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**Community Events**

- Apr 16 Easter
- Apr 17 Roadside Cleanup
- Apr 18 Roadside Cleanup
- Apr 19 Spring Walk
- Apr 22 Babysitter Course
- Apr 22 Roadside Cleanup
- Apr 27 Spring Walk
- Apr 29 Moss Walk & Talk
- May 2 NGAPS meeting
- May 3 Spring Walk
- May 11 Seniors Fun, North River
- May 11 Spring Walk
- May 14 Mother's Day
- May 27 Union Square Plant Sale
- May 27 Penny Auction
- June 6 NGAPS meeting
- June 3 Barss Corner Plant Sale



*Spring 2017*

"Spring is just around the corner". I think we have been hearing that since early March. We are getting anxious for the plant sales, the yard sales, the rambles in the woods and trails without the need for winter coats and boots. We yearn for the freedom and adventure that comes with Spring, the new chances. We feature some of these activities in this newsletter. We hope you get out and get your hands in the dirt or even just the fresh air in your lungs and experience the joy of a new season in our area. What a better place than here to do so?

*NGAPS Programs & Events*

**NGAPS Regular Meeting** the first Tuesday of each month. Everyone is welcome to attend. Check our web page for more details.

**Spring Walks** April 19th, 27th, May 3rd and 11th. Stating at 6:30. Various routes, see page 3.

**Canoe with Greg** July 1st and August 28th Meet at the Veterans Memorial Boat Ramp at 8:00am. More details on page 16.

Are you a Community Group or Organization in our area? Share your events, fundraisers or special occasions with us!

We will add it to our Community Calendar page.

We will put it on our Facebook page.

We will promote for and with you!

Any group or organization in our area can advertise their event on our sites at no charge. Please send listings to:

ng\_cap@ns.sympatico.ca, our FB page or drop off at Village Glassworks during open hours.

[newgermanycap.ednet.ns.ca](http://newgermanycap.ednet.ns.ca)

Check out our Facebook page!  
Follow us on Twitter!



The mission statement of New Germany Area Promotion Society is: "NGAPS will strive to create a sustainable and vibrant community where people and businesses are encouraged to thrive." We will achieve this mission by supporting communications and partnerships both within and outside our community.

## More Post Offices of our Area

From Lunenburg County philatelist C Lloyd Tancock's collection.

There is a display of Mr. Tancock's collection at the **Desbrisay Museum** in Bridgewater **until April 20th**, including these cancellations and others from our county.

If you have any details about any Lunenburg County Post Office he would like to hear from you. You can contact us (last page) or Lloyd at (902)543-9110 or stampguy48@hotmail.com.

### Union Square



Just west of Indian Lake and 9 kilometers east of New Germany at a crossroad, it was likely named because it was a crossroad point. On October 28, 1830 a land

grant of 1000 acres was granted to a group including Peter Daphinee, Peter Jodry, Eberhardt Rafuse, Ferdinand Hubley and Nicholas Eisenhauer.

The Post Office opened on January 1, 1898 and closed on December 7, 1935 with the only postmaster being E. Hart Nichols.

### Walden

On the east side of Rocky Lake 26 kilometers northwest of Mahone Bay and 2 miles southeast of Sherbrooke



Lake, it is believed to have been named for the retreat made famous by Henry Thoreau. A George Ernst received a land grant here in 1839.

The Post Office was established here on March 1, 1894 with Charles Nass as first postmaster. He was followed by Stuart Nass who was in the position at the time of closing April 30, 1955.

### Upper New Cornwall

At the southwest tip of Caribou Lake on the Blockhouse to Barss Corner road, it was likely named for Cornwall, England and as being descriptive of its location in relation to Cornwall. Settlement here is known circa 1805.

This Post Office opened on September 1, 1891 and closed on February 28, 1953. There were five postmaster during operation - John E. Hallimore, Lawrence Naas, Henry Nass, John Hallimore and Henry Creighton Nauss.



### Newburn

Thirteen Kilometers northeast of New Germany, it is purportedly named as the area newly burned over by a forest fire. Charles Jodrey received a land grant here on September 23, 1846.

The Post Office operated here from April 1, 1882 until July 3, 1920 when it closed temporarily, reopening again from July 1, 1921 until final closure on July 31, 1953. Charles Joudry was the first of seven postmasters, with Clarence Maynard Beck being the last.





# NGAPS Spring Walks

## 6:30PM COMMUNITY WALKS

Walk 1: **Wednesday, April 19th** - Meet at the parking lot at the intersection of Wentzell Road and Highway 10, walking along the shore of Wentzell Lake.

Walk 2: **Thursday, April 27th** - Meet at NGES, walking a loop around New Germany, crossing both bridges and under the Main Street Maples.

Walk 3: **Wednesday, May 3rd** - Meet at the parking lot at the intersection of Wentzell Road and Highway 10, walking along the trail toward the Bruhm Road.

Walk 4: **Thursday, May 11th** - Meet behind the Freshmart, walking the trail to River Ridge Common and Indian Brook Falls.



Each walk will be about an hour long. Please walk only what you are comfortable with doing. All ages and dogs on leash are welcome. Walks are stroller friendly.

This is a great way to explore the trails around the community in the company of others. So put on your sneakers, grab your water bottle and join us for the adventure. If it is rainy we will skip that walk and go to the next one. Walks may vary from schedule pending road and trail conditions. Check our Facebook page or website for updates.





Mist & fog around us.  
~Ron Smith photos



### Annual Plant Extravaganza Sale

Union Square Community Hall  
4505 Cornwall Road  
May 27, 9:30 to 12:00.

Perennials, annuals, shrubs and vegetable transplants.

**Very Reasonable prices.**



- ~Several outside sellers.
  - ~Canteen will be available.
- Come early, think gardens and forget snow!

