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*Winter 2017*

As we pass the midpoint of winter, bustle around this area continues. From renovations at the former Guppies restaurant to construction at DeLong Farms there is much to watch, keep track of and to speculate about. And the activities and events continue with such things as Pickleball and, weather permitting, snowshoe hikes.

We have had some snow but also the rain has come and filled the river again, a welcome sight. The community meets over breakfasts at various halls (thank you volunteers!), in the grocery stores and on the trails. We talk, we plan, we consider the past and look to the future.

Even in the winter there is change, there is movement and evolution in our community. Please stay involved.

*NGAPS Programs & Events*

**NGAPS Regular Meeting** the first Tuesday of each month. Everyone is welcome to attend. Check our web page for more details.

**NGAPS AGM** April 4 @6:30pm

**Community Events**

- Feb 11 Breakfast Legion
- Feb 14 Valentine's Day
- Feb 18/19 Ice Fishing
- Feb 20 Snowshoe Hike @RRC
- Mar 3 Soup Kitchen
- Mar 4 Breakfast Pinehurst
- Mar 7 NGAPS meeting
- Mar 10 Soup Kitchen
- Mar 11 Breakfast P/M
- Mar 13-17 March Break
- Mar 17 Soup Kitchen
- Mar 17 St. Patrick's Day
- Mar 24 Soup Kitchen
- Mar 31 Soup Kitchen
- Apr 4 NGAPS AGM
- Apr 6 Pap Clinic
- Apr 7 Soup Kitchen

Are you a Community Group or Organization in our area? Share your events, fundraisers or special occasions with us!

We will add it to our Community Calendar page.  
We will put it on our Facebook page.  
We will promote for and with you!

Any group or organization in our area can advertise their event on our sites at no charge. Please send listings to:  
ng\_cap@ns.sympatico.ca, our FB page or  
drop off at Village Glassworks during open hours.

[newgermanycap.ednet.ns.ca](http://newgermanycap.ednet.ns.ca)

Check out our Facebook page!  
Follow us on Twitter!




The mission statement of New Germany Area Promotion Society is: "NGAPS will strive to create a sustainable and vibrant community where people and businesses are encouraged to thrive." We will achieve this mission by supporting communications and partnerships both within and outside our community.

# Breakfast Program Donations

As part of Countryside Christmas 2016 NGAPS organized our second Christmas House Tours. Three generous homeowners and two shops welcomed people into their beautifully decorated spaces. The profits from this event were divided among the breakfast programs at New Germany Elementary School and New Germany Rural High School. The Golden Girls Bible Study Group also contributed to this donation.



Allison Hayward and Leah Greek present principal Angela Gladwin with a cheque from NGAPS



NGAPS Vice Chair Greg Selig presents the donation to Principal Beth Collins



## BEGINNER FLY CASTING SCHOOL

Sponsored by the LaHave River Salmon Association

**TUESDAYS EVENINGS FROM 7-9PM**  
**Courses Start on:**

**February 7 for 4 weeks**  
**March 7 for 4 weeks**

For Adults and Children 13 & older

**BRIDGEWATER BAPTIST CHURCH**  
Glen Allen Drive

Registration- \$35 for a 4 Week Rotation

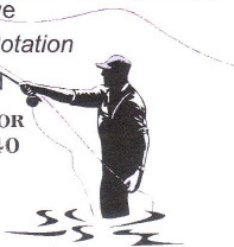
All Necessary Equipment provided

**BUCKY DEVINE**    **GEORGE TAYLOR**  
902-543-5387    902-527-2140

[redevine@ns.sympatico.ca](mailto:redevine@ns.sympatico.ca)

[davmat@eastlink.ca](mailto:davmat@eastlink.ca)

For further information please contact Bucky or George at the above numbers



## Village Glassworks

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New Germany  
902-644-3185  
villageglassworks.ca  
FB: VillageGlassworksNS



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# New Germany Elementary School Early Years Centre

## Early Learning Program



Registration for the Early Learning Program's September 2017 cohort is open and ready to roll at the main office at New Germany Elementary.

### Important Information

- Children who are four years old on or before December 31, 2017 are eligible for this program.
- Your family must reside in the New Germany Elementary catchment area.
- We require the child's birth certificate and up to date provincial health card to be brought to the school when you come to complete the registration forms.
- The child does not need to accompany you when you come to fill out the registration forms

- There is no fee for this program.

For more information, please contact the office at New Germany Elementary School.

Phone: (902) 644-5020

Email: [nges@ssrsb.ca](mailto:nges@ssrsb.ca)

Visit our website [ngelc6.wixsite.com](http://ngelc6.wixsite.com) for updates, ideas, and information. You will find links to our Facebook and Twitter on the Contact Us tab.



