April 2014 Volume 6 Issue 2



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Community Events

•Apr 18 Good Friday

Contact & Comments

•Apr 20 Easter

Postcard Contest

Reconnecting

Medical Centre

Contest

55 Zwicker Mill Rd

•Apr 21 Spring Walk @ 6:30

•Apr 26 Babysitters Course

•Apr 29 Spring Walk @ 6:30

•May 1 Pap Clinic

•May 1 NGAPS meeting

•May 3 Waterfall Walk

•May 5 Spring Walk @ 6:30

•May 14 Spring Walk @ 6:30

May 18 Main Street Meeting

•May 22 Seniors Fun Day

•May 26 Garden Club

•Jun 3 NGAPS Meeting

•Jun 28 Canoe Day

New Germany Area Promotion Society



Spring 2014

There is optimism in the air. Even though we had our biggest snowstorm of the season in Spring '14, not Winter '13, there is hope of new beginnings. That is evident in the pages of this newsletter. We are full of events and plans. As we work away at our fifth year of presenting this newsletter to our community, we have probably not offered you a newsletter with more content. This one is jam-packed.

Please read, enjoy and then get out and get involved with your community.

NGAPS Programs & Events

NGAPS Regular Meeting the first Tuesday of each month @ 7:00pm. Everyone welcome to attend. Check our web page for more details. (Please note May meeting will be early, May 1st, due to scheduling conflicts.)

Garden Club Regular Meeting at the NGRHS Library the fourth Wednesday of the month @ 7:00pm. Garden Club will occasionally have an off site meeting. Please check our community website.

Spring Walks @ 6:30. April 21st, 29th, May 5th & May 14th. Please see page 12 for details.

Main Street Meeting May 18th (Page 7 for details)

Free Advertising for Community Groups on NGAPS Community Calendar



17

18-19

20

21-22

23

24

New Germany Area Promotion Society (NGAPS) maintains a New Germany Area Website including a Community Calendar page.

Any group or organization in our area can advertise their event on this page at no charge. Please send listings to:

ng_cap@ns.sympatico.ca or drop off to Village Glassworks during open hours.

The more listings we have, the more views the page will have and the greater the interest will be in everyone's event. Let's work together.

http://newgermanycap.ednet.ns.ca

Also check out our Facebook page!

The mission statement of New Germany Area Promotion Society is "NGAPS will strive to create a sustainable and vibrant community where people and businesses are encouraged to thrive." We will achieve this mission by supporting communications and partnerships both within and outside our community.

Maple Syrup Season

Did you know trees right here in the New Germany area produce a sweet syrup which offers many health benefits?

Maple syrup is full of nutrients that promote good health when used in moderation. Although maple syrup is primarily composed of sucrose like table sugar, it contains significant amounts of manganese, riboflavin and zinc. Maple syrup also boasts dozens of compounds thought to ward off disease—studies have suggested it may protect against inflammation and cancer.

Local farms like The Maplewood Farm, owned by Rex and Bonnie Veinot, have been tapping away since late February, although this year the weather has not been cooperating. February and March remained as chilly as the rest of the winter, which is not optimal for maple syrup production. Cold nights and warm days encourage more sap to run.

"We are now around 20 per cent of normal production at this time of year and are now hoping that there will be another month of sugaring remaining," says Veinot. "It certainly is a very different sugar season for sure."

As the temperature rises in the spring, so too does the sap. Taps placed in tree trunks collect the liquid, which is then boiled off until it reaches the right consistency and taste. It can take as many as 40 litres of sap to make one litre of maple syrup! And don't try to drink it straight from the tree—it is thin, colourless, and barely sweet until it is boiled off.

In many recipes, maple syrup can replace other sweeteners. Add it to your morning coffee for an extra boost of antioxidants. Mix maple syrup and cinnamon into cooked oats for an alternative to packaged oatmeal.

Although the harvest of maple syrup may not be as robust as other years, you should still be able to enjoy this sweet taste of nature in the year to come. Look for it in your local stores.

Quick Facts

- •Once open, store maple syrup in the fridge.
- •Trees are ready for tapping once they are 30 to 40 years old.
- •Tapping does no damage to the tree.
- •Maple season lasts about four to six weeks.

Maple Syrup Granola Bars

This easy recipe can be modified to fit your diet and whatever you have in your kitchen. Since you can make the bars nut-free, they are great for school lunches. They pack a powerful punch of protein that satisfies hunger.

1/2 cup nut or seed butter

1/3 cup maple syrup

1/4 cup coconut oil (other oils work as well)

1 1/4 cup oats

2/3 cup favourite mixings*

Step 1: Melt first three ingredients on the stove or in a microwave.

Step 2: Stir in dry ingredients until well mixed.

Step 3: Pat mixture into a 9 by 9 pan lined with parchment paper for easier removal.

Step 4: Cool in fridge for an hour before cutting and storing in an airtight container.

* Try any combination of ingredients: dried berries, coconut flakes, pumpkin seeds, sunflower seeds, sesame seeds, nuts, chocolate chips, cacoa nibs.

*

Change your bars every week. Add a tablespoon of cocoa or raw cacoa powder, protein powder, chia seeds or ground flax seeds. Dust with cinnamon. Change some of the oats to spelt, kamut, or quinoa flakes. To make bars gluten-free, use oats processed in a factory that does not process wheat products. To make nut free, use seed butters.

~Julie Veinot

Children's Connections

Michelle's Top Ten Ways to Colour Easter Eggs

One of the most popular Easter traditions is to colour Easter eggs. I love using my imagination and creativity to turn dull white eggs into bright and colourful works of art! These are my top ten ways to decorate eggs for Easter. They are counted down based on level of fun and how beautiful they turned out.

Start off by boiling your eggs and mixing up a few colours of mixed dyes (1 tablespoon of vinegar to 1 cup of boiling water and add drops of food coloring).

#10 **Smudgie Sharpie** Items needed: Coloured Sharpies and rubbing alcohol.

Using the Sharpies, colour the egg in different colours. Hold the egg over a sink and splash rubbing alcohol over the egg. The Sharpie ink will smudge and run together. The darker Sharpies work much better than lighter colours.

#9 **Shaved Crayon** Items needed: pile of crayon shavings and hot eggs.

Roll the hot eggs in the crayon shavings, completely covering the egg. The wax will melt and stick to the egg, which creates a beautiful speckled egg.

#8 Painting and Bingo Dauber Items needed: paints and bingo daubers.

Decorate the eggs by painting them or daubing them with different coloured bingo daubers.

#7 **Crayon Drawing** Items needed: crayons and mixed dyes

Using crayons, draw a picture or design on the egg then dip the egg into the mixed dye. The longer the egg is submerged in the mixed dye, the deeper the shade of the colour it will turn. The dye does not stick to the crayon wax so you will have a coloured egg with a drawing/design on it.

#6 **Colour Rings** Items needed: Mixed dyes and elastics.

Submerge an egg in a mixed dye for a few minutes. Remove the egg from the dye and wrap elastic bands around the egg. Choose a different colour of the mixed dyes to dip the egg in to. After a few minutes, take the egg out of the dye and remove the elastics. You will have a coloured egg with different colour rings around it.

#5 **Tattoo** Items needed: temporary tattoos.

Apply temporary tattoos to the eggs using the same directions as if you were applying the tattoos to skin.

#4 **Dye Lines** Items needed: mixed dye, an empty glass, hot water.

