

Insi	ide	thic	: iss	He.

MODL	2
Maple Syrup Supper	2
Lion's Club	3
Neighbourhood Kids	4
NGES News	5
Garden Club	6
North County Park	7
Teen Place	8
Reflections	9
Public Health	10
Well Woman's Clinic	10
Walks	11
SSH Update	13
NG & A Medical Centre	14
Your Way to Wellness	14
Contest	15
Meet & Greet	16
Contact & Comments	16

Community Events

Apr 21 Map	le Syrup	Supper
------------------------------	----------	--------

- •Apr 23 Walk
- •Apr 24 NGAPS Meeting
- •Apr 25 Garden Club
- •Apr 25 MODL Community Meeting
- Marria Mari
- •May 1 Walk
- •May 5 Visioning Walkabout
- •May 7 Walk
- •May 8 June 12 Your Way
- to Wellness (Tuesdays)
- •May 15 Walk
- •May 23 Garden Club
- •May 24 North River Seniors Program
- •May 25 Teen Talent
- •May 26 Babysitter Course
- •May 29 Meet & Greet
- •June 5 NGAPS Meeting



Spring 2012

With record setting warm temperatures on the first day of Spring in March, we look forward to an interesting season. Will the flower blooms be early? What about the fruit tree blossoms? Are the Spring peepers letting you know that Spring is definitely on? On March 20th, Spring lobbed its first salvo and the community responded with walkers, joggers and bikers (both petal & motorized) shedding their winter toques and feeling the warm sun on their heads. Bravo, well done.

NGAPS & New Germany Community Centre Programs & Events

Friday Evenings at the Community Centre Youth Activity Evening for Grade 7 – 12, 7:00 pm – 9:30 pm at the Community Centre. Snacks & Activities, Movies, Wii, Air Hockey, Guitar Hero, crafts, etc. A different program every week. This program is a partnership of Teen Place YHC, NGAPS, the Department of Justice Lighthouses Program and The Lunenburg County United Way.

Walks @ 6:30 Meet at the Community Centre on April 23rd, May 1st, 7th and 15th for an early evening walk. Check page 11 for more details.

NGAPS Regular Meeting at the Community Centre April 24th @ 7:00p.m. No meeting in May, June meeting on the 5th. Everyone welcome to attend.

Garden Club Regular Meeting at the Community Centre the fourth Wednesday of the month. Garden Club will occasionally have an off site meeting. Please check with Chair Greg Selig @ 644- 2153 or our community web site.

Red Cross Babysitter Course May 26. Call MODL to register 541-1343

Newcomers Meet & Greet May 29th, 6-8:00pm. Details on page 16

Exercise with Gym Equipment and music is available at the Community Centre. Monthly fee \$20.00. For times or more information call the Centre and leave a message.

The Community Centre and LCD projector are available for rent. For more information please call the Centre at 644-3695 and leave a message or email @ nqaps@ns.aliantzinc.ca.

We have a New Germany Area Website!



Check out our community web site for information about the events in our area. We list local business, have an extensive history section and other information about our area.

If you aren't advertising your local event or business on the website you are missing visitors or customers.

<u>Listings of community events and local business</u> are <u>FREE</u>, please email ng_cap@ns.sympatico.ca. We are always looking for updates. If you see that something has changed, send us that too. Thanks for the support.

http://newgermanycap.ednet.ns.ca

BENEFIT MAPLE SYRUP SUPPER

Saturday, April 21st., 12:30p.m. to 5:30 p.m. Parkdale/Maplewood Community Centre Hall. Adults \$12.00, Youth 5-12 \$6.00, under 5 free.

MENU: Pancakes, Sausage, Ham, Baked Beans, Hash Browns, Ice cream, all served with locally produced Maple Syrup. Tea & Coffee included.



FEATURING: Locally produced maple syrup products, baked goods, & crafts for sale in Museum.



Parkdale / Maplewood Museum will be open 1 to 5 p.m.

With entertainment during the afternoon.

LOCATION: 3003 Barss Corner Road, Maplewood NS

Info: Joanne 644-2877 or Calvin 644-3602. Supper sponsored by Parkdale/Maplewood Community Centre, New Germany and Area Medical Centre, Rosedale Home For Special Care.

(Profits to be shared equally)

Phone 644-2869 Cell 521-7888

Philip Roy Electrical Contractor WIRING NEW AND OLD HOMES

WIRING NEW AND OLD HOMES FREE ESTIMATES

Service upgrades
Installation of Generator
Panels

R.R. #1, BARSS CORNER NOVA SCOTIA, BOR 1A0

GEEKTEK Computer Solutions

Solving computer problems



Affordable, reliable, and fast PC repair: In-shop and Remote services available.

www.geektekcomputersolutions.com (902) 644-3241 info@geektek.ca Open: Mon-Fri 9am - 6pm & Sat 11am - 6pm.

Lunenburg Municipal Recreation News

Springtime is here! New adventures await you. There are many opportunities for you to have fun, get active and take part in your community. Take a look in the Spring Recreation Guide for a host of possibilities.



