
www.modl.ca



VON Foot Clinic



VON hosts a foot clinic at the New Germany Medical Centre every 2nd
Thursday from 9:30am – 4:00pm.

If you would like to book an appointment please call VON at 624-1897.

The fee is \$35 per visit. Please bring your own hand towel.

South Shore Public Library Mobile Library

is at New Germany Freshmart every Tuesday from 3:00p.m. to 6:00p.m. A library card is free and so is using the library.



A Hug From God

~ Alice Wile

It was a dreary, wet Monday afternoon when I sat down with seven enthusiastic ladies of the Lutheran Parish Prayer Shawl Ministry. On this particular Monday they were meeting at the home of Helene Parnell. The atmosphere was warm, welcoming and cozy.

This group got started back in 2011 when Norma Veinot, who had moved to this area from the city, brought with her the idea of starting a knitting group that would provide prayer shawls for anyone in need of a warm Christian hug. Norma, along with Dawn Corkum, Pat Wentzell, Judy Robar, Helene Parnell and Gerelene Varner are the regulars who get together each Monday afternoon to knit, crochet and socialize. On this particular day they were joined by Pat's daughter Lorie who doesn't always join them, but who does contribute to the project. The oldest member of the group is Helene's mother, Gerelene at 88 years young, and all the other ladies call her "Mom". Pat tells us there are several others in the community who contribute to the project by working at home, and by making donations of yarn.

Over the past three years the group has given out 385 items, which were mostly prayer shawls, but also included baby blankets and 30 pair of slippers donated to Ronald McDonald House. Prayer shawls are given to Nursing Homes, the I.W.K, Point Pleasant Lodge, to sick and shut ins, particularly the terminally ill. Helene shared with me numerous 'thank you' cards and notes from recipients of these products of love, expressing the comfort they felt in being wrapped in their shawl. Norma shared several stories of friends who were ill and receiving cancer treatments, and when they put the prayer shawl over their shoulders they felt like God's arms were around them. Prayer shawls have been distributed not only locally, but as far away as the U.S. and the N.W.T.

Each shawl is either knit or crochet by Christian hands and has been blessed by the pastor of the Lutheran church. A card is attached to each one before distribution with the following words: "This shawl was crafted with prayers for your health - body, mind and spirit. As you wear this shawl may you feel the warm embrace of our Heavenly Father."

This project is just one of the many outreach endeavours by our local churches. There is no cost to the recipient of these shawls. It is an act of kindness inspired by the Holy Spirit to bring comfort to those needing some reassurance at a vulnerable time. If you would like to help this group by donating some yarn or lending your talents as a knitter or crocheter, your generosity would be greatly accepted by any of the ladies mentioned above.



Gospel Music Jam
Every Wednesday 7:00-9:00PM
 through October 22
Gospel Music Hall, 5121 Hwy 10,
 New Germany, next to NSLC.
Wheel chair accessible.
 Free admission, coffee, tea
 and popcorn. 



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 Fax 902-543-0187
galowe@bwr.eastlink.ca

District of Lunenburg Recreation Summer 2014



Call 530-3285 www.modl.ca

Kids Workshops (Ages 6-12)

West Northfield Elementary School Soccer

Ages 5-10
Thursdays, June 12- August 14
7:00-8:00pm

Swimming Lessons at Lake William Picnic

Grounds
July 7 – 18
10:00am-6:00pm
Pre-school: Age 6 mths – 5 yr
Red Cross Swim Kids – 5+

Silly Sports (Ages 3-5)

Tuesday, July 8
10:00- 11:30am and
Tuesday, July 15
10:00-11:30am
New Germany Elementary

Craft Craze and Drama Rama

Wednesday, July 9
1:00-4:00pm
Anglican Church Hall, New Germany

Glitz & Glamour

Tuesday, July 15
1:00-4:00pm
Anglican Church Hall, New Germany

Ooey Gooyey

Tuesday, July 29
9:00am-12:00pm
Anglican Church Hall, New Germany

Groovy Cake Decorating and Totally Rad Dance off!

Wednesday, August 13
1:00-4:00pm
Anglican Church Hall, New Germany

Camp Survivor

Ages 7-12
Tues., August 12 – Thurs., August 14
Boy Scout Camp, Lake Mush a Mush

Special Events

FREE
MARC, Dayspring
Ages 3-12
Thursdays
July 3 – August 14
1:00 – 3:30 pm

Bowling, Glow in the Dark Mini Golf & Dartmouth Sportsplex

Ages 6-12
Monday, August 18
8:45 am – 5:45 pm

Village Glassworks

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644-3185
villageglassworks.ca
FB: VillageGlassworksNS



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Other locally created products, including pottery, quilting, pewter, jewellery.

Shop locally for beautiful handcrafted gifts created for the unique people in your life.



On display at Village Glassworks Faces From the Coop

New works by Mary Sims Morey
Opening September 6th and running to September 13th.