### Featherby Pro Tax Services



For a full range of personal and small business income tax services

905-521-7791

[dfeatherby@ns.sympatico.ca](mailto:dfeatherby@ns.sympatico.ca)

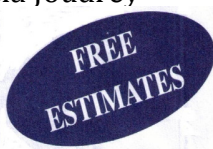
Office hours available in Lunenburg, Bridgewater & New Germany

### If you're thinking home Renovations or Improvements, call us first!

- renovations • additions • roofing
- siding • interior • exterior

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Phone 902-543-8288

Fax: 902-543-8032 Cell 902-529-2501

### Lorraine's Beauty Salon

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Stanley Section, New Germany



#### Family Hair Care

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South Shore—St. Margaret's

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☎ 902-527-5655 ☎ Toll Free 1-888-816-4446  
✉ [bernadette.jordan@parl.gc.ca](mailto:bernadette.jordan@parl.gc.ca)

## More Post Offices of our Area

From Lunenburg County philatelist C Lloyd Tancock's collection.

There will be a display of Mr. Tancock's collection at the **Desbrisay Museum** in Bridgewater **March 8th to April 20th inclusive**, including these cancellations and others from our county.

If you have any details about any Lunenburg County Post Office he would like to hear from you. You can contact us (last page) or Lloyd at stampguy48@hotmail.com or (902)543-9110.

### Simpson Corner

On Highway 208, between Hemford and New Germany, 6 kilometers west of New Germany, it was likely named for an early settler. It was initially called Ohio but was changed to avoid confusion with places of the same name in Shelburne and Yarmouth countries.

A Post Office was set up here on September 1, 1903. It closed briefly for four months on June 20, 1942 then remained open until finally closing on November 2, 1953. The first postmaster was James N. Hyson, succeeded by five other individuals,



the last being Mrs. Ida May Hyson

### Hemford

On Highway 208, six kilometers southwest of New Germany, some early grantees of land tracts in this area were settlers by the names of Solomon, Veinot and Rhodenizer.

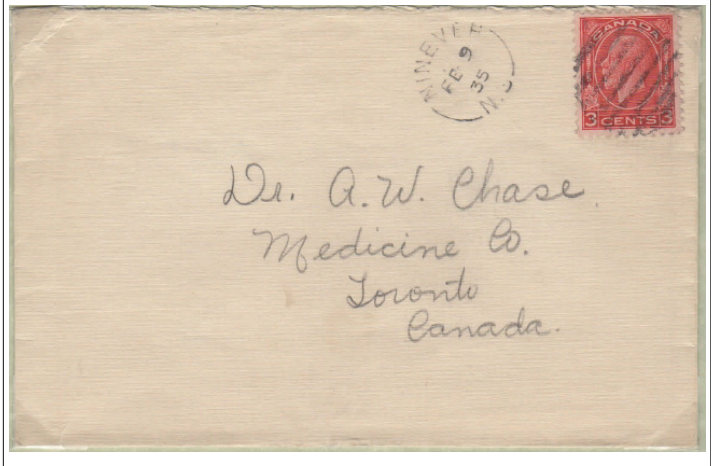
The Post Office opened on October 1, 1878 and closed on November 14, 1953 with William Mailman as the first Post Master. He was succeeded by Lawson Wile, Howard Wilfred Silver, Basil Pershing Wagner and Wallace Keith Mailman.



### Nineveh

On Highway 208 between Colpton and Hemford, 31 kilometers northwest of Bridgewater, the name has biblical origins from the ancient capital of the Assyrian Empire. Settled in the 1840's early land-owners include Kaulbach (1842), Jacobs (1845), Campbell (1850) and Sheehan (1858).

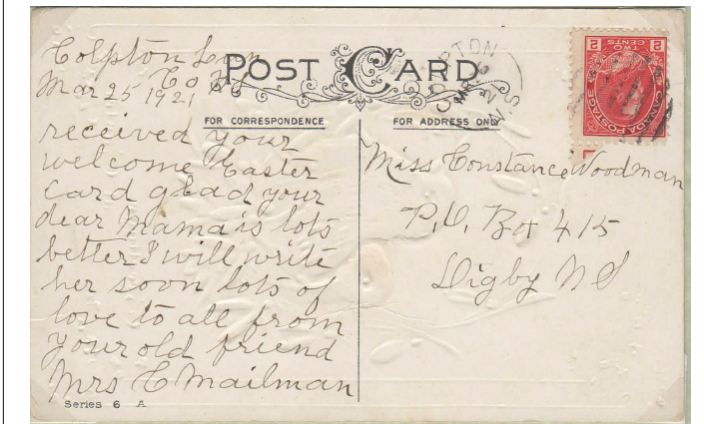
The Post Office was authorized in 1913 and opened on July 1, 1914. It closed briefly on September 10, 1947 and then re-opened on February 15 1950 until finally closing on November 14, 1953. Postmasters were Arthur Lohnes and Mrs. Winnifred Veinot.