Place an egg in the empty cup and add enough mixed dye to cover the bottom quarter of the egg. After 3-5 minutes, add enough hot water to the mixed dye so the egg is half covered. After 3-5 minutes, add enough hot water so the egg is three quarters covered. After 3-5 minutes, add enough hot water to completely cover the egg. In 2-5 minutes, remove the egg and you will have an egg with four different shades of the mixed dye, similar to a paint sample card.

#3 **Shaving Cream Roll *Messy*** Items needed: shaving cream, food colouring, container, bakers rack Fill the container with shaving cream and add several drops of different food colouring on top of the shaving cream. Roll an egg through the shaving cream and dye until the egg is covered. Remove the egg

while covered in shaving cream and place on the bakers rack. Leave the shaving cream on the egg for 3-4 hours or for overnight. You will have a beautiful, tie-dyed egg when the cream is wiped off.

#2 **Volcanic Reaction** Items needed: food colouring, baking soda and vinegar.

Create a paste by mixing baking soda and food colouring. Rub different colour pastes over eggs. Dip the covered eggs into a cup of vinegar, which creates the volcanic reaction. The egg turns bright and colourful.

#1 **Strainer Splash** Items needed: colander, food colouring and vinegar. Place the eggs in a colander in the sink. Splash drops of food colouring over the eggs. Shake the colander 20-30 seconds, then splash vinegar over the eggs. Wait 20-30 seconds. Repeat with as many colours as you desire. This makes my favourite, very bright, tie-dye Easter egg!



River Ridge Common

An update from the River Ridge Common Committee...

River Ridge Common is the 115 acre property the Municipality of the District of Lunenburg and a dedicated team of volunteers are developing into an outdoor recreation park which is located at 4668 Highway 10. You may have taken notice of the signs posted indicating it is the future site of the park. The River Ridge Common Committee is continuing to make plans for the future. Stay tuned for the development of the entrance and parking lot in the upcoming weeks.



Municipality of the District of Lunenburg



Cathy Moore Councillor - District 7

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SALES & SERVICE

Recipe for Easter

Yummy Delicious Easter Ham

1 (10 pound) fully-cooked, bone-in ham

1 1/4 cups packed dark brown sugar

1/3 cup pineapple juice

1/3 cup honey

1/3 large orange, juiced and zested

2 tablespoons Dijon mustard

1/4 teaspoon ground cloves

Directions

- 1. Preheat oven to 325 degrees F (165 degrees C). Place ham in a roasting pan.
- 2. In a small saucepan, combine brown sugar, pineapple juice, honey, orange juice, orange zest, Dijon mustard, and ground cloves. Bring to a boil, reduce heat, and simmer for 5 to 10 minutes. Set aside.
- 3. Bake ham in preheated oven uncovered for 2 hours. Remove ham from oven, and brush

with glaze. Bake for an additional 30 to 45 minutes, brushing ham with glaze every 10 minutes.



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Walking for a Roof

I belong to a small church that sits beside the lake in New Canada. We are few in number, but strong in faith. In 2003 our roof was in dire need of repairs. Rose Veinot and I were in charge of the Ways and Means Committee and we were trying to come up with ideas to raise money for those very repairs. A walk-a-thon was mentioned. We thought it sounded like a good idea, but how far, and where would we walk? We decided the walk would start at my house in New Germany, and end at Tim Hortons in the Bridgewater Mall. Some said that it was WAY too far for us to walk, but that made us all the more deter-

mined to do it. Some of the members who couldn't participate, met us along the way with refreshments and lots of encouragement. Our good friend Susan Slauenwhite let us stop at her house to change our socks, and refuel with some delicious goodies. Now, as we get ready for our 11th year, even though I may not be able to go this year, the younger members in our church are continuing on. Our walk is always the last Saturday in April. We hope that we will have lots of support this year, as we have had in the past. We would like to take this opportunity to thank everyone for their continued support.

~Mary Harnish



Getting to know your local business community.

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- Maplewood Maple Syrup Farm Webbers Food
- Bob & Boys Farm Market
- Lowes Meats
- Krispi Kraut Lanticloch Farm
- Mersey Point
- Dutchman Country Bake Shop
- Fish Products
- Fresh Quality Meats & Produce, In-store Bakery
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In Appreciation

The members of the New Germany Volunteer Fire Department would like to express our sincere thanks for the outpouring of support received following the death of Firefighter Ritchie Jodrey on February 14th, 2014.

To our families who know best of all how deeply this event has affected all the members. To the members of the community throughout our entire coverage area and beyond who were very supportive in the days following Ritchie's death.

To the members of the fire-fighting community throughout Nova Scotia and beyond who reached out to us and to the many who attended with us at Ritchie's funeral.

Your support is a great source of comfort to us all during a dark time.



Angels In Our Midst

Isn't it wonderful to live in a country, province, community where you know there are always people willing to lend a helping hand? Every community has its helpful folks who are on your doorstep the minute they hear of some kind of struggle you might be having. Whether it's with a casserole in hand because someone is ill or an axe to help split your firewood, these folks are not doing it for any monetary gain or personal glory. They are just plain good helpful people with a generous heart. Many of these people also volunteer with community organizations like the Lions Club, church groups, auxiliaries, and volunteer fire departments. Our communities were built on the foundation of volunteerism. If you have read the stories in the recently published book *Reflecting On The Past*, then you know that families depended on each other and their communities to get things done. Barn raisings, pickle parties and many other forms of 'parties' where folks got together to complete a task, rested on those generous helpful people who didn't think twice about lending a hand.

Some might say that being a volunteer is a thankless job, but if you've ever been on the receiving end of a warm hug from a grateful recipient of a good deed, then you know the currency exchanged is priceless. A volunteer has just as many hours in their day as everyone else, but they prioritize differently. They manage their time to allow for acts of kindness, and yes, sometimes that means some personal chores don't get done for that day. Members of community volunteer groups log long hours doing things like bookkeeping, catering, keeping equipment in working order, going out on a fire call, knitting and crocheting items for distribution in crisis situations, sitting with someone who is ill or dying and any number of tasks that make it possible for senior members of our communities to live in their homes. Over the next few issues of this publication I will attempt to bring you an inside story on just a few of these volunteer groups. It is my hope that from this you will get a better appreciation of what these volunteers mean to our communities.

~ Alice Wile



Spring is here and the maple sugaring season along with it. There were three early sugaring days Feb. 22, 23 and 24 and then things froze up tight until Mar. 7 and 8 when we had a couple of warm days to start it up again. If you're looking for some really great 100% pure maple syrup, cream or butter contact:

Maplewood Maple Syrup & Christmas Tree Farm

call 644-3358 or email <u>maplewoodfarm@gmail.com</u>.

Or drop by anytime for a visit.

(Please call first to make sure we are home, around or available.)



Sugar Shack @ Farm



Municipal Recreation News - Spring 2014

District of Lunenburg Recreation has opportunities for you and your family throughout the Municipality!

Shuffle Board Tournament for Seniors, Bridgewater 10 - Noon, April 23, HBSSC \$5 Seniors Kitchen Parties at HBSSC, Bridgewater - April 23 & May 21, 1:30-3 pm, HBSSC \$2

Red Cross Babysitter Course (ages 11+) - April 26, 8:45 am - 4:15 pm, NGES \$30

Waterfall Walk – May 3, 1:30 – 5 pm Visit 4 waterfalls in New Germany & area FREE!

Bikes for Kids – for PRO Kids applicants – registration begins May 12, bikes June 5 FREE!

