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Winter 2016

Even as we hold our breaths, wondering whether it be like last year, the winter of 2016 is upon us. And with or without snow on the ground, there is plenty to do in our area as you can see by looking through this newsletter. From skating and little tot play groups to snowshoe hiking, ice fishing or reading a good book from the Little Library, we have something for all ages. Enjoy the newsletter, then get out and enjoy winter. It will be here for awhile.

NGAPS Programs & Events

NGAPS Regular Meeting the first Tuesday of each month. Everyone is welcome to attend. Check our web page for more details.

Garden Club Meeting the fourth Wednesday of the month generally at NGRH. Check the community webpage for details.

Great Idea! New Germany see page 7 for details and enter by February 19th.

*Is your community group organizing an event, a fundraiser or celebrating a special occasion? Did you advertise on the **NGAPS Community Calendar?***

It's FREE!

New Germany Area Promotion Society maintains a New Germany Area Website including a Community Calendar page.

Any group or organization in our area can advertise their event on this page at no charge. Please send listings to: ng_cap@ns.sympatico.ca or drop off to Village Glassworks during open hours.

Let's work together.

newgermanycap.ednet.ns.ca

Also check out our Facebook page!



Community Events

- Feb 12 Soup Kitchen
- Feb 13-14 Ice Fishing
- Feb 14 Valentine's Day
- Feb 15 Snowshoe Hike
- Feb 19 Soup Kitchen
- Feb 23 Garden Club
- Feb 26 Soup Kitchen
- Mar 1 NGAPS meeting
- Mar 3 - 4 Children's Clothing Swap
- Mar 4 Soup Kitchen
- Mar 11 Soup Kitchen
- Mar 18 Soup Kitchen
- Mar 19 Breakfast
- Mar 23 Garden Club
- Mar 27 Easter
- Apr 5 NGAPS AGM

The mission statement of New Germany Area Promotion Society is: "NGAPS will strive to create a sustainable and vibrant community where people and businesses are encouraged to thrive." We will achieve this mission by supporting communications and partnerships both within and outside our community.

**New Germany & Area
Interdenominational Soup
Kitchen Fridays during Lent.**

39th Year

**February 12, 19, 26,
March 4, 11, and 18**

**Rosedale New Horizons
Club, New Germany**

11:30am to 1:15pm

\$5.00 per bowl

All money raised goes to world development and relief projects.



**South Shore Public
Library
Mobile Library**

is at New Germany Freshmart every Tuesday from 3:00p.m. to 6:00p.m. A library card is free and so is using the library.

Village Glassworks

4928 highway 10
New Germany
902-644-3185
villageglassworks.ca
FB: VillageGlassworksNS



Stained glass panels, lamps, mirrors and suncatchers, all designed and crafted on-site.

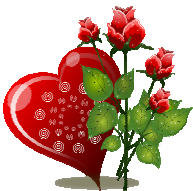


Other locally created products including pottery, quilting, pewter, jewellery, wood turnings.

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 <p>Long Stem Roses & Bouquets</p>	<p>Fresh Baked Pan Rolls \$2.88</p>	<p>Krispy Kraut Sauerkraut & Turnip Kraut</p>
	<p>Breyer's Ice cream 1.66 litre \$2.99</p>	<p>Greek's Lunenburg Pudding & Sausage</p>
<p>Valentine Cakes Chocolates Treats</p> 	<p>Tropicana Orange Juice 1.75 litre 3/\$10</p>	<p>Delong Farms Farm Fresh Eggs</p> 

North River Rink

With winter's chill deepening, the residents of North River and the surrounding areas have once again been enjoying the community skating rink. Weather and ice conditions permitting, the rink is open for use at 915 North River Road, at the North River Community Hall. Helmets are recommended, and the site is to be used at your own risk. Skaters can lace up in the building at the rink, and skates, nets, sticks and pucks are all on site. There's also shovels and scrapers to be used to clean the ice off when skaters are finished. The community effort to keep the ice clear after every snowfall has been remarkable, as partial surface clearings can lead to uneven ice and the necessity of flooding the surface again. The community hall's Facebook page is updated when there is a change in ice conditions. For more information, check the site or call Corey at 902-521-9790.



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Phone 644-2922
 Will do house calls.



Municipality of the District of Lunenburg



Terry Dorey
 Councillor - District 6

4348 Woodstock Road, RR #3, Mahone Bay, N.S. B0J 2E0
 Phone: (902) 644-2061 | tdorey@modl.ca
 www.modl.ca

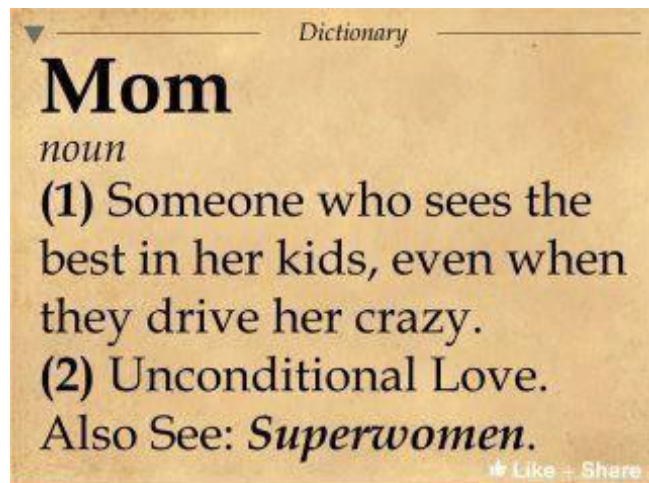
New Germany Area New Mommies Group

I'm nine months pregnant, ready to explode and about to snap at the next person who asks me if I had a baby yet.