**Suzanne
Lohnes-Croft**
MLA Lunenburg

**New Germany Office @
New Germany Legion.**
44 Varner Road,
New Germany

First and third
Tuesday of
each month.
1:00pm to
4:30pm

902-531-3095



Main Street Maples Project 2014

On Sunday May 18th at 2:00pm five people met to discuss how we can make the area along main street New Germany cleaner and more park-like.

Due to financial restraints we agreed to the following as the first phase of the project:

1. All dead branches should be removed from the area.
2. Mowing should then be a priority for the summer.
3. The parking area and access trail up to the TRAIL should be leveled and some shrubs planted to define that access trail!
4. Some plants need to be placed in various spots between the Welcome to New Germany sign and the parking area to add color....like a rock garden!
5. Welcome to New Germany sign is to be replaced and placed higher on the bank. The Olympic Torch Monument is to be incorporated within the new sign and plants added when ready!



We need more ideas, a load of gravel, and some help to level gravel and for mowing. Anything you can do to help will be appreciated. For more info please contact NGAPS at ng_cap@ns.sympatico.ca.



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Encouraging Feedback from Lahave River Trail Association Open Houses

The Lahave River Trail Association, along with our consulting partner Garnet McLaughlin of Cobequid Trail Consulting, and his Associate Thomas Young, has continued to actively work hard towards solving the puzzle of how to connect our two pieces of developed Trail. These pieces of trail are well used and enjoyed by many from near and far who are very much hoping that it won't be long before there will be a chance to reach New Germany/Bridgewater and even Halifax in the not too distant future while enjoying a rural setting for the whole journey.



On May 21st and 22nd the LRTA and Cobequid Trail Consulting hosted two Open Houses. Letters were sent out to landowners in the community, flyers placed in mailboxes, posters put up to advertise the events which were also shared on Facebook and our website, thanks to our volunteers. The format was intended to introduce the project to our communities and a comfortable meet, learn and exchange information was the order of the days.

From these workshops have come several creative, respectful ideas to work with, and have conversations about with landowners.

There were between 60 and 70 people who stopped in to chat and we were all very encouraged by the feedback and the fact that many were pleased to just "hang around". It helped of course that we had coffee, tea and delicious snacks, and our sincere thanks go out to Catherine and Bob Mertens (Pinehurst) and Joanne Kelly and her helpers (Northfield) as well as the LRTA members who took care of the refreshments.

Our goal is to enhance community infrastructure by creating a safe, high quality recreational corridor from Bridgewater to New Germany. Several landowners have provided permission to utilize the abandoned rail line on constructed Trail, providing a beautiful corridor winding along the Lahave River which for many community-spirited reasons, is important, particularly to enhance the already growing desire of people to get out of their cars, off the road and be active, as well as an opportunity to educate ourselves about our area.

Please "like" us on facebook (<https://www.facebook.com/lahaverivertrail>) and share your experiences, photos and constructive thoughts. During June there will be biking activities on the trail so enjoy the trail...whatever your favourite activity is. Our meetings are open to all, every third Wednesday of the month.

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WHYNOT ROAD

Email: ngpnh@msn.com

Congratulations



Congratulations to the volunteers of New Germany who were recognized at the Municipality's Volunteer Appreciation Ceremony in April.

From the left: Foard Robar, Catherine Robar, Joanne Spidle, Michelle Greek, Jennifer Hayward & Debbie Wentzell.

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Contest : Summer's here!

S	H	C	Y	L	O	S	G	O	D	T	O	H	Y	L
A	G	U	T	E	T	G	I	C	E	C	R	E	A	M
T	R	Y	R	D	M	I	N	P	N	E	T	A	U	I
U	E	K	C	C	A	M	P	I	N	G	E	R	N	O
G	S	M	O	R	E	S	D	S	K	N	R	S	U	I
N	T	U	B	E	R	T	Y	X	F	A	T	E	V	G
I	S	U	N	S	C	R	E	E	N	B	Y	L	C	N
L	W	M	B	S	E	R	T	F	O	O	A	A	A	I
L	I	N	E	I	H	W	H	E	I	N	S	S	K	W
E	M	O	W	L	N	I	S	S	T	F	D	D	W	O
K	M	P	S	P	K	G	N	Y	A	I	F	R	E	M
R	I	T	A	I	U	I	B	E	C	R	P	A	R	N
O	N	E	N	T	Y	X	M	U	A	E	L	Y	Q	W
N	G	G	N	I	K	I	B	I	V	J	O	I	V	A
S	K	I	N	N	Y	D	I	P	P	I	N	G	Y	L

Clues

- School's out, it's Summer ___(8)___!
- Coat yourself in ___(9)___ when you are in the ___(8)___.
- Summer is the time to go ___(7)___, where we will make a ___(7)___ and roast marshmallows to make ___(6)___.
- Lakes and beaches are fun for ___(8)___, ___(6)___, ___(11)___, ___(8)___ and, if you are daring, ___(13)___!
- Keep your eyes open for great bargains at ___(9)___.
- ___(8)___ is a cool and yummy summertime treat after a day of ___(6)___ and ___(6)___.
- When the fun is over, the work begins- ___(10)___!