Bargain Shopping Bust Trip to French Shore – pickups along route #10, May 14, 8 am – 9 pm \$40

Fun & Games for Seniors – May 22, 5 – 6:30 pm, North River Community Hall FREE! **Children's Fishing Derby –** May 24, 9 – Noon, MARC, Dayspring FREE!

Mayor's Walk (or bike) – June 10, 2:30 pm, Arthur Young Trail by Best Western Plus, Cookville FREE! Winery Tour to Valley – June 13, 8 am – 7 pm \$45

Canoe Course – June 28 or July 5, New Germany Lake. Call to let us know you are interested. Price TBA Visit www.modl.ca for a full listing of recreation programs. Online registration is available, credit card payment only. Watch the Lighthouse Log for weekly listing of programs and events. Like us on Facebook! If you have program ideas or suggestions, please contact Janice Rand at 541-1335. For more information please contact the District of Lunenburg Recreation Department at 541-1343; email recreation@modl.ca.

Village Glassworks

4928 highway 10 New Germany 644-3185 villageglassworks.ca

Stained glass panels, lamps, mirrors and suncatchers, all designed and crafted on-site.

Other locally created products, including pottery,

quilting, pewter, jewellery.

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Main Street New Germany

Along Highway 10, which is the government road name for Main Street, New Germany, there is a row of maple trees between the road and the trail. NGAPS has been approached to look at a project to develop this into a park-like setting which will enhance our community.

Several years ago the New Germany Garden Club erected the Welcome to New Germany sign and installed the planter, filling it with lovely blooms. NGAPS would like to see this grow. This is a project bigger than our group can tackle alone. We would like other community groups, individuals and busi-

nesses to partner with us. If you have suggestions for this area or would like to get involved please meet at the community sign on Sunday May 18th at 2:00pm to look at the area and have a discussion.



Easter Open House

Discovery Toys @ Village Glassworks (4928 Highway 10 New Germany)
Saturday, April 19th 10am-4pm

Enter to win a \$15 Discovery Toys Gift Certificate

and find out how you can win \$100 in Discovery Toys.

A large selection of Educational Books, Toys and Games available for purchase and many other products available for ordering.

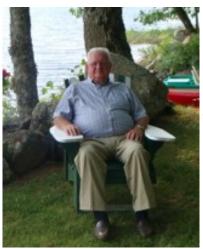
For information about any of our products and shopping: contact Michelle Greek

website: discoverytoys.com/greek; email: 72greek@gmail.com

phone: 644-2303



Connections Reflections with:



Hiram J Carver

On February 17, 1930 another pair of hands arrived to work on the family farm in Baker Settlement. Hiram was the sixth child of Frank and Elva Mae Carver. A few years later a daughter was born making a family with seven children, five girls and two boys – Mary, Myrtle, Barbara, Grace, Frank Jr., Hiram and Catherine.

The Carvers had a large farm with twenty milking cows so there was always lots to do – even on rainy days. Hiram's mother had a "butter run" and made one hundred pounds of butter each week. He milked cows before school, and when the school day was over, he returned to his chores. Sometimes once the chores were done there was a bit of time left to have some fun before supper.

School was never cancelled due to snowstorms. On those days Hiram was anxious to get to school as there would be fewer children in class and the teacher had more time to do special things with them. He recalls having

great teachers. His parents firmly believed that all children should have a good education. His father was a School Trustee and always secured good teachers. He urged all of his children to get a good education. Hiram's father's woodlot was a beautiful spot. He took great care of it, with careful selections – removing dead tops and gum seamed trees. Hiram spent a lot of time working with his father, being taught the importance of preserving the forest.

After completing grade ten locally he moved to New Germany where he took grade eleven. During this time he lived with his sister, Mary Judge. Following grade eleven he applied to and was accepted at Acadia University, Wolfville where he spent the next two years.

In 1949 Hiram entered Law School at Dalhousie University, Halifax. After graduating from Law School in 1953, Hiram articled with R Clifford Levy in Bridgewater. Following that he returned to New Germany where he set up a law office in the front room of his sister's (Barbara Penney's) house. He had all of the essentials - a desk, a portable typewriter, the Criminal Code Book, and O'Brien's Legal Conveyancer. A small wooden sign was nailed on a tree at the corner; he was ready for business.

Although times were hard and business was slow, Hiram found work. Along with his insurance agency, he did a lot of bill collections before other legal work came along. Up until that time, most people travelled to Bridgewater to conduct legal affairs. New Germany area had a few Justices of the Peace and Commissioners of Oaths who were able to sign papers and do much of the legal land conveyances.

In 1955, Hiram married Ruth Getson, a former classmate from Baker Settlement. They bought the house in which they still live at New Germany and built a law office on the property. Business picked up as people saw that he was part of the community. He was invited to speak to community groups and he became a familiar and trusted face.

The following year he ran in the Municipal Election and was elected as a councillor for District 5. At the opening term of the Council in 1956 he was elected Warden of the Municipality of Lunenburg at the age of 25. He held this position for three years; thereafter, he served an additional six years as Deputy Warden. He also served on the School Board for nine years during which time most of the new consolidated schools in the area were planned and built.

At the age of 33, Hiram was appointed to the provincial court where he served for twenty-eight years. For Hiram, the highlight of working as a Provincial Court Judge was the opportunity to help someone. Many young people who came before the courts were given a chance to turn their lives around, give back to their community, and become gainfully employed with the introduction of Probation and Community Service.

At age 61, Hiram was appointed to the position of County Court which later amalgamated with the Supreme Court of Canada. He emphasized that many times the sentencing is as important as the determination of innocence or guilt. Judges must do what is right and not worry about public opinion. In total, he spent forty two years on the Bench from which he retired in 2005 at the age of 75.

Hiram enjoys outdoor sports including canoeing, sailing and snowmobiling. He continues to manage his woodlots at North River and Baker Settlement. In the summer he enjoys relaxing at their cottage on the Island at Lake Peter. He has enjoyed teaching many young people to water ski. Over the years, the family has grown from three children – Janet, Ernest and Mary Anne - to include four grandchildren, namely Ben, Matthew, Anna and Kate.

He has been and continues to be an active member of the community. In his church he has served as chairman of the Board of Stewards, and chairman of the Board of Trustees. He was the local chairman of the Red Cross for twenty-eight years. During this time he took great pleasure in supporting the Blood Donor Clinic and the Swimming Program where approximately one hundred young people learned to swim each year. Although now retired, he was an active member of the New Germany Fire Department for over 40 years. This year he will celebrate sixty years as a Mason with Hillcrest Lodge - an outstanding contribution of community service.

Hiram has had a fulfilling life and continues to contribute to the community.

The Lahave River Trail Association

has been working since the end of February with Garnet McLaughlin of Cobequid Trail Consulting. The purpose of this project is to build the most attractive, useful, and advantageous trail possible linking up finished sections of Trail between Bridgewater and New Germany. Once the link is complete, the LaHave River Trail will provide a key connection from Halifax and the South Shore to the Annapolis Valley – an important route for residents and tourists alike and a fine asset, allowing for many forms of active recreation.

The goal of our Volunteers is to enhance the community by developing recreational access to a beautiful, scenic area of our county. This will serve not only our residents through recreation but also by providing a safe opportunity for a variety of forms of outdoor exercise and alternative travel, and, we envision eventually, for some reflection on our history, heritage, flora and fauna with side hiking trails and interpretive boards. It will also serve to attract those visitors and potential residents seeking similar experiences. Some businesses along the route will also benefit by providing services along the way.

We look forward to respectful and sensitive dialogue with the community as we work towards this goal and hope that we will experience enthusiasm and useful input for the vision.