### Colpton

Twenty-seven kilometers northeast of Bridgewater between Nineveh and Pleasant River on Highway 208, this place was first called Pleasant River Settlement and changed when the Colp family obtained land in 1902.

The Post Office operated from April 1, 1916 until closing on November 14, 1953. Postmasters included Nathaniel Colp, Percy Melbourne Colp, Aubrey Lester MacKay, and Mrs. Gertrude Elzina MacKay.





## News From New Germany Elementary School

~ Angela Gladwin

At New Germany Elementary we are focused on learning and student growth. While we've been through challenging times in education recently, there were some excellent things happening at New Germany Elementary. We have begun a school wide writing plan with a focus on creating positive growth for our students literacy skills. The entire school, each teacher and student, will write and publish a personal narrative text. We will be planning a publishing celebration event when they are published and then our books will be placed in our school library.

We would like to extend a thank you to our Legion members for not only their service, but their dedication to connecting with our students to help them learn and to remember. We were pleased to serve lunch and have our youngest students present artwork, poems, songs and writing to the Legion members and Veterans who joined us in November. We then had our older students participate in the Remembrance Service held at the high school in an effort to build a relationship between the two schools. We were very proud of our students display of respect and effort during the service. Thank you to New Germany Rural High School for working with us to make it such a successful endeavor.

Our school's participation in the Christmas Festival is an excellent example of how the community and school can come together. We look forward to continuing to build these opportunities. Thank you to all the organizers and school staff and volunteers who contributed to the success of the event.

Thank you to the community for the support of our school ticket sales. The winners were as follows:

LG Heat Pump and installation-Donated by Lens Plumbing and Heating-Brenda Russell

Gift Card Selection-Donated by staff of NGES-Gail Doucette

5 lbs of Scallops-Donated by Staff-Vicki Rhodenizer

Thank you to all the volunteers and support for our school. We look forward to continuing to build strong relationships with our community and families.



### WORKPLACE SAFETY TRAINING

**Patty Joudrey's Education & Training Services**

**194 Dufferin Street, Bridgewater, NS B4V 2G7**

**(902)527-1608 or (902)541-0719 cellular**

**www.pattyjoudrey.weebly.com**

**email: pattyjjoudrey@gmail.com**



#### Training for Healthcare Providers

- \*Provide an Overview of the Occupational Health & Safety Act
- \*How to Establish an Occupational Health & Safety Committee + Roles & Responsibilities of the Committee/Safety Rep.
- \*First Aid + CPR
- \*Critical Incident Stress Debriefing/Defusing
- \*W.H.M.I.S. 1988 & W.H.M.I.S. 2015/GHS
- \*Non-Aversive Behavior Management
- \*Individual Program Planning (I.P.P.)
- \*Crisis Intervention Training
- \*Medication Awareness
- \*Basic Principles & Practices of Personal Care
- \*Create Fire & Emergency Plans for Special Care Facilities & Other Businesses
- \*Food Safety Training \*Fire Safety

**\* Will do Specialized Training for Specialized Groups**

**The company provides one-on-one training, small groups and large groups.**

If there is specific training you require and you do not see it on my list, please contact me and I will try to access this for you. **Training hours and training days are flexible.**

**"Dedicated to Quality Education & Training, With a Human Touch"**

#### Training for Construction Industry

- \*Provide an Overview of the Occupational Health & Safety Act
- \*How to Establish a Joint Occupational Health & Safety Committee + Roles & Responsibilities of the Committee/Safety Rep.
- \*First Aid + CPR- Emergency, Standard & Marine
- \*WHMIS 1988 & W.H.M.I.S. 2015/GHS
- \*Principles of Loss Control
- \*Accident & Incident Investigations
- \*Hazardous Identification & Control
- \*Safety Audits (Internal/External)
- \*Industrial Hearing Testing
- \*Fall Protection
- \*Confined Space
- \*Lockout/Tagout
- \*Fire Safety





## Municipal Recreation News

**District of Lunenburg Recreation** has opportunities for you & your family throughout the Municipality!

**Take the Roof Off Winter** – Saturdays, 10am – 4pm at the MARC to February 25. Free ski and snowshoe loan, warm up room, hot chocolate. Activities as conditions allow.

**Red Cross Babysitter Course (ages 11 – 14)** – February 18, Mahone Bay Center. \$35

**Snowshoe Hikes: Bay to Bay Plus, Mahone Bay** – February 19, 2 – 3:30pm, Meet at the Mahone Bay Tennis Courts, Clearway Road.