Answers:

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____
11. _____
12. _____
13. _____
14. _____
15. _____
16. _____

Answers for April's contest:

Showers, flowers, drab, world, nature, party, April, youth, winter, skips, time, projects, day, dirt.

Puzzle Maker Wanted

Do you enjoy puzzles? How about creating puzzles? In each issue of New Germany Connections we have been including a custom created puzzle. If you would like to contribute a puzzle for an issue of Connections, please get in touch, contacts on page 23.

Thanks to our guest puzzle maker this issue, Michelle Greek.

Send your answers (to the address on page 23) by August 15th for a chance to win. (We will also accept email entries. Please put "contest" in the subject line.) Only one entry per person please.

Name _____

Community _____

Phone _____

Email _____

May we use your email to contact you about NGAPS events?

Yes___ No___

If you are our winner from which advertiser would you chose your prize?

Do you have any comments about the Newsletter?

Walks @ 6:30 Report

This spring NGAPS sponsored four Walks @ 6:30. We had 25 walkers and 11 dogs over the four evenings. There were two new routes this year, both were well received. NGAPS will again sponsor walks this fall if there is interest. Watch for info in the next newsletter or check the community website. If you have a suggestion for an evening walk please get in touch.



New Germany Recycling Depot

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No Bottles or Electronics please.

NGAPS Meeting

NGAPS holds our regular monthly meetings the first Tuesday of the month @ 7:00pm. Everyone with an interest in our community is welcome to join.

Please check website for location or call 644-2922 for more information.



Cathy's Beauty Salon

104 Zwicker Mill Road,
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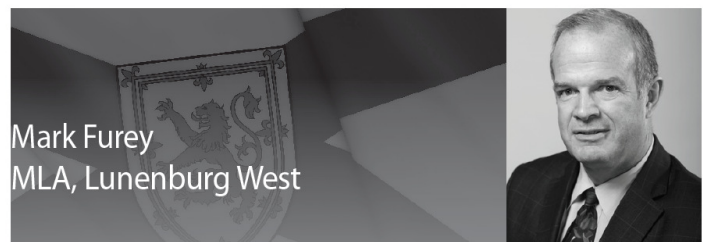
PHONE: (902) 521-4321

New Germany Garden Club

The New Germany Garden Club met on May 28th at the New Germany Rural High School library. We were delighted to host guest speaker Megan Crawley from the Mersey Tobeatic Research Institute. She gave us an excellent presentation on Monarch butterflies. This included photographs, technical data and maps. It's difficult to imagine that the tiny, gossamer winged orange and black creature that is floating on the breeze in the garden successfully manages a journey of thousands of kilometers to winter grounds in one particular forest in the mountains of Mexico. There they over winter and breed before making that same incredible journey again to return to our gardens and lay their eggs on one special plant- and only that plant. They must have milkweed plants for the young to hatch and feed on. The Research Institute has created butterfly kits (available to the public for \$10.00) to help scientists collect information about the Monarchs. These kits include two swamp milkweed plants for the garden. For more information go to <http://www.merseytobeatic.ca>.

The Garden Club will soon be planting up the planters around New Germany. It's not so long ago that we were snow gardening and concerned that Spring might never arrive. Now it would seem plants are making up for lost time. I measured a peony one day just because I could not believe my own eyes. Between morning and evening it grew 18". I call that a busy plant!

Nature seems to be carrying a heavy load and we gardeners can play a small part to help by gardening organically. Products that kill often miss the target insect and have unintended consequences. They cost money, don't deliver results and sometimes increase the problem. Most concerning they may be a health hazard to our species or others -furred, finned, feathered, amphibian or buzzing. (I know-I know-'sigh' we do have to think about them 'though I'm not voluntarily donating any blood to the cause.) Use bug shirts and happy Gardening!
~ Donna Finck



Mark Furey
MLA, Lunenburg West

425 King Street
Bridgewater, NS, B4V 1B1
Phone: 530-3883
markfurey.mla@eastlink.ca

WORKPLACE SAFETY TRAINING



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If there is specific training you require and you do not see it on my list, please contact me and I will try to access this for you.

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The Parkdale-Maplewood Community Museum

is now open for the season. Our June hours are Monday-Friday, 9am – 5pm. July and August, Monday-Saturday. Sundays by appointment.

This is "School Visit" Season at the museum. We have various school groups taking part in our popular "hands on" program which can include quilting, butter and applesauce making, tinsmithing, old time games, card and candle making and doing the scavenger hunt. We have a wonderful crew of volunteers who make the school program possible.

We have a genealogy and research centre, tickle trunk for the children and many interesting exhibits in our main Exhibit Hall and Maccabee Lodge Hall. Our Christmas Tree Growers Exhibit is pretty popular and our Celebrating 60 Years Exhibit has been continued this year.