Stay tuned for upcoming meetings which will be posted through the media and on our website: <u>lahaverivertrailassociation.blogspot.com</u>. as well as <u>www.facebook.com/lahaverivertrail</u>

Please join us in person if you are able. Our meetings are held every third Wednesday of the month at the Northfield Firehall West Northfield at 7pm. Next meeting: May 21st

We are pleased to be working with Cobequid Trail Consulting, who have had experience working, with sensitivity, on other projects in the area.

~ Helen Feesey Ferns, Chair LRTA





From the Lions Den

Lions Foundation of Canada (LFC) Dog Guides

Lions Foundation of Canada trains Dog Guides and assists Canadians with a wide range of disabilities. With six programs in place, Canadians with disabilities are offered the opportunity to find greater independence, mobility and safety through the help of a Dog Guide.

Canine Vision for people who are blind or visually impaired

Hearing Ear for people who are deaf or hard of hearing

Autism Assistance for children who have autism spectrum disorder

Service for people who have a physical disability

Seizure Response for people who have epilepsy

<u>Diabetic Alert</u> for people who have type 1 diabetes with hypoglycemic unawareness.

Depending on the program, Dog Guides are trained to perform a set of basic skills that are useful to all handlers. However, some of their training is also tailored to meet the specific needs of their future handler. In the final stage of training, the client and Dog Guide train and live together at the Oakville facility for two to four weeks. This helps to ensure that the new working team develops a bond and prepares them for their next step - returning home.

Lions Foundation of Canada provides dogs to clients. Clients travel from across Canada to the training school in Oakville, Ontario to train with their Dog Guide and <u>all expenses, including travel, are provided</u> at no cost.

By donating your Reward Points/Aeroplan Miles, you can help the LFC Dog Guides Program.

- 1. Aeroplan's Charitable Pooling Program donate your Aeroplan Miles; please visit the Dog Guides Aeroplan page (http://beyondmiles.aeroplan.com/eng/charity/575)
- 2. Canadian Tire money can be sent directly to: Lions Foundation of Canada, 152 Wilson Street, Oakville, ON L6K 0G6 or email: info@dogguides.com
- 3. Shoppers points visit www.shoppersdrugmart.ca/donate, click on "donate now" and select Lions Foundation of Canada as the recipient.
- 4. Donate A Car Canada Program: accepts vehicle donations; to donate a car, truck, RV, boat, motorcycle or other vehicle to Dog Guides simply fill out the "donate now" tab at www.donatecar.ca. Donate A Car Canada can provide you with free towing in many areas across Canada. Donate a Car Canada can pick up your car or truck, or you can drop off your vehicle to maximize your donation. When you donate your car it will either be recycled or sold at auction depending on its condition, age and location. Donate A Car Canada will look after everything to make your donation easy for you to support the Lions Foundation of Canada Dog Guides. DONATE NOW at www.donatecar.ca and Dog Guides will send you a tax receipt after your car donation is complete!

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Jeff Langille



Congratulations

In February 2014 Krystal Snyder was nominated for the Provincial Education Teachers Award. For the past two decades Mrs. Snyder has taught primary at New Germany Elementary School. This school services New Germany and many small surrounding communities in rural Nova Scotia. Her determination to prepare our youngest of citizens for the Twenty First Century is outstanding.

Mrs. Snyder embodies active citizenship and actively engages all of our students (even primaries) to be involved in school and community activities. She has supported numerous students to participate in activities that raise awareness about hunger in our community, bullying and empathy for others, to name a few. In addition, she participates in NGES Student Voices, a committee involving grade three to six students. She does this because she cares about fostering leadership and giving students a voice, not just in her own class but in the school at large.

Mrs. Snyder has continued, throughout her career, staying late and working long evenings at home as

she is truly driven to see her students become not only successful students but students who care about themselves, their community and others. She is a teacher who is always thinking about opportunities for students to learn; bringing work home and planning every minute of every day with the wellbeing of children in mind.

Mrs. Snyder develops quality relationships and rapport with the students, her colleagues, parents and the broader community. Mrs. Snyder and the work that she does makes the difference.

Mrs. Snyder will be presented the Provincial Education Teachers Award later this spring. Congratulations Mrs. Snyder from the staff and students at New Germany Elementary School.



Done With Winter - LOAN Special



Vacation

4.49% Low Interest Loan...

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Renovation



Consolidation





*OAC, some conditions apply. Rate is subject to change without notice. Offer can be withdrawn at at any time. Speical rate applies to new approved applications only. Applications cannot be combined with an existing LaHave River Credit Union loan or re-write an existing loan with this rate

Walks @ 6:30

Join NGAPS for an early evening walk. 4 walks 4 different routes. This year we have two new trail walks. Unless noted, the walks are about one hour each.



Monday **April 21**st - **Route 1:** Meet at the New Germany Elementary School parking lot. Leave the School turning left on School Street. Where School Street meets the Lower Branch Road, cross the Lower Branch Road and then right on the New Germany / Caledonia Trail. Follow the trail until it intersects the Lower Branch Road. Turn and follow route back to the Elementary School.

Tuesday **April 29th - Route 2:** Meet at the New Germany Elementary School parking lot. Leave the School turning right on School Street, right on Highway 208, joining Highway 10 and enter the Trail behind the New Germany sign. Follow the Trail to the Barss Corner Road and rejoin Highway 10, following it to the Lower Branch Road. Turn onto the Lower Branch Road and follow it to School Street turning right and returning to NGES.

Monday **May 5th - Route 3:** Meet at parking lot at the intersection of Wentzell Road and Highway 10. We will follow the LaHave River trail along the shores of Wentzell Lake to the Rod & Gun Club and then turning to return to the parking lot. The LaHave River Trail is maintained by the LaHave River Trail Association. More information on their website http://lahaverivertrailassociation.blogspot.ca. (This walk may be longer than an hour. Please walk only the distance you are comfortable.)

Wednesday **May 14th - Route 4:** Meet at the New Germany Freshmart parking lot (please park in the rear or to the side of the store) and join the South Shore Annapolis Valley Trail behind the store. Turn right on the trail, following the trail to the Goose Chase Road. Turn and return to Freshmart. On this walk we will travel through River Ridge Common.

All ages, everyone welcome, no charge. The routes are stroller friendly and your dogs, on leashes, are also welcome. This is a great way to explore the trails around the community in the company of others.

So put on your sneakers, grab your water bottle and join us for the adventure. If it is rainy we will go the following evening. If we get rained out both nights, we will skip that walk and go to the next one.

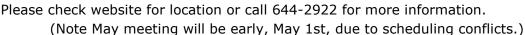
The fine print: NGAPS assumes no responsibility for any harm or injury you may encounter on these walks.

All risks are the responsibility of the participant.



NGAPS Meeting

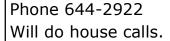
NGAPS holds our regular monthly meetings the first Tuesday of the month @ 7:00pm. Everyone with an interest in our community is welcome to join.





Cathy's Beauty Salon

104 Zwicker Mill Road, New Germany Open Mon. - Wed. - Fri. - Sat.







PARENTS!! LET'S TALK!

Do you worry about issues like...

- Bullying & cyber-bullying?
- Your child's confidence and self-esteem?
- •Technology and social media?
- •Homework and study skills?
- •Peer relationships?
- •Anxiety and behavior issues?
- •Setting limits without arguments? ...we all do!

So how can we work together to deal with the challenges of raising and educating healthy, wellrounded kids?