**River Ridge Common, New Germany** – February 20 (Family Day), 2 – 4pm, #4668 Hwy #10

**Arthur Young Trail** – February 26, 2 – 3:30pm Bring flashlight or headlamp.

**Ice Fishing** – 9am – 2pm, February 18, Sucker Lake, Upper Northfield and/or February 19, Springfield Lake, Springfield. Free!

**Skating Party** – February 25, 2pm, Pine Grove Outdoor Park, Charlie Lane

**Family Fun Day** – March 13, 10 – Noon, MARC. FREE!

**March Break Fun at the MARC** – March 14 & 16, 1 – 3pm. \$5 pp

**Food Handlers** – March 22 & 23, 6 – 9pm, MARC. \$35

**Municipal Volunteer Reception – nomination deadline – April 3**

**Easter Egg Hunt** – April 8, 2 – 3:30pm, MARC, FREE!

**Bus Trips** – French Shore, May 18; Acadien Festival (Clare), July 30; Bargain Shopping to Metro, September 27; Bargain Shopping to the Valley, October 19; Christmas Shopping in Metro, November 16.

**Summer Employment deadlines** – March 3, office positions; April 7, leader positions

Visit [www.modl.ca](http://www.modl.ca) for a full listing of recreation programs. Online registration is available. Read the LighthouseNow Log Recreation Column. 541-1343 or [recreation@modl.ca](mailto:recreation@modl.ca) “Like” us on Facebook!



### DIETRICH FAMILY DENTISTRY WELCOMES DR. JEFF CLARKE TO THE TEAM



Dr. Clarke was born and raised in Timberlea, NS but spent many summers at his parents cottage near Molega Lake, making the South Shore his second home. After completing a BSc. at Saint Mary's University in 2007, he pursued his Doctor of Dental Surgery degree at Dalhousie University graduating in 2011. Jeff knew right away that the South shore was where he wanted to be and moved here immediately after graduation. Dr. Clarke is a current resident of Lunenburg County where he has been practicing all scopes of dentistry for the last 6 years. Outside of practice, Jeff can be found at Osprey Ridge during the summer months and in the rinks through the winter. Jeff is a proud father and avid animal lover.

He is extremely excited to have the opportunity to join his wife Dr. Lindsay Dietrich and the Dietrich Family Dentistry team in New Germany.

**Call today to schedule your appointment: 902-644-2957**



## What's at the Museum?



### Moustache Cup

They were designed as a drinking vessel to eliminate the problems hot tea & coffee wreak on a drinker's moustache.

Facial hair was very popular among men and they took great pride in their appearance. The semi-circular ledge, with the small opening, across the diameter of the cup proved the best means of saving the moustache from hot liquids.

The Parkdale Maplewood Community Museum is closed for the season, but will reopen in spring 2017.



## Pickleball:

### Fun - Social - Physical

Adult, noncompetitive, recreational pickleball is played on Monday evening at NGRHS. Equipment and instruction are provided. Participants need only bring indoor sneakers, water, \$1 and a sense of humour. This is a play at your own risk as the school insurance does not cover this activity. For further information please call Sandy at 902 644-2025.



## New Germany & Area Interdenominational Soup Kitchen Fridays during Lent 40th Year



March 3, 10, 17, 24, 31 and April 7

Rosedale New Horizons Club, New Germany, 11:30am to 1:15pm

All money raised goes to world development and relief projects.




**Eva Cook**  
Homestay Coordinator

Nova Scotia International Student Program (NSISP)  
South Shore Regional School Board

130 North Park St.,  
Bridgewater, NS, Canada B4V 4G9  
902.521.8532  
ecook@ssrsb.ca  
www.nsisp.ca  
facebook.com/ssrsb.nsisp.ca



*Municipality of the District of Lunenburg*



**Cathy Moore**  
Councillor - District 5

104 Zwicker Mill Road, PO Box 137, New Germany, NS B0R 1E0  
(902) 644-2922  
kitcatt@ns.sympatico.ca



## Charlie's Pizza & Burgers

### Daily Lunch Specials

\$4.99+tax each

- Small Caesar Salad
- Small Garden Salad
- 9" Cold Cut Sub
- 4 Donair Egg Rolls
- Junior Donair
- Fish Burger
- 9" Garlic Fingers
- 1Pc Fish & Chips
- 1/4lb Burger & Fries

Includes can of pop or small Big8 water.

# Business Buzz



There are often many changes in the business community in our area. This column notes a few of the highlights.

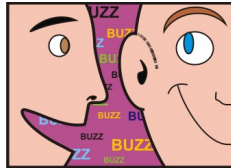
Something that is causing a lot of buzz in our area is the former Guppies Restaurant and the new ownership. The proprietors of Nellie's Take Out are working very hard getting it ready

to open as **New Germany's Riverside Eatery**. And they have recently announced they will have a laundromat on the bottom floor. Watch for the open sign.