Upcoming Events/Programs:

Healthy Strides Walking Club Celebration – April 24
Horseback Riding for Youth – May/June; Wood Carving – May 5
Extreme Couponing Canadian Style – May 12
Boating Safety Course & PCO Certification – May 7 or 16

Introduction to Bass Fishing – May 16
Bargain Shopping Bus Trip to French Shore – May 17
North River Fun & Games for Seniors – May 24
Children's Fishing Derby - May 26; Red Cross Babysitter
Course, New Germany - May 26

South Shore Outdoors - May 26; Mayor's Walk - June 12 Winery Tour to the Valley - June 15

We welcome your input and suggestions for recreation programming in your area. If you have 8 or more people interested in a program or activity, we will work with you to help make it happen. Community organizations are invited to partner with the Municipality to help provide programs or events in your community.

Call 541-1343 for more information or visit www.modl.ca Lunenburg Municipal Recreation

Watch for a weekly listing of recreation programs and events in the Lighthouse Log

From the Lions Den

The New Germany and Area Lions Club recently completed the annual salad plate fundraiser. The success of this project is attributed not only to the hard working members of the club but extends to the support we receive from the community and the many dedicated volunteers who work with us to complete this project. Thank you to all of you.

The revenue from this project will aid us greatly in the sponsorship of an Autism Assistance Dog Guide. With the growing awareness of autistic children, the Lions Club of New Germany and Area decided to sponsor such a guide dog and are working hard to complete the funding for this project before the end of our Lions Year - June 2012.

If anyone would like to make a pledge to this worthy cause, cheques may be made out to "New Germany and Area Lions Club", earmarked "Autism Dog Fund", and mailed to New Germany and Area Lions Club,

PO Box 118, New Germany, NS BOR1EO or dropped off to club treasurer, Lion Carla Carver. A full sponsorship of an Autism Assistance Dog Guide is \$12,000.00. The use of such a guide dog completely improves the life of a family dealing with an autistic child.

Membership - We are always looking for new members who can volunteer a few hours - whether it is to deliver bingo books on a Thursday morning or drive the Lions train at a Saturday event. We have many projects and there can be great camaraderie as we volunteer in our communities. For further information, contact Club President Pat Wentzell 644-3280.



Inspected Once Inspected Right!

Clark Hubley

Home Inspector South Shore Franchise Owner

97 Penny Rd.
Pinehurst, NS B4V 8X1
Tel: (902) 543-9755
Fax: (902) 543-1128
clark.hubley@abuyerschoice.com
www.abuyerschoice.com





Village Glassworks



4928 Highway 10 644-3185 www.villageglassworks.ca Stained glass lamps, mirrors, panels &

suncatchers;

Hand crafted pewter jewellery, cards, soaps, quilting, weaving, pottery, felting & more.









Shop locally for handcrafted gifts created for the unique people in your life.

B. VARNER POOLS

25 Old Barss Corner Rd. W., RR1 New Germany, N.S. B0R 1E0 644-2981 644-2981 644-2981

THE VERY BEST IN PRODUCTS,
ABOVE GROUND / IN GROUND POOL KITS
SPAS - HOT TUBS - SAUNAS

CHEMICALS, MAINTENANCE SUPPLIES, SALT SYSTEMS,
HEATERS, SOLAR BLANKETS, PUMPS, FILTERS,
REPAIR PARTS FOR MOST MAKES,
SPECIALIZING IN OPENING, CLOSING WEEKLY / MONTHLY
MAINTENANCE & REPAIRS.

ASK ABOUT OUR FREE DELIVERY SERVICE

(Conditions apply)

Opening for the season May 23rd.



B. VARNER POOLS - SAVINGS COUPON 10% DISCOUNT ON ALL PURCHASES, ONE PER CUSTOMER

EXPIRES END OF BUSINESS, JUNE 17, 2012

Neighbourhood Kids

As part of our continuing series where we hear from the younger people of our community, this report is from Brooke Robar about a recent school trip.

On March 8th, 2012 the grade 9's from NGRHS boarded a bus to go to the Halifax Farmers Market, that was pretty cool except the shops were closed and the "living wall" was dead. After we left there we walked to the train station and got ready for the 2 hour trip through the woods to Truro. As the train took off we were able to get up and walk around, but a lot of us students ended up on the laps of unsuspecting passengers as the train went around corners and switched tracks.

When we got to the Mi'kmaq Centre in Truro, we sat down to watch a short video about the Mi'kmaq peoples, then we were sent on a scavenger hunt for answers about them found in the exhibits. I got the most answers so I won a small rock with my birth stone animal (an otter) on it. We next took a tour of the museum and learned a lot about their culture and how they lived within Atlantic Canada.

One of the museum guides told us a story about a giant beaver and how Glooscap defeated a particularly nasty one and made beavers smaller so they could not pick on smaller animals any longer. Another guy played a drum and sang a Mi'kmaq song, which was really cool.



South Shore Public Library Mobile Library

is at New Germany Freshmart every Tuesday from 3:00p.m. to 6:00p.m. A library card is free and so is using the library.