### Plant, Bake & Yard Sale

9:00am to 1:00pm



also **BBQ** (starts @ 11am)

**Barss Corner Community Hall**

**June 3rd**



Proceeds Barss Corner Baptist Ladies Auxiliary

## Village Glassworks

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## NGES Early Years Centre Community Room Events

Monday 12:00-2:30 New Mommies group  
 Alternate Tuesdays 9:00-10:30 Kookie Krafters  
 Wednesday 10:00-11:30 BTFRC playgroup and Parenting Journey  
 Friday 9:00-2:00 Schools Plus, 12:30 GSA  
 1st/2nd Friday of each month 3:00-4:30 Messy Saints

**Slowcooker Freezer Meals** April 6, 20, May 4, 18, June 1, 15, 9-11 am, Call Leah at 902-543-3119

**Employment Solutions Society** April 21 10-12 Questions? Contact Amy Foster (SchoolsPlus) at 902-523-5731 or email at [afoster@ssrsb.ca](mailto:afoster@ssrsb.ca)

**Red Cross Babysitter Course** April 22, 9-4:30 Register by calling 902-541-1343 or online at [www.modl.ca](http://www.modl.ca)

The full calendar of events can be viewed on our Facebook page, New Germany Elementary Early Years Centre. To inquire about, or book the room, email [ngelc@gnsps.ca](mailto:ngelc@gnsps.ca)



~ Ron Smith Photo

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<b>PC MAGIC PLANTER SOIL</b> 25L \$5.99	<b>PC MAGIC SOIL</b> 50L \$6.99	<b>NO NAME SUPERSOIL</b> 70L \$5.99	

**PRICES ARE LOCKED-IN UNTIL MAY 31st, 2017**

# The 2017 Earth Day Litter Challenge

Wednesday, April 19

Community groups, schools, groups of co-workers and individuals may sign up to clean up the road or playground of their choice. Call (902) 543-2991 to register.

Each group receives gloves, specially marked litter bags and a certificate acknowledging their efforts. Organize your clean up during the "official day" of the event (or the day before) and we can pick up your litter bags for you. Otherwise, litter bags can be collected with regular residential garbage pick up.

<http://www.communityrecycling.ca/promotional/earth-day-litter-challenge>

Form your own Earth Day Litter Challenge group or join in on one of the following groups:

**-New Germany end of the Barss Corner Road.** Meet Greg Selig, friends and neighbours at Holland's Garage at 6:30pm on Wednesday, April 19th (rain date of Thursday, April 20th)

**-Barss Corner section of the Barss Corner Road.** Meet the Greek family and the Jess family, friends and neighbours at the Barss Corner Post Office at 6pm on Monday, April 17th (rain date of Tuesday, April 18th)

**-Union Square** Roadside cleanup date: 9:30am April 22nd. Rain date of April 23rd.

No time to organize a group? Grab a garbage bag, go for a short walk in your neighbourhood and pick up litter as you pass it.



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**NGAPS Meeting**

NGAPS holds our regular monthly meetings the first Tuesday of the month. Everyone with an interest in our community is welcome to join. Please check website for location or call 902-644-2922 for more information.

New Germany Area Promotion Society



## What's at the Museum?

### Shot Pouch



Used to store and accurately pour exact measurements of loose shot.

The Parkdale Maplewood Community Museum is closed for the season, but will reopen May 1st, Monday to Friday 9:00am to 5:00pm. Open Saturdays beginning in July.



## Moss Walk and Talk

A Natural History of Mosses Lecture & Guided Walk

Learn about the miniature world of mosses with bryologist and artist **Mary Morey**.



**Union Square Hall,**

Saturday April 29th, 10:00 to 3:00, \$30 per person.

To register and for more information contact Mary at 902-644-3459

Do you have a story about a school in your community? For many, these buildings were the heart of the community. We would be interested in having more stories about the one and two room schools which used to dot our countryside. Get in touch, contacts on page 24.



### Eva Cook

Homestay Coordinator

Nova Scotia International Student Program (NSISP)  
South Shore Regional School Board

130 North Park St.,  
Bridgewater, NS, Canada B4V 4G9  
902.521.8532  
ecook@ssrsb.ca  
www.nsisp.ca  
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## WORKPLACE SAFETY TRAINING



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email: [pattyjjoudrey@gmail.com](mailto:pattyjjoudrey@gmail.com)



### Training for Healthcare Providers

- \*Provide an Overview of the Occupational Health & Safety Act
- \*How to Establish an Occupational Health & Safety Committee + Roles & Responsibilities of the Committee/Safety Rep.
- \*First Aid + CPR
- \*Critical Incident Stress Debriefing/Defusing
- \*W.H.M.I.S. 1988 & W.H.M.I.S. 2015/GHS
- \*Non-Aversive Behavior Management
- \*Individual Program Planning (I.P.P.)
- \*Crisis Intervention Training
- \*Medication Awareness
- \*Basic Principles & Practices of Personal Care
- \*Create Fire & Emergency Plans for Special Care Facilities & Other Businesses
- \*Food Safety Training \*Fire Safety

\* Will do Specialized Training for Specialized Groups

The company provides one-on-one training, small groups and large groups.

If there is specific training you require and you do not see it on my list, please contact me and I will try to access this for you. **Training hours and training days are flexible.**

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### Training for Construction Industry

- \*Provide an Overview of the Occupational Health & Safety Act
- \*How to Establish a Joint Occupational Health & Safety Committee + Roles & Responsibilities of the Committee/Safety Rep.
- \*First Aid + CPR- Emergency, Standard & Marine
- \*WHMIS 1988 & W.H.M.I.S. 2015/GHS
- \*Principles of Loss Control
- \*Accident & Incident Investigations
- \*Hazardous Identification & Control
- \*Safety Audits (Internal/External)
- \*Industrial Hearing Testing
- \*Fall Protection
- \*Confined Space
- \*Lockout/Tagout
- \*Fire Safety



## River Ridge Common News

Fall 2016 Work Program

Several community groups collaborated for a day of volunteer work at the River Ridge Common community park on a pleasant day last November.

Students from New Germany Rural High School and Nova Scotia Community College, along with members of the River Ridge Common Steering Committee and representatives from the Municipality of the District of Lunenburg, completed a tour of the site and reviewed the overall plans for its development, took stock of some of the site's ecological features, then dug into constructing a new walking trail along Indian Brook.

Accessed from the South Shore Annapolis Valley Rail Trail, the new walking trail follows the pools and waterfalls of Indian Brook for about one hundred metres to a secluded picnic spot. The group cleared the path, laid down a new gravel surface, and used a tree from the site to build natural wood benches at several scenic look-off locations.

The new Indian Brook trail, built with pride by local youth and other volunteers, is a great addition to River Ridge Common, and is the first of many park improvements planned for the enjoyment of the whole community.