New Germany is home to another dentist. A few years ago Dr. Lindsay Dietrich set up with Dr. Creaser and has since taken on the practice under the name **Dietrich Family Dentistry**. Dr. Jeff Clarke has recently joined her in New Germany.

Do you like spring rolls? Check out **Soonih's Spring Rolls**, you can contact her on her Facebook page.

If you need help with your income taxes there is now another option right in New Germany, **Featherby Pro Tax Service**, look for her ad on page 3.



## New Germany Building Supplies

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644-2761



## Winter Booking on Windows

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- Save **10%** on **NorthAir** windows

until March 31st



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 New Germany, N.S.  
 BOR 1E0  
 902 644 2153



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**Cathy's Beauty Salon**

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**New Germany & Area Lions Club**

*Serving our communities since 1985*

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**Jeff Langille**



## *Mrs. Taylor and Safire*

At 101 years of age, you might expect that Myrtle Taylor would be perfectly content to have others tend to her day-to-day needs. Quite the contrary, this independent, bright-eyed centenarian lives in the house she shared with her now deceased husband for over 70 years in Barss Corner. She spends her days baking bread, preparing her own meals and when she is not doing that, she is out walking her dog Safire!

In mid October, ElderDog volunteers visited with Myrtle and among other things discussed what the secrets to her long life might include.

She attributes her longevity to a life well-lived, eating three meals a day prepared from wholesome food grown on their farm and always getting a good night's sleep. "We always lived a clean life", she adds. "We raised Jersey cows and hens here for many years". And in the winter, there was wood to be hauled and mending and winter chores to fill the day. In between all of that, she raised three children.

"We always had a dog", she added. Growing up in Bakers Settlement, she remembers the family pet going off with her father to perform chores around their farm. "He would go out to chop wood in the winter and the dog always went with him. He would take his jacket off so the dog had something to lie on in the snow until he was finished, then they would come home." Even back then, their dog lived in the house and was a valued member of the family. And there has been a long succession of much-loved dogs over the years. "I can't ever remember not having a dog", she recalls.

So when Myrtle's elderly sheltie died earlier last year, her granddaughter made sure that it was not long before Myrtle had another canine companion. Recognizing that she might need some help, her granddaughter also contacted ElderDog to assist Myrtle in the care of her new furry friend, Safire who arrived in August of 2016. Since then ElderDog volunteer Lynn Frail visits three to four times per week with Myrtle and takes Safire out for a long walk. Myrtle always has the teakettle on when Lynn returns. "She's easy to get along with," Myrtle adds with a chuckle. Having regular visits from Lynn ensures that Safire gets the care she needs and Myrtle obviously enjoys the visits as well. It seems like Safire's care has spawned a great friendship between the two women, who both enjoy a good joke and some gentle ribbing of each other.

And six year old Safire seems to have settled right in. The fluffy grey Shih Tzu cross seems devoted to Myrtle and loves to share the big comfortable chair in the living room with her. "She sleeps on my bed every night too", Myrtle adds. Each morning, Safire and Myrtle go out for a little walk around the grounds surrounding the old farmhouse, to enjoy the fresh air.

As for turning 101, Myrtle shrugs off any suggestion that she is remarkable. "You learn to cope with what comes your way," she adds. "It's no good to complain. Who wants to listen to that? Attitude is everything!" she adds affirmatively, giving Safire a gentle pat on her head.

ElderDog Canada is a national, non-profit charity founded in 2009 dedicated to senior people and senior dogs. ElderDog supports seniors with dog care, finds loving homes for older dogs who lose their human companions, and conducts research and educates about the role of dogs in seniors' lives. We are entirely volunteer driven. [www.elderdog.ca](http://www.elderdog.ca)



## *Livewires Celebrates 75 years*

This year Livewires 4-H club is celebrating its 75th anniversary. We invite any past members and leaders to share their Livewires experiences, memories and pictures with us. We will be holding special events and activities during the year to celebrate our 75th anniversary.

We welcome new and past members to come to the general meetings held on the second Wednesday of each month at the Parkdale/Maplewood Community Hall.



# A Grand Ol' Hobby

~Gabrielle Leary – Bruhm

We all have a hobby. For some it is scrap-booking, photography, painting or model car building. Others it can be a bigger one like woodworking, car racing, rebuilding classic cars and trucks, or restoring antique tractors. As some may know, Owen Turner does have a couple of hit and miss engines and he too has a hobby on the go. In the community of West Northfield Owen collected, stored and has on display his very cool collection of model trains. This collection is grand in size, has been locked away in the basement of his home "up on the hill", where he and wife Olive raised their three children. Owen's model train collection has also been a hit with his grandchildren. When asked about how the family felt about his hobby he said "Olive thinks it is wonderful and my grandson Jason was quite impressed".