Come and enjoy our "Christmas in July Tea", July 9th from 11:30 – 1:30pm. Shop in our Aunt Dinah's Gift Shop which has local crafts, new & used books and snacks.

We have our Heritage Blueberry Festival on September 6th from 12:30 – 5:30pm. Come and enjoy a meal of Lunenburg County sausage & sauerkraut, pudding, solomon gundy, smeltz potatoes, hodge podge, sauerkraut salad, blueberry pie and blueberry grunt. We have local entertainers and demonstrators on hand that day for your enjoyment.

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Insider Info on the Neighbours

Beavers are part of our neighbourhoods. A few years ago they were the reason for the closure of the road in Maplewood and in 2011 they were very busy on the lower end of the New Germany/ Caledonia Trail. Maybe it is important to get to know them better.

Beavers are native North Americans. They have lived on this land for hundreds of thousands of years. They are key players in the natural environment and, next to humans, no other animal does more to shape its landscape. Sometimes, if we are very lucky, they are our near neighbours.

Such is the case for a couple in the Hemford area. These folks have shared the woods with the beavers for many years and have some great stories to tell. Here is a little bit of beaver background information.

Beavers are mammals in the rodent family. Adults weigh 40 to 50 lbs. making them the second largest rodents in the world. They are excellent swimmers using their back webbed feet to move and front paws to carry mud and sticks. They are vegetarians eating the leaves and bark of maple, birch, alder, and other hardwoods. They prefer the younger wood of saplings but will cut down large trees to get the tender branches and the larger logs to build with. Beavers waste nothing. Once the bark is enjoyed the left-overs are used to construct dams and homes called lodges. (Imagine - you or I finish a delicious steak and save the bones to construct an addition on the house.) It's easy to mistake the beavers cutting down of trees as destructive. Those trees are the groceries for the family and the construction material for multiple dams that will control the water. Beaver dams conserve soil by slowing down water. When water slows the fine rich particles of soil settle to the bottom storing it there for later.

Beaver families are complex. The family unit is called a colony. A female and a male mate for life and both work together to raise the kits (newborn beavers). Kits are born in the Spring and spend the first month in the lodge with their mom. When they are old enough to get outside they are sometimes looked after by older yearlings or other family members. Like every little one they like to play. The human neighbours have watched the kits playing King-of-the-Castle. One guy up on a log and the other ones try to knock him off and become 'King'. Little beavers get to play all the time but as they get older they begin to have 'chores' to do. They work along side older family members. This is how young beavers learn skills they will need later.



A lodge will have one mated pair plus up to ten other family members. There is always something to be done. Beavers are busy with dams, keeping them tight if water levels are low or opening up dams if water levels are high. New dams are constructed up stream of older dams, lodges are built and food is stored to be used later. The work is shared between all of the colony. One beaver may be cutting a tree into lengths while another will be chewing off limbs, while someone else is hauling a log to the water and swimming it over to another crew that is installing it into the dam. They work at night, they work together and they complete some remarkable construction projects.

As the population of the colony increases there is pressure upon two and three year olds to leave. It may be that they don't want to work for parents and the group and want to try life on their own or maybe the opposite is true and they are forced to leave as there simply is not enough room for them. It's anyone's guess. These youngsters are entirely alone. They have a lot of learning to do. They are no longer sharing tasks with a large group and doing things the way they are being told to do them. It's scramble for food, scramble for safety and it's shelter in a small mud hole on the river bank. Every once in a while we humans will spot a single beaver off on his own and we call them Bank Beaver. It may well be that in time they will mate, have a family and start a new beaver colony of their own.



To say that this amazing and fascinating creature is responsible for the physical structure of the continent is not an exaggeration yet I would be none the wiser about beaver life if not for the stories gathered over the years by the human neighbours. Thank you for sharing these with me.

~ Donna Finck

Move over blueberries: it's time to meet the haskap

You might have heard of this fruit called the haskap berry and wondered what the heck it is. Maybe you've hit up Google to find out what it's all about.

Local farms on the South Shore, including one here in the New Germany area, have started cultivating this seemingly new berry.

However, like so many new foods, it is something that has been harvested for a long time. It has been around for centuries in Russia and Japan. Seeds were first introduced to Canada in the 1920s, but is becoming more well-known today in the era of superfoods (food thought to possess powerful health benefits).

The haskap berry comes from an edible honeysuckle shrub. Although it is the colour of blueberries, its taste has been likened to numerous other berries including raspberries and currants. The dried ones taste similar to cranberries.

Regardless of what it can be compared to, it is a tart berry with a burst of flavour that can be used for jams, muffins, and more. Haskap berries are rich in Vitamin A and C as well as antioxidants, substances that promote good health and protect against heart disease and cancer. Research suggests it may have more antioxidants than wild blueberries and strawberries, making it a good choice for one of the many fruits you're supposed to eat daily.

The plants are relatively new to the South Shore, where wild blueberries as well as cultivated farms are quite common. Haskap plants are now available at nurseries so you too can start taking advantage of this healthful berry.