My office can help you with:



- Canada Pension Plan (CPP)
- CPP Disability
- Old Age Supplement (OAS)
- Guaranteed Income Supplement (GIS)
- Employment Insurance (EI)
- Canada Revenue Agency
- Citizenship & Immigration
- Passport Applications
- Student Loans
- Veterans Affairs
- Gun Registry
- Fisheries

GERALD KEDDY, MP SOUTH SHORE—ST. MARGARET'S

1-888-816-4446 keddyg@ns.sympatico.ca www.geraldkeddymp.ca

Bridgewater office: (902) 527-5655





Elementary News

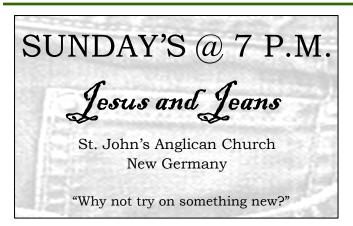
Hi. This is Cassie back with the NGES news. Today I will be talking about some basketball teams and a football team starting up in Lunenburg County.

This year NGES has had three basketball teams. An "A" boys team coached by Paul Savory, a "B" boys team coached by Mrs. Gummeson and an "A" girls team coached

by Vance Grimm. Also this year there will be a football team starting up in Lunenburg county. Games will start this fall. Practices and home games will be held at Kinsmen field in Bridgewater.

Another thing that happened in NGES is the heritage Fair. The Heritage Fair is when grades five and sixes make a project about Canadian History. Each class with fives and sixes let 12 people go down to the gym to see who the three people are that move on to Bridgewater. This year the people were Mckenzie Kelly (grade 6), Jorden Conrad (grade 6) and Joshua Foster (grade 5).

This was Cassie with the NGES news.



TONY DANIELS CARPENTRY

RR # 3 New Germany

B0R 1E0

Additions • Renovations • Roofing • Siding

Flooring • New Construction

For a Job Done Right The First Time

Phone (902) 644-3089

Fax (902) 644-1220

Free Estimates

Notes from Councillor Cathy Moore: "Your Government, Your Ideas" Community Meetings

Council for the District of Lunenburg has scheduled 12 community meetings throughout the region to hear from residents. You are welcome to attend any of the scheduled meetings. Join Mayor Downe and Councillors in a relaxed, open style meeting and hear what new initiatives are scheduled for 2012. The doors open at 6:30 p.m. with the meetings starting at 7:00 p.m. Come have your say! Council District 7, Location New Germany Legion on April 25th.

Wood and metal will be collected differently beginning this **Spring Clean Up**. Metal will be collected on the same day as other bulky landfill items, during the first week of Clean Up. To increase diversion from landfill, wood only will be placed in a separate pile during the second week of Clean Up. No metal or landfill should be placed in the wood pile. Bulky landfill and metal will be collected on residents' regular collection day between Monday, May 28 and Friday, June 8. Wood will be collected between Monday, June 11 and Friday, June 22.

(902) 644-3900

www.guppysplace.net

Guppy's Place Family Restaurant

Great Food, Great Service, Great Times



Hours: Sunday to Tuesday - 8am to 7 pm Wednesday to Saturday - 8am to 8 pm

Daily Specials, Take Outs, Birthdays & Banquets, Baked Goods

4744 Highway # 10 New Germany, Nova Scotia B0R 1E0

New Germany Garden Club

The New Germany Garden Club met at the Community Centre on Wednesday February 22nd. Our program was a technical discussion about edges. Those carefully thought out boundaries can be the difference between tender, delicate plants safe and secure and tender, delicate plants under the lawn mower. A good discussion ensued including the thought provoking idea that the shape of a pond can effect the overall length of the edge considerably and the amount and type of organisms living therein. "A crenulated pond edge affords more opportunity for biodiversity than a simple edge." offered Chelsea.

It was hands on learning for the March meeting. We made 'sub-irrigated planters', a better alternative to the surface watered containers that most of us are familiar with. These SIP containers maintain a constant amount of moisture in the soil using a reservoir of water and a wick to transfer that water from the reservoir into the soil of the container. We also discussed 'soil blockers' an unique and inexpensive method of preparing soil for seed starting. We learned that this method has many advantages. It helps reduce transplant shock when planting out the new babies and it is a very economical seed starting method.

The Garden Club is looking into the idea of a community garden. This would be a place where people could work together to grow vegetables and share the 'fruits' of their labour. Please consider attending our next meeting or contacting a garden club member if you are interested. Messages can be forwarded through the Community Centre as well, contacts on the back page.

Here's a tip for cloning baby shrubs from ones growing in your garden. Find a low growing branch that is able to bend down to touch the ground without breaking. You will need a rock heavy enough to keep the branch touching ground and a sharp edged tool. Where the branch contacts the soil rough up the soil a little and scrap the downward side of the branch. Place the branch on the ground and place the rock on top. Check back in a year. One year later- tah-dah! You will have a new baby shrub complete with roots and shoots ready to be cut off the mother shrub and planted out on its' own. Moist Spring days are ideal

New Germany Building Supplies is now part of the



And we plan to Celebrate in June! Watch for the date and details soon.