When I asked Owen "when did this all get started," he took me back 27 years ago, to Bangor, Maine where he found and purchased his first two steam engines. Now these two steam engines are special to the train community. This is because they both have four steam motors. They were designed to give more power when rolling up and over the hills and mountains. Since then he has collected enough engines, passenger cars, oil and wood chip carriers and cabooses to complete 30 train sets. This collection fills most of Owen's basement and his passport, as Owen has travelled to the States and across Canada to find his trains. Owen has bought local too, at the former Wings and Wheels in Blockhouse. Most of his collection is HO scale but he does have some S scale.



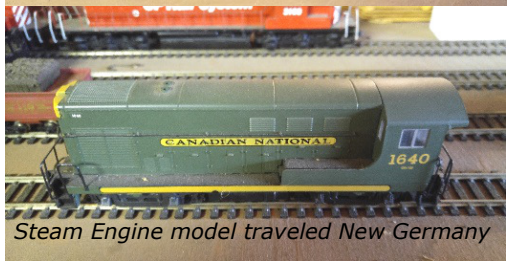
These two started it all- four motor steam engines

Over 27 years Owen has collected unique trains and accessories and, with some local help, he has been able to create one of the best model train displays that I have ever seen. Some people might have seen similar displays in history or train museums. Owen and his helpers have really put together a display that highlights the mountains, valleys, and industries, that show generations like mine, what a community looked like with trains running through the back fields into the towns. Looking at the tiny village that

Owen has on display started me thinking about New Germany and what it might have looked like with the train still running. I asked Owen if he had any model trains that would have run through New Germany and his reply was "Right over here!" Owen has found two trains that were specific to New Germany's history. They are engines, one being a steam engine and the second a Diesel engine, both roared through the village. Back in the day when trains rolled through the towns and villages, Owen was right there too. Owen worked for the railway for a short period of time. So I asked Owen if seeing the "big trains" travel, fueled his interest for collecting these mini look-a-likes. His reply, "No".



Diesel Engine model traveled New Germany



Steam Engine model traveled New Germany

And I am sure that Owen will be open to welcoming new visitors as the pictures shown on these pages just do not do the trains justice compared to the real thing.

I was not the first to stop by Owen's to check out his collection. Owen has had visitors stopping by since 1999, only nine years after starting his little hobby. Since then they have come from as far as New Zealand and as local as West Northfield.



This is a D.A.R. Dayliner that would have traveled from Halifax to the Valley and then Yarmouth.



Most of the trains that Owen has collected are made in North America but this set is an English made Model. Where it is English, it is bigger than an "HO gauge" but can run on an "HO track".





A table display with four full sets of working model trains. With one caboose personally made for Owen.



This Halifax and Southwestern train traveled the rails from Halifax to Middleton to Bridgetown to Yarmouth.



This is the one wall of Owen Turner's basement. This photograph shows you the display that Owen and his helpers have created.

## New Germany Irving



Congratulations to Dexter Gabriel who won 10,000 Airmiles by shopping at New Germany Irving! Weekly and monthly contests available throughout the year so get your Airmiles card out and you could be the next big winner!!!

## NGAPS Meeting

NGAPS holds our regular monthly meetings the first Tuesday of the month. Everyone with an interest in our community is welcome to join. Please check website for location or call 902-644-2922 for more information.





## Cycling in the New Germany Area

~ Jackie MacDonald

Every year, more than 40,000 tourists come to Nova Scotia to cycle, many visiting rural parts of our province that tourists travelling in cars or buses do not tend to see. Nova Scotians visit other parts of the province to cycle too – the South Shore is a favourite and frequent destination of Halifax cycling groups.

Cycling - whether for sport, commuting to work or for leisure - benefits health, the environment and the economy. Canadian studies have found that tourists who cycle spend an average of \$990 per trip, including \$150 a day on food and drinks. Over half of cycling tourists take trips lasting 2 or more days, so use local accommodations when they travel. Bicycle sales shops, rental companies, repair services, and tour companies, restaurants, coffee shops and grocery stores, campgrounds, motels and Bed and Breakfasts are some of the businesses that benefit from cycling tourism.

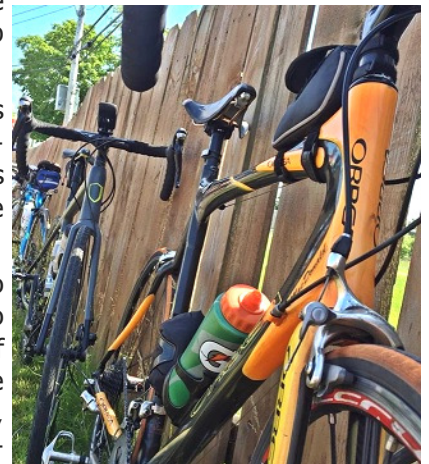
Nova Scotia has been promoting, encouraging and investing in cycling. Municipal programs such as the Halifax Bike Friendly Certification Program encourages businesses to support cycling with bicycle parking and policies that allow cyclists to park cars, fill up water bottles and use washrooms without purchase and Nova Scotia's Share the Road campaign reminds all of us that our *Motor Vehicle Act* gives cyclists the same rights to use roads as other vehicles and requires motor vehicles to give 1 metre of clearance when passing cyclists.