Please join us at: The New Germany

Elementary School

Parent Café

When: May 7th

Time: to be announced

Where: NGES

Who: Moms, Dads, school staff, caregivers

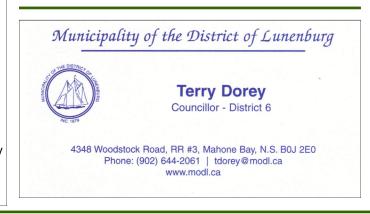
Coffee/tea and relaxed conversations, in a welcoming space with parents, and some school staff.

- •Baby sitting provided! Potty-trained age 3 & up.
- •Please call Mrs. Richards, the Administrative Assistant by May 5th if you are interested in attending. 644-5020

~~~It's free and friendly! Hope you'll come!~~~



Read this newsletter in colour on the web @ http://newgermanycap.ednet.ns.ca Also available at New Germany Freshmart, Mader's Clover Farm Supermarket, Village Glassworks, Bordens 👸 in the Woods, Tammy's Country Stop and other locations.



### WORKPLACE SAFETY TRAINING



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- \* Hazardous Identification & Control
- \* Safety Audits (Internal/External)
- \* Industrial Hearing Testing
- \* Fall Protection
- \* Confined Space
- \* Lockout/Tagout
- \* Forklift



My training centre also provides one-on-one training, small groups and large groups.

If there is specific training you require and you do not see it on my list, please contact me and I will try to access this for you.

"Dedicated to Quality Education & Training, With a Human Touch"





# The New Germany & Area Bowling League

This bowling group knows how to Entertain!

If you have not heard of us, undoubtedly your neighbour has. We are a group of 60 full-time bowlers who gather every Tuesday afternoon at the Bridgewater Bowl-More Lanes to enjoy 3 balls, 10 pins and a score that always wants to go sideways.

This senior league was the result of a conversation initiated by the late Fred VanIderstine in the kitchen at Carl Mosher's residence prior to Christmas of 1991. "So we are retired. What can we do for fun? I've been thinking of bowling," said Fred. Carl had never bowled before, but he thought it was a good idea.

Within days Maynard Varner and Dennis Jarvis were approached. Meanwhile posters were made and assigned in local businesses. The response to the appeal was overwhelming. From LaHave to Springfield sincere interest was shown. By late February 1992 five teams were made.

By the late summer 12 teams were formed with 13 spares.

The first full season ended in April with the first banquet at Tai Woo's Restaurant, just north of CIBC today. It was a packed house. In year two the banquet was held at the Tops'l Tavern and over the past 20 years they have been in community halls or church facilities.

To join the league you must be 55 years old and be able to lift a bowling ball. We promote fun and laughter, physical and mental activity and sportsmanship. And most importantly we do not recognize top or top

down bowling scores. The captain may keep the scores and the bowler may decide to do so as well.

All bowlers start as spares. Generally if a spare so wishes, when a permanent position becomes available you will be asked to go regular. Of course you may decline. Spares are taken from the top of the spare list.

We have shared bowling with Elmsdale and for the past 12 years we continue to exchange with Windsor.

To raise funds we have a 50/50 draw and a penalty pot. Said money goes toward the banquet fee. Delia Langille is our Treasurer and looks after our cash for all purposes. Delia with Maynard Varner and Dennis Jarvis act as a Steering Committee.

Our special Bowling days are Christmas, Valentines, St. Patrick's and Easter. We have an Entertainment Committee and when necessary a Bowling Fun Committee.

The ages of all our bowlers are from 55 to 90+. There are no membership fees. Our bowlers come from the four corners of New Germany: 53.4%. This is the same area as covered by the High School. 46.6% of our bowlers come from all points south of the 103 highway.

So if you want to have a good time, locate one of our 83 bowlers. In summary a quote from our photographer, Ruth Meisner: First of all I want to tell you that you are a wonderful group of people. When I'm at the bowling alley with you all, I feel like "this is one big family", like coming home every Tuesday. I love to hear the chatter, laughing and teasing. It really is a blast for me. Everyone is here for one reason "Fun" and fun we have. ~Keith A. Trimper



## New Germany Garden Club

I'll just say it. Shubie Sam made a wee little mistake when he predicted an early Spring. Here it is April and Winter continues to stomp all over our dear new Spring. As if cold were not enough to bear we must face unexpectedly high costs for keeping warm and this will surely impact upon the budget for gardening. That is a gloomy reality. In the face of all of this I offer a way to save money on fertilizer, get rid of kitchen waste and have a bit of fun. WORM COMPOSTING. I have written about producing compost from garden waste and that is a very useful thing to do. Worms eat kitchen organic waste and produce worm poop called 'castings' which are super compost. Kitchen waste would include among other things: fruit, veggies, cereal, bread, cheese, pizza crust, egg shells. (ILeave out meat, glass, plastic, metal, pet poop.)

- •Kitchen waste is worm food.
- •Worm waste is plant super food.
- •Healthy plants are people food.
- •Food waste goes back to the worms...and so it goes.

There are many different worm composting systems. The best place to start is a good reference book. Mary Appelhof, a scientist who has been developing worm composting techniques for forty years, has written an excellent and concise little book titled Worms Eat My Garbage. She gives more detailed instructions than I am able to include here.

A 68 L plastic container will do for a worm composter if you have heated space in which to keep it. If your container is going to be outdoors measures must be taken to keep it warm in cold weather.

A friend in Italy Cross has a very clever and workable container just outside her kitchen door in her garden. She built it of 1.5 sheets of 3/4 plywood and 1.5 sheets of Styrofoam insulation and a heated pet watering dish from Princess Auto. One sheet of plywood was cut in 2'x4' pieces and screwed together to make a bottomless box 2' high and 4'x4' square. The remaining plywood was used as a lid. The inside of the box was lined with Styrofoam. Cut a piece of Styrofoam to lay over the top of the bedding leaving a 2" space from the sides so that air can get in. At the bottom the heated pet water dish was placed with the electrical cord out the bottom to plug into.

A variety of material makes good worm bedding but shredded paper and shredded leaves are available around here. Mix shredded material with a handful of garden soil- water till it is damp. Place a 4" layer in the bin. Sprinkle with sand. (Sand aides in worm digestion.) Continue with more shredded paper and leaves, then sand, until you have the bin 3/4 full. You are ready for the worms and they are called red wigglers. My friend bought hers at Gow's Home Hardware where they are sold for fishing bait. Buy a bag or two and set them up in this worm palace and you won't have to buy worms again as they will reproduce rapidly. Start feeding your worms immediately with kitchen waste. Begin in the upper left hand corner, as if you were reading a book. Bury the first bucket of compost by pushing aside the bedding and dumping it in the hole. Bury the next bucket by pushing aside the bedding to the right of the first bucket of garbage and dumping it in and continue. When your worms have finished eating the first garbage they will move to the fresher stuff. You are set for five to six months. I will continue with what to do next in the next issue of 'Connections'.

In Garden Club news. Lynn Raloff gave an interesting presentation titled "Gardening in the Dark" at the garden club meeting on April 4th. Lynn is blind and she told us about what it is like to garden and to en-

joy the garden without the use of sight. She gave us much to consider. Thank you Lynn. Upcoming on the 28th of May Megan Crowley from the Tobiatic Research Centre will give a presentation on Monarch Butterflies. She will bring along butterfly kits available to the public for \$10. which include two butterfly plants (asclepias). The New Germany Garden Club meeting is at 7:00pm in the library at New Germany Rural High School. See you there. Happy Gardening!

~ Donna Finck



Bridgewater, NS, B4V 1B1

markfurey.mla@eastlink.ca