Be forewarned, though, that it takes about 5 years for a shrub to reach maturity. It could take a lot of waiting before you begin eating your own haskap berries.

~ Julie Veinot



Haskap courtesy of Wikipedia

Volunteer Connections

Is your group or organization looking for new members or volunteers? Send us information about your needs and we will include your request in our Newsletter as space permits. A short outline of your organization's goals, the type of volunteer you are looking for, the time commitment and contacts should be included.

You can send your information to NGAPS by mail or email to the address on page 23.

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New Germany Area Promotion Society

maintains our community website, publishes this Newsletter, organizes the New Germany Health & Wellness Expo, the Spring & Fall Walks and other community events. Please consider joining us so we can do even more for our community!



NGAPS - Mystery Solved!

New Germany Area Promotion Society

If you are anything like the majority of our local population, you are wondering "What is a NGAPS? What do they do?" We have the inside scoop for you, we can fill you in on all of those wonderful details!

NGAPS stands for New Germany Area Promotion Society. Our mission, as it appears on the front page of every publication of New Germany Connections is "NGAPS will strive to create a sustainable and vibrant community where people and businesses are encouraged to thrive." We are a group of community volunteers who have a similar goal to ensure the community continues to grow and prosper. We are a non-profit society, designed to promote our exciting community while supporting local events, partnerships, relations and businesses. We create community connections and a positive community spirit. We want to continue to live and raise our families in the best place on earth!

NGAPS generally meets at 7pm on the first Tuesday of every month at 104 Zwicker Mill Road. New members are always welcome - come once to check us out, come often if you like what you see! NGAPS is working on a handful of current projects to promote our beautiful area. We are creating lapel pins for special events and ceremonies. We are holding a photo contest where the winning photographs will be honoured by becoming printed on postcards to represent our area. We are planning a week long Christmas Festival, Countryside Christmas, for this December. Within the Countryside Christmas festival, we are making preparations to hold Christmas House Tours. Another new big role we are beginning to take on is to beautify Main Street in New Germany. The Garden Club takes on the responsibility of ensuring our planters are always looking seasonably bright.

We have ongoing projects that we work on to provide valuable community information to our residents and visitors, and to strengthen our community character. One of our most vital ways we relay details about community events, happenings, volunteer opportunities and non-profit organizations is through our website, newgermanycap.ednet.ns.ca. You can find plenty of local news on our Facebook page, just search for New Germany Area Promotion Society. There are five publications of New Germany Connections every year- February, April, June, September and November. You can find all of the past issues in colour, on our website. Newsletters are delivered via the flyer delivery or available for pick up at many local businesses; in total, printed editions of New Germany Connections reach almost 2900 readers every issue!

There are a few other events NGAPS hosts for our community, such as the annual Health and Wellness Expo, held every October at NGRHS. We have hosted community Meet and Greets for newcomers to our beautiful area. Every spring and fall, we organize four, one-hour community walks. At Christmas time, we light the Christmas tree, have a carol sing and snack on Christmas goodies. There is always something that we are working on for our area.

Who is NGAPS?

Introducing NGAPS's chair, Cathy Moore. Cathy has been part of the NGAPS since its reestablishment as a society. She is the Municipal Councillor of District 7 since 2004. Cathy owns and operates Cathy's Beauty Salon in her home on the Zwicker Mill Rd New Germany. She has one grown daughter, Vicki. Cathy's smiling face is always around our community events.

Introducing NGAPS's vice-chair, Greg Selig. Greg is a retired teacher living in New Germany. His family arrived here in 1972 and have made the area home since then. He has proudly raised four beautiful daughters here. Greg has gotten to know a lot of people in the area and has enjoyed working with them and for our community since he arrived! Greg is a very well respected community member, who is always eager to give a helping hand.

Introducing NGAPS's treasurer, Madelyn Bowers. Madelyn has been a member of NGAPS since the beginning in 1994, and is the unofficial historian of the group as well as Newsletter editor. Madelyn and husband Peter raised three daughters in New Germany. As an owner of a small business, Village Glassworks (1983), she knows the importance of community. This is her motivation for being part of NGAPS, a desire to live and work in a place where a sense of community is held in people's hearts.

Introducing NGAPS's secretary, Michelle Greek. Michelle moved to New Germany with her husband, Jason in 2011 and has two daughters Leah (3) and Alexandra (2). Michelle has been volunteering with NGAPS since 2012, and other local organizations for the past 15 years. Michelle works at Hillside Pines for the nursing and recreation teams. She also is an Educational Consultant with Discovery Toys. Michelle loves having fun, playing with her daughters and travelling.

Introducing NGAPS's Member at Large, Jennifer Hayward. Jennifer lives in New Canada with her husband Granville and their two daughters Madison (10) and Allison (7). Jennifer was born and raised in Stanley Section, just 1 km from where she currently lives. She has been a member of the New Germany Area Promotion Society since 2007. She is also the President of the NGES Home & School Association. Jennifer loves volunteering in our community and feels very blessed to be able to raise her children here.