Routes for cycling and other active transportation include the \$40-million-dollar *Blue Route*, a continuous 3,000 km network of roads and trails circling the province, the nearly complete *LaHave River Trail* that comes through New Germany, linking the South Shore with the Annapolis Valley, and the *South Shore Annapolis Trail*, linking New Germany with Caledonia and Bridgetown.

Route maps to help cyclists who come to Nova Scotia decide where to cycle are produced by cycling associations such as Cycle Nova Scotia and local governments such as the Municipality of the District of Lunenburg. Experienced cyclists also use web tools such as Map My Ride to show other cyclists their favourite routes.

That the New Germany area, with beautiful scenery and low traffic, has great potential as a cycling destination may be a well-kept secret. For example, the Cornwall Road has been described as a one of Nova Scotia's most spectacular places to cycle, but does not appear on a cycling route map, or at least one that is easy to find.

The purpose of this article is to encourage New Germany area cyclists to map their rides, business owners to post bike-friendly signs and all of us to think about the health, environment and economic benefits to our area of promoting and encouraging cycling. Ideally, future articles will feature New Germany area mapped routes showing trips – perhaps 25 km, 50 km, 75 km, 100 km loops - out from main trails, noting route type and difficulty, how long trips typically take, and bike-friendly services available - parking, toilet facilities, food, accommodations.



D. MacDonald photo



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School Board Member

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*Municipality of the District of Lunenburg*



Mayor

**Carolyn Bolivar-Getson**

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[www.modl.ca](http://www.modl.ca)



## Countryside Christmas



Our third Countryside Christmas was a success. Nine festive days filled with community events and holiday spirit, from breakfast to the NGES Christmas Festival and so many events in between.

**Countryside Christmas 2017** will run from **November 25th to December 3rd** and we would be so pleased if your community group or your business got involved with organizing an event or sponsoring an activity. It really isn't too early to make plans.

Thank you to everyone who came out for all the events. Special thanks to the families who opened their homes for our Christmas House Tour.



### *New Germany and Area Medical Centre*

If you do not currently have a Doctor or Nurse Practitioner, or are travelling outside of Lunenburg/Queens Counties for care, you can do one of the following:

**Call 811** Monday to Friday 11:00 am to 7:00pm  
Or visit [needafamilypractice.ca](http://needafamilypractice.ca)  
to be added to a provincial wait list.

Leave your name, phone number and the names of any other people living at the same address who are looking for a healthcare provider. Your name(s) will be added to a database and you will be contacted when/if space becomes available.

Community members who are currently patients of the New Germany and Area Medical Centre should continue to contact the centre as you would normally during regular hours. Our staff will be pleased to assist you.

*Pap Clinic (by appointment only)*

Morning of April 6th

Please call centre for an appointment. Appointments may be made by any woman living in the New Germany area wishing to have a Pap test.

Phone 644-2361 with a valid Health Card.



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## *South Shore Helping Hands - New Germany & Area*

Are you having difficulties carrying out chores that used to seem so easy to do? Not able to reach that light bulb that has blown out? Is the garbage bag too heavy to carry to the end of your driveway? Can't shovel that snow from your doorstep or pathway? As we are an aging population this is becoming an increasing challenge for more people; sometimes to the extent that a person cannot stay in their home.

South Shore Helping Hands has recognized the need that aging or disabled people require some assistance for simple chores and have instituted a program where qualified volunteers can provide their "helping hands" to enable others to live independently in their homes. This is a program that has proven successful in other areas of Lunenburg County, so why not New Germany and surrounding communities? Not all of us are so fortunate to have friends, family or neighbors to call upon for help, but "helping hands" volunteers want to be those people you can look to for assistance and support.

As a result, South Shore Helping Hands was initiated in the New Germany & Area in early 2016 and is growing in numbers. To help put your mind at ease, the volunteers have all completed a screening process, including a criminal record check, and taken the required training. We try to match the appropriate person to your request and you can certainly have input in who may come to lend you a helping hand. These volunteers are caring people who care for others. Our mission is to provide individuals in the New Germany & Area with the best quality of life by keeping them healthy, happy and safe in their homes for as long as possible.