Is it normal for my baby to eat this much?

If only I had another hour or two in the day to get everything done.

Why does every mom except for me seem to have it together?



They're all thoughts that have crossed a mother's mind at one time or another. We've all been there, some worse than others, some once and some dozens of times. The New Germany New Mommies Group is a place where we can relate to each other in a motherly way. Share pregnancy excitement and worries, tell funny or horrific birthing stories, ask questions and brag about your cute baby.

Who: Expecting Mommies and Daddies, Mommies and Daddies of Newborns and Mommies and Daddies wanting to talk with other Mommies and Daddies about Mommy and Daddy things

When: Drop in between 12-2:30pm, nearly every other Monday in February, March and April (Feb 8, 22, 29, Mar 7, 21, April 4, 18, group is cancelled if school is closed).

Where: Community Room downstairs in NGES
Snacks provided.

Older siblings are welcome to come and play
Program sponsored by NGAPS

For more info please contact Michelle Greek via text or call 902-298-9547

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<http://newgermanyap.ednet.ns.ca>



Also available at
New Germany Freshmart,
Mader's Clover Farm Super-
market, Village Glassworks,
Bordens in the Woods,
Tammy's Country Stop and
other locations.

Little Library

Peggy Smith and Sandy Hagell would like to say thank you to Michele Beck and the New Germany Royal Bank.

As part of the Royal Bank's ongoing commitment to education, RBC Foundation has formed a unique partnership with First Book Canada, a non-profit organization to help address one of the most important factors affecting literacy: access to books. As part of this partnership, RBC donated more than 6,000 books to local community groups and charities throughout Atlantic Canada.

Michele was able to give to the Little Library a generous donation of over 40 new books for children. Our Little Library is located outside of Mader's Store in Barss Corner. We welcome people to come take a book and if you want to you can leave a book. We are pleased to say that the library is well used, we have reading material for adults and children.



Do you have a special interest or skill that you would like to share with community members?



Do you belong to a group or organization that is looking for a meeting space?

Contact the NGES Early Years Centre at
(902)644-5020 or ngelc@gnspes.ca
 to book the Community Room
free of charge.

Radiothon 2016



What do you get when you put together dedicated community members, two radio stations and The Health Services Foundation? Radiothon 2016! The 6th annual Radiothon will be broadcasting live from South Shore Regional Hospital on February 12th from 8am to 6pm on CKBW and Country 100.7.

This year, the fun filled, all day event is helping to bring Urology services back to the South Shore. To do this, we need to buy a Urology Equipment Package which includes a scope processor (used for cleaning & sterilizing), an electric procedure table/chair and a specialized container system for transporting cleaned scopes to their necessary destinations within the hospital. This service will allow patients to receive care closer to home for such things as bladder cancers, urinary tract cancers, and prostate cancers.

Radiothon 2015 was an overwhelming success, raising over \$150,000 for the Journey Room - a dedicated cancer patient resource room. This was all done by community members, businesses, service clubs, schools and individuals that got

involved! Radiothon encourages you to come up with your own fundraising initiative, bid on auction items, call in pledges, drop in to the hospital or challenge others to match your gifts. Help us reach our \$150,000 goal. For more information on how you can be involved, call 902-543-8065 or email

arleen.stevens@nshealth.ca.

What's at the Museum?



Shoe lasts were used by Cobblers or Shoe Makers. They were made from wood or metal.

Cobblers would either visit local farms to take measurements of the family members' feet or people would visit their shops to have their feet measured. Orders for

shoes and boots were taken and the footwear was made at the shop.

We have a collection of various shoe lasts at the Parkdale-Maplewood Community Museum.

The Museum is closed for the season but will reopen Spring 2016.



New Germany and Area Medical Centre

New Germany and Area Medical Centre Welcomes New Physician

New Germany and Area Medical Centre and the Nova Scotia Health Authority are delighted to welcome Dr. Christian Pugh to the Medical Centre, beginning the first week of February. Originally from St. John's Newfoundland and Labrador, Dr. Pugh graduated from Memorial University in 1996 and worked in Emergency Medicine in St. John's until December of 2003. He has been working at South Shore Regional Hospital since 2004, and has been living in the community since last April. Dr. Pugh looks forward to serving the people and community.

We would like to take this opportunity to extend a sincere thank you to Dr. ar-Rushdi, Dr. Shirley, Sarah Tymchuck, NP, and Dr. Doucet who have been providing coverage at New Germany and Area Medical Centre as well as Rose-dale Home for Special Care in the interim.

If you do not currently have a Doctor or Nurse Practitioner, or are travelling outside of Lunenburg/Queens Counties for care, you can do one of the following:

Email your name, phone number and the names of any other people living at the same address who are looking for a healthcare provider to healthcentre-ss@nshealth.ca

OR

Call **902-527-1549** or **1-844-226-6517** toll free and leave your name, phone number and the names of any other people living at the same address who are looking for a healthcare provider. Your name(s) will be added to a database and you will be contacted when/if space becomes available.



Community members who are currently patients of the New Germany and Area Medical Centre should continue to contact the centre as you would normally during regular hours. Our staff will be pleased to assist you.

Welcome Dr. Pugh!



February is early intervention awareness month in NS!

The regional director of our local programs on the South Shore will be at the New Germany Early Years Centre at 9am on February 17 to provide information on what early intervention is, how we can help, how to contact us and to answer any questions you may have about your child's development.