~Photo Ron Ripley

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## District of Lunenburg Recreation

There are many opportunities for you and your family to have fun, get active and take part in your community this spring. Look in the Spring Recreation Guide!

### Upcoming Events/Programs:

- Adventure Tales (MARC) – April 21
- Miller Point Trees & Plants – April 22
- Municipal Volunteer Reception – April 25 (Conquerall Bank Fire Hall)
- Babysitter Course – April 22(NGES) or May 6 (MARC)
- Gaff Point Hike (Hirtle's Beach) – May 6
- 2<sup>nd</sup> Saturday Running Club – starts May 13
- Youth Running Series (MARC) –May 13
- Disc Golf Workshop &/or Challenge (MARC) – May 13
- Bargain Shopping Bus Trip to French Shore – May 18
- Food Handlers Course (MARC) – May 17 & 18
- North River Fun & Games for Seniors' – May 11
- Children's Fishing Derby (MARC) – May 27 (Sports Gear Sale or Swap)
- Family Outdoor Day - Archery, Canoeing & More! (MARC) – May 28
- Canada 150K Challenge – accumulate 150K with 3 activities May 1 – July 1 Prizes!
- Bike Week – June 2 – 11 (watch for event list)
- Bridges of Lunenburg Co. Bike Ride – Trail, Chester Basin to Lunenburg – June 3

**For more information call 541-1343 or visit [www.modl.ca](http://www.modl.ca)** Watch for our weekly listing in the LighthouseNOW Log. "Like" us on Facebook! For South Shore community information visit [www.southshoreconnect.ca](http://www.southshoreconnect.ca)



Read this newsletter in colour on the web  
@ <http://newgermanycap.ednet.ns.ca>  
Also available at New Germany Freshmart,  
Mader's Clover Farm Supermarket, Village  
Glassworks, Tammy's Country Stop and other loca-  
tions.

## New Germany Canada Day

Any group wishing to have a booth or provide a service for the Canada Day Celebrations in New Germany should contact James Alexander, 644-2918.



## DIETRICH FAMILY DENTISTRY WELCOMES



Dr. Jeff Clarke, BSc, DDS



Dr. Clarke was born and raised in Timberlea, NS but spent many summers at his parents cottage near Molega Lake, making the South Shore his second home. After completing a BSc. at Saint Mary's University in 2007, he completed his Doctor of Dental Surgery degree at Dalhousie University in 2011. Jeff knew right away that the South Shore was where he wanted to be and moved here immediately after graduation. Dr. Clarke is a current resident of Lunenburg County where he has been practicing all scopes of dentistry for the last 6 years.

Outside of practice, Jeff can be found at Osprey Ridge during the summer months and in the rinks through the winter. Jeff is a proud father and avid animal lover.

He is extremely excited to have the opportunity to join his wife Dr. Lindsay Dietrich and the Dietrich Family Dentistry team in New Germany.  
Call today to schedule your appointment: 902-644-2957

Kathy DeMond, RDH



Kathy is a life long resident of Lunenburg County. She has 34 years of dental hygiene experience caring for the oral health of her community. She is a graduate of Dalhousie University and is highly skilled and trained in all facets of her profession.

She strives to make all her patients feel relaxed and comfortable at every re-care visit. She believes in educating her patients regarding their dental health and how best to care for their teeth and gums.

Outside of dentistry, Kathy enjoys time spent with her family and supporting her daughter at Synchronized Swimming, which she participates in competitively.

We think she will make an excellent addition to our team and we are excited to have her on board.

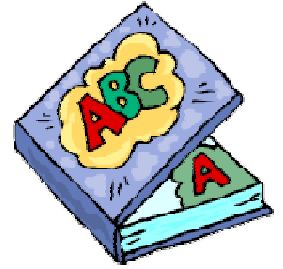
To book your next check up with Kathy, please call 902-644-2957.

## *News From New Germany Elementary School*

~ Angela Gladwin

### NGES Soars into Summer

There are some exciting plans underway at New Germany Elementary. We know the importance of summer reading so that our students do not fall behind over the break. Did you know that reading just 10 books repeatedly with your child over the summer has been shown to increase their reading level and with no reading they are almost guaranteed to slide backwards? Catching up after the summer is hard to do. We are developing a plan to partner with our parents and community to support our students through the summer so that no one falls behind. On Literacy Night, May 25, 2017 at 6:00 parents can hear about our exciting summer plan! We care about our student's success. We are looking for volunteers from the community with this project.



### Loose Parts and the Playground

We are very excited to have received a large storage container for our loose parts that will be for our students to play with outside. We now need to fill it up. If you have items that you might consider "beautiful junk," that children could create with we would love to chat with you and repurpose them rather than taking them to the landfill.

We are in the process of recruiting interested community members, parents, and others who would like to help us develop a plan for our natural playground and loose parts initiative to form a playground committee. If this is something that you are interested in please contact the school at 902-644-5020 and leave your name and contact information. We are very excited about where this project can lead.

### Thank you to the Lions Club

We like to extend a huge THANK YOU to the New Germany and Areas Lion Club for their very generous donation to our Breakfast Program. The Breakfast Program is an essential part of supporting our students and we truly appreciate this community support.

### The Early Years Program

If you have a child, or know of a child, who is eligible for our 4 year old program and they have not been enrolled this year it is **not** too late. It is still valuable to give them some experience before starting Primary. Please pass the word around, as we would love to have them join us for the remainder of the year. We are also currently enrolling for our program next year. This experience before school has been shown to have direct benefits in future school success. If transportation is a barrier to registering please contact the Mrs. Gladwin at 902-644-5020.

### The Community Room

As part of the Early Years Initiative we have a community room available to be booked for use by groups who need a space. We would like to hear from you if you have ideas for programs we could offer and how this room can be more valuable to the community and how we can connect with you.

### *Municipality of the District of Lunenburg*



**Cathy Moore**  
Councillor - District 5

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# Business Buzz



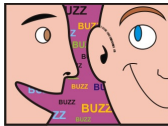
There are often many changes in the business community in our area. This column notes a few of the high-lights.