We have lots of in **Store Specials**, making way for new stock. Check us out today.

for this method of propagation. To improve your chances of success consider purchasing rooting hormone #3. Put that on the scrapped area on the branch when you're planting.

I suggest that you try this on a number of shrubs then leave them alone and forget about them. Some day when you are pulling weeds or pruning you will come upon one of these 'layered' branches that have taken root and it will be a pleasant surprise-a brand new baby!



Our great Grape presentation in January.

The April meeting will be on the 25th and the topic is "Breaking New Ground". In May we will do a plant exchange.

NGAPS C@P Sites



Guppy's Place Restaurant , Parkdale Maplewood Museum and New Germany Community Centre, during open hours.

Access is free, donations are always welcome.

Come and Explore and Share Your Vision! A Visioning Walkabout!

We would like to invite you to exercise your creativity and to join us for a proposed recreation park on <u>site adventure!</u> A Steering Committee has recently been established under the guidance of the Municipality of the District of Lunenburg to examine the potential for a multi-use and trail-serviced upper county recreation park. An undeveloped property of 115 acres has been purchased by MODL and is located on Falkenham Lane east of Highway 10, just south of New Germany, and adjoining both sides of the South Shore Annapolis Valley Recreational Trail.

We invite you to join us for an informal inspection and developmental visioning on the lot itself to be held on Saturday 5 May at 1:30 pm. A rain date for this event will be Sunday 6 May also at 1:30 pm. We anticipate hiking the land in groups with leaders over roughly 2 to 3 hours for the purpose of photographing and gathering additional GPS data and to have you share your visions and suggestions for future development of the property.

Bring your cameras, GPS devices, appropriate hiking gear and clothing, bottled water, and be aware that the property is currently un-serviced for washroom facilities and that it is undeveloped land. We expect to have some basic refreshments available as well as maps. Parking is limited to the cul-de-sac at the end of Falkenham Lane and surrounds at your discretion, and access to the lot itself will be via a southerly direction along the existing South Shore Annapolis Valley Recreational Trail. For more info call Cathy Moore 644-2922

Help Us Name It! How You Can Participate!

We would also like to hear your suggestions for an appropriate name for the park before Friday 27th April. If your suggestion for a name is chosen you will be rewarded with a prize as well as being recognized by name with a permanent inscription on the site itself. MODL and the Steering Committee reserve all rights in the final selection and use of submitted suggestions as well as the determining of a final winner by a fair method in the event of duplications. You can submit your suggestion by any of the following methods: Ballot box - Shoppers Drug Mart, by email - kitcatt@ns.sympatico.ca, or by mailing Cathy Moore P.O Box 137 New Germany BOR1EO.



TRUCKLOAD



arriving Thursday April 12th

TOPSOIL, PEAT MOSS, SHEEP & COW MANURE, SUPERSOIL, RED & BLACK CEDAR MULCH & MORE

BUY ONE, GET ONE **FREE**CARROTS

product of Canada #1

3 LB

with this coupon coupon expiries April 28, 2012

BUY ONE, GET ONE **FREE**FRESH STORE BAKED WHITE BREAD

430G

with this coupon coupon expiries April 28, 2012

NO NAME CHICKEN WEINERS

450a

with this coupon coupon expiries April 28, 2012

NO NAME PAPER TOWEL

6roll

with this coupon coupon expiries April 28, 2012

NO NAME SODA CRACKERS

454G

with this coupon coupon expiries April 28, 2012

BUY ONE, GET ONE **FREE**PC SODA DRINKS

2 L

(Does not include tax & deposit)

with this coupon coupon expiries April 28, 2012



Teen Place Youth

5284 Highway 10

teenplace@ns.aliantzinc.ca

Spring 2012 Events

April 13th **Ringette and Fitness Room**. Hang out with Tanya, Erin, Justin and others at the high school. Meet at the centre at 7:00.Get picked up at the centre at 9:30.

April 20th **TWISTER night** at the Centre.

April 27th. **Elementary School Dance**. Teens can come and help raise some money by hosting a dance for the younger set. Those wishing to help out must sign up with Tanya at school in advance.

May 11th. **BIG TRIP TO DARTMOUTH SPORTSPLEX** – 24 lucky youth will get to travel by bus for swimming, eating

and a great time. All those who helped out with dances will get first spots, after that it's first come first served. Leaving the school at 2:30. Waivers must be signed by parents in advance. Parent volunteers welcome.

May 25th **TEEN TALENT COMPETITION** – Do you have some kind of talent? Dancing, Hip hop, sing-

ing, playing an instrument, stand up comedy or ???? Sign up for our contest. Cash prizes for winners, door prizes for those watching. Register with Mary at a school or at Teen Place. Youth in grades 7-12 welcome to enter from any school.

New Meeting Night:

NGAPS will hold our regular 4th Tuesday of the month meeting on April 24th and then, beginning June 5th, we will be meeting the first Tuesday of the month at the Community Centre. Everyone with an interest in community is welcome to join.

Teen Place Health Services

Free and confidential information, counseling, support and referrals on all issues relating to youth health – stress, relationships, sexual health and orientation, quitting smoking, healthy eating, drugs, physical activities and more. We also provide free pregnancy tests and condoms.