Jerry's Appliance Repair

3030 Hwy 10
Wentzell's Lake NS
B0R 1E0

902-543-6126
Fax 902-543-0187
galowe@bwr.eastlink.ca

Municipality of the District of Lunenburg



Carolyn Bolivar-Getson
Councillor - District 9

5105 Hwy 325, Baker Settlement, N.S. B4V 7E8
Phone: (902) 685-2416 | cbolivar-getson@modl.ca
www.modl.ca

Great Idea! New Germany Area

Do you wish there was something fun to do in our area this winter?

Do you have an outstanding idea, but don't have the cash?

Do you enjoy planning events?



This winter you can plan a community event or activity and NGAPS will pay up to \$250 in expenses!

Here are some event guidelines:

- > open to the public
- > takes place in the NGAPS area
- > happens before April 30th.
- > is free to the participants



Share (by mail or email) your idea. We need to receive it before February 19th for us to review. If we have more than two great ideas, we are going to have open community voting. On February 22nd at the Community Room, New Germany Elementary School, be prepared to pitch your idea.


Community members will be invited to attend the presentation of the great ideas. Come cast your vote for what you want to see happen in our area this season. Check our Facebook page for more details about pitch presentations.

The winners will need to liaison with a member of NGAPS and present receipts to be reimbursed.



We welcome all new and returning members to our **25th season of snowmobiling!** Our special commemorative club decal will be provided to club members only...so, make sure you renew your membership! Your membership can be conveniently renewed online at our new web site at www.crossburn.ca, where you can also access the latest club news and trail reports etc. We appreciate the support of our members and sponsors!

Mark your calendars... our annual Poker Rally will be held on February 13, 2016. Check our web site for details and follow us on Facebook!



Heather Veinotte's newest
book

Lonely Angels

is available for purchase at
Village Glassworks, New Germany
and Treasured Friends,
Bridgewater.

Don't forget...

NGAPS pins and postcards are available at Village Glassworks or from NGAPS members.

Great gifts from home to give while travelling.

Lively Munchkins!

2 and 3 year olds can jump, bounce, crawl, climb, leap, run, skip or dart into the Community Room at NGES nearly every other Monday morning in February, March and April (Feb 8, 22, 29, Mar 7, 21, April 4, 18) for an hour of energetic, loosely planned games and activities.

9:30-10:30am.

No registration is required.

Parents/guardians are encouraged to participate.

Please bring appropriate indoor footwear and a water bottle.

Younger siblings may come along too.

Lively Munchkins will be cancelled if school is closed.



For more info please contact Michelle Greek via text or call @ 902-298-9547

NGAPS maintains our community website, publishes this newsletter, organizes the New Germany Health & Wellness Expo, Countryside Christmas and other community events. Please consider joining us so we can do even more for our community!



NGAPS Meeting

NGAPS holds our regular monthly meetings the first Tuesday of the month. Everyone with an interest in our community is welcome to join. Please check website for location or call 902-644-2922 for more information.

Events @

New Germany Legion Branch 102

BREAKFAST - 19 March, Royal Canadian Legion, 7 till 11 a.m. Bacon, sausage, eggs, baked beans, hash browns, toast & jam, coffee, tea, juice. \$8, Age 6 to 12 \$4, 5 and under no charge. Info 902-644-2320 or 902-521-0261

CRAFT SALE - 7 May, Royal Canadian Legion, 10 a.m. to 2 p.m. Tables \$10, reserve early, they go fast. Info 902-644-2320

All proceeds for Legion projects
902-644-2320



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Flying High at the Top of the World

In 2013, the Grand Lodge of Nova Scotia celebrated 275 Years of Masonry in Canada; having first begun at Annapolis Royal in 1738 under the direction of Erasmus James Philipps. Each of the Constituent Lodges purchased a Masonic flag with their own Lodge name embossed on it. The flags were to be flown at various Masonic events throughout the year to celebrate this auspicious occasion.

At the Annual Invitational Dinner of Hillcrest Lodge # 93 we invited our neighbours, Captain Roy Lockyer and Kelly Hansen, to join us at dinner. During the evening Captain Lockyer asked if our village had a flag. He told my wife Ruth he was sailing shortly on the icebreaker Louis S. St. Laurent to the North Pole and that he would gladly take our village flag and fly it on the yardarm of the icebreaker.

Not having a flag for our village we at Hillcrest suggested that he take our Masonic flag with him to the North Pole. He carried it with him to Norway and from there he took it by ship to the North Pole.

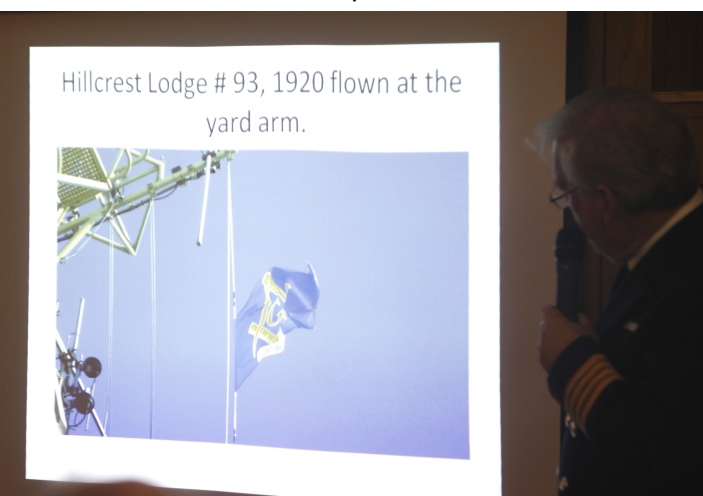
On October 22, 2015 Captain Lockyer and Kelly Hansen attended our Ladies Night Banquet as special guests of Hillcrest Lodge.