Introducing NGAPS's volunteer, Janis Power. Janis moved to New Germany in 2004. She has two grown daughters who are graduates of NGRHS and currently work in the province, one in Health Care, the other at a Design Firm in Halifax. Janis is a MSVU graduate and today enjoys physical activity, gardening, camping, and being creative with glass, painting and wood. Janis makes us proud by representing New Germany at many marathons, within Nova Scotia and beyond. One of her many jobs with NGAPS is proofreading this newsletter.

Introducing NGAPS's newest volunteer, Julie Veinot. Julie is a substitute teacher and writer who was born and raised in the New Germany area, only leaving long enough to do her post secondary education at Holland College and Acadia University. She has dabbled in journalism, radio marketing, and administrative work, but her favourite thing is sharing her love of writing and reading. We are very pleased to have Julie bring her creative flair to NGAPS.

~Michelle Greek



Meet & Greet 2013



Health & Wellness Expo 2013



Health & Wellness Expo 2011



Mayorality Debate 2008



Christmas Open House 2011



Spring Walk 2012



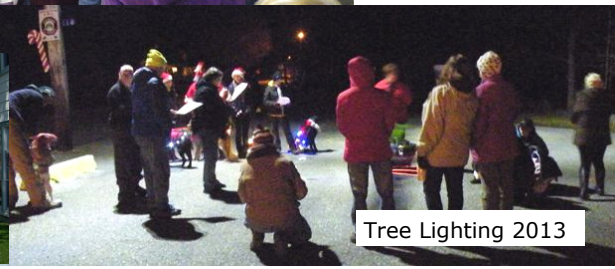
Fall Walk 2013



Literary Night 2013



Farm Market 2008



Tree Lighting 2013

RURAL ARTS & LIFE TOUR

~ by Jan Hull

"Greetings, neighbours."

I've been saying those words a lot lately, mostly to my neighbours on the many-named road from Blockhouse to Parkdale, aka the New Germany "suburbs".

We've devised a new event here, the **Rural Arts & Life Tour**. It's set for all day **Saturday, September 13, 2014**. Our purpose is "to celebrate the quality of life and work we enjoy in our lovely communities".

You see, we've identified some forty enterprises, artisans, farms and artists along our twisty, turny, scenic country road. Forty! In 40 kilometers!

Sure, some of us are small potatoes (figuratively), but here's the thing: when folk fasten their seatbelts in the family sedan and embark on a day-trip on the inland side of Hwy 103, small potatoes may be just what they want to see. To quote a famous CBC show, "We're not big, but we're small!"

We have a winery and an award-winning museum, as you know. Also a paddle maker who ships internationally. And a river falls park. And delicious maple syrup. And a rock quarry building great things. And a fine furniture maker. And a Mi'kmaq artist. And farm animals and produce. And a wood carver. A birdhouse maker. A stone sculptor. A gas-powered bicycle fabricator. A heritage church. A campground....and much more.

On Tour Day, September 13, our resident enterprises will offer things to do, to buy, to learn, to see and to eat.

Did you know all this was here? We didn't, really, until we started asking and listing. Now we want to invite the world - starting with you, our closest neighbours - to see the variety of things we do and where we do it.

Please visit our website: www.ruralartsandlifetour.com for details or to contact us, and check back right up to Tour Day to see who has signed up as exhibitors.

And on September 13, we hope you'll fasten your own seatbelts and come on over so we can say "Greetings, neighbour!"

Jan Hull is a member of the RA< 2014 Steering Committee

Countryside Christmas & Christmas House Tours

Is it too early to think about Christmas 2014?

We are really making plans!

Mark the first week of December 2014 on your calendar. We are celebrating a **Countryside Christmas** in the New Germany area.

We are gathering a group of like-minded community organizations and beginning to plan for a week long celebration in our area, **Countryside Christmas**. We would like your group or business to get involved. We already have a number of events in the works, but are on the hunt for more to make this a great celebration. If you would like more information please contact Cathy (644-2922) or Michelle (644-2303). We will be holding an organizing meeting on July 9th, 7:00pm at 104 Zwicker Mill Road. Please attend with your ideas.

NGAPS, as part of the new Countryside Christmas, will be hosting **Christmas House Tours**. If you are interested in hosting a tour at your home or helping with this event, please contact Cathy @ 644-2922.

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From the Lions Den

Chase the Ace - why YOU should Play

The New Germany and Area Lions Club and the Royal Canadian Legion Branch 102 are two community organizations that benefit all of us. The Lions support the young and not-so-young (schools, medical aids, house fires, Canada Day). We all benefit from the use of the Legion hall where most large community functions are held. Both groups have a lot of operational expenses and need to fund raise in order to continue to provide service.

Chase the Ace is a growing lottery that is being played in communities all around the province. With the support of the local community, the Ace can grow to a very large pot. The community of Noel gave away \$220,000 last year and Havre Boucher now has a pot worth \$187,000 with 21 cards remaining in the draw. Havre Boucher has 311 residents.