# Visiting Rosedale

This year of 2014 on Valentines day Lorraine Snyder of New Germany was thinking of others as she always is. She puts a smile on everyones face by doing special things. On Valentines day Lorraine Snyder took the kids Haley Myra, Ryleigh Flemming and Brooklyn Myra

to Rosedale to deliver handmade Valentines and homemade cookies to the residents. We do this for special occasions like Christ-Halloween, mas, Easter and Valentines day. It makes us feel so good to  $\overline{\sim}$ see all the smiles  $\frac{-}{y_{ome}}$ on their faces. We look forward these special events coming up so we can do the same again.

| ~ Haley | Myra |
|---------|------|
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### Canoe Day

NGAPS in partnership with MODL Recreation is sponsoring a canoe course June 28th at 9:00am to noon. This will be a basic course in canoeing at a cost of \$40. per person. There will be 6 canoes as well as lifejackets and paddles provided, but if you have your own you are encouraged to bring it. Kayakers are also welcome. Please register with MODL or contact Greg Selig 644-2153 for more information.

Join us at Veteran's Memorial Park boat launch & enjoy a paddle in the LaHave River. Rain date July 5th.



### **VON Foot Clinic**



VON hosts a foot clinic at the New Germany Medical Centre every 2<sup>nd</sup>
Thursday from 9:30am – 4:00pm.

If you would like to book an appointment please call VON at 624-1897.

The fee is \$35 per visit. Please bring your own hand towel.

### South Shore Public Library Mobile Library

is at New Germany Freshmart every Tuesday from 3:00p.m. to 6:00p.m. A library card is free and so is using the library.



## Postcards from New Germany

Dig out your dusty photographs—the New Germany and Area Promotion Society is holding a contest to find the image that best represents our heritage.

The winner will receive a \$100.00 gift certificate from one of our 2014 Newsletter advertisers. Plus, the best picture will be featured on a postcard available throughout the community!

All submissions must be original. For obvious reasons, you do not have to be the author of the photograph; however, the photograph must be an original photographic print. This means old postcards are not accepted, along with shots from the internet. Images must be also from the New Germany and surrounding area.

To enter, take your photograph to Village Glassworks during business hours, where it can be scanned and returned to you. If you prefer to keep the photograph in your possession, provide the image on a disk or e-mail an electronic copy to ng cap@ns.sympatico.ca. The original photograph must be shown, however, to ensure its authenticity. There will also be a waiver form to complete.

NGAPS will decide on the finalists before uploading the images to the NGAPS Facebook page, where everyone can vote for their favourites. The photograph with the most Likes will be the winner.

Like New Germany and Area Promotion Society's Facebook page and watch for the best photos. Don't forget to like your favourite!

All entries must be submitted by May 16; only 6 entries per person.

### Palliative Care Services Volunteer Training Program

May 6, 15, 20, 29 June 5, 12 & 19, 2014 6:00 pm - 9:00 pm As well as Saturday, May 24 9:00 am- 4:00 pm

# South Shore Regional Hospital, Bridgewater

#### Lecture Rooms 1, 2 and 3

Pre-registration is required. Fee: \$65.00 For more information or to register call 634-7015

Volunteers are community members who offer companionship and support to individuals living with a life-limiting illness.

### An Evening with the Honourable Jamie Baillie, Leader of the PC Party of Nova Scotia & Leader of the Official Opposition

The Lunenburg PC Association invites you to attend an intimate evening with the Honourable Jamie Baillie, Leader of the PC Party of Nova Scotia & Leader of the Official Opposition.

Date: Tuesday, May 6, 2014

Time: 5:00 pm social, 6:15 pm pork dinner

Tickets: \$15.00/adult, \$10.00/youth (18yrs & under)

**Location:** Royal Canadian Legion, Branch 102 44 Varner Rd., New Germany, NS



### 55 Zwicker Mill Road

#### A Brief History

Most folks know 55 Zwicker Mill Road better as the location of "the old Zwicker mill". But before there were any mills, the very first New Germany school was located there, near the location of the old burner stack of the current mill. The current buildings were not part of the first mill to be built at this location. The first business was a stave and shingle mill built around 1900 by earlier generations of the Zwicker family: my great grandfather, Edward S. Zwicker, and his five sons: James, William, Titus, Twining and Enoch who, together, formed Edward Zwicker & Sons Ltd. in 1918. Beginning around 1922, they also operated the Zwicker Electric Power Company Ltd., distributing surplus electricity generated at the mill site to local homes and businesses and to the Barss Corner Electric Light Company Limited. Although Zwicker Electric was sold in 1944 to what was then the Nova Scotia Power Commission, the mill continued to generate most of its own electricity by burning its residual wood scraps and sawdust in two large

burner/boilers that powered the steam turbines and generators. The current factory building was built in 1935 after the original building was destroyed by fire.

Zwicker Bros. Ltd. was formed in July 31, 1945 and the assets of Edward Zwicker & Sons Ltd. were acquired. Continuing the production of wooden boxes used mostly by the commercial fishing industry, the new company was primarily owned and operated by my uncle, Edward P. Zwicker, and my father, George A. Zwicker. The business continued to be a substantial source of local employment that helped sustain the community until it ceased operations around 1970. For better or worse, Styrofoam had become the preferred material for box construction. Over the subsequent years, almost all the machinery and equipment was gradually removed, the dam was removed from the river, the garage was torn down, the lumber



The only known photograph of the new mill under construction in 1935.

yard became overgrown and the mill became idle, beginning a slow, sad deterioration.

#### The Buildings

Over the earlier years, the mill site consisted of the main factory building, a brick building known as "the boiler room", an adjacent cinder block building known as "the engine room", a four-bay garage with a machine shop, the office building, a cookhouse and an old barn known as "the warehouse". This warehouse had been moved, I think in the early '60s, closer to the mill from its original location near the Varner bridge. Until then, it was part of the original Edward S. Zwicker home site that eventually included a general store that became an IGA store, including for a time the local post office, then Barry's Food-



The mill yard around 1940 with the cookhouse and burner in the background.

master and, most recently, the Lions Club park. I may be missing something along there.

#### **Operations**

In the '50s and '60s, I recall the mill being a beehive of noisy activity. Inside the factory were various saws, planers, printers and nailing machines. I recall the boiler room was always very warm with two big burners and boilers creating lots of heat – and the steam that powered the turbines and generators operating next door. New ideas were always taking form in the machine shop and mechanics kept the trucks in top shape in the garage. Outside, the lift truck seemed to be continuously moving lumber from the saw mill to the lumber yard and back.

Logs were purchased from many local woodlot owners and also cut from the company's nearly thirty woodlots.

Some of my fondest childhood memories are of going to the woods with Dad to scale the logs that were purchased. The logs were transported by two trucks that usually operated as a team and were either dumped directly into sections of the LaHave River controlled by "booms" or piled in "brows" near the river. The river level was much higher than today because of a large dam located adjacent to the upper end of the mill building. One of the men used a small, flat-bottomed boat and a pike pole to guide logs corralled by the river booms up a conveyor into the saw mill, beginning the manufacturing process that is an interesting story on its own. "Shooks" containing the small, wooden fish boxes were stacked to await loading onto the company's "shook truck" for transport to various locations around the province – and sometimes outside the province – but most often to National Sea Products in Lunenburg.