During the evening Captain Lockyer showed a video taken on August 28th which included photos of our Masonic flag flying at the top of the yard arm on the Louis S. St. Laurent icebreaker while she was moored in ice at the true North Pole.

At the conclusion of the video and his remarks on the ice conditions they faced in the North he presented Worshipful Master Brother Kenneth Jones PPAGDC with our flag, along with a framed picture of the Louis S. St. Laurent. The picture frame was made by the ship's carpenter. It was made of teak from some of the original railings on the Louis S. St. Laurent that were 50 years old.



Captain Roy Lockyer standing alongside the Louis S. St. Laurent on the ice displaying our Masonic Flag at the North Pole on August 28, 2015.



Hillcrest Masonic Lodge's Flag flying proudly at the top of the yard arm of the Louis S. St. Laurent at the top of the world – August 28, 2015.

Our flag together with the framed photo of the Louis S. St. Laurent will be proudly displayed in our Lodge Room.

Submitted by: Hiram Carver
Banquet Committee Chair
Hillcrest Masonic Lodge # 93 New Germany, NS



Eva Cook
Homestay Coordinator

Nova Scotia International Student Program (NSISP)
South Shore Regional School Board

130 North Park St.,
Bridgewater, NS, Canada B4V 4G9
902.521.8532
ecook@ssrsb.ca
www.nsisp.ca
facebook.com/ssrsb.nsisp.ca





Municipal Recreation News

District of Lunenburg Recreation has opportunities for you and your family throughout the Municipality!

Take the Roof Off Winter – Saturdays, 10 am – 4 pm at the MARC to February 27. Free ski and snowshoe loan, warm up room, hot chocolate.

South Shore Sledge Hockey Hawkes, Intro to Sledge Hockey – for ages 10+, all abilities. February 14, 28, March 6, & April 3, 5 – 6 pm at the LCLC. \$25

Red Cross Babysitter Course (ages 11 – 14) – February 20, Mahone Bay Center. \$35

Snowshoe Hikes: Bay to Bay Plus, Mahone Bay – February 14, 2 – 3:30 pm, Meet at the Mahone Bay Fire Hall Kinburn St.

River Ridge Common, New Germany – February 15 (Family Day), 2 – 4 pm, #4668 Hwy #10

Osprey Ridge Golf Club – February 28, 6 – 7:30 pm Bring flashlight or headlamp.

Ice Fishing – 9 am – 2 pm, February 13 at Sucker Lake Upper Northfield and/or February 14 at Springfield Lake, Springfield. Free!

Campfire Cooking Workshop – 2 – 4 pm, March 5, MARC. \$10 per family

Wooden Spoon Carving – 9:30 – Noon, March 12, MARC. \$20 includes all supplies.

Family Fun Day – Monday, March 14, 10 – Noon, MARC. FREE!

Easter Egg Hunt – March 19, 2 – 3 pm, MARC FREE!

Municipal Volunteer Reception – nomination deadline – March 24

Bus Trips – French Shore May 18, Garden/Winery July 15, Black Loyalist Heritage Center September 8, Valley October 13, Metro November 16.

Summer Employment deadlines – March 4, office positions, April 8, leader positions. Visit www.modl.ca for a full listing of recreation programs. Online registration is available, credit card payment only. Watch the LighthouseNow Log for weekly listing of Recreation programs and events. District of Lunenburg Recreation 541-1343 or recreation@modl.ca. "Like" us on Facebook!

Emily Bowers, Writer & Editor

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See emilybowers.ca and write to me at emily@emilybowers.ca

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Send details by email
ng_cap@ns.sympatico.ca



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From the Lions Den



WHERE DO YOU BUY YOUR RADIO BINGO BOOKS???

Thank you for supporting Lions Radio Bingo. Many of you probably don't know how the money is shared among the Lions Clubs. There are seven clubs along the South Shore who have partnered in this fundraiser with each taking a portion of the profit.

For each book that is sold from one of our vendors, our club earns \$1.50. If you purchase your bingo book from any other vendor not on our list, then the profit goes to another Lions Club. So if you want to help your local club and keep the money in our communities, please purchase all of your radio bingo books from one of the following vendors, when possible.

Tammy's Country Stop, Springfield; Convenience in the Woods, East Dalhousie
Mader's Clover Farm Supermarket, Barss Corner; Robar's Gas & Convenience, New Germany
Shoppers Drug Mart, New Germany; Barry's Freshmart, New Germany
Naugler's Den Mart - West Northfield; Canadian Tire Gas Bar, Cookville; Cookville Irving Mainway;
Irving Mainway, Wileville; Charlie's Pizza & Convenience, Wileville; Newcombville Irving.

We would like to extend a huge THANK YOU to our vendors for their continued support. We are now entering our 10th year and these businesses sell our bingo books free of charge. Your generosity is greatly appreciated.

MEDICAL AIDS

For close to thirty years, the New Germany and Area Lions Club has been loaning medical aids to residents of our communities as needed, free of charge. Most aids are only needed for a few weeks. Some are borrowed for a few months following surgeries and other items have been on long term loan.

The availability of our medical aids can change daily. Slip and falls happen both in and out of the home. Winter weather creates many unsafe conditions causing injuries. If you or someone you know needs crutches, a cane, a walker or a hospital bed, please check out our inventory. Perhaps we can be of service.