How does it work? Starting at 7:00 pm on Thursday night, you drop by The Royal Canadian Legion, in New Germany and purchase a ticket. Tickets are sold at \$1. a ticket or 5 for \$5 a strip! At 8:00 pm a ticket is drawn. If your number is drawn, you win 30% of the pot. The winner then gets to pick a card from the original deck of 52 cards. If they draw the Ace of spades they also win the building jackpot of 30% along with the 30%. If the Ace of spades is not drawn that week, that card is discarded, and that 30% will roll into the following draw, the pot will grow each week until the Ace of Spades is drawn! The bar is open; there are games to play. Play Bingo upstairs and hold tickets for downstairs. Drop by to socialize.

If you cannot be there, send a few dollars with a friend and have them hold your tickets. Have friends and relatives from away invest in the lottery. The more tickets that are sold, the larger the Ace will grow. For each dollar spent, 15% goes toward the Legion and 25% goes to the Lions = 40% that will be reinvested in your community.

Read this newsletter in colour on the web @ <http://newgermany.ca/ednet.ns.ca> Also available at New Germany Freshmart, Mader's Clover Farm Supermarket, Village Glassworks, Bordens in the Woods, Tammy's Country Stop and other locations.



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**New Germany
Health & Wellness Expo**

NGAPS sponsored Health & Wellness Expo returns to New Germany Rural High School gymnasium on Thursday October 30th
1:00 to 6:00pm.

Plan to join us for our fourth health and lifestyle event held in our community. This is a free event and everyone is welcome to attend.

If you are interested in reserving a booth (maximum 50 spots) or for more information please contact Greg Selig @ 644-2153 or by email gdselig@ns.sympatico.ca

Canoe with Greg

Join us for a morning paddle on the LaHave River.



Meet at the Veteran's Memorial Park Boat Ramp, Highway 10 @ 8:00am

Saturday August 2nd.



Bring your canoe or kayak and Greg will lead us on an exploration of the river to the train bridge.

Everyone welcome.

Email ng_cap@ns.sympatico.ca with any questions.



Rosedale Home

Open House Celebrates 30 Years for Rosedale Home for Special Care.

On May 7, 1984 Rosedale welcomed its first resident to the home for special care in New Germany. Michelle Joudrey, Susan Walsh,

Crystal Leary and Avan Joudrey were among staff that greeted those first residents to the then 29 bed facility. The last 30 years have flown by for these four staffers who have worked at the Home for Special Care for its entire existence. They say it has been an honour to have cared for each and every person who have called Rosedale home.

While there have been many changes at the facility over the years one of the biggest changes includes a 10 bed expansion in 2011. The 39 bed home runs to capacity. A volunteer board of directors oversees the home's operations; a number of them were in attendance at the open house held May 7, 2014. While Valerie Veinot, administrator, extended a welcome to guests, board chairman, Arthur Jensen, commented, "We're celebrating 30 years of Rosedale's existence. It's a community thing where the majority of residents are from the surrounding area. It's home for them and not only for the residents it's for their loved ones who are at home as well. They don't have to travel long distances to meet with their partner, they're right in the community. It (Rosedale) serves our community, it's the residents, it's the families, it's the staff, everybody."

Ms. Leary, the home's program director addressed residents, fellow staff and guests. "We share a myriad of stories that begin with 'remember when'; reminiscing about individuals who lived here and those who once worked here. We speak of being a family and just like any family we have been through a lot. There have been good times, there have been some not so good, and together we have come through a number of tragedies. Together we survive and together strive to keep Rosedale a great place to live and work."

Ms. Leary went on to say, "In 30 years one thing remains unchanged and that is our commitment to those we serve. Since 1984 we have provided a home away from home for 403 individuals. And whether their stay was for 15 years or mere days, each and every person we consider part of our Rosedale family. Rosedale boasts a reputation that is second to none and it is all thanks to every staff member that works here today and to all those of the past."

"A lot of people go to work every day," Mr. Joudrey said. "We go to Rosedale."



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The Almost Back Page

Info about this Newsletter

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Phone: (902) 644-2922



This Newsletter was put together entirely by NGAPS volunteers. Ads were paid for by the advertiser. Please support our local businesses, because without them there would be no publication.

Next Issue:

Will be early September 2014. We would like to hear your story ideas. Please contact us at the address or phone number on this page.

Thanks for entering our contest!

In the April issue of the Newsletter, we gave you the chance to win a \$20.00 gift card from any one of our advertisers - your choice.

The draw was made and the winner was Janice Greer. She chose a Gift Card from Freshmart. Congratulations

Enter our contest on page 12 and send your answer to the address above. You may be our next winner!

Reconnecting...

In our June 2013 issue of Connections we started a new feature where we catch up with former residents of this area.

Do you know someone we might feature? Please get in touch (contact information above).