In New Germany both **Charlie's Pizza** and **2 Papas** have new menu items. At 2 Papas check out their spaghetti, mac & cheese, lasagna, not to mention the Russell Sub! Great to have it back in the community. Charlie's is offering three new dishes: Shawarma plate, sandwich platter or shish kabob platter on Friday and Saturday. And **Mumma's Stink-Pot** have their food truck moved back on site for the season. What a variety of food choices we have in the area.

**Rhyno's Ltd** are pleased to welcome Jason Greek to our working family, he will continue to do his plumbing work, in addition to working towards his Refrigeration ticket. Jason can be contacted in the usual way or now directly through Rhyno's.

On the #10 in Wentzell Lake there is **Calla**, Registered Massage Therapist.

And the building continues on the Barss Corner road at **DeLong Farms**.



## New Germany Building Supplies

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## New Germany & Area Lions Club

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Jeff Langille

## Rosedale Visitors



### New Germany Early Years Centre visited Rosedale Home in March.

Program Director Crystal Leary organized games and activities for the young ones while Rosedale regulars cheered them on.

As the visit came to an end, children and residents committed to see each other again soon.



## Canada150 in Calgary!

**Boston Marathon Fast Approaching** for Janis Power as she has completed the hardest part of her training and is now in the maintenance/tapering phase. She will run in this prestigious marathon on April 17<sup>th</sup> along with 30,000 other runners from around the world. Janis says that she will feel the support and positive energy from folks here at home just as she did when she ran in 2015. If you wish to follow her as she runs you can go to "AT & T Athlete Alerts" on the Boston Marathon Website and follow the instructions to register for updates. (Bib# **23 403**; Name-**Janis Power**). She will be crossing the start line at approximately 10:50am Boston time. **"I would like take this opportunity to say thank-you to the Municipality of the District of Lunenburg for their Elite Athlete Travel Grant and to the New Germany Area Promotion Society for their financial support!"**

Just 6 weeks following the Boston Marathon Janis will be running in another big event! She was chosen to be the NS Flagbearer at the Calgary Marathon as they celebrate Canada's 150<sup>th</sup> Birthday. She will be flying to Calgary in late May with her #1 supporter, Greg Selig, and will run in the marathon on May 28<sup>th</sup>. As one of the 13 flagbearers she will take part in the opening ceremonies and both her and Greg will be given VIP treatment while they are there. Along with all of the fun events organized for this 150th Birthday Bash, Janis will take part in a photo-op and some media coverage including an interview on the live broadcast that airs on ShawTV and online.

**"I was in disbelief when I got the news! I was quick to call all 6 of our daughters and a few other family members. By the time I was finished I had gone from having incredible energy to being completely exhausted! Greg had to talk to the last person on my list! This is a big honour for me and still a little unbelievable!"**

Two marathons (42.2kms) in just 6 weeks doesn't lead to too much of a break for Janis. She will be travelling to Winnipeg in June, along with Greg, to visit family. While there she will run her 3<sup>rd</sup> marathon in as many months at the Manitoba Marathon on June 18<sup>th</sup>.

**"Running has taken me places and given me opportunities I never thought possible!"**



## Cycling Along the Lahave River Trail

Thinking about a bicycle ride from New Germany to Bridgewater?

Checkout the Lahave River Trail Association's NOTE about their experience with the 90 minute ride. It includes a summary of the key points along the ride and a map.

During the fall of 2016, just after we completed the new section of trail, I had two bicycle trips from Bridgewater to New Germany along the Lahave River Trail (LRT).

Once by myself and the second time was with my son, his wife who had an eleven month old baby in a bike seat.

The highlights:

- the colours and look-offs \*amazing\*.
- the trail, where completed, was a joy to ride on. A smooth, groomed surface and unlike other rails-to-trails had a few dips and turns to make it more interesting.

The downside:

- two sections of the trail are not yet complete (see map) and this is a real drag because you have to pop off the safety of the trail and onto Highway #10. OK for someone comfortable riding on a major highway but a challenge if you aren't.

The ride at a moderate pace with a couple of short breaks:

- 0:00 - leave the Superstore parking lot in Bridgewater heading north on the Centennial Trail
- 0:10 - arrive at the start of the Lahave River Trail (you can also get to this point from the trailhead by the Best Western)
- 0:15 - trail crosses the major highway at the Cookville Bridge ('T' intersection, be careful!)
- 0:20 - arrive at the Cookville Park -- good spot to get off and walk to the river
- 0:25 - Rhodenizer Road and the end of the trail, pop onto Highway #10 -- BE CAREFUL!
- 0:40 - Turn left off #10 onto Salmon Run (BE CAREFUL, THIS IS A VERY DANGEROUS TURN ON A CORNER). Ride down the dirt road about 300 meters and the LRT is on your right
- 0:45 - Wentzell Road (and a Parking Lot). You start riding alongside Wentzell Lake
- 0:55 - Micmac Rod and Gun Club -- pop out onto #10 again. BE CAREFUL!
- 1:00 - You have just ridden thru the pretty little village of Pinehurst and you will turn left on the Veinot Road where you again pick up the trail on the right. A gorgeous ride along the Lahave River for the next 20 minutes
- 1:20 - Arrive at New Germany Building Supplies
- 1:36 - Welcome to New Germany!

This trail will be a totally awesome ride when it's finally complete.

~Tom Rogers - member of the Lahave River Trail Association, lives at Wentzell Lake



### Linda Wentzell

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## Haskap 101

~Dan Thimot and Judith Orr, Union Square Vineyards

By now many of you have heard of or tried haskap berries. For those unfamiliar with this new "super fruit", here is some information.

Haskap is a member of the honeysuckle family - it is not a blueberry. The fruit is very flavourful, tasting like a zingy combination of blueberry, raspberry, and elderberry. Haskap are full of health benefits: high in vitamin c, anthocyanins, antioxidants, potassium, phenolic compounds, and also containing selenium. They can be eaten fresh or used in cooking and baking - pies, crisps, sauces, muffins, meat glaze, jam, juice, smoothies and much more. The berry freezes extremely well. You should try our haskap jam (on a toasted bagel with cream cheese - yum!).

At our certified organic farm in Union Square, Lunenburg County, we grow haskap, garlic, and grapes commercially. We have 450 haskap plants in four varieties, each with its own berry shape, growing pattern, and flavour. After 5 years of growth one variety is 4 feet tall and 3 feet wide. A new variety planted last year "Happy Giant" is expected to exceed 6 feet tall and 4 feet wide, and produce 4 inch long fruit!