Contacts: Lion Roger 902-644-2851 or Lion Lester 902-644-3280

Items are stored in New Germany and are available for pick up. All we ask is that all medical aids are cleaned before they are returned. Thank you.

SALAVATION ARMY KETTLE CAMPAIGN

The Salvation Army kettles were placed in Barry's Freshmart and the NSLC in New Germany from December 18 - 24. Due to the generosity of the community and the desire to help others, the kettles netted \$2,615.07. This project was organized for the second year by Bill Alexander and Helen Acker. The kettles were manned by members of the New Germany and Area Lions Club with the assistance of members of the community.



Major Wilson Sutton thanks Bill Alexander for delivering the money from the kettles.

Laura Beck Patton

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book online at <https://www.schedulicity.com/scheduling/LBPFAP>



Contest : I Spy



New Germany Connections

Rules and to enter next page.....

Name _____
 Community _____
 Phone _____
 Email _____

If you are our winner from which advertiser would you chose your prize?

Do you have any comments about the newsletter?

New Germany Connections I Spy Contest

Match the picture number with the following statements:

- The Sugar Shack _____
- Rosedale's Quilts _____
- The two pictures that are the same _____
- New Germany Garden Club _____
- Village Glassworks _____
- NGAPS Christmas logo _____
- Delong Farms Farm Fresh Eggs _____
- The Little Library and the Mobile Library _____
- The logo associated with the Radiothon _____
- A logo for Carolyn, Cathy and Terry _____
- Parkdale/Maplewood Community Museum _____
- Lonely Angels _____
- Business Buzz _____
- A picture from the Camino _____
- A Countryside Christmas picture _____

Send your answers to the address on page 24 by March 15th for a chance to win a \$20 gift certificate from one of our advertisers, your choice. Email entries also accepted, please put contest in the subject line. Only one entry per person please.

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Children's Clothing Swap!

February 29th and March 1st - Drop off clean, gently used children's clothing in the Community Room (downstairs NGES)

March 3rd and 4th - For \$2 stuff a grocery bag full of new-to-you clothes
 Open 9am-3pm

Proceeds to the Early Years Centre
 All left over clothing will be donated to other organizations

CHILDREN'S CLOTHING ONLY (please no books, toys, etc).

Do you have a story about a school in your community? For many, these buildings were the heart of the community. We would be interested in having more stories about the one and two room schools which used to dot our countryside. Get in touch, contacts on page 24.



Business Buzz

There are often many changes in the business community in our area. This column notes the highlights.

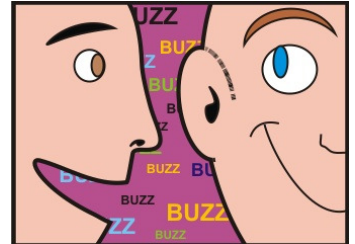
Zumba instructors Kayla Jodrey and Holly Conrad are holding their fun workout sessions at NGES on Friday evenings. Check NGAPS' Facebook page for details.

Also in the exercise mode, Flatline Athletics is coming to New Germany (ages 13+), Tuesday evenings, if there is enough interest. For information call them at 543-4114.

Off #10 Highway in West Northfield Tiffany Wagner Manzer has open Shabby Chic Boutique. Check out her Facebook page for open hours and specials.

Do you have business news? Send it to us.

We reserve the right to limit the space we dedicate to this column.



Are you a business owner? Do you have a great product or service you want to advertise to the people in our area?

You can advertise in this newsletter!

- > Catch the eye of your neighbours
- > Support the local community
- > Make new connections....all for one reasonable price.

Sample Ad Sizes
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Contact us.
See page 24.

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LAHAVE RIVER
29 North St. Bridgewater

Plow it Forward this Winter

"Adopt" a senior neighbour and help with their snow removal.

A neighbour may need your help and your act of kindness could save a life. Volunteer to shovel as an individual, family, business or school. Knock on a neighbour's door, and spread care and compassion in your community.

If you are a senior or someone with a disability and there is really no one in your neighbourhood that can help you clear snow this winter, or you wish to kindly volunteer for our "on call" list then please register with Stay at Home Care by calling 902-543-1727. Unfortunately not all requests for help can be supported



Partnering with our Communities



United Way
Lunenburg County



NGAPS Annual General Meeting

April 5 @ 6:30pm

Check our website for details or call 902-644-2922 for more info.

Please join us!

Municipality of the District of Lunenburg



Cathy Moore
Councillor - District 7

104 Zwicker Mill Road, PO Box 137, New Germany, NS B0R 1E0
(902) 644-2922
kitcatt@ns.sympatico.ca

WORKPLACE SAFETY TRAINING



Patty Joudrey's Education & Training Services
194 Dufferin Street, Bridgewater, NS B4V 2G7
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www.pattyjoudrey.com

email: pattyjoudrey@eastlink.ca



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- * Individual Program Planning (I.P.P.)
- * Crisis Intervention Training
- * Medication Awareness
- * Basic Principles & Practices of Personal Care
- * Create Fire & Emergency Plans for Special Care Centres & Other Businesses
- * Food Safety Training

* Will do Specialized Training for Specialized Groups

My training centre also provides one-on-one training, small groups and large groups.

If there is specific training you require and you do not see it on my list, please contact me and I will try to access this for you. **Training hours and training days are flexible.**

"Dedicated to Quality Education & Training, With a Human Touch"

Training for Construction Industry

- * First Aid + CPR
- * W.H.M.I.S.
- * Principles of Loss Control
- * Accident & Incident Investigations
- * Hazardous Identification & Control
- * Safety Audits (Internal/External)
- * Industrial Hearing Testing
- * Fall Protection
- * Confined Space
- * Lockout/Tagout
- * Fire Safety



New Germany Garden Club



The Garden Club meets the fourth Wednesday of the month at 7:00pm, generally at New Germany Rural High School.