For more information, contact:

Mary Frier, Youth Health Facilitator, 644-3430 teenplace@ns.aliantzinc.ca:

(Tuesdays and Thursdays at the centre, Wednesdays at NGRHS.)



Mader's Clover Farm Supermarket/ Esso

Local Community Supplier for Home, Farm and Cottage

Fertilizers, Soils, Seeds, Pest Control Items, Shur Gain Feeds, Hardware Items, Oils and Lubes, Auto Repair Items, Gloves, and of Course Groceries, Mader's Sausage, Meats, Produce and Lottery Products.

A little bit of everything in a small space.

1383 Barss Corner Road, Barss Corner, N.S., Phone 644-2440





Connections Reflections with:

Russell A. Wile

"I never thought I'd live to be this old"



Russell was born in 1913, so he has seen a lot of changes. He was the only boy in a family of four girls, and is the last surviving member of his family. He attended the little one room school house in Stanley Section until Grade 4. Russell's first job away from home came in the winter of 1929, when he was just 16. He was hired by Clyde Ritchie to work in Cherryfield hauling pulp wood to the railcar, where it was shipped to Liverpool.

For his toils he received .75 cents per day. In spring he was hired to work in the Lake Rossignol area peeling hemlock at \$1.25 per cord, and paid .75cents a day board. During the summer Russell worked on the farm with his dad,

Sidney Wile, but even a young lad at that time liked to have a little jingle in his pockets, so when fall came he was off to the woods with Aubrey Saunders of Kingston. Here he unloaded pulp wood from the sleds unto the lake ice. As each sled came unto the ice, using a wood hook, Russell off loaded the wood as quickly as possible before the ice cracked under the weight of the horse teams. Russell guesses he would have been about 18 or 19 at that time.

Jobs in the woods were short term and seasonal, lasting no more than six months. During his young adult years Russell worked for many different employers including Lloyd Colp and Hawkins & Zwicker.

New Germany was important to surrounding communities. It was the center for shopping, entertainment and social gatherings, and the place to be for young and old on a Saturday night. There was always a dance and the movie theatre, and Russell remembers cleaning up at the end of a busy day and walking the 5 miles to kick up his heels at the local dance hall. He told me that if you wanted to go to the movie instead of the dance you had to quit work earlier in the day in order to get to New Germany in time for the start of the movie. His favourite was a good old gun fightin' western.

When Russell was 27 years old he married Elsie Joudrey from Cornwall, who was a teacher boarding in the area at the time. He remembers that he cut the logs for their new home off land owned by his father. Clarence Conrad who had a truck at the time hauled them to New Canada to be sawed into lumber at the Seamone sawmill. Russell and his dad then hauled the lumber home with a team of horses. The basement for the new house was dug with a team of oxen and a plough. The loosened dirt was then cleared out by hand using shovels.

As many of his friends were called to serve in the armed forces when the war began, Russell continued to work on the farm and in the woods with his father. When he received word that he was to report for duty, an official arrived at the farm to determine what contribution his work at home was making to the war effort. Since he was at that time cutting timbers for the construction of vessels used in transporting troops overseas, it was deemed to be of enough importance to allow him to remain at home for another six months. However, by that time the war was over.

Russell tells of many jobs working for other men. He told me he got to thinking once that if these men could make a living hiring others to cut their wood, he should be able to make a living if he had his own

woodland. So he borrowed enough from his mother to buy a piece of land. His future as a woodsman was secure, and the loan repaid within the first year.

Russell recalls the first few winters of his married life were particularly difficult as there was a lot of snow and roads not ploughed. He and his young wife would walk to New Germany for supplies, carrying what they had bought in a back pack.

With his blue eyes gleaming from recollections of his past, he looks at me and says, "well I guess that's all I can tell you for this time."

LANGILLE'S CARPENTER SHOP

Manufactures of:
Windows - Doors - Mouldings
Lathe Turning Included
Newel Posts - Veranda Posts - Balusters
Phone: 644-2082

Box 23 Barss Corner B0R 1A0

Jeff Langille



Public Health Update

Baby Group is Growing!!

Baby Group is on the 1st and 3rd Wednesday of the Month from 10-11:30am at the Anglican Church Hall in New Germany.

Baby group will pause for a break during the summer months. June 6th will be the final date, starting again September 19th.

For information on Immunizations or Immunization records please call the Bridgewater Public Health Office at 543-0580

Happy Spring!

Public Health Services #100 Varner Road New Germany 644-2710

Well Woman's Clinic

New Germany's Well Woman's Clinic will be held Tuesday June 5th at the New Germany and Area Medical Centre from 6:00pm to 9:00pm for pap screening. Priority will be given to women who do not have a family health care provider. This clinic is only for the New Germany and surrounding communities that receive this newsletter. Information will be on the New Germany website @

http://newgermanycap.ednet.ns.ca

For further info call Cathy Moore 644-2922.

People can self-refer, but if you are presently a patient at the New Germany and Area Medical Centre please book your Pap test appointment during regular office hours. This evening clinic is reserved for women who do not have a health-care provider. For an appointment call Jackie Eisener @ 644-2575 approximately one month prior to clinic (May 1st).