South Shore Helping Hands is continually offering training sessions for those interested in becoming volunteers. The more people involved, the more varied skills and time can be offered to the people in the community. You can volunteer as much or as little time as your lifestyle allows.

Examples of assistance offered are:

- Household tasks (not regular cleaning) including light yard work
- Certain minor interior / exterior repairs
- Delivery of groceries and medications from local stores
- Visits / companionship
- Delivery of VON meals
- Pick up of Red Cross equipment rentals

We can accept requests for assistance by the individual, by family members who live afar, health care professionals, the local Seniors Safety Coordinator, and church pastors. Do you have a request you are not sure would fall under our criteria? Give the SSHH phone line a call at 902-644-1399 and leave a message. The phone line is checked regularly and someone will get back to you in a timely manner and let you know if one of our volunteers can help you. All requests are dealt with on a non-judgmental and confidential basis. Please check us out. Maybe we can lend you a "helping hand"!

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## From the Lions Den

The New Germany and Area Lions Club continued their service work right to the end of 2016! Wreaths were laid at three Remembrance Day ceremonies on Nov. 11. Donations were made to the Union Square and Parkdale - Maplewood halls to allow them to continue to serve their communities. A special donation of \$3500 was made to the BonnyLea Farm project "Joanne's Dream" to be used to help purchase a wheelchair accessible van. Local families were helped with power and fuel bills, medical travel expenses, medications and medical equipment.



At Christmas a donation was made to Rosedale Home to help with their van expenses and special treat bags were delivered to the seniors' apartments by Santa himself with his hard working elves.

Cash prizes and trophies were presented to the winners of the Peace Poster contest at New Germany Elementary and High School.



The Leo Club, a club for high school students, got off the ground and made a special visit to the local cemetery to place poppies on the graves of veterans.

The New Germany & Area Lions were pleased to host a visit from our local Lions District Governor Claire Brunelle who was delighted with locally produced gifts she received from the club. Four new members have joined the club this fall and are anxious to help and serve their community.



The Club will continue to visit other clubs in the area who are celebrating special events, as well as donating to local families and organizations. The club collects several items year round - eyeglasses, hearing aids, sleep apnea machines, pop can pulls, bread tags and milk carton pulls. In addition the Lions Club looks after the Diabetes Association collection bins in front of the New Horizons hall.



To keep up with the latest work and events sponsored by the Lions Club or to get information about joining, go to the Lions Club web page at <http://www.e-clubhouse.org/sites/newgermany> or type in New Germany Lions in your search engine. You can also follow us on Facebook for the latest news.

The members of the New Germany Lions Club want to thank all those people in the community who have supported the work of the club over the past year, and as we begin a new year, the 100th anniversary for Lions Clubs, we hope that we can count on the same support for our endeavors in the months to come.



### South Shore Public Library Mobile Library

is at New Germany Freshmart every Tuesday from 3:00p.m. to 6:00p.m. A library card is free and so is using the library.



# The Back Page

## Info about this Newsletter

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 Phone: (902) 644-2922  
 Cathy Moore, Chair  
 Greg Selig, Vice Chair  
 Madelyn Bowers, Treasurer  
 Michelle Greek, Secretary



### Next Issue:

Will be mid April. We would like to hear your story ideas. Please contact us at the address or phone number on this page.

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 Do you have a great product or  
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 people in our area?**

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NGAPS publishes **New Germany Connections** five times a year - mid February, mid April, mid June, early September and early November. Watch for yours with your flyers. It is also available in colour on our web site or can be picked up at New Germany Freshmart, Mader's Clover Farm Supermarket, Village Glassworks and many other places in our area.



### NGAPS Annual General Meeting

April 4 @ 6:30pm

Check our website for details or call 902-644-2922 for more info. Please join us!

### Free advertising

for your community event, fundraiser or special occasion on the NGAPS community website.

Send details by email

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### Volunteer Connections

Is your group or organization looking for new members or volunteers? Send us information about your needs and we will include your request in our newsletter as space permits.

You can send your information to NGAPS by mail or email to the address above.

**Advertising Information:** You can advertise in this newsletter. We deliver it to all the households and businesses in the New Germany, Barss Corner and Springfield Post Office areas. Single ad sizes vary but can be 1' x 7" or 3.5" x 2" depending upon space and layout. Price per single ad is \$20.00. Multiple ad sizes are available. The revenue from the advertising helps to offset the cost of printing and distributing this Newsletter. Thank you to our advertisers for their assistance.

New Germany Connections is also available on the community web site, in colour, with all ads included. **Community events and local businesses are listed on the web site for free.** Please contact [ng\\_cap@ns.sympatico.ca](mailto:ng_cap@ns.sympatico.ca)

Next issue will be published mid April. Ads are limited so they are offered on a first come, first served basis. Please contact NGAPS at the above addresses to book your space.