In November the club met at Rosedale Home and with the help of several eager residents, made pine and fir table arrangements for the holiday season. The community planters were dressed in their winter greenery.

Our meeting in January featured an interesting presentation by Ben and Amanda from Little Bee Farm who told us about the importance of bees in our world. As gardeners we certainly know about the importance of bees in our gardens. Ben gave us tips on raising and caring for bees.

Please check the community website for upcoming programs and meetings. Anyone is welcome to join the garden club, yearly membership is only \$5.




New Germany & Area Lions Club

Serving our communities since 1985


Volunteer Connections

Is your group or organization looking for new members or volunteers? Send us information about your needs and we will include your request in our newsletter as space permits. A short outline of your organization's goals, the type of volunteer you are looking for, the time commitment and contacts should be included.


You can send your information to NGAPS by mail or email to the address on page 24.


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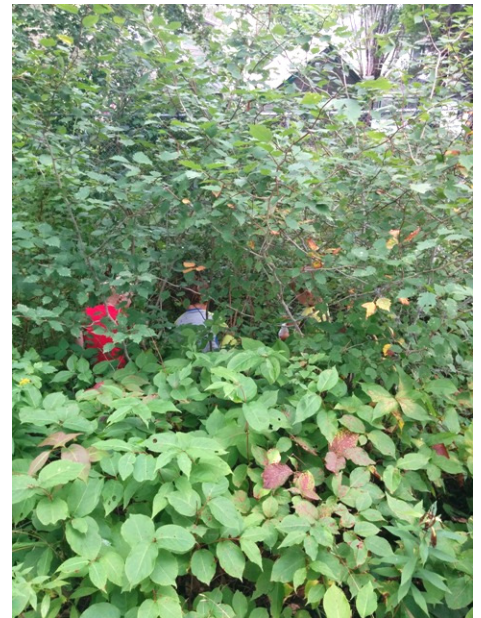
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Promoting Outdoor Play

~Gillian Kiely, Early Years Centre, New Germany Elementary School

What is your favourite memory of playing outside as a child? What was it about being outside that you enjoyed most? It could be a place you used to go to, an imaginative game you used to play, or maybe just being free to roam; jumping, sliding and getting dirty. How do these memories make you feel when you sift through them? Now I want you to think about where children are playing outside now. What has changed? Based on research and conversations among professionals that care for children, there are stark differences between how adults used to play and how children are playing outdoors today; children either are not outside at all or their play is highly supervised and very limited in the variety and range. Some factors that have contributed to this include greater concern for stranger dangers, heightened concerns for liability as well as a growing amount of academic pressures for children and educators to satisfy each day. Combined, these pressures have resulted in limiting the time designated for children to play and move freely outdoors. While done in an effort to keep our children safe and healthy, evidence tells us that these reactions actually result in children engaging in less active play outdoors and missing out on important child development benefits. Obesity, mental illness, stress and poor risk management skills are some of the effects that have been highlighted recently by child development and health and wellness experts as consequences associated with the lower levels of physical outdoor activity in free-to-play natural environments.

When we look at ways to play outside, there is a wide range of development that happens.



2016/17 NGES Early Learning Program Registration

The Early Learning Program is open to children turning four during the 2016 calendar year who live in the New Germany Elementary School district.

Visit the office at NGES to register your child. Parents/guardians will be required to show proof of residence, child's birth certificate and a valid NS health card.

There is no fee for this program

Program runs 9:00am-2:30pm, Monday-Friday on school days.

Transportation is the responsibility of the parents.

Check out the New Germany Elementary Early Years Centre Facebook page.

For more info call 902-644-5020 or email ngelc@gnspes.ca

Mud Pits, Elevated Spaces and Hide Outs develop intellectual skills such as problem solving, language development and abstract or flexible thinking. These are key skills when they head into any academic setting.



Sand, soil and water, as well as balancing, rolling and jumping from various heights all build physical development in motor skills, stamina, fitness and health. Early on, when children learn to be comfortable and confident in their bodies as part of their daily lives, they are more likely to continue physically active lifestyles.



Trails and pathways, building materials and good ol' rocks and sticks provide rich social development for children to experience cooperation and sharing, social consequences for their actions and developing their sense of self, problem solving and their personal values.



Emotional development is encouraged when children get to explore **spaces where they can find bugs, groves of trees and shrubs and search through herb and veggie gardens.** Children's creativity, empathy and sense of responsibility progress when exposed to unstructured play in these spaces.

Conversations are happening about how we can support different areas of children's lives in getting them outdoors. Schools, child care centres, recreation partners and families are all involved in looking at how we can educate and support those who are unsure about how to get more children playing freely outside in our communities and across the South Shore. Support from community members is key in this movement to bring the outdoors back to our daily lives and the lives of our children. Be a champion for outdoor play in your community by joining in the conversations at your school or community program and get our children back outside so that they may grow up healthy and happy.

For more information and resources please visit
www.southshoreconnect.ca for a list of outdoor spaces in your area
www.participation.com for more info on why children should be outside



Spring is soon here and sweet pure maple sugar flows from the trees in the forest in Maplewood. This year we are offering guided tours and wagon rides of our award winning woodlot and our maple sugar Farm. If you're looking for some really great 100% pure maple syrup, cream or butter, a guided tour for your Family, Friends or Group, or just a visit to the sugar shack please contact:

Maplewood Maple Syrup & Christmas Tree Farm

call 644-3358 or

email maplewoodfarm@gmail.com.