NGAPS publishes New Germany Connections 5 times a year - mid February, mid April, mid June, early September and early November. Watch for yours with your flyers. It is also available in colour on our web site or can be picked up at New Germany Freshmart, Mader's Clover Farm Supermarket, Village Glassworks and many other places in our area.



New Germany Area Website and Facebook too!

Check out our community website for information about the events in our area.

Listings of community events and local business are **FREE**. Please email ng_cap@ns.sympatico.ca. We are always looking for updates. If you see that something has changed, send us that too. Thanks for the support.

<http://newgermanycap.ednet.ns.ca>

And we have a Facebook page. Visit us for up to date details of NGAPS and other area events.

Advertising Information: You can advertise in this newsletter. We deliver it to all the households and businesses in the New Germany, Barss Corner and Springfield Post Office areas. Single ad sizes vary but can be 1' x 7" or 3.5" x 2" depending upon space and layout. Price per single ad is \$20.00. Multiple ad sizes are available. The revenue from the advertising helps to offset the cost of printing and distributing this Newsletter. Thank you to our advertisers for their assistance.

New Germany Connections is also available on the community web site, in colour, with all ads included. **Community events and local businesses are listed on the web site for free.** Please contact ng_cap@ns.sympatico.ca Next issue to be published early September. Ads are limited so they are offered on a first come, first served basis. Please contact NGAPS at the above addresses to book your space.

The Get Up and Go

a Q&A with folks who are making it happen

My inaugural chat is with Janis Power, who brought home a BQ from the Scotiabank Ottawa Marathon on May 25th What the heck's a BQ?

"BQ" stands for Boston Qualifier. Because the Boston Marathon is the oldest and one of the most prestigious races in the world, you have to run a qualifying time in order to get in. They have to set these qualifying times because they have to cap the number of people they let in. If everyone who wanted to run Boston was allowed to register, there won't be room. It would take days for all of them to get through the start gates!

When did you first feel like a runner?

I've been running for as long as I can remember so I guess I've always felt like a runner. I ran races in school, but my first race as an adult wasn't until 2010. That year I ran my first Half-Marathon (21.1kms) at the Bluenose Marathon in Halifax.

If running was unavailable...?

I would have to adjust, but it would be very difficult. I love running and I always have. I enjoy being active in general, but nothing is the same to me as running. It is my passion.

Dream running destination (besides Boston)?

Boston really is the big one for me. As long as I can keep running I really don't care where it is.

Best post-run meal?

I find eating after a long or hard run difficult. I do drink lots afterwards and because protein and carbs are important after a run I usually have a protein shake with a frozen banana and some other fruit mixed in. There's nothing better than a cold drink! My next meal is usually within the next 90 minutes and that would include the rest of the carbs that I need and more protein. I don't really have a favorite meal, just whatever is on the menu for the day. Prepared by Chef Greg!

Best local run?

That's a tough question because I like them all. I enjoy the Bluenose Marathon. It's the first one I ever ran. I also like the Valley Harvest. It's in October, so a nice time of year to run. It's usually the last one of the year for me too.

Tunes or no tunes while running?

Gotta have my tunes when I run! I have a combination of country, pop and rock on my playlist. Alan Jackson's "Chattahoochee" has been there since my first race. I kept replaying it during the last half of the race. I think it got me to the finish line! Some others are "Hey Mickey"- Toni Basil, "Break My Stride"- Matthew Wilder, and the theme song from Rocky.

Advice for newbies?

Don't give up before you really get started! It's tough at first, but it doesn't stay tough. You work hard to achieve those first few kms. It stays hard for a bit and then it suddenly feels a little easy. Then you add a little more and go a little farther. That little bit extra is hard for a short time, but then it gets easier. You continue like this until you are running distances you never thought you could. This is what inspires you to keep going and what you grow to love. When you run your first race, you will feel a sense of achievement that you have never felt before! Awesome and amazing!

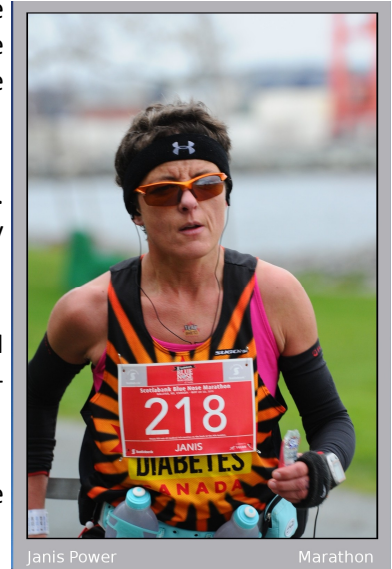
What comes after Boston?

An ultra, 50km, in the Fall. That will either be this year before I go to Boston or I may decide to wait and do it next year.

One last question. Is the runner's high as great as they say?

Oh yes! It absolutely is! That's why I keep running, and running, and running. Kind of like Forrest Gump. "I just wanna run!"

~Janis was interviewed by Alison Smith



Janis Power

Marathon