The mobile Breast screening Van will be at the Medical Centre parking lot on June 4th ,5th and 6th. Women over the age of 40 can self-refer for a mammogram by calling N.S. Breast Screening Program at 1-800-565-0548 one month prior to the start date to schedule an appointment, (May 4th). You will need your N.S. Health card number to make either appointment.

For more information you can visit the Nova Scotia Breast Screening web-site @ http://breastscreening.nshealth.ca/

New Germany Irving & Convenience Gas Bar



Large variety of lunches to go, hot & cold.

Lunch Specials change daily.

Original Larsen wieners are back!

Newcombville Irving & Convenience Gas Bar

Movies Coffee Lottery and more.



Open
7 days a
week
at both
locations.

Monday to Saturday 6am to 9pm

Sunday 7am to 9pm

644-3450

Note to Self: Walk @ 6:30

Join us at the New Germany Community Centre for an early evening walk. 4 weeks, 4 different routes. Monday **April 23rd - Route 1:** Leave the Community Centre turning left on Highway 10, joining the Trail behind the Fire Station. When the Trail meets the Lakeview Subdivision Road turn left. At Highway 10 turn left and return to the Centre.

Tuesday **May 1st - Route 2:** Leave the Centre and cross the Bridge on Highway 208, turning left on School Street. Turn left when School Street meets the Lower Branch Road and then left on Highway 10. Take the Zwicker Mill Road and return to the Centre.

Monday **May 7th - Route 3:** Leave the Community Centre turning left on Highway 10, joining the Trail behind the New Germany sign. Follow the Trail across the Barss Corner Road to Caledonia Crossing. At the Crossing take the lower trail back to Highway 10. Turn right on Highway 10, take the Zwicker Mill Road and return to the Centre.

Tuesday **May 15th - Route 4:** Leave the Community Centre turning left on Highway 10, joining the Trail behind the New Germany sign. Follow the Trail to the Barss Corner Road and rejoin Highway 10, following it to the Branch LaHave Road. Turn onto the Branch LaHave Road and follow it to School Street. Turn right on School Street, right on Highway 208, rejoining Highway 10 and returning to the Centre.

All ages, everyone welcome, no charge. We will have a limited supply of Nordic Walking poles available (Thanks to MODL recreation). The Centre will be open before the walk and at the end of the walk. And there will be **Prizes**!

Each week when you join us, you will be given a ballot for a chance to win a prize, with the draws taking place after the final walk. We will have a minimum of \$50. in gift certificates to local businesses to give away and maybe a few other surprises too. The more walks you do, the more chances you have to win.

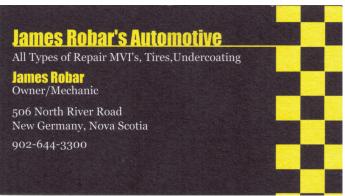
So put on your sneakers, grab your water bottle and join us for the adventure. If it is rainy we will go the following evening. If we get rained out both nights, we will skip the week and go to the next one.

The fine print: NGAPS assumes no responsibility for any harm or injury you may encounter on these walks.

All risks are the responsibility of the participant.







Charlie's Burgers



All Students Welcome!

902-644-2400 www.charliespizza.ca

One of the largest selections of *Ice-cream* on the South Shore.



We have Student Specials.

Charlie's Burger and Pizza New Germany Charlie's Pizza and Convenience Bridgewater

Specials

Spring Specials

#1 3 small Donairs \$13.99

#2 16" Pepperoni & Cheese \$10.99

#3 4 piece Fish & Chips \$9.99



Yum Yum Chips

•Milk



- #4 12" Works, 12" Garlic Finger \$15.99
- #5 Slice pizza + can of pop \$4.35
- #6 Donair egg rolls, 12 for \$13.99
- #7 16" Pepperoni, 12" Garlic Finger \$19.99
- #8 9" Works, 9" Donair \$12.99

Our spring hours of operation are:

Monday to Thursday 11:00 am to 9:00 pm Friday 11:00 am to 10:00 pm Saturday 11:00 am to 10:00 pm Sunday 11:00 am to 9:00 pm

South Shore Health Update

There will be some changes to the staff at the New Germany & Area Medical Centre over the next few months. Dawn Chubbs your Nurse Practitioner is moving to a new NP clinic in the District. We have hired a new NP who will provide health care to those clients that were cared for by Dawn. The new NP is Jennifer Riis (pronounced like miss) and is moving to the South Shore this spring with her family. There will be some transition while Dawn helps Jennifer get settled into the clinic. By May Jennifer will be working at the medical centre full time. Please join me in thanking Dawn for her 2 years of service at the medical centre and in welcoming Jennifer.

You probably have also heard that South Shore Health Diabetic Education Clinic (DEC) staff has started a satellite clinic here once/month. The nurse, Michelle, and Dietician, Heather, have held one clinic and plan to continue to provide a monthly clinic. A referral is needed for clients to be seen by the DEC staff.