Or drop by anytime for a visit.

(Always welcome, but please call or email first to make sure we are home.)



Sugar Shack @ Farm

The Village in Winter

~ essay by Emily Bowers

In the morning, the light grey of the winter morning, the sun starts its orange rise in the sky, over the hills that stretch up from the LaHave and I think to myself, *red sky in the morning, take warning*. We did get off easy for a little while, with a tropical Christmas, but now exhausts sigh out white smoke from cars that are nudged to come sputtering to life in the light grey morning. Under layers of puffy snow pants children wait for buses, in brave shirt sleeves an ambulance attendant loads an empty stretcher.

In a place that's already quiet, we quiet down even more. Except for Saturday mornings, when the thought of maple smoked bacon rouses us through minus whatever temperatures and we hack the ice off that reluctant old car and join the parade to a warm plate in a warm hall.

In a place that's already quiet we add extra seats around the big table and gather in the warmest room with friends for a boiled dinner or a roast. We drink cups of tea and put on extra socks and we stay in the warm room long after they're gone, reading that book we got for Christmas but dreaming of the spring planting on the way.

In a place that's already quiet we spend hours getting ready for the storm, filling buckets and bottles, checking batteries and generators and adding to the piles of wood. We watch the forecasts and we watch for the first flakes, watch our roads disappear and then our cars, our bushes. We worry for those who have no choice but to go out, we remember last year and worry for our roofs and leaky spots.

But the next morning we see the crystals on the brown trees that have long lost their leaves, we see the snow-day-gifted children sliding down hills. We trade phone calls with friends and family along the coast - *how much did you get down there?* We remember the summer sun and know that in the summer, we'll remember the winter sun, the high blue empty sky, the crunch of snow, that flutter of adrenaline when a boot slides on a patch of ice but fingers catch a car handle or a railing just in time.

The winter sky hangs its midnight ink punctuated by stars like crystals. Footprints cut across snow-covered yards, an engine cuts through the evening's silence on the trail through the trees where once the trains ran. Hunker down, huddle up. It will be spring soon but now, it's the village in winter.



Queens County Quilters Keep Rosedale Seniors Cozy with their Generosity

~Donna Finck

Good things can happen when one person meets another person and each of them brings along their willingness to share. So it was with Pat Paul (Watford) who is a member of the Queens County Quilters Guild. The Guild had completed a project for the residence of Queens Manor, Liverpool. They made a quilt for every resident at the home. Pat thought maybe the Guild would take on the same project for the Rosedale Home for Special Care, New Germany. In fall 2014 she brought up her suggestion to the members and they decided to go with it.

Queens County Quilters Guild members come from all over the South Shore. They meet in Liverpool regularly with a membership that represents a wide range of skills and abilities. Guild member Beverly Crouse (Liverpool) created a beautiful and simple pattern for the Queens Manor quilts. They decided to use the same pattern for this project. Each person provided their own material for the project; measuring, cutting and sewing it together into a single bed sized top.

Top is a quilting term for the pattern made by sewing small pieces of fabric together. A top is what happens when a clever and resourceful person who cannot imagine throwing fabric away ends up with a big pile of little bits of fabric. This is where the magic happens. Quilters cut and sew and piece these small bits into beautiful designs that are as small or as large as needed. It could be a table topper, a baby quilt or king sized quilt depending on the need. All of these are tops. Making a top is a lot of work but it's not a quilt. It's just the first step.

Pat is a very active person and exercises with a group in New Germany. She told the exercise group about the quilt project. Nancy Veinot is a member of the exercise group. Nancy took the guild project to the New Germany and Area Lions Club. The Lions Club got behind the project and donated \$1,100 for the materials for the batting. Rosedale Home donated \$400 for the backing.

O.K. Now is it a quilt? Nope. Top, batting and backing are not a quilt until it's all sewn together. Leanne Molyneaux organized all thirty-nine tops, the batting and backing on Pat Paul's quilting machine and sewed them together. A big job no matter how you look at it.



Marion Conrad choosing her quilt

Béa Schular photos



A quilting machine is a frame with rollers front and back. The backing is one solid piece of fabric and so is the batting. These are attached to the rollers. The top is laid over all and attached to the batting and backing. A large, deep throat sewing machine travels on a separate rail and sews through all three layers. This modern way of attaching the layers together is much faster than the older method of putting backing, batting and top in a frame and sewing the three layers together with a needle and thread, up, down, up, down to secure everything together. Quilting by hand took endless hours. Modern quilting takes much less time. When the three layers are quilted together and they come out of the bars (old ways) or off the quilting machine I think you could say that this is a quilt. But it's not finished!

The quilts were returned to the quilters who made them where their edges were finished by hand sewing a strip of fabric around. Member Anne Merry (Farmington) made sixteen tops. Others pitched in to give her a hand with binding so many quilts.

At last, by November, a year and a few months after the project was initiated, all of the quilts were complete. A small group of Guild members presented the residents of the Rosedale Home for Special Care with these quilts. They got to choose the one that they wanted to keep. It was a very special moment for everyone involved. Hats off to the quilters. Job well done!

The Camino – The Way of St. James

~ Nancy Veinot

The Camino is an ancient pilgrimage that people have walked for thousands of years in search of the body of St. James which is believed to lie in Santiago. I was invited to join my sister and a friend to walk the Camino – the French Way, leaving France and travelling through northern Spain, a distance of 790 km. We each left home carrying a backpack weighing close to 20 pounds, packed with a guide book, sleeping bag, clothing, toiletries, two water bottles and a scallop shell hanging from each of our packs indicative of our journey ahead.