Aside from generating much of its own electricity using the waste material created during the manufacturing process, the mill was also equipped with a complete sprinkler system and a freight elevator.

Speaking of trucks, the company had three: a tandem log truck and a single axle log truck, both equipped with hydraulic side loaders, and a single axle shook truck. I think the company always purchased Internationals from Silver's Garage in Bridgewater. I have another fond memory of going with Dad to pick up a brand new, bright red tandem International from Silver's one summer evening. Dad called the tandem the "ten wheeler". Although the log trucks usually took a bit of a licking on the woods roads, the shook truck was always clean and tidy, at least partly because it was operated exclusively on the highway. The company also provided Dad with a vehicle for accessing the wood lots. These were usually a four-wheel-drive although one was a car: a VW Beetle. The VW went a surprising number of places off-road but I know it had to be carried out of some deep, muddy wheel ruts at least once. I really enjoyed being in the woods with Dad and these vehicles.

#### **A New Chapter**

As a result of a recent reorganization of Zwicker Bros. Limited, three additional companies were created. Ownership of the mill property was transferred to one of these new companies, Zwicker Forestry Limited. This has led to a renewed focus on the mill. We will have to see what materializes but, for now, plans are



A current view of part of the top floor of the factory.

being made to salvage at least the portions of the mill that have deteriorated beyond viable repair and to secure the remainder.

#### **More Information**

A few, great photos of the exterior of the mill taken from the opposite side of the LaHave River can be found online at <a href="http://newgermanycap.ednet.ns.ca/">http://newgermanycap.ednet.ns.ca/</a>. Unfortunately, we are unaware of any photographs of the inside of the mill when it was in operation. We would be very grateful to know if any surviving workers or their families have any. We would also love to

hear any stories about the mill or working there that

these folks are willing to share. We would also be interested in hearing from anyone who may know the current location of the steam whistle that marked time for both the mill and the village for many years (no questions asked).

Finally, I would be most happy to give anyone who is interested in seeing inside the mill an informal tour. Just give me a call (688-1928).

When in the mill, I often stand and think for a while about all the men who, for years, worked long and probably monotonous hours there and I recall how noisy and busy it was - compared to now.

~ Ken Zwicker



4840 highway 10



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# Reconnecting

Gerald Zinck grew up in West Northfield and Simpsons Corner. After graduating from NGRHS in 1997, he went on to obtain a Bachelor of Arts degree from Acadia University. He spent a couple of years living and working in the Valley before accepting a position teaching English in Japan in the summer of 2006. He met and married his wife, Takako, who is also a teacher, in November 2007. They have a 5 year old son, Jonah, and live in Sawara on the east coast of Japan.

For most people, the name Japan conjures up images of pale women in kimonos, exquisite temples and shrines, a crowded metropolis, and sushi. I know when I stepped off the plane in Tokyo's international airport - located an hour outside of Tokyo - these were the images I had in my mind. I was here to be pushed onto a train so crowded you have nowhere to fall if the train suddenly starts or stops (fairly common) and to see college students dressed up as their favourite anime characters (not as common).

What I got instead was a town that could have been Bridgewater, if Bridgewater was at the same time compressed to make the buildings closer together yet still managed to sprawl as far as Halifax. It certainly was not what I was expecting when I left home to teach English to junior high school and elementary school students. Yet, the semi-familiar surroundings helped to ease the transition of being halfway around the world from friends and family.

So many people see Japan as exotic, and parts of it certainly are extremely different from Nova Scotia. As my brother noted when he visited and we went to Disneyland, in a day, more people visit that park than there are in Lunenburg County. Tokyo really is as crowded and, if you find the right place, just as crazy as I expected when I first went there. Everywhere there are bright lights, gaudy signs, and salespeople screaming into a microphone on a street corner, trying to lure passersby into their shops. Electric Town in Tokyo is the place to get anything you want that runs on electricity.

But outside of Tokyo, things move at a much slower pace. The massive cedar forests of Nikko remind me of fall in Nova Scotia. Throughout the countryside are hundreds, if not thousands of hidden shrines to local gods. Each is similar to the others, but no two are exactly the same. Mountains rise in the middle of Honshu (the name of the main island in the archipelago), although most people only have eyes for Mount Fuji, which, despite being over 200 km away, can still be seen on a clear day. I visited Fuji-san once and, even from a distance, it is breathtaking to behold. Like my home in Nova Scotia, my home in Japan is

rather small. Most businesspeople travel to Tokyo, rather than try to make a living working here, but tourism is the main trade within Sawara.

Sawara is best known for its historic homes and buildings, some of which are over 200 years old, dating back to the Edo period (1603-1867). Tourists come from all over Japan to walk streets along the Onogawa River and to visit a museum dedicated to Tadataka Ino, who created a map of all of Japan, by hand, at the beginning of the 19th century. His house remains largely as it was when he lived there and can be viewed, for free.

In July and October, the Onogawa comes alive with Sawara's Taisai Festival, a 300 year old festival where floats four meters tall with equally tall 'dolls', all carved by hand are pushed and pulled through the narrow streets by



Japan is over 11,000 km and 12 time zones from Nova Scotia.

townsfolk. I had the opportunity to participate in the July festival and it was quite the experience. Children begin pulling the floats with ropes from the time they can walk while young men in their late teens to early thirties have the difficult, and sometimes dangerous job of walking backwards, chest to back, pushing the float forward in rows of five to six. It can be very painful, as I also got to experience. In the evening, lanterns hung in the willow trees lining the Onogawa and hanging from the floats are lit while those who are pulling the floats dance in front of homes as a thank you and to heap well-wishes on the inhabitants. It is this maintaining of tradition in a place so well-known for its advances in technology, this holding on to the past while pushing things into the future that makes my adopted home so unique to me.

For more information about Sawara and its festival, please visit this page: http://www.katorishi.com/en-matsuri.html



# New Germany and Area Medical Centre

New Germany and Area Medical Centre Welcomes Dr. ar-Rushdi

The New Germany and Area Medical Centre is delighted to welcome Dr. Muna ar-Rushdi to the NG&AMC team. Dr. ar-Rushdi brings with her a diverse career, a wealth of knowledge and a wonderful understanding of health care needs in rural communities. While in New Germany, Dr. ar-Rushdi's schedule will include regular visits to Rosedale Home for Special Care. Dr. ar-Rushdi will work very closely with Jennifer Riis, Nurse Practitioner, Dr. Margaret Shirley and Administrative Assistants Jolene Langille and Michelle Robar to continue to provide quality care to patients of the clinic.

Welcome Dr. ar-Rushdi!

644-2361 100 Varner Road

# Countryside Christmas and Christmas House Tours

Is it too early to plan for Christmas 2014?

We thought not!

Here is a sneak preview of what NGAPS is planning for the first week of December 2014.