NEW GERMANY PLUMBING & HEATING

SALES & SERVICES WATER CONDITIONER HEATING SYSTEMS PUMPS

Nova Scotia

PLUMBING FIXTURES & MATERIALS



FREE ESTIMATES



EMERGENCIES

WHYNOT ROAD Email: ngpnh@msn.com Those clients who live in New Germany and area can be seen at the satellite clinic at the medical centre. Ask your health care provider South Shore Health for more information



Read this newsletter in colour on the web @

http://newgermanycap.ednet.ns.ca

Also available at New Germany Freshmart, Mader's Clover Farm Supermarket & Village Glassworks

Blackie's Future Soy Candles

Soy container candles available by appointment or watch my sign on the lawn. Candles also available at the Village Emporium, Chester; Newcombville Irving and Convenience Store; and From Mother Nature with Love, New Ross.



40 Barss Corner Rd in New Germany 523-0141

www.blackiesfuture.com wholesale and consignment



10,947

South Shore Health



Medical Centre News

At the March 6, 2012 Annual General Meeting of the New Germany and Area Medical

Centre Association, Anne and Scott Merry resigned from the Board and the Association. Anne served on the Board diligently for over ten years in numerous executive positions, the last of which was President. Scott serviced as our Head Maintenance person for a number of years and was always ready to react to problems and improvements when needed. Both Anne and Scott will be greatly missed by the Board and are to be congratulated for their outstanding commitment and service to our Centre and the Community.

Diane MacLean and Chad Parnell have joined the Board and we wish to extend a warm and appreciative welcome to them. The 2012 members of the Board are: Michele Beck-Vice-President; Thomas DeLong-Secretary; Sherman Veinot-Treasurer; Wilfred Hull, Blaine Moffatt and Chad Parnell-Maintenance Committee; and Gabriele Laarman, Brittany Lapointe, Joanne Muron, Stephanie Burris and Diane MacLean are mem-

New Germany & Area Medical Centre Association								
Statement of Operating Revenues & Expenditures								
Year ended December 31, 2011								
Revenues								
Rental Income \$ 26,114								
Money Bottle 1,0								
Donations		15,624						
Dues/Interest/Misc.		1,070						
Grants/Fundraising		8,209						
HST Rebate		785						
Total Operating Revenue	\$	52,828						
Expenditures								
Office Expenses	\$	2,436						
Bldg. Repairs/Utilities		22,201						
Janitorial/Grounds Maintenance		12,517						
Taxes/Insurance 3,30								
New Equipment 1,42								
Total Operating Expenditures \$ 4								

Gain from Operations

bers at large. Unfortunately no one has agreed to fill the President's position at this time but we will continue our efforts to fill this position as quickly as possible.

The Board does not need to remind the community of the value of this Medical Centre to our area and wish to remind everyone of the importance of volunteers coming forward to help operate and maintain this facility.

Do you or a loved one have an ongoing health problem?

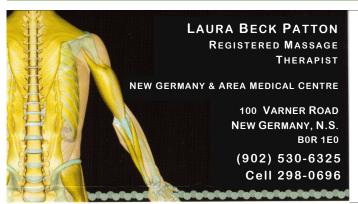
Your Way to Wellness is a self-management program for people living with, or supporting another person living with, a chronic health condition (such as heart disease, high blood pressure, asthma, chronic lung disease, arthritis, fibromyalgia, diabetes, mental illness, cancer, etc). It is designed to help participants manage symptoms and gain the confidence needed to cope with chronic health conditions

The **six-week program is held once a week for 2½ hours** in local community settings. The weekly sessions are facilitated by trained volunteer lay leaders, who themselves have a chronic condition. The program is offered **free** of charge to participants, Pre-registration is required.

A 6 week session will be held in **New Germany,** Tuesday Mornings 9:30 – 12:00 starting May 8 to June 12, 2012

To <u>register</u> for the program or for more information, please call **634-1962**.

Co-sponsored by the NS Department of Health and Wellness and South Shore Health



Registered Massage Therapy

By Appointment Only, please call 530-6325.

Massage Therapy is covered by most insurance plans.
Direct Online Billing with Blue Cross is available.
Laura Beck Patton, RMT is a member of the Massage
Therapists' Association of Nova Scotia.

Gift Certificates available.