On August 20th we departed the small town of St. Jean Pied-de-Port near the border of France-Spain at 170 meters of elevation. We hiked a distance of 26 km the first day which included a climb to an elevation of 1,460 meters, crossing the Pyrenees and the border to Spain before we made a 500 meter descent before sunset. The Napoleon Route over the Roncesvalles Pass is one of the most challenging but beautiful parts of the Camino, offering panoramic views of the Pyrenees and making the effort worth it!

Each day, for 31 days, we consulted our guide books and eagerly set out to get on the trail, finding breakfast at a café within 3 – 10 km, hiking further, and enjoying the conversation with other pilgrims. On our daily stops we would use Wi-Fi on our phones to text home and forward photos. We met hundreds of people from many countries, speaking many different languages. Although we all had different backgrounds and reasons for making the pilgrimage, we shared a common goal – to complete the Camino. We followed tracks and paths lined by granite stone walls taking us through large acreages of corn, hay, sunflowers, vineyards, wind farms and pastures; passing through rustic villages and towns, following the yellow arrows or scallop shells that mark “the way” through the cities of Burgos, Pamplona and Leon, passing medieval bridges, castles, and cathedrals, topped with stork nests.

At night we stayed in albergues which are basic lodging offering shower and laundry facilities. Breakfast and lunch were usually eaten in local cafes but some albergue hosts offered a pilgrim’s mass for the evening meal where everyone in the albergue gathered in a very large setting. Albergues could be as small as 4 beds in a room to as large as 96 beds.

We ate many chocolate pastries, tapas, breads and meats. Evening meals were usually three course with a choice of starters (soup, salad or fish), mains (fish or meat, fries and bread), and choice of dessert (yogurt, ice cream, almond cake or fruit). Wine, beer or water were also provided.

We were treated very well throughout our entire journey by both the pilgrims and the local Spanish people who would beckon us to pick plums, pears and grapes from their properties. We were offered food, cookies, fresh figs, tomatoes, grapes and water as well as gifts. “Buen Camino” was reiterated one to another throughout our entire journey as we travelled throughout the many villages, with locals pointing to the yellow arrows, keeping us on our journey.



Countryside Christmas 2015

The second Countryside Christmas was a success! Nine festive days filled with community events! There was plenty of holiday and community spirit in the air.

Countryside Christmas began with a breakfast at the New Germany Legion and ended with the Christmas Festival, Market and Whimsical Store at NGES. There were 18 other events that happened in between and all over New Germany area, such as: a Christmas tea in Springfield, a Christmas concert in Parkdale/Maplewood, Night of the Arts at New Germany Rural High School, a movie night in Barss Corner, a Bingo in Northfield, a Penny Auction in Pinehurst. Santa kindly made many trips to our area during Countryside Christmas.

We had eight entries in the first Festive Business Contest. Thank you to our four judges, Catherine Robar, Danielle Wile, Jackie MacDonald and Sam Jess for judging each business' festive display. Jason T Greek Plumbing and Heating was awarded the first place prize. Donna Lee's Hair Studio came in second place. Jason T Greek Plumbing and Heating also won the Facebook fan favourite prize by receiving the most "likes" on the New Germany Area Promotion Society's Facebook page.

NGAPS are hoping to have more community groups and local businesses join us for 2016's Countryside Christmas by hosting events and specials.



The Back Page

Info about this Newsletter

New Germany Area Promotion Society
New Germany, N.S. B0R 1E0

E-Mail: ng_cap@ns.sympatico.ca
Phone: (902) 644-2922
Facebook



New Germany Connections was put together entirely by NGAPS volunteers. Ads were paid for by advertisers. Please support our local businesses, because without them there would be no publication.

Next Issue:

Will be mid April. We would like to hear your story ideas. Please contact us at the address or phone number on this page.

Thanks for entering our contest!

In the November issue of the Newsletter, we gave you the chance to win a \$20.00 gift card from any one of our advertisers - your choice.

The draw was made and the winner was Pearl Arenburg. She chose a gift certificate from Freshmart. Congratulations Pearl.

Enter our contest on pages 12 - 13 by sending your answers to the address above. You may be our next winner!

Answers to the November contest: carols, turkey, Christmas tree, ornament, Father Christmas, presents, wreath, pine, fruitcake, Santa Claus, sleigh, star. Bonus: Merry Christmas.



NGAPS publishes New Germany Connections five times a year - mid February, mid April, mid June, early September and early November. Watch for yours with your flyers. It is also available in colour on our web site or can be picked up at New Germany Freshmart, Mader's Clover Farm Supermarket, Village Glassworks and many other places in our area.



Reconnecting...

Is a feature in Connections where we catch up with former residents of this area.

Do you know someone we might feature? Please get in touch, the contact information is above.



Advertising Information: You can advertise in this newsletter. We deliver it to all the households and businesses in the New Germany, Barss Corner and Springfield Post Office areas. Single ad sizes vary but can be 1' x 7" or 3.5" x 2" depending upon space and layout. Price per single ad is \$20.00. Multiple ad sizes are available. The revenue from the advertising helps to offset the cost of printing and distributing this Newsletter. Thank you to our advertisers for their assistance.

New Germany Connections is also available on the community web site, in colour, with all ads included. **Community events and local businesses are listed on the web site for free.** Please contact ng_cap@ns.sympatico.ca Next issue will be published mid April. Ads are limited so they are offered on a first come, first served basis. Please contact NGAPS at the above addresses to book your space.