Our haskap are harvested when the sugar levels are at an optimum level, which produces a tasty crop. This is a favourite food of many bird species (including robins, waxwings, crows, and flickers) so nets are necessary. Raccoons also like the tasty fruit so we have them inside an electric fence.

Harvesting begins when the sugars are at levels of 12 to 16 Brix. They are harvested by hand and frozen

fresh the same day, it is a lot of work. We have one employee, Liam Wile, who works with us for the entire farm season. During the 3 week haskap harvest we hire several other local young people.

After harvesting in June and July, the nets are removed and put away to be used again when our grapes ripen in September. The haskap plants are fed with aged chicken manure and lime, then mulched with straw. This will ensure good plant health over the summer to hopefully produce a good crop the following spring. Pollination is crucial, we are fortunate to have a good wild bee population and since our last harvest we now have a new project - honey bees.

For more information on haskap grown in Nova Scotia you can contact us or contact the Haskap Growers' Association of Nova Scotia.



~ photos Judith Orr



Cousins Leslie Orr and Judith Orr. Leslie is holding one year old "Happy Giant" haskap plant

~photo Dan Thimot





## REDISCOVERING MY ACADIAN FOREST

Are you a new woodlot owner? Looking for ideas for your woodlot?

'My Acadian Forest' is a new blog/Facebook/Instagram project that describes some of the things a new woodlot owner may encounter as they develop their plans. Daily photos. See [www.myacadianforest.com](http://www.myacadianforest.com)

## *Rake It Forward*

### NEIGHBOURS HELPING NEIGHBOURS

"Adopt" a senior neighbour and help with their Spring and Fall cleanup.

Raking leaves and picking up fallen branches can cause undue stress on Seniors.

The strain caused by constant bending, crouching and heavy lifting can put them at serious risk of falls, broken bones, heart attack and stroke.

A neighbour may need your help and your act of kindness could save a life. Volunteer to help with their Spring and Fall cleanup as an individual, family, business, or school. Knock on your neighbour's door and spread care and compassion in your Community.

If you are a Senior or someone with a disability and there is really no one in your neighbourhood that can help you with your Spring and Fall cleanup, or if you wish to kindly volunteer for our "on call" list then please register with Flourish Well Being Society by calling 902-543-1727. Unfortunately, not all requests can be supported.

Supported by: South Shore Helping Hands; United Way Lunenburg County, Flourish Well Being Society; and, Nova Scotia Health Authority.

## *Bloggers Alert!*

Are you a local blogger or have a connection to this area? Do you have something you would like to share? Get in touch and we might feature your blog in the next

**New Germany Connections.**

(Non commercial blogs only please.)

## NEW GERMANY PLUMBING & HEATING

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## *South Shore Helping Hands - New Germany Helping Hands Social Visiting Program*

Are you a senior who lives alone and are unable to get out to socialize?

Do you have a loved one who is housebound and could benefit from a friendly visit from one of our trained volunteers? If so call New Germany Helping Hands @ 902-644-1399 to arrange a visit, leave a message! NOTE: this program is not intended to provide respite for caregivers.

**Helping Hands New Germany** will be discussing a new idea at our next meeting on April 12. We are looking to find some volunteers who will help people/families get their yard ready for spring and summer. This help might include raking the lawn, picking up branches that have broken off trees around their yard, etc. If you are someone who needs some help, or if you wish to volunteer to help out, please contact Greg Selig @902-644-2153 or by email at [gdselig@ns.sympatico.ca](mailto:gdselig@ns.sympatico.ca). The Lions Club is willing to help and we are also hoping to have the new Leos Club at the High School involved as well as the 02 students from NGRHS.

### *Canoe with Greg*

How about a guided paddle on New Germany Lake & part of the LaHave River north of New Germany?

Canoe or kayak.



Meet at the Veterans Memorial Park Boat Ramp at north end of the lake and devote several hours to a leisurely paddle with Greg Selig & Janis Power.

Bring life jackets.

We will celebrate Canada 150 with our first paddle on **July 1st** starting at 8:00am.

2nd paddle Sat. **August 26th** at 8:00am. Rain dates the next day Sunday.

Check NGAPS website or FB page for updates. Contact Greg with any questions.

[gdselig@ns.sympatico.ca](mailto:gdselig@ns.sympatico.ca)

Sponsored in part by New Germany Freshmart and New Germany Shoppers Drug Mart



### **Important Changes with Blood Collection Services for New Germany & Area Medical Centre**

Effective April 1st Blood collection will be by **appointment only** by calling (902)624-0567. This is no longer a walk in service. Please call the week prior to needing the collection to make an appointment.

**New hours:** Tuesdays and Wednesdays, 8:00 to 9:00am, charge remains at \$15.

**House calls:** Please call for an appointment, price increase to \$25 to \$35 per visit.



These changes are due to new guidelines from the Nova Scotia Health Authority. Please be patient while we all adjust to these changes in this service.

Thank you, Cynthia Wilson



### *Crabapple Creek*

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Melissa Eisnor

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902-644-3639 off. • 902-521-0350 cell

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**OPEN HOUSE FRIDAYS! 10am-5pm**

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Other dates available by appointment

902-644-3639 office • 902-521-0350 cell  
[melissa@crabapplecreek.ca](mailto:melissa@crabapplecreek.ca) • [www.crabapplecreek.ca](http://www.crabapplecreek.ca)





## From the Lions Den

New Germany & Area Lions – the best service organization in town! Our motto is “We Serve” and that’s just what we do. In the first three months of 2017 we have donated money to families to help with oil bills, funeral costs and eyeglasses. We have donated money to the food bank, two families who experienced house fires, and two gentlemen who have hefty medical costs. We have hosted a fundraiser for a local resident with extreme medical costs and we have loaned out medical equipment to those who require these items. We donated \$2000 to the Health Services Foundation to support our local hospitals and we have pledged five thousand dollars to aid in the first year of development of the River Ridge Common Park. We have given the five schools in our area five hundred dollars each to support their breakfast programs and we made a donation to Hope for Wildlife. An awesome list for a small group in a small community – but it is possible because we receive awesome support from the members of that community – thank you to the people of New Germany and all the surroundings areas who are always there when we need them – and thank you to our very own fundraising powerhouse, Carla Carver, who is always there when we need her.