Contest: Find the signs of spring in the puzzle and enter to win.														
Ha abo	ve y out ke	ou tho (11) thos	hea se) se b	retu unn	the surning arminer. The surning arminer arminer. The surning arminer arminer. The surning arminer arminer. The surning arminer arminer arminer. The surning arminer arminer arminer arminer. The surning arminer armine	spri ng : e u ictu	ng _ spri ncu res?	(7 ng rling ' W	7) bird g fro e w	ls, tom to	et of the thei n fo	or s (r wi r th	een (6)_ ntei e	the yellow or purples of the first(6) bloom? What? The sweet (10) is flowing and the sleep. Have you found stems of furry(12) to(5) to turn(5) and another mowing season to g mud(7) and the first(4) ride of spring.
Р	U	S	S	Υ	W	Ι	L	L	0	W	S	Q	U	Send your answers (to the address on page 16) by
Е	Е	W	Р	S	М	Μ	L	0	Р	L	N	U	W	May 29th for a chance to win. (We will also accept email
Α	S	Е	Q	D	J	Α	Κ	Μ	N	Ι	Ι	Е	Е	entries, please put "contest" in the subject line.)
D	S	D	Р	Α	Ι	Р	С	В	В	G	В	Ν	٧	Name
Α	F	S	Z	Е	0	L	Е	S	U	С	0	R	С	Community
Υ	В	Ν	М	Н	R	Е	U	Ν	Е	Е	R	G	R	Phone
Т	В	Ι	K	Е	Т	S	S	Α	R	G	Υ	L	0	Email
E	R	W	L	L	U	Υ	U	Т	S	Α	R	W	0	May we use your email to contact you about NGAPS
J	K	Ι	Н	D	Р	R	R	٧	Е	R	٧	Ν	K	events? Yes No
D	F	Н	G	D	Р	U	D	D	L	Е	S	Р	Т	If you are our winner from which advertiser would you chose your prize?
Α	Е	0	Ι	Ι	0	Р	Ι	0	Р	G	Т	Α	S	
K	М	0	Ι	F	Т	Q	U	Μ	0	Р	Ι	R	Е	Do you have any comments about the Newsletter?
An	swe	rs:	1 2						-	 				



The mission statement of New Germany Area Promotion Society is "NGAPS will strive to create a sustainable and vibrant community where people and businesses are encouraged to thrive." We will achieve this mission by supporting communications and partnerships both within and outside our community.

Patty Joudrey's Education & Training Services

Education & training for healthcare providers and the construction industry

Construction Industry:

- •Leadership In Safety Excellence
- •Refreshers in Confined Space, Fall Protection, Fork Lift Awareness and Lockout- Tagout
- •Violence In the Workplace; •Due Diligence
- •Overview of the Occupational Health & Safety Act
- Joint Occupational Health & Safety Committee Training
- •Safety Audits; •Accident/Incident Investigation
- •Hazardous Identification & Control
- •W.H.M.I.S.; •First Aid +CPR
- •Industrial Hearing Testing; •Fire Safety Training
- •Create & Generate Safety Manuals
- •Harassment in the Workplace

Healthcare Providers

10.

- •First Aid & CPR Training
- •C.I.S.D. Critical Incident Stress Defusing/Debriefing

Phone: (902) 527-1608

(902) 541-0719

pattyjoudrey@eastlink.ca

- •W.H.M.I.S.
- Fire Safety
- •Crisis Intervention
- •Non-Aversive Behaviour Management
- Medication Awareness
- •Individual Program Planning
- •Create & Generate Fire & Emergency Plan for Special Care Facilities & Businesses
- •Specialized Training for Specialized Groups

"Dedicated to Quality Education & Training, With a Human Touch"

New Germany Area Promotion Society

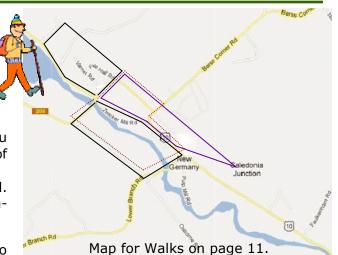
5284 Highway # 10, Box 28 New Germany, NS. BOR 1E0

E-Mail: ngaps@ns.aliantzinc.ca Phone: (902) 644-3695



Next Issue:

Will be out in mid June 2012. The schedule for the remainder 2012 also includes an issue in September as well as early November.



We're on the web!! http://newgermanycap.ednet.ns.ca

Thanks for entering our contest!

In the February issue of the Newsletter, we gave you the chance to win a \$20.00 gift card from any one of our advertisers - your choice.

The draw was made and the winner was Susan Lloyd. She chose a Gift Card from Charlie's Pizza. Congratulations Susan.

Enter our contest on page 15 and send your answers to the address above. You may be our next winner!

Are you and your family new to this area in the last five years?

New Germany Area Promotion Society (NGAPS) invites you to

Meet & Greet

At the New Germany Community Centre, 5284 Highway 10 May 29th between 6:00 and 8:00 pm.

We will have information packages about this area including MODL (garbage, trails, recreation, etc.) as well as local businesses and community groups.

There will be refreshments and people available to try to answer your questions about this area.

Please come out to meet us and other newcomers!

If you are a local business or community group and would like to be included in our info package, please contact Greg Selig by phone at 644-2153 or by email gdselig@ns.sympatico.ca

Advertising Information: You can advertise in this newsletter. We deliver it to all the households and businesses in the New Germany, Barss Corner and Springfield Post Office areas. Single ad sizes vary but can be $1' \times 7''$ or $3.5'' \times 2''$. depending upon space and layout. Price per single ad is \$20.00. Multiple ad sizes are available. The revenue from the advertising helps to offset the cost of printing and distributing this Newsletter. Thank you to our advertisers for their assistance.

New Germany Connections is also available on the community web site, in colour, with all ads included. **Community events and local businesses are listed on the web site for free.** Please contact ng_cap@ns.sympatico.ca Next issue to be published mid June 2012. Ads are limited so they are offered on a first come, first served basis. Please contact NGAPS at the above addresses to book your space.