We are gathering a group of like-minded community organizations and beginning to plan for a week long celebration in our area, **Countryside Christmas**. We would like your group or business to get involved. We already have a number of events in the works, but are on the hunt for more to make this a great celebration. If you would like more information please contact Cathy (644-2922) or Michelle (644-2303).

NGAPS, as part of the new Countryside Christmas, will be hosting **Christmas House Tours**. If you are interested in hosting a tour at your home or helping with this event, please contact Cathy @ 644-2922. We will be holding an organizing meeting in the near future.

## Municipality of the District of Lunenburg



#### Carolyn Bolivar-Getson

Councillor - District 9

5105 Hwy 325, Baker Settlement, N.S. B4V 7E8 Phone: (902) 685-2416 | cbolivar-getson@modl.ca www.modl.ca

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### **Keurig K Cups Now Available**

18 cups for \$13.99; mix & match any flavours.

We have lots of summer time essentials like sunblock, bug spray, fishing tackle, kindling, propane and much, much more.

Grab a freshly made sub, sandwich, burger and head to the lake.

Our Hours:

Monday to Saturday 6:00am-9:00pm.

and

Sunday 7:00am - 9:00pm.

### New Germany and Area Medical Centre

Pap Clinic (by appointment only)

Jennifer Riis, Nurse Practitioner
Thursday May 1st

Time: 9:30 - 12:30 & 1:30 - 6:30

Appointments may be made by any woman living in the New Germany area wishing to have a Pap test.

Phone 644-2361 with a valid Health Card.

Note: Current patients of New Germany Medical Centre can continue to book their Paps as regular appointments.

The next clinic will be in the fall.



Windows & Doors

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### Volunteer Connections

Is your group or organization looking for new members or volunteers? Send us information about your needs and we will include your request in our Newsletter as space permits. A short outline of your organization's goals, the type of volunteer you are looking for, the time commitment and contacts should be included.

You can send your information to NGAPS by mail or email to the address on page 24.

## My office can help you with:



- Canada Pension Plan (CPP)
- CPP Disability
- Old Age Supplement (OAS)
- Guaranteed Income Supplement (GIS)
- Employment Insurance (EI)
- Canada Revenue Agency
- Citizenship & Immigration
- Passport Applications
- Student Loans
- Veterans Affairs
- Gun Registry
- Fisheries

GERALD KEDDY, MP SOUTH SHORE—ST. MARGARET'S

1-888-816-4446 keddyg@ns.sympatico.ca www.geraldkeddymp.ca

Bridgewater office: (902) 527-5655



# Contest: Spring Quotes

| Е | Ι | R | Р | Т | N | 0 | R | Р | G | 0 | N | Ι |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| N | N | W | Ι | R | J | М | Ι | Α | Υ | Т | 0 | W |
| Α | G | Ι | 0 | Е | 0 | Α | Р | R | I | L | Α | Т |
| Т | Ι | N | С | R | S | J | Т | R | Ι | R | М | Е |
| U | D | Т | Н | G | L | G | Е | Р | N | Р | R | L |
| R | S | Е | Е | Н | Т | D | S | С | G | S | S | R |
| Е | Υ | R | М | Е | Е | R | Е | Н | Т | U | 0 | Υ |
| Υ | U | Α | Ι | D | Е | Α | Н | K | S | S | T | Е |
| 0 | Α | R | Т | W | N | В | Т | Ι | Р | R | N | W |
| W | Α | D | 0 | Н | D | Т | N | N | Α | S | R | 0 |
| L | D | Н | Т | S | 0 | F | Ι | Р | Т | Ι | Е | V |
| Р | S | Р | Ι | K | S | R | Е | W | 0 | L | F | L |
| Α | Е | Ι | R | D | Ι | R | Т | R | S | Т | U | Е |

#### Answers:

| 1  | 8   |
|----|-----|
| 2  |     |
| 3  |     |
| 4  |     |
| 5  |     |
| 6  | 13  |
| 7. | 14. |

Send your answers (to the address on page 24) by May 23rd for a chance to win.

(We will also accept email entries. Please put "contest" in the subject line.)

Only one entry per person please.

#### Answers for February's contest:

Angel, baby, cutie, darling, dearest, honey, lamb, love, precious, pumpkin, snookums, sugar, sweetheart, treasure.

### Puzzle Maker Wanted

Do you enjoy puzzles? How about creating puzzles? In each issue of New Germany Connections we have been including a custom created puzzle. If you would like to contribute a puzzle for an issue of Connections, please get in touch, contacts on next page.

Thanks to our guest puzzle maker this issue, Michelle Greek.

#### Clues

| April(/) bring May(/)                                                             |
|-----------------------------------------------------------------------------------|
| "Spring shows what God can do with a(4)<br>and dirty(5)" - Virgil A Kraft         |
| "Spring is(6)'s way of saying 'Let's<br>(5)!'" - Robin Williams                   |
| "(5) hath put a spirit of(5) in everything." - William Shakespeare                |
| "No(6) lasts forever, no spring(5) its turn." - Hal Borland                       |
| "Spring is the(4) of plans and(8)" - Leo Tolstoy                                  |
| "In the spring, at the end of the(3), you should smell like(4)" - Margaret Atwood |

| Name |  |  |  |
|------|--|--|--|
|      |  |  |  |

| Community_ | <br> |
|------------|------|
| Phone      | <br> |
|            |      |

Email \_\_\_\_\_

May we use your email to contact you about NGAPS events?

Yes\_\_\_\_ No\_\_\_

If you are our winner from which advertiser would you chose your prize?

Do you have any comments about the Newsletter?



# New Germany & Area Lions Club

Serving our communities since 1985

New Germany Area Promotion Society

Box 28

New Germany, NS. BOR 1E0

E-Mail: ng\_cap@ns.sympatico.ca

Phone: (902) 644-2922



### Thanks for entering our contest!

In the February issue of the Newsletter, we gave you the chance to win a \$20.00 gift card from any one of our advertisers - your choice. The draw was made and the winner was Dilly Conrad. She chose a Gift Card from Cathy's Beauty Salon. Congratulations Dilly.

Enter our contest on page 23 and send your answer to the address above. You may be our next winner!

# Reconnecting...

In our June 2013 issue of Connections we started a new feature where we catch up with former residents of this area. In this issue we reconnect with Gerald Zinck (page 20).

Do you know someone we might feature? Please get in touch (contact information above).

# New Germany Area Promotion Society

maintains our community website, publishes this Newsletter, organizes the New Germany Health & Wellness Expo, the Spring & Fall Walks and other community events. Please consider joining us so we can do even more for our community.

### Next Issue:

Will be mid June 2014. We would like to hear your story ideas. Please contact us at the address or phone number on this page.

This Newsletter was put together entirely by NGAPS volunteers. Ads were paid for by the advertiser. We appreciate the support of local businesses for this Newsletter because without them there would be no publication.

NGAPS publishes New Germany Connections 5 times a year - mid February, mid April, mid June, early September and early November. Watch for yours with your flyers. It is also available in colour on our web site or can be picked up at New Germany Freshmart, Mader's Clover Farm Supermarket, Village Glassworks and many other places in our area.

# New Germany Area Website and Facebook too!

Check out our community website for information about the events in our area.

<u>business</u> are <u>FREE</u>. Please email ng\_cap@ns.sympatico.ca. We are always looking for updates. If you see that something has changed, send us that too. Thanks for the support.

#### http://newgermanycap.ednet.ns.ca

**And we have a Facebook page**. Visit us for up to date details of NGAPS and other area events.

**Advertising Information:** You can advertise in this newsletter. We deliver it to all the households and businesses in the New Germany, Barss Corner and Springfield Post Office areas. Single ad sizes vary but can be  $1' \times 7''$  or  $3.5'' \times 2''$  depending upon space and layout. Price per single ad is \$20.00. Multiple ad sizes are available. The revenue from the advertising helps to offset the cost of printing and distributing this Newsletter. Thank you to our advertisers for their assistance.

New Germany Connections is also available on the community web site, in colour, with all ads included. **Community events and local businesses are listed on the web site for free.** Please contact ng\_cap@ns.sympatico.ca Next issue to be published mid June. Ads are limited so they are offered on a first come, first served basis. Please contact NGAPS at the above addresses to book your space.