*New Germany Lions checking out the site for the River Ridge Common Park*

Lions also give of their time to support our community. During the winter we worked the refreshment area during blood donor clinics, helped with the Pinehurst Breakfasts, supported the high school branch of Lions – the Leo Club, delivered bingo books to local merchants and worked the phones during CKBW bingo, and helped with the Health Services Foundation Radiothon. We made the snacks for the St. Patrick’s Day tea, hosted the Speak Out for our local students and bowled to raise funds for our Leo club.

But the best part of everything that we do is the enjoyment of working with each other and with the community to help those within our community or abroad. We welcomed three new members in January and we are always ready to welcome new members, ask any current member how to join. And check out our website for member information and upcoming events. We do have a few events planned already; the Penny Auction on May 27 at the Pinehurst Hall and the Duck Race on June 24 ( you can contact any member for tickets and we will be at local merchants selling tickets as well). The Canada Day supper will be held on July 1<sup>st</sup> as usual, and the Corned Beef supper will be coming up on Sep. 23. Don’t forget that you can see us at the Blood Donor Clinics at the Best Western in Cookville from May 31<sup>st</sup> – June 2<sup>nd</sup>.

New Germany & Area Lions want to thank all those who contribute to the Diabetic Bins. Your support helps the Lions Clubs and your local communities. Please remember that we cannot accept extremely used items, especially footwear, and no food items please.



*New Germany Lions presented a cheque for \$2000. to the Health Services Foundation during their Radiothon.*



*New Germany Lions Deb Featherby and Pat Wentzell helping out at the Blood Donor Clinics*



*New Germany Lions Donnie Fancy and Deb Featherby receiving their achievement certificates for completing Guiding Lion training.*

## *Riding Safely*

Riding horses is always a challenge. They are very emotional, self-aware animals and are always concerned about their surroundings. As prey animals they have to be on alert every minute of their lives.

We ride them and ask them to tolerate a lot of what their instinct tells them is dangerous. Many hours of training goes into having these big animals trust us and connect with us. Once that connection is made it is amazing and they will do almost anything to please us.

I'm sure you have seen my horsey girls and me walking the horses down the Barss Corner Road to the ball field tree yard. It's a safe place to ride with no traffic, however, getting there can be a bit tricky. This road is very busy, with cars, motorcycles, trucks and trailers going by us. You can train your horses to tolerate these sounds and sometimes they become almost 'bombproof'. My gelding never flipped an ear, not even if a tractor-trailer drove by us.

However, a bicycle caused a different reaction as that low tone wasn't heard until it was beside him. He would bolt as it startled him. Then he would be annoyed because it was only a bicycle. Any other horse wouldn't stop until it was home safe. That is how my two mares will react. So please talk to us if you are behind us on a bicycle, for my safety and yours.

Motorcycles and four wheelers are different as horses are usually scared of the noise and speed.

We choose to love and to ride these dangerous and beautiful animals so we take every precaution to be safe. Wearing helmets, boots, and long pants, while riding in a group with more experienced horses and riders are some of the steps we take to ensure everyone's safety. We also walk them on the main road to get to the dirt roads and tree yards.

As they can be unpredictable and have bad days like us we do whatever we can to prevent dangerous situations for the drivers on the Barss Corner Road and us. We have asked for a horse crossing sign be posted in our area.

We ask, when you see us, that you please slow down and take precautions. The girls and I appreciate your consideration and pray that we all stay safe so we can enjoy our passions.

If you haven't tried horseback riding I highly recommend it, as it is truly amazing to have such a connection with these magnificent creatures.

Thank you and safe travels

Denise Penney and her horsey Girls



~ photo Rachel Penney of our mare  
Missy Mariposa (Abby)

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**NGAPS** maintains our community website, publishes this newsletter, organizes the New Germany Health & Wellness Expo, Countryside Christmas and other community events. Please consider joining us so we can do even more for our community.





# Let the Clover be seen in 2017

~Adrianna Langille

The livewires 4-H club anniversary year is going great. Our last meeting we had cake made by Lynn Nickerson and ice cream. The club is also planning on a BBQ/potluck later in the year. In the March meeting we had wonderful speeches by Colton Ryan and Vitoria Penney. We also got our delicious chocolate bars that we sell every year.



Maddie Simpson and Abbie Foster

We would like to congratulate the people who represented livewires at the county rally. We are so proud of Vitoria Penney on getting first place with her single demonstration - showing the parts of the rabbit, Ryleigh Flemming on winning first place with her intermediate speech- Dare To Be Different, and Maddie Simpson and Abbie Foster who got second place with there Jr. Double demonstration- Making Chocolate Chip Cookies. Good luck to Vitoria and Ryleigh who move on to regional's.



Vitoria Penney

## Livewires Celebrates 75 years



We welcome new and past members to come to the general meetings held on the second Wednesday of each month at the Parkdale/Maplewood Community Hall.

### Zumba Monday Nights

6:30pm, @ NGES Gym

**Zumba Gold** (modified, lower intensity)

Fridays 10:30am, @ Anglican Church Hall

\$5.00 drop in fee, first time free!

For more info:

**Holly** @ 902-523-0488

FB: **Zumba in The 644**



### GREG SELIG

36 Barss Corner Rd  
New Germany, N.S.  
B0R 1E0  
902 644 2153

#### Upcoming shows:

April 22nd, 10am - 2pm

Carnival Boutique,  
École De La Rive-Sud,  
Cookville

May 6th, 9am - 3pm Aylesford  
Fire Hall Fundraiser

Pampered Chef - Independent Consultant  
pamperedchef.ca gdselig@ns.symantico.ca

## *Visitors to Our Area*

~ Jackie MacDonald

Every year, the New Germany community is visited by people from other countries. Some are visiting family and friends, while others are tourists passing through. This article is about people who come for awhile to study or work through special programs that encourage international relationships.

This article will describe three types of programs that allow visitors to study, volunteer and work in our community. Other issues of New Germany Connections this year will include interviews with people who visit us from other countries. These will help us understand why these visitors chose our community as a temporary home, how they see us, and what we can do to make them feel more welcome and included while they are here.

### **Work Exchange Programs**

Canada is represented in several international volunteer networks that provide a way for travellers to exchange five hours of unpaid work per day, five days a week in return for seven days of room and board. Tourists who volunteer through these programs must be in Canada mainly to travel, not to work. Volunteer workers must not displace paid workers. These arrangements help tourists learn new skills, gain work experience and keep travel costs down.

Networks operate from a web site where both host farmers and travelling workers describe themselves in a profile. Workers may search these by location and farm type to find hosts and see what they offer. Once work terms are completed, the host and worker may comment on their experience.

One of the best known of these networks is World Wide Opportunities on Organic Farms (WWOOF). Hosts and workers pay an annual membership fee. The experience is meant to be a learning experience related to farming with a focus on organic farming. Of the 38 Nova Scotia wwoof hosts now active, several are on New Germany area farms.

HelpX and Workaway are two larger networks that also match temporary travelling workers with hosts. Jobs can be almost anything, ranging from short term in-home caregiver to tourist accommodation workers, to land clearing, gardening, building or harvesting. Hosts do not pay to participate but workers pay to register. There are about now 84 Nova Scotia HelpX hosts and 46 Nova Scotia Workaway hosts. About ten hosts on each site are from Lunenburg County.

### **Foreign Worker Programs**

The second type of program allows paid workers from other countries to fill jobs not filled by Canadians. One of these is Canada's Seasonal Agricultural Worker Program. Through this program, workers from Mexico and Caribbean countries work temporarily on Canadian farms. Employers provide free housing and pay part of workers' travel costs to and from Canada. The rules for labour, safety and salary that apply to these workers are the same as for Canadian workers. Some of the 1,300 seasonal agricultural workers who came to Nova Scotia in 2013-2014 came to Lunenburg County to help with Christmas Tree operations through this program.



*A traveler from New Zealand tends sheep at a local farm*



## International Student Program

~Information supplied by Eva Cook

The Nova Scotia International Student Program offers high school education to students from around the world.

Single semester and/or full year programs are available, along with short term programs from 1 -3 months in over 85 junior and senior high schools in our Province.

New Germany Rural High School was home to 27 International students in September and currently is home to 22 International Students from 11 different countries. Students are currently from Korea, China, Japan, Vietnam, Brazil, Turkey, Netherlands, Germany, Italy, Colombia and Belgium.

International families recognize the importance of their children learning English as a second language and our government understands the importance of internationalizing our schools.

The Nova Scotia International Student Program is committed to providing an excellent education and homestay environment to all international students.

Students can also choose from a variety of extracurricular activities such as soccer, volleyball, basketball, curling, skiing, community organizations and creative art to name a few.

Students are closely matched with a host family who lives in the area they will attend school. The host family provides a caring home environment for the student. Students are made to feel a part of their host family and are included in all celebrations and outings.

Families that apply to be host families are required to complete Criminal records Checks, Child Abuse Checks and are interviewed by a Homestay Coordinator. Homestay Coordinators serve as the liaison between the student and the host family. Coordinators provide tips on communication and culture, advice if homesickness or other problems arise and arrange social activities for students and their host families. If anyone is interested in hosting an International student, they can contact Eva Cook, Homestay Coordinator for the New Germany catchment area, at 902-521-8532 or email [ecook@ssrsb.ca](mailto:ecook@ssrsb.ca)

For Canada 150, the Lahave River Trail Association has a project called:

### 'Along the Lahave from Bridgewater to New Germany 1867 - 2017'.

Starting Monday March 27th we will post on social media historic and current photos along the Lahave River showing different aspects of how people live and have lived.

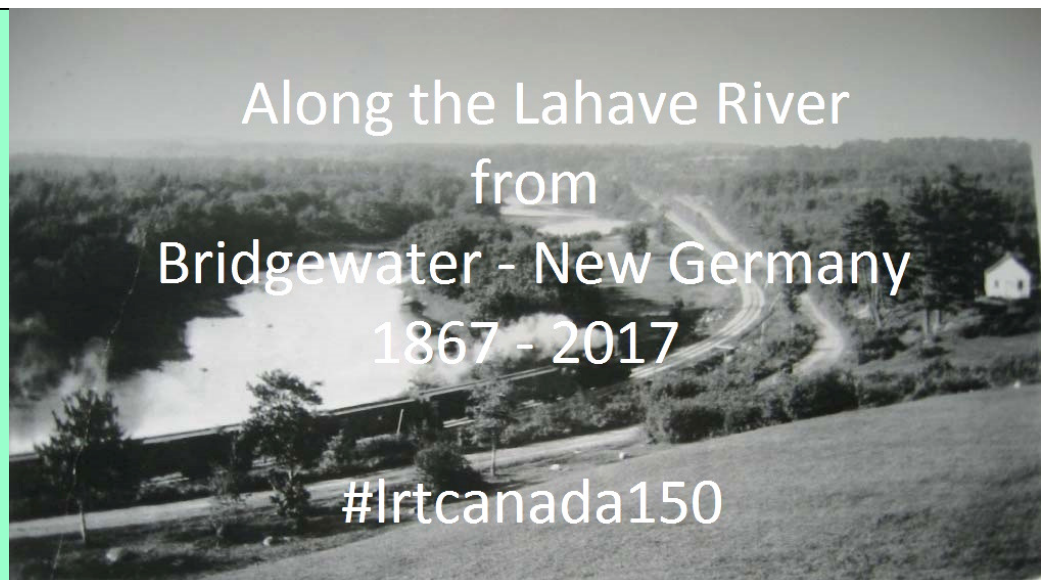
There will be a weekly theme covering topics like Trains, Bridges, Fishing, Disasters, Work and Play.

We hope people will be inspired to share their experiences and add their stories from the last 150 years. You can also join the collection by adding the tag #Irtcanada to your photos on Facebook and Instagram.

More information at :

[www.facebook.com/lahaverivertrail](http://www.facebook.com/lahaverivertrail)

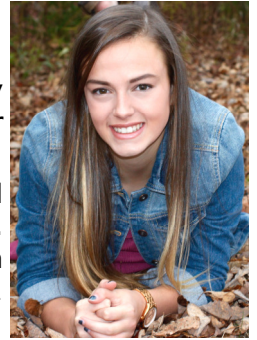
[www.instagram.com/lahaverivertrail](http://www.instagram.com/lahaverivertrail)



## 644 Soccer Player in Vancouver

Mckenzie Kelly is a grade 11 honours student from New Germany Rural High. Recently Mckenzie was selected to help represent the Nova Scotia Provincial team at a soccer showcase tournament in Vancouver, BC from April 12<sup>th</sup> – 18<sup>th</sup>.

Matt Wright introduced Mckenzie to soccer at the New Germany Elementary School house league when she was 4 years old. She has been playing soccer ever since. Mckenzie started playing competitively with Upper County United Soccer Club and then moved to the South Shore United Club who are responsible for soccer at the Tier 1 level.



Playing for South Shore United gave Mckenzie the opportunity to train at a higher level and be identified as one of the eighteen girls selected for the Provincial Team to represent Nova Scotia in April 2017. From U13 all the way to this year U17, she has competed in four Atlantic Championships and has returned with a gold medal in each event. Soccer has given her the opportunity to travel to many new places and meet lots of great people. At 17 she has competed in tournaments in many parts of Nova Scotia, New Brunswick, PEI, Newfoundland, Quebec, Ontario, Maine, Florida and now Vancouver. She has met people from all over the province that she probably wouldn't have had the opportunity to meet. Playing at this level takes a huge commitment. She practices and plays with her South Shore United club team 3-4 times a week. One full weekend a

month she travels to Halifax for training with the Provincial Program. She also has a strength & conditioning training plan which requires her to spend 2 days a week in the gym. Since last spring she has been training in a pool of potential Canada games prospects to represent Nova Scotia at the 2017 Canada games in Winnipeg. This also requires a full weekend of training in Halifax each month.

Mckenzie has also been a part of the successful soccer programs at New Germany Rural High. In all three of her junior years, she was the top scorer for the team and was able to help secure three regional banners for the school. Since moving to senior high she has helped to bring two Provincial banners home. She is proud to say she comes from the "644", and all of her Provincial coaches and team mates know that she is from New Germany.

Good luck Mckenzie in Vancouver, play hard and enjoy every minute of the tournament.

New Germany and area will be cheering for you and our Nova Scotia team.



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**Elizabeth Crossland**  
School Board Member

Phone: (902) 543-3733

Email: [ecrossland@srsrb.ca](mailto:ecrossland@srsrb.ca)



# Lions Club Speak Out Results

~Lion Deb Featherby, Zone Speak Out Chair

The New Germany & Area Lions Club was excited to host the Zone 9 Lions Club Speak Out on Wednesday, March 22. The Speak Out was open to students in grades nine to 12 and individual Lions Clubs along the South Shore held a Speak Out for the students in their area schools in order to choose their candidate for the Zone Speak Out.

Students chose their own topics and were able to speak about their chosen subject for four to six minutes. The Speak Out judges marked each contestant on delivery (voice, enunciation, pace) and the material covered (construction, clarity of expression and listener interest). At the end of each speech the contestant was asked a question about their topic and the response was judged on content and delivery as well.

The panel of judges, Claudette Garland, Herb Seymour, and Glenn DeMone, deliberated for some time before selecting the top finishers as the level of competition was high with the contestants delivering very polished speeches on topical subjects.

Winners were presented with a monetary award, certificate and trophy for their participation. The third place finisher, representing New Germany & Area Lions Club, was Lori Mosher, New Germany Rural High School, who spoke about Cherishing the Memories. Second place finisher Courtney Cockerill, North Queens Community School, represented the Liverpool Lions Club, and spoke on Equality. The first place finisher, representing the Mahone Bay & Area Lions Club, was Taylor Rhuland of Bayview Community School, who spoke on Seasonal Affective Disorder.

Taylor will now go on to represent Zone 9 in the provincial competition at the end of April and is expected to do well with her excellent content and delivery skills.



Lori Mosher, New Germany Rural High, is presented with her third place trophy, cheque and certificate by Zone Chair Lion Peter Wagner and New Germany Lion Deb Featherby, Speak Out Chair



Second Place finisher Courtney Cockerill, North Queens, is presented with her trophy, cheque and certificate.



Speak Out Winner Taylor Rhuland, Bayview Community School, is presented with her trophy, cheque and certificate

### South Shore Public Library Mobile Library

is at New Germany Freshmart every Tuesday from 3:00p.m. to 6:00p.m. A library card is free and so is using the library.





# The Back Page

## Info about this Newsletter

New Germany Area Promotion Society

New Germany, N.S. B0R 1E0

E-Mail: [ng\\_cap@ns.sympatico.ca](mailto:ng_cap@ns.sympatico.ca)

Phone: (902) 644-2922

Cathy Moore, Chair

Greg Selig, Vice Chair

Madelyn Bowers, Treasurer

Michelle Greek, Secretary

New Germany Connections was put together entirely by NGAPS volunteers and community supporters. Ads were paid for by advertisers. Please support our local businesses and groups, because without them there would be no publication.

### Next Issue:

Will be mid June. We would like to hear your story ideas. Please contact us at the address or phone number on this page.

NGAPS publishes **New Germany Connections** five times a year - mid February, mid April, mid June, early September and early November. Watch for yours with your flyers. It is also available in colour on our web site or can be picked up at New Germany Freshmart, Mader's Clover Farm Supermarket, Village Glassworks and many other places in our area.



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Send details by email

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## Volunteer Connections

Is your group or organization looking for new members or volunteers? Send us information about your needs and we will include your request in our newsletter as space permits.

You can send your information to NGAPS by mail or email to the address above.

**Advertising Information:** You can advertise in this newsletter. We deliver it to all the households and businesses in the New Germany, Barss Corner and Springfield Post Office areas. Single ad sizes vary but can be 1' x 7" or 3.5" x 2" depending upon space and layout. Price per single ad is \$20.00. Multiple ad sizes are available. The revenue from the advertising helps to offset the cost of printing and distributing this Newsletter. Thank you to our advertisers for their assistance.

New Germany Connections is also available on the community web site, in colour, with all ads included. **Community events and local businesses are listed on the web site for free.** Please contact [ng\\_cap@ns.sympatico.ca](mailto:ng_cap@ns.sympatico.ca)

Next issue will be published mid June. Ads are limited so they are offered on a first come, first served basis. Please contact NGAPS at the above addresses